

OSSAE-OKR BANGALORE ZONE

E-Bodhini (NEWSLETTER)



Vol 9 : 2019 February

(for private / internal circulation)

Message from Thirumeni

17th February 2019

BLESSINGS!

We had a successful Sunday school academic year 2018 and a new academic year has started from January 2019. I wish and pray for all the students, teachers and the officials of Sunday schools of Bangalore Zone.

The OSSAE-OKR Class X and XII examination results for the year 2018 are published, I congratulate all those who have passed the examination and those who have scored well. Those who could not pass, need not be upset, do prepare and appear for the SAY examination. Bangalore Zone has three A+ grades in Class 10, but average performance is not encouraging. When it comes to Class 12 only 30% of the students of Class 10 strength appear for Class 12 examination. This shows that students are not taking the Sunday school education seriously. Remember what our Lord said "But seek first his kingdom and his righteousness, and all these things will be given to you as well" St. Mathew 6:33. If your priorities are right, God's plan in your life would be fulfilled. I urge you to keep one hour per week for studying Sunday school lessons.

Over the last few years OSSAE-OKR is revising the Sunday school curriculum keeping in mind the limited number of Sundays available for classes in outside Kerala region. We are also planning to adopt the latest teaching methodologies and extensive use of multimedia resources for easy grasping and easy access through online resources. Major initiatives are taken at OKR level and Bangalore zonal level towards this.

One major present-day evil is lack of focus on the part of young generation, easily getting distracted by online social media, and excessive device usage. Life is not meant for full time entertainment. God expect as to do the work entrusted to us sincerely and creatively. This need a dedicated and focused effort from our part than wasting time on worthless entertainment.

May God Almighty bless you!

- *Seraphim Thirumeni*

H.G. Dr. Abraham Mar Seraphim,
Metropolitan, Bangalore Diocese



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Don't seek opportunity. Seek God and opportunity will seek you.

-Mark Batterson

Message from Vice President Achan,



*Fr. T K Thomas Cor-Episcopa
Vice President - Bangalore Diocese*

“That you may walk worthy of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God; strengthened with all might, according to His glorious power, for all patience and longsuffering with joy” Col. 1:10-11

Dear beloved Sunday school family,

Greetings and blessings to all of you in the precious name of our Lord Jesus Christ!

By the grace of God Almighty and by the blessings and prayers of our spiritual leaders we have successfully completed one more year in our Sunday school ministry. I give thanks to the Lord for all His manifold blessings. I respectfully acknowledge the dedicated services of all the members of this family. At the same time, I urge all the members to think how we can make our ministry more effective, useful and more pleasing to God.

In the Bible verse quoted above, St Paul thanks God for the abundant growth of the Colossians and also prays for their continued growth. He asks God that they may walk worthy of the Lord, fully pleasing Him, being fruitful in every good work and increasing in the knowledge of God; strengthened with all might, according to His glorious power, for all patience and longsuffering with joy.

In our continued journey, I too pray and expect the same from our Sunday school family. Our involvement in this ministry imparts spiritual knowledge and understanding of God’s Will and Word in us. Learning, practicing and obeying God’s Word helps us to bear good fruit in our lives and the knowledge of God’s Word will strengthen us with the power of Holy Spirit. So, let us nourish and strengthen ourselves and walk in a manner worthy of the Lord and please Him in all respect.

May God bless Mr. Biju Prasad and team and all other contributors of this Edition of E-Bodhini.

With love and prayers

Fr. T K Thomas Cor-Episcopa
Vice President, OSSAE-OKR, Bangalore Diocese
17-February-2019

Message from Diocesan Director

Sunday school academic year 2019 has started from January 2019. At the outset, I pray for all the students, teachers and the officials of Sunday schools of Bangalore Zone. I congratulate all those who have passed the Class X and XII examination 2018 and those who have scored high grades. I urge, those who could not pass to appear for the SAY examination.

Most of the time when I interact with Sunday school students, I have noticed that most of the students do not know our prayers and have no grasp of the Bible. This can only be improved by regular reading of the Bible and observing the morning and evening prayers at home regularly. We know that our Lord Jesus prayed, though he was God himself! How much more we need to Pray. St. Paul says “Pray all the time” 1 Thessalonians 5:17. There are Church Fathers and monastics who pray in Heart continually. Think about our state of Spiritual life!

Bible is the written word of God, and one need to read and meditate on word of God for the spiritual health along with participating in Holy Sacraments. One can read the whole Bible in a year with a good Bible Reading Plan. Try to acquire an Orthodox Bible and try to read it, if possible. The Orthodox interpretation of the Bible differs from that of Protestants, and if you get a chance, read the exposition of Bible books by Church Fathers. There are lot of online orthodox materials available. One good App to use is “Ancient Faith Radio”. Here, you can listen to messages, expositions etc. This is a Byzantine Orthodox initiative and may differ a bit from Oriental Orthodox theology and doctrines, but, can be spiritually edifying.

May God Almighty, bless you all!

Mr Kuruvilla Varghese
Diocesan Director
OSSAE-OKR, Bangalore Diocese

17-February-2019

Bangalore Diocesan Art Competitions 2018 Results -

Bangalore Diocesan Art competitions 2018 was conducted on Saturday 10th November 2018 at St. Thomas Orthodox Maha Edavaka, Bangalore East. By the grace of God, we could complete all the competitions by 1.00 p.m. and the grades for all events except the Essay and Quiz in Senior and the Secondary category were announced. Our children performed very well, their performance deserves praise. Effort taken by their parents and teachers are appreciated.

We thank the host Church, St. Thomas Orthodox Maha Edavaka, for their wonderful hospitality and excellent arrangements. We thank Vicar Rev. Fr. K M Jacob, Managing committee, HM Mrs. Mariamma John, and teachers. Very. Rev. T K Thomas Cor-episcopa, Vice-President of the OSSAE-OKR Bangalore Diocese was present on the occasion.

We thank Rev. Fr. Santhosh Samuel, Diocesan Secretary, who blessed us by his presence. We thank the coordinators and panel, Mr. K C Thomas, Mr. N M Achenkunju, Mr. Prasad Samuel, Mrs. Binu Philip, Mrs. Lousy Biju, Mr. Biju Prasad, Mrs. Nisha Mathew and Mr. Binu M John.

We thank Mr. Shajan Thomas, HM, St. Gregorios Orthodox Cathedral, Hyderabad, teachers, participants and parents from the Hyderabad Zone, for their whole-hearted participation. We thank judges, Rev. Dn. Job Sam, Rev. Dn. Jaisal Kauma and Rev. Dn. Praveen Kuriakose.

We appreciate the support from Mr. K C Thomas, former Diocesan director and Mrs. Elizabeth Saji Daniel, St. Gregorios OC, Mathikere in conducting the Quiz competition for Secondary and Senior category respectively.

The grades obtained by the candidates and the candidates selected to represent the Diocese at Inter-diocesan competition at Nagpur is given below.

Inter-Diocesan competition will be held at STOTS, Nagpur in July 2019. Exact date will be intimated later .

In His service,
Kuruvilla Varghese
Diocesan Director

Results -

Senior

Senior Solo

Joel Koshy	St. Gregorios O Cathedral, Hosur Rd,	Bangalore Dist 1	A
Tania Elizabeth Manoj	St. Joseph OC, Horamavu,	Bangalore Dist 1	A
Rahael Jacob	Mar. Gregorios OC, Hebbal,	Bangalore Dist 2	A+
Elizabeth Eldo	Mar. Gregorios OC, Hebbal,	Bangalore Dist 2	A
Snehamol Varghese	St. Gregorios O Cathedral,	Hyderabad	B

Candidate selected for Inter-Diocesan Competition:

Rahael Jacob,	Mar. Gregorios Orthodox Church, Hebbal,	Bangalore
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Senior Elocution

Ken S. Eapen	St. Mary's OC, Begur,	Bangalore Dist 1	A+
Christal Biju	St. Thomas OME, Bangalore East,	Bangalore Dist 1	A
Sona Yohannan	St. Gregorios OC, Mathikere,	Bangalore Dist 2	A
Rahael Jacob	Mar. Gregorios OC, Hebbal,	Bangalore Dist 2	A
Feosha Roy	St. Gregorios O Cathedral,	Hyderabad	A
Anushka Sara Mathew	St. Andrews OC, Secunderabad,	Hyderabad	B

Candidate selected for Inter-Diocesan Competition:

Ken S. Eapen,	St. Mary's Orthodox Church, Begur,	Bangalore
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Senior Essay

Richa Mariam Kurien	St. Thomas OME, Bangalore East,	Bangalore Dist 1	A+
Sona Yohannan	St. Gregorios OC, Mathikere,	Bangalore Dist 2	A
Abel Mathew Skariah	St. Dionysius OC, Dasarhalli,	Bangalore Dist 2	B
Shilpa Sara Thomas	St. Gregorios O Cathedral,	Hyderabad	A

Candidate selected for Inter-Diocesan Competition:

Richa Mariam Kurien,	St. Thomas Orthodox Maha Edavaka,	Bangalore
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Senior Quiz

Sarah Varghese	St. Gregorios O Cathedral, Hosur Rd,	Bangalore Dist 1	A
Riya Thomas	St. Thomas OME, Bangalore East,	Bangalore Dist 1	A
Abel Mathew Skariah	St. Dionysius OC, Dasarhalli,	Bangalore Dist 2	A+
Joslyn Jays	St. Mary's OV, Jalahalli,	Bangalore Dist 2	A
Shilpa Sara Thomas	St. Gregorios O Cathedral,	Hyderabad	A
Joel Thommy Cherian	St. Andrews OC, Secunderabad,	Hyderabad	B

Candidates Selected for Inter-Diocesan Competition:

Abel Mathew Skariah,	St. Dionysius Orthodox Church, Dasarhalli,	Bangalore
Riya Thomas,	St. Thomas Orthodox Maha Edavaka,	Bangalore
Sarah Varghese,	St. Gregorios Orthodox Cathedral, Hosur Rd,	Bangalore

Secondary

Secondary Solo

Alwin Viju Cheeran	St. Thomas OME, Bangalore East,	Bangalore Dist 1	A+
Merin Mariya Neel	St. Mary's OC, Begur,	Bangalore Dist 1	A+
Irine Varghese	St. Dionysius OC, Dasarahalli,	Bangalore Dist 2	A
Jessy A	St. Dionysius OC, Dasarahalli,	Bangalore Dist 2	A
Shana Mary George	St. Gregorios O Cathedral,	Hyderabad	A

Candidate selected for Inter-Diocesan Competition:

Alwin Viju Cheeran,	St. Thomas Orthodox Maha Edavaka,	Bangalore
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Secondary Elocution

Namitha Sarah Biju	St. Mary's OC, Begur,	Bangalore Dist 1	A+
Cyril K. Sunil	St. Gregorios O Cathedral, Hosur Rd,	Bangalore Dist 1	B
Stefy Mary Mathew	St. Gregorios OC, Mathikere,	Bangalore Dist 2	A
Karen Susan Abraham	St. Mary's OV, Jalahalli,	Bangalore Dist 2	A
Robin Roy	St. Gregorios O Cathedral,	Hyderabad	A

Candidate selected for Inter-Diocesan Competition:

Namitha Sarah Biju,	St. Mary's Orthodox Church, Begur	Bangalore
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Secondary Essay

Vibha Thomas	St. Gregorios O Cathedral, Hosur Rd,	Bangalore Dist 1	A+
Suzanne Kuriakose	St. Gregorios O Cathedral, Hosur Rd,	Bangalore Dist 1	A
Rosmi Philip	St. Mary's OV, Jalahalli,	Bangalore Dist 2	A
Aluvia Mary Baby	St. Mary's OV, Jalahalli,	Bangalore Dist 2	A
Shana Mary George	St. Gregorios O Cathedral,	Hyderabad	A+

Candidate selected for Inter-Diocesan Competition:

Vibha Thomas,	St. Gregorios Orthodox Cathedral, Hosur Road, Bangalore
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Secondary Quiz

Cyril K. Sunil	St. Gregorios O Cathedral, Hosur Rd,	Bangalore Dist 1	A
Sona Saju	St. Mary's OC, Begur,	Bangalore Dist 1	A
Sandra Mary Saji	St. Gregorios OC, Mathikere,	Bangalore Dist 2	A+
Karen Susan Abraham	St. Mary's OV, Jalahalli,	Bangalore Dist 2	A
Shana Mary George	St. Gregorios O Cathedral,	Hyderabad	A
Anish Mathew Varghese	St. Gregorios O Cathedral,	Hyderabad	A

Candidate selected for Inter-Diocesan Competition:

Sandra Mary Saji,	St. Gregorios Orthodox Church, Mathikere,	Bangalore
Karen Susan Abraham ,	St. Mary's Orthodox Valiapally, Jalahalli,	Bangalore
Sona Saju,	St. Mary's Orthodox Church, Begur,	Bangalore

Bangalore Diocese Xmas Card Competition 2018

Winner

Josina P Jose

St. George OC, Jeedimetla, Hyderabad



First Runner-up

Josna Elsa Abraham,

St. Stephenc OC, Visakhapatnam



Second Runner-up

Suzanne Abraham

St. Josephs OC, Horamavu, Bangalore



ORTHODOX SYRIAN SUNDAY SCHOOL ASSOCIATION OF THE EAST OUTSIDE KERALA REGION - Bangalore Zone

By the Grace and blessings of God Almighty, we present an overview on the activities of the Sunday Schools in Bangalore Zone during the year 2018. The Bangalore Zone has fourteen functioning Sunday schools with 1618 students and about 256 teachers located in Bangalore, Tumkur and Mysore Districts of Karnataka divided into 2 Districts viz., District I and District II. In addition Sunday Schools at Two chapels are also functioning. The Zone functions under the OSSAE-OKR leadership based in Nagpur and Diocesan leadership in Bangalore.

The Bangalore Zone Sunday Schools function very efficiently under the able leadership, guidance, support and prayers of our Diocesan Metropolitan, H.G. Dr. Abraham Mar Seraphim, Vice-President Bangalore Diocese Very Rev. T.K. Thomas Cor-episcopa and Diocesan Director of Sunday Schools, Mr. Kuruvilla Varghese. Bangalore Zone deeply acknowledges their contributions and will be ever grateful.

Bangalore Zone also acknowledges the contributions of the Zonal Representative, District Inspectors, and Staff Representatives for their support in day to day functioning of the Zonal activities.

The Arts Competition 2018 at the unit levels were conducted by the Sunday Schools from June 2018 to September 2018. The Essay competition at the District Level was held in June 2018 and the other Arts Competitions at the District level were held at two Districts, St. Gregorios Orthodox Cathedral, Hosur Road and St. Dionysius Orthodox Church, Dasarahalli.

The half yearly examination and the Final Examination for classes from Preparatory to Class IX and XI was held on was held on July 22nd 2018 & 09th December 2018 at respective parishes.

The SSFC and Class XII Examination 2018 were held on 02nd December 2018.

Three students from the Zone have secured A+ grade in the SSFC Examination 2018. ANN C ANIL of Mar Gregorios Orthodox Church, Hebbal, RIYA ANN EASOW of St. Baselios Orthodox Church, Marathahalli and ANGELA SUZANNE PHILIP of St. Mary's Orthodox Valiyapalli, Jalahalli. All the three students are honoured with Cash Awards viz., Sri T.V. Varghese Memorial Cash Award sponsored by Mrs. Grace Varghese and Sri E.T Varghese Memorial Cash Award sponsored by Mrs. E T Varghese. Bangalore Zone appreciates the efforts of these children and is proud of them.

Diocesan Level competition was held on 10th November 2018 at St. Thomas Orthodox Maha Edavaka, Bangalore East. The top scorers of the Diocesan Competition will represent Bangalore Diocese in the OKR Inter-Diocesan competition to be held at STOTS, Nagpur on 14th July 2019.

The top scorers of the Diocesan Competition 2017 represented Bangalore Diocese in the OKR Inter-Diocesan competition held at STOTS, Nagpur on 15th July 2018. Bangalore Zone proudly announces that the Quiz team comprising of RIYA THOMAS of St. Thomas

Orthodox Maha Edavaka, Bangalore East, ABEL MATHEW SKARIAH of St. Dionysius Orthodox Church, Dasarahalli and ANN C. ANIL of Mar Gregorios Orthodox Church, Hebbal won the Quiz Competition and secured the Title 'Sunday School PRAVEEN'.

The 9th Zonal level OSSAE-OKR Bangalore, Sunday School Students Camp NUHRO was held at the Ecumenical Christian Center, Whitefield from 12th September to 14th October 2018. The Theme for the camp was "Pursuing Holiness". The camp was successfully conducted under the able leadership of our beloved Thirumeni, H.G. Dr. Abraham Mar Seraphim and Very Rev T K Thomas Cor-episcopa, Vice President, Bangalore Diocese Sunday Schools.

We had three eminent resource persons this year, Rev. Fr. Jobin Varghese, Rev. Fr. Nithin Rajan and Rev. Dn. Shinu K. Thomas. About 146 Students, 21 Teachers, 2 volunteers and 6 office bearers had registered from all the 14 parishes of Bangalore Zone.

Music sessions were led by the Music Ministry Team.

We thank whole heartedly all Vicars who helped us with the Sacrament of Holy Confession during the camp.

Orientation program for class X/XII Students of secular class was initiated by our Diocesan Metropolitan H.G. Dr. Abraham Mar Seraphim. Very Rev. Fr. P.C. Philip, Corepiscopa, Vicar of St. George Orthodox Church, Indiranagar was the Co-ordinator of this year and the Orientation was led under the leadership and guidance of our Thirumeni and Rev. Dn. Job Sam Mathew. About 40 students attended the same.

E-Bodhini is an electronic publication introduced with the sole intention of exhibiting talents of our children and teachers. The seventh edition of E-Bodhini was published on 18th February 2018 during the Annual Day and the eighth edition of E-Bodhini was published during NUHRO 2018 on 13th October 2018. Mr. Biju Prasad, Chief Editor of E-Bodhini has worked with sincerity and total dedication to consolidate the materials received from students and teachers of various sunday schools and to release it successfully. Request all earnestly to encourage and support our children to contribute to this magazine.

Teachers training workshop was successfully conducted under the able leadership of our beloved Thirumeni, H.G. Dr. Abraham Mar Seraphim, Very Rev T K Thomas Cor-episcopa, Vice President, Bangalore Diocese Sunday schools and Mr. Kuruvilla Varghese, Director of Sunday schools, Bangalore Diocese. The workshop was held on the 26th January 2019 at St. Gregorios Orthodox Cathedral, Hosur Road. Around 135 teachers of Bangalore Zone attended the workshop.

Mr. Binny V.M., Mrs. Susan Binny and Rev. Dn. Job Sam Mathew were the distinguished resource persons who taught the teachers an innovative approach to teach Sunday school lessons using modern technology. The workshop was very effective and Bangalore Zone will make all efforts to implement the same.

We thank OSSAE, Kottayam office and Mr. Chandy Samuel for their efforts in timely supply of quality Text Books as per our request.

The Accounts of the OSSAE-OKR Bangalore Zone is maintained on a day to day basis and audited. Complete finalized and audited accounts will be presented in the Annual General Body Meeting scheduled in May 2019.

We express our heartfelt gratitude and acknowledge the encouragement and blessings of H.G. Dr. Gabriel Mar Gregorios, President OSSAE, H.G. (Dr) Abraham Mar Seraphim, President OSSAE-OKR and Metropolitan of Bangalore Diocese, Rev. Fr. Dr. Jacob Kurian, Director General OSSAE and Rev. Fr. Dr. Bijesh Philip, Director, OSSAE-OKR for their prayers, directions and co-ordination. We thank Very Rev T K Thomas Cor-episcopa, Vice President Bangalore Diocese for leading us with his support and guidance at all times. We also thank Rev. Fr. Nithin V. Rajan, Office Manager, OSSAE-OKR for the support extended to us always.

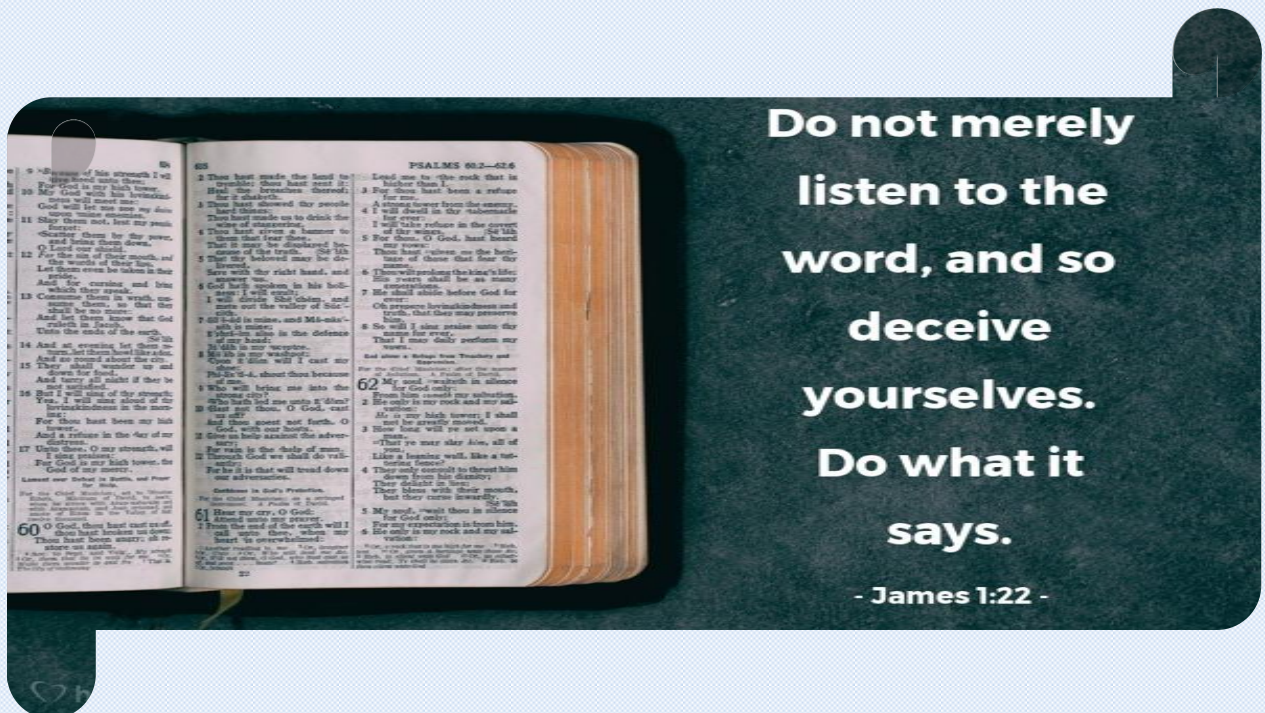
We express our sincere thanks to Mr. Thomas George, OVBS Secretary for helping all the parishes of Bangalore Zone to conduct OVBS.

We thank all our Office Bearers, Vicars, Director, HMs, Teachers, Parents and Students for their guidance and support throughout the year in all activities of the Bangalore Zone Sunday School.

Let us all work together for the betterment of the Sunday school and guide and help our dear children to know and come closer to our Lord Jesus Christ.

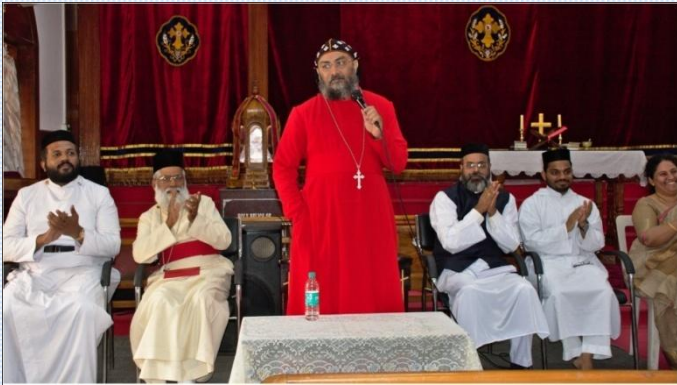
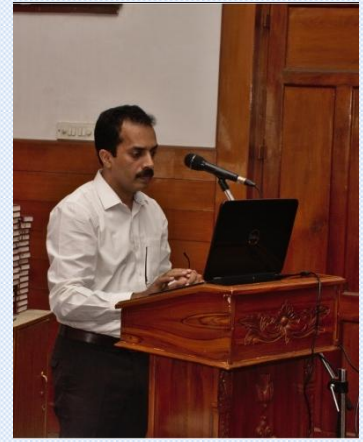
Thank you
13th February 2019

Mrs. Lousy Biju
Secretary



PICTURE GALLERY

Teachers Training 26-Jan-2019 (at St. Gregorios Cathedral, Bangalore)



Meltho 2019 (Secular class 10 & 12 orientation)



District Level Competition 2018.



Diocesan Competition 2018.



Paper Valuation of Sunday School Exams. (Class 10 and 12)



OSSAE-OKR BANGALORE ZONE

Results of district level competitions (A+ Grade Winners)

EXAMINATION A+ Grades

Name	Class	District	Parish	Grade
Alen Kurian John	IV	District 1	St. Baselios Orthodox Church SS, Marthahalli	A+
Angelina Biju	IV	District 1	St. Baselios Orthodox Church SS, Marthahalli	A+
Aleta Alex	IV	District 1	Holy Trinity Chapel SBOC SS, Marthahalli	A+
Aliza Sarah Ajit	IV	District 1	St. Joseph Orthodox Church, Horamavu	A+
Hanna Bejoy	IV	District 1	St. Joseph Orthodox Church, Horamavu	A+
Jerusha B Mathew	IV	District 1	St. Joseph Orthodox Church, Horamavu	A+
Ethan Tony	IV	District 1	St. Joseph Orthodox Church, Horamavu	A+
Aaron G Sunil	IV	District 1	St. Joseph Orthodox Church, Horamavu	A+
Diya Vineet	IV	District 1	St. Joseph Orthodox Church, Horamavu	A+
Ryan Roy	IV	District 1	St. Mary's Orthodox Church, Begur	A+
Joel Ittoop Jims	IV	District 1	Mar Yuhanon Mamdana Orthodox Church KR Puram	A+
Noel Abraham Tharakan	IV	District 1	St. Thomas Orthodox ME, Blore East	A+
Neil Mathew	IV	District 1	St. Gregorios Orthodox Cathedral, Hosur Road	A+
Tania Deena Mathew	IV	District 1	St. Gregorios Orthodox Cathedral, Hosur Road	A+
Hannah Susan George	IV	District 2	Mar Gregorios Orthodox Church, Hebbal	A+
Alina.E.Binu	IV	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Mariah.B. Samuel	IV	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Roshan Thomas	IV	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Ashlin Vinod Samuel	IV	District 2	St. Stephens Orthodox Church, Vijayanagar	A+
Chris Thomas Abraham	V	District 1	St. Baselios Orthodox Church, Marthahalli	A+
Diya Elsa Manoj	V	District 1	St. Baselios Orthodox Church, Marthahalli	A+
Kevin Paul	V	District 1	St. Baselios Orthodox Church, Marthahalli	A+
Sean Mathews	V	District 1	St. Baselios Orthodox Church, Marthahalli	A+
Reuben S Daniel	V	District 1	Holy Trinity Chapel SBOC, Marthahalli	A+
Ria Mathew	V	District 1	Holy Trinity Chapel SBOC, Marthahalli	A+
Habel Kuruvila Mathew	V	District 1	St. George Orthodox Church, Indiranagar	A+
Michelle Mary Jerry	V	District 1	St. Joseph Orthodox Church, Horamavu	A+
Anna Saju	V	District 1	St. Mary's Orthodox Church, Begur	A+
Anna Susan Varghese	V	District 1	St. Mary's Orthodox Church, Begur	A+
Darrel Binu	V	District 1	St. Mary's Orthodox Church, Begur	A+
Diya Binoy	V	District 1	St. Mary's Orthodox Church, Begur	A+
Jiya Sara Biju	V	District 1	St. Mary's Orthodox Church, Begur	A+
Abigail Ann Suresh	V	District 1	St. Gregorios Orthodox Cathedral, Hosur Road	A+
Sharon Pradeep	V	District 1	St. Gregorios Orthodox Cathedral, Hosur Road	A+
Sana Benzan	V	District 1	St. Gregorios Orthodox Cathedral, Hosur Road	A+
Gloria Liza Thajan	V	District 2	Mar Gregorios Orthodox Church, Hebbal	A+
Prarthana Varghese	V	District 2	Mar Gregorios Orthodox Church, Hebbal	A+
Godwin Sam Liju	V	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Joel Sujo John	V	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Alex V Philip	V	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Joanna Mariya James	V	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+

Name	Class	District	Parish	Grade
Albin Sabu	V	District 2	St. Stephens Orthodox Church, Vijayanagar	A+
Betsy Sara Bency	V	District 2	St. Stephens Orthodox Church, Vijayanagar	A+
Anna Mariam	V	District 2	St. Gregorios Orthodox Church, Mathikere	A+
Hannah Sarah Sam	VI	District 1	St. Baselios Orthodox Church, Marthahalli	A+
Stephen C A	VI	District 1	St. Baselios Orthodox Church, Marthahalli	A+
Jaimie Thomas Vengal	VI	District 1	St. Baselios Orthodox Church, Marthahalli	A+
Rohan Jose	VI	District 1	St. Baselios Orthodox Church, Marthahalli	A+
Thomas Koshy	VI	District 1	St. Joseph Orthodox Church, Horamavu	A+
Abel Paul	VI	District 1	St. Mary's Orthodox Church, Begur	A+
Kevin Manu Mathew	VI	District 1	Mar Yuhanon Mamdana Orthodox Church, KR Puram	A+
Sara S Alex	VI	District 1	Mar Yuhanon Mamdana Orthodox Church, KR Puram	A+
Liza S Sajith	VI	District 1	St. Gregorios Orthodox Cathedral, Hosur Road	A+
Annie Mary Jacob	VI	District 1	St. Gregorios Orthodox Cathedral, Hosur Road	A+
Serene Elsa Sunil	VI	District 1	St. Gregorios Orthodox Cathedral, Hosur Road	A+
Ethan Moby	VI	District 1	St. Gregorios Orthodox Cathedral, Hosur Road	A+
Kevin M Kurien	VI	District 2	Mar Gregorios Orthodox Church, Hebbal	A+
Naethan Hemjith Mathew	VI	District 2	Mar Gregorios Orthodox Church, Hebbal	A+
Rhea Thomas	VI	District 2	Mar Gregorios Orthodox Church, Hebbal	A+
Sherlin Jacob	VI	District 2	Mar Gregorios Orthodox Church, Hebbal	A+
Yuhaan Jacob Mammottil	VI	District 2	Mar Gregorios Orthodox Church, Hebbal	A+
Genesis Ann Varghese	VI	District 2	Mar Gregorios Orthodox Church, Hebbal	A+
Ansa Mariam Roy	VI	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Blossom Babukutty	VI	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Alen K Reji	VI	District 2	St. Stephens Orthodox Church, Vijayanagar	A+
Jerusha Sajjan	VI	District 2	St. Stephens Orthodox Church, Vijayanagar	A+
Risa Mary	VI	District 2	St. Stephens Orthodox Church, Vijayanagar	A+
Rohit Suju	VII	District 1	St. Baselios Orthodox Church SS, Marthahalli	A+
Elsa Mathew	VII	District 1	Holy Trinity Chapel SBOC SS, Marthahalli	A+
Jessica Johnson	VII	District 1	Holy Trinity Chapel SBOC SS, Marthahalli	A+
Anna Sara Joji	VII	District 1	St. George Orthodox Church, Indiranagar	A+
Neha Joshy	VII	District 1	St. George Orthodox Church, Indiranagar	A+
Shalini Praveen	VII	District 1	St. George Orthodox Church, Indiranagar	A+
Akshaya Elizabeth	VII	District 1	St. Joseph Orthodox Church, Hormavu	A+
Nandita Susan Varughese	VII	District 1	St. Joseph Orthodox Church, Hormavu	A+
Akhil George Kurien	VII	District 1	St. Mary's Orthodox Church, Begur	A+
Norin Roby Issac	VII	District 1	St. Mary's Orthodox Church, Begur	A+
Sam Sony Eapen	VII	District 1	St. Mary's Orthodox Church, Begur	A+
Shebin Paul	VII	District 1	St. Mary's Orthodox Church, Begur	A+
Angela Varghese	VII	District 1	Mar Yuhanon Mamdana Orthodox Church, KR Puram	A+
Neha Susan Baiju	VII	District 1	St. Thomas Orthodox Maha Edavaka, Blore East	A+
Alan Minu	VII	District 1	St. Gregorios Orthodox Cathedral, Hosur Road	A+
Anugraha Sarah Santosh	VII	District 2	Mar Gregorios Orthodox Church, Hebbal	A+
Krupa Elsa Shibu	VII	District 2	Mar Gregorios Orthodox Church, Hebbal	A+
Sharon Binu Mathew	VII	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Arpitha Mary J.	VII	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Ananya Biju	VII	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Rojin N Reji	VII	District 2	St. Dionysius Orthodox Church, Dasarahalli	A+
Sania P. S	VII	District 2	St. Dionysius Orthodox Church, Dasarahalli	A+

Name	Class	District	Parish	Grade
Adam G Alexander	VIII	District 1	St. Baselios Orthodox Church SS, Marthahalli	A+
Susan J Andrew	VIII	District 1	St. Baselios Orthodox Church SS, Marthahalli	A+
Albert George	VIII	District 1	Holy Trinity Chapel SBOC SS, Marthahalli	A+
Joel J Mammen	VIII	District 1	St. Joseph Orthodox Church, Hormavu	A+
Riona Elsa Thomas	VIII	District 1	St. Joseph Orthodox Church, Hormavu	A+
Sarah Anna Vinu	VIII	District 1	St. Joseph Orthodox Church, Hormavu	A+
Tania Elizabeth Manoj	VIII	District 1	St. Joseph Orthodox Church, Hormavu	A+
Anca Ann Shibu	VIII	District 1	St. Joseph Orthodox Church, Hormavu	A+
Iris Jims	VIII	District 1	Mar Yuhanon Mamdana Orthodox Church, KR Puram	A+
Noel George Jose	VIII	District 1	St. Thomas Orthodox Maha Edavaka, Blore East	A+
Joel John Alex	VIII	District 1	St. Gregorios Orthodox Cathedral, Hosur Road	A+
Edlyn Grace Jacob	VIII	District 1	St. Gregorios Orthodox Cathedral, Hosur Road	A+
Simon Pradeep	VIII	District 1	St. Gregorios Orthodox Cathedral, Hosur Road	A+
Nidhi Binny	VIII	District 1	St. Gregorios Orthodox Cathedral, Hosur Road	A+
Jomi Maria Sijo	VIII	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Ann Elizabeth Binu	VIII	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Nohin Binu	VIII	District 2	St. Gregorios Orthodox Church, Mysore	A+
Rehan Nimesh Easow	IX	District 1	St. Baselios Orthodox Church SS, Marthahalli	A+
Lian M Shine	IX	District 1	St. Baselios Orthodox Church SS, Marthahalli	A+
Rebecca Sara Stalin	IX	District 1	St. Baselios Orthodox Church SS, Marthahalli	A+
Jasmine Hanna Blesson	IX	District 1	St. Mary's Orthodox Church, Begur	A+
Anne Susan Varghese	IX	District 1	Mar Yuhanon Mamdana Orthodox Church, KR Puram	A+
Naina Benny	IX	District 1	Mar Yuhanon Mamdana Orthodox Church, KR Puram	A+
Elaine Mary Alex	IX	District 1	St. Gregorios Orthodox Cathedral, Hosur Road	A+
Riva Sarah Robin	IX	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Sandra Mariam Biju	IX	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Smrithi J Abraham	IX	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Tanya Tom	IX	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Joel G Daniel	IX	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Remi R Thomas	IX	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
John Jacob	IX	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Enitta Sanda Vincy	IX	District 2	St. Gregorios Orthodox Church, Mathikere	A+
Jithin B George	IX	District 2	St. Dionysius Orthodox Church, Dasarahalli	A+
RIYA ANN EASOW	X	District 1	St. Baselios Orthodox Church SS, Marthahalli	A+
ANN C ANIL	X	District 2	Mar Gregorios Orthodox Church, Hebbal	A+
ANGELA SUZANNE PHILIP	X	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Joel B. Mathew	XI	District 1	St. Joseph Orthodox Church, Hormavu	A+
Siju Ninan	XI	District 1	St. Joseph Orthodox Church, Hormavu	A+
Tanya Ann Thomas	XI	District 2	Mar Gregorios Orthodox Church, Hebbal	A+
Karen Susan Abraham	XI	District 2	St. Mary's Orthodox Valiyapalli, Jalahalli	A+
Shella Mary Raju	XI	District 2	St. Gregorios Orthodox Church, Tumkur	A+

ESSAY A+ Grades

Name	Category	District	Parish	Grade
Richa Mariam Kurien	Senior	District 1	St. Thomas OMESS, Blore East	A+
Susanna P. Yeldo	Senior	District 1	St. Gregorios O Cathedral SS	A+

Elaine Mary Alex	Senior	District 1	St. Gregorios O Cathedral SS	A+
Edlyn Grace Jacob	Senior	District 1	St. Gregorios O Cathedral SS	A+
Rebecca S. Stalin	Senior	District 1	St. Baselios OCSS, Marthahalli	A+
Diya Dinah Philip	Senior	District 1	Holy Trinity Chapel, SBOCSS, Marthahalli	A+
Koshy Thomas C.	Senior	District 1	St. George OCSS, Indiranagar	A+
Ashish Eapen	Senior	District 1	St. Mary's OCSS, Begur	A+
Anne Susan Varghese	Senior	District 1	Mar Yuhanon Mamdana, KR Puram	A+
Sherin Johnson	Secondary	District 1	Mar Yuhanon Mamdana , KR Puram	A+
Vibha Thomas	Secondary	District 1	St. Gregorios O Cathedral SS	A+
Suzanne Kuriakose	Secondary	District 1	St. Gregorios O Cathedral SS	A+
Sona Yohannan	Senior	District 2	St. Gregorios OCSS, Mathikere	A+
Abel Mathew Skariah	Senior	District 2	St. Dionysius OCSS, Dasarahalli	A+
Namitha Liz Roney	Senior	District 2	St. Dionysius OCSS, Dasarahalli	A+
Ann C. Anil	Senior	District 2	Mar Gregorios OCSS, Hebbal	A+
Benita Biju	Senior	District 2	Mar Gregorios OCSS, Hebbal	A+
Rosmi Philip	Secondary	District 2	St. Mary's O Valiyapally SS, Jalahalli	A+
Alunia Mary Baby	Secondary	District 2	St. Mary's O Valiyapally SS, Jalahalli	A+
Mariam Susan Mathew	Secondary	District 2	St. Mary's O Valiyapally SS, Jalahalli	A+

ELOCUTION A+ Grades

Name	Category	District	Parish	Grade
Riya Shibu	Junior	District 1	St. Mary's OC, Begur	A+
Jayden T Jacob	Junior	District 1	St. Joseph OC, Hormavu	A+
Noel George Jose	Intermediate	District 1	St. Thomas O Maha Edavaka, Bglr East	A+
Sarah Mathew	Intermediate	District 1	St. George OC, Indira Nagar	A+
Ken S Eapen	Senior	District 1	St. Mary's OC, Begur	A+
Christal Biju	Senior	District 1	St. Thomas O Maha Edavaka, Bglr East	A+
Namitha Sarah Biju	Secondary	District 1	St. Mary's OC, Begur	A+
Denna Ann James	Junior	District 2	St.Stephen's OC, Vijayanagar	A+
Rhea Thomas	Junior	District 2	Mar Gregorios OC, Hebbal	A+
Hanna Elizabeth Philip	Intermediate	District 2	St.Stephen's OC, Vijayanagar	A+
Sona Yohannan	Senior	District 2	St. Gregorios OC, Mathikere	A+
Rahael Jacob	Senior	District 2	Mar Gregorios OC, Hebbal	A+
Stefy Mary Mathew	Secondary	District 2	St. Gregorios OC, Mathikere	A+
Karen Susan Abraham	Secondary	District 2	St. Mary's OV, Jalahalli	A+

SOLO SINGING A+ Grades

Name	Category	District	Parish	Grade
Rachel Maria Shibu	Sub-Junior	District 1	St. Gregorios O Cathedral, Hosur Road	A+
Nichelle Mathew	Sub-Junior	District 1	St. Baselios OC, Marathahalli	A+
Mishca Sarah Philip	Sub-Junior	District 1	St. Joseph OC, Hormavu	A+
Aleena Grace Alex	Sub-Junior	District 1	St. George OC, Indira Nagar	A+
Maria Sara	Junior	District 1	St. George OC, Indira Nagar	A+
Shem Varghese George	Junior	District 1	St. Mary's OC, Begur	A+
Heizel Mariam Denny	Junior	District 1	St. Baselios OC, Marathahalli	A+
Thomas Koshy	Intermediate	District 1	St. Joseph OC, Hormavu	A+
Annie Mary Jacob	Intermediate	District 1	St. Gregorios O Cathedral, Hosur Road	A+
Joel Koshy	Senior	District 1	St. Gregorios O Cathedral, Hosur Road	A+
Tania Elizabeth Manoj	Senior	District 1	St. Joseph OC, Hormavu	A+
Alwin Viju Cheeran	Secondary	District 1	St. Thomas O Maha Edavaka, Bglr East	A+
Merin Mariya Neel	Secondary	District 1	St. Mary's OC, Begur	A+

Anson B Mathew	Sub-Junior	District 2	St. Dionysius OC, Dasarahalli	A+
Joanne Rachel Jinu	Sub-Junior	District 2	Mar Gregorios OC, Hebbal	A+
Darrel Sam Bino	Sub-Junior	District 2	St. Mary's OV, Jalahalli	A+
Joanna Jiju	Junior	District 2	St. Mary's OV, Jalahalli	A+
Ashlin Vinod Samuel	Junior	District 2	St. Stephen's OC, Vijayanagar	A+
Maria Eldo	Junior	District 2	Mar Gregorios OC, Hebbal	A+
Ancy K Santhosh	Intermediate	District 2	St. Gregorios OC, Mysore	A+
Anugraha Sarah Santosh	Intermediate	District 2	Mar Gregorios OC, Hebbal	A+
Rinu Thampi	Intermediate	District 2	St. Stephen's OC, Vijayanagar	A+
Meril Moncy Koshy	Intermediate	District 2	St. Gregorios OC, Mathikere	A+
Rahael Jacob	Senior	District 2	Mar Gregorios OC, Hebbal	A+
Elizabeth Eldo	Senior	District 2	Mar Gregorios OC, Hebbal	A+
Irene Varghese	Secondary	District 2	St. Dionysius OC, Dasarahalli	A+

GROUP SONG A+ Grades

Name	Category	District	Parish	Grade
Team members	Buds	District 1	St. Thomas O Maha Edavaka, Bglr East	A+
Team members	Buds	District 1	St. George OC, Indira Nagar	A+
Team members	Premiers	District 1	St. Gregorios O Cathedral, Hosur Road	A+
Team members	Teens	District 1	St. Thomas O Maha Edavaka, Bglr East	A+
Team members	Buds	District 2	St. Dionysius OC, Dasarahalli	A+
Team members	Premiers	District 2	St. Gregorious OC, Mysore	A+
Team members	Teens	District 2	Mar Gregorios OC, Hebbal	A+
Team members	Teens	District 2	St. Mary's OV, Jalahalli	A+

QUIZ COMPETITION A+ Grades

Name	Category	District	Parish	Grade
Sarah Varghese	Senior	District 1	St. Gregorios OCathedral, Hosur Rd	A+
Riya Thomas	Senior	District 1	St. Thomas O Maha Edavaka, Bglr East	A+
Joslyn Jays	Senior	District 2	St. Mary's O Valiyapalli, Jalahalli	A+
Abel Mathew Skariah	Senior	District 2	St. Dionysius OC, Dasarahalli	A+
Cyril K. Sunil	Secondary	District 1	St. Gregorios O Cathedral, Hosur Road	A+
Karen Susan Abraham	Secondary	District 2	St. Mary's O Valiyapalli, Jalahalli	A+
Sandra Mary Saji	Secondary	District 2	St. Gregorios OC, Mathikere	A+



NUHRO STUDENTS' CAMP 2018



STUDENTS' CAMP NUHRO 2018

Date :

12th Oct to 14th Oct 2018

Venue :

Ecumenical Christian Centre,
Whitefield, Bangalore

Theme :

Pursuing Holiness

NUHRO 2018, the 9th Bangalore Zonal Level Sunday School Students Camp was held under the leadership, prayers and support of His Grace Dr. Abraham Mar Seraphim, Diocesan Metropolitan and President of OSSAE-OKR and Very Rev. T.K. Thomas Cor-episcopa, Vice President of Bangalore Diocese Sunday Schools and Mr. Kuruvilla Varghese, Director of Bangalore Diocese Sunday Schools, at Ecumenical Christian Centre, Whitefield from 12th October to 14th October 2018. The Theme for the Camp was "Pursuing Holiness".

Three eminent resource persons led the camp this year, Rev. Fr. Jobin Varghese, Rev. Fr. Nithin Rajan and Rev. Dn. Shinu K. Thomas. About 146 Students, 21 Teachers, 2 volunteers and 6 office bearers had registered from all the 14 parishes of Bangalore Zone.

Music sessions were led by the Music Ministry Team. Our wholehearted appreciation to the entire team for taking the children to another level of worship through music, games and Gregorian worship. The team was so energetic and kept the children active throughout.



Children enjoyed music and realized that one can also spread the word of God through music.

Eighth edition of E-Bodhini was released during the camp by His Grace Dr. Abraham Mar Seraphim. Few children has contributed their art work with the editorial board. Head masters/mistress were requested to bring in awareness amongst children about the magazine and were asked to circulate the same to them.

We have immense pleasure in thanking Biju Prasad the Chief Editor of E-Bodhini for dedicating his valuable time to effectively highlight the drawings or the articles and make the magazine informative and appreciable.

Vicars from various parishes in Bangalore helped the children with the Sacrament of Holy Confession during the camp. We specially thank Very Rev. P.C. Philip Cor-Episcopa, Rev. Fr. Santhosh Samuel, Rev. Fr. Bino Samuel, Rev. Fr. Anish Varghese, Rev. Fr. Sobin Daniel, Rev. Fr. Joe Mathew and Rev. Fr. K.M. Jacob who travelled to the camp venue and helped our children with the Sacrament of Holy Confession.

Special thanks to Rev. Fr. Moncy P. Chacko, Vicar, St. Baselios Orthodox Church, Marathahalli and Very Rev. T.K. Thomas Corepiscopa, Vicar, Mar Yuhanon Mamdana Orthodox Church, K.R.Puram for providing all the necessary articles for conducting Holy Qurbana at the camp venue.

The sincere, dedicated and selfless service of all our teachers and volunteers is acknowledged with gratitude.

We thank God Almighty for the blessings and strength showered on each one of us for the smooth conduct of the camp.

Bangalore
20th October 2018

Mrs. Lousy Biju
Secretary





PAMPADY THIRUMENI

M.K.Uthup

St. Gregorios Cathedral Sunday School.

When you hear the name of Kuriakose Mar Gregorios Metropolitan, more popularly known as Pampady Thirumeni, a picture of a saint who was the embodiment of humility, compassion, love, peace, goodness and most importantly prayer and meditation, devoid of all earthly desire, come before us. When Vattasseril Thirumeni and Kallasseril Bava were leading the Church during the turbulent times, they had the tearful prayers of Pampady Thirumeni as great spiritual support. They lived through the worst time of the Malankara Orthodox Church and now the Church stands firm and progressing on the foundation laid by these Fathers.

Pampady was a village about 16 kilo meters east of Kottayam. Traditional Syrian Christians formed the majority of the inhabitants of Pampady and Thirumeni was the fifth child of Chacko and Ilachi of Pezhamattom house born on April 5, 1885, named Kuriakose. Though the parents were financially weak that did not affect their prayerful and God fearing life. This helped Thirumeni to grow a traditionally Christian way of life. Thirumeni completed his primary education under his inspiring guru, Madathil Asan whom Thirumeni remembers with high regards and respect. Even after becoming a bishop he used to visit his guru with some gifts and seek his blessings. He could not continue further studies as there was no High School in Pampady and his parents could not afford to send him to Kottayam for further studies.

Soon Kuriakose was inducted into 'madbahah' service and was later ordained 'Corruyo' at the age of fourteen by Paulose Mar Athanasius Thirumeni. Very soon he joined Pazhaya Seminary to pursue Theological studies. Thirumeni studied in

Pazhaya Seminary for full five years. Staying in the Seminary involved some expense and hence Thirumeni stayed with a relative in Thazhathangady in Kottayam. Monday morning walk from Pampady to Kottayam and Friday evening walk back to Pampady. On July 8, 1906 Murimattom Paulose Mar Ivanios Thirumeni (first Catholicos of Malankara) ordained him Kassisah and the following day Ramban. On 16th February,



1929 Kuriakose Ramban was consecrated as Mar Gregorios by H H Moran Mar Baselius Geevarghese II. He was the first Metropolitan to be ordained by the Catholicos. That was the day after the Bava Thirumeni was elevated as Catholicos. It was Parumala Thirumeni's sceptre and the title that was given to him on his ordination.

Kuriakose Ramban was staying in Pampady church. But the faction feud in the church forced him to leave the church and on a hill land called 'Pothenpuram' donated by his favourite teacher Madathi Asan he made a church with the financial and physical support from the nearby Pampady and

Meenadom area and moved in. Once the Dayara church was completed, Vattasseril thirumeni visited the Dayara and expressed great satisfaction and named the place as "ThaborDayara". The Dayara property extends over 12 acres now. Rambachen had a sincere and faithful cook, Thomas who was deaf and dumb popularly known as "pottan" and took care of all the needs of Rambachen. Thirumeni was equally fond of him and once told P. C. Yohannan Achen, the Dayara Manager "You should look after him after I am dead. I wish he passed away before I did. He would inherit heaven, no doubt." Potten died on July 28, 1971 and as wished by him he was buried in the dayara courtyard, the only layman buried there.

Thirumeni was given charge of Kottayam Diocese. A meeting was held in Pothampuram Dayara to felicitate him on his ordination as a Metropolitan. The following is an excerpt from his reply; "I don't deserve any of these honours or praises. Personally speaking I am not eligible for this position. I am a raw villager born in poor Pezhamattom one who could not afford even a robe. Yet I have something to pride in. Being a member of the Holy church of God for whose sake church fathers have even sacrificed their lives. I have only one thing to say. You should pray for me, weak and sinful that I am." His Grace tackled each problem in the light of divine guidance. He never ruled over a parish or a diocese. He guided them based on the spirit of love and prayers. He was not unduly worried about the finances of the church under him. Nor with the working of the committies. When there was a problem in Nilackal church (Puthuppally) thirumeni went there and during the Holy Qurbana he said: "Nilackal Church is blessed with people as prominent as they are educated and enlightened. I don't think I am competent and qualified enough to settle problems among you. It is the practice of our church that presiding priests should eat after Qurbana. But after Qurbana today I am going to rest a while before going into a non-stop prayer vigil. I won't eat till you have resolved

your differences". Before 9:00 PM they informed thirumeni that they have thrashed out their differences. A much relieved thirumeni shared meals with them and left after prayer.

Most of the time Thirumeni spent in Dayara in meditation. He will visit parishes only if there are some disputes or problems which cannot be resolved by parish priest. Thirumeni owned no car nor had any bank account nor any palace. Never visited other churches or places for fund raising. While on travel, thirumeni would say the prayers at the canonical hours sitting in the car. There was no distinction whatsoever in his mind between rich or poor. He will treat everybody equally. Who ever went to him returned content - materially or spiritually. Beggars coming to Dayara will be surprised to receive hundred rupee notes. If there is no money he will give away whatever provisions available. Noone will go back empty handed. Anybody coming to meet him will be served food or some sweet meat even if it is not sufficient for thirumeni and other inmates. 'Potten' will scold thirumeni sometime. Leppers and other sick will stand at the gate. Thirumeni will go to them and hold their hands and give them some sweet meat and enquire about their health. If treatment is required he will give more money for medicine. Thirumeni saw the image of God in every human. When children come for alms, thirumeni will enquire about their parents and studies. If any child is found not going to school due to financial problem thirumeni will sponsor their fees and clothing and make them study. Bullock carts full of provisions and sweet meat coming to Dayara is a frequent sight. Thirumeni never wanted to preserve anything for the following day. Whatever was freely given was to be freely given away to those who deserved and in need. Once a neighbour came to thirumeni for a job. Since no job was available, thirumeni searched for some money. But there was no money. Thirumeni asked 'Pottan' to untie one cow and give him. Since he would not accept from

Pottan, thirumeni himself handed over the rope to him which he reluctantly accepted.

Kunnamkulam was reeling under a devastating epidemic of plague. Life came to a standstill. All educational institutions were closed. Thirumeni went ahead after informing Bava Thirumeni though everybody dissuaded him. Reaching Kunnamkulam, Thirumeni told thousands of people who came out of their homes after a week “ We have come to live or die with you. If you are in any sort of need let us know, weak as we are, we will come ourselves and try to relieve

you. We want you to pray incessantly and go on a three day fasting so that this scourge is removed from us. May the Almighty relieve you of this .” Thirumeni visited every house and prayed for them whether they belonged to Church or not. Bethany Church on Trissur road was converted into a plague hospital though it was a difficult decision for thirumeni to make. They were filled by faith and hope that they were not alone. God being with them. Thirumeni stayed with them for one and a half months and returned to Pampady with gratitude and prayers of all Kunnamkulam people.

MY PERSONAL REMINISCENCES

Sunday School teachers of Jerusalem Mount church, Vakathanam sat for a photo with Thirumeni. Due to heavy wind ,Thirumeni’s ‘ seelamudi ‘ (mitre) flew away. Thirumeni got up to go behind it . I was standing behind Thirumeni. I could run fast and get it for thirumeni. Thirumeni said to me ‘midukan’ (smart boy). I passed Sunday School SSFC from this church in 1954 and started teaching there though it was not my home parish. Our headmaster was related to Thirumeni. We, as a group used to go to Pothempuram Dayara to attend Holy Qurbana, walking about 14 kilometers. After Qurbana we wait for thirumeni when thirumeni would enquire about all family matters with our headmaster. By the time ‘Potten’ will make lunch (only rice and one curry) for us . After lunch we take thirumeni’s blessing and walk back to our church for Sunday school. Once there was a ‘ KantheelaSusroosha’ (anointing of sick) nearby my house. Thirumeni was coming walking as the road was not motorable. We made a small shamiana in front of our house with a small table a lamp and a cross. Thirumeni stopped and prayed and blessed every one present. This was the case in front of every house thirumeni passed.

Thirumeni came frequently to Vallikattu Dayara where Geevarghese I Bava (second catholicos) is interned. It is very close to my house. There was no electricity in our village those days. When we go visiting thirumeni he will ask us : Children , can you fan me? (with vesary, fan made of palm leaf). He will enquire from every one : who all are there at home, do you pray together at least twice a day, do everybody love each other, do you attend Holy Qurbana every Sunday and on other maranaya perunal and observe all the nombu with fasting ? Once you sit with Thirumeni you don’t feel like leaving him and going. On our way to school we will visit thirumeni and take his blessings.

Pothempuram was a forest infested by wild animals and reptiles where this hermit stayed without any fear. Now the place is a township with Abhaya Bhavan, Bala Bhavan, technical education centre, school and college.

The one advice he had for anyone who visited him was;
“LEAD A LIFE OF PRAYER AND FASTING.”

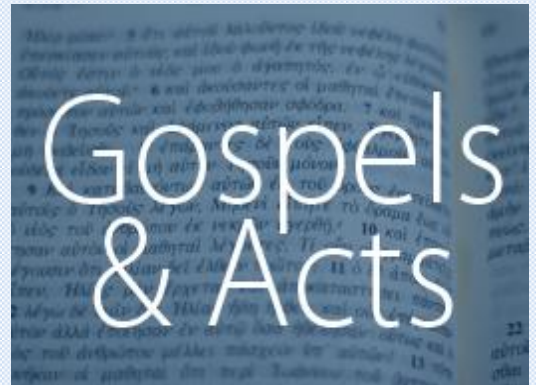
Bibliography: THE HOLY HERMIT OF TABOR HILL BY K. V. MAMMEN.

GOSPELS AND ACTS

Gospel of Matthew, Mark, Luke, and John

Gospel, any of four biblical narratives covering the life and death of Jesus Christ. Written, according to tradition, respectively by Matthew, Mark, Luke, and John (the four evangelists), they are placed at the beginning of the New Testament and make up about half the total text.

Acts of the Apostles. the fifth book of the New Testament, describing the development of the early Church from Christ's ascension into heaven to Paul's sojourn at Rome.



GOSPEL OF ST. MATTHEW

A brief history of the life of Christ.

GOSPEL OF ST. MARK

A brief history of the life of Christ, supplying some incidents omitted by St. Matthew.

GOSPEL OF ST. LUKE

The history of the life of Christ, with especial reference to his most important acts and discourses.

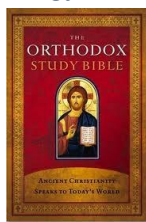
GOSPEL OF ST. JOHN

The life of Christ, giving important discourses not related by the other evangelists.

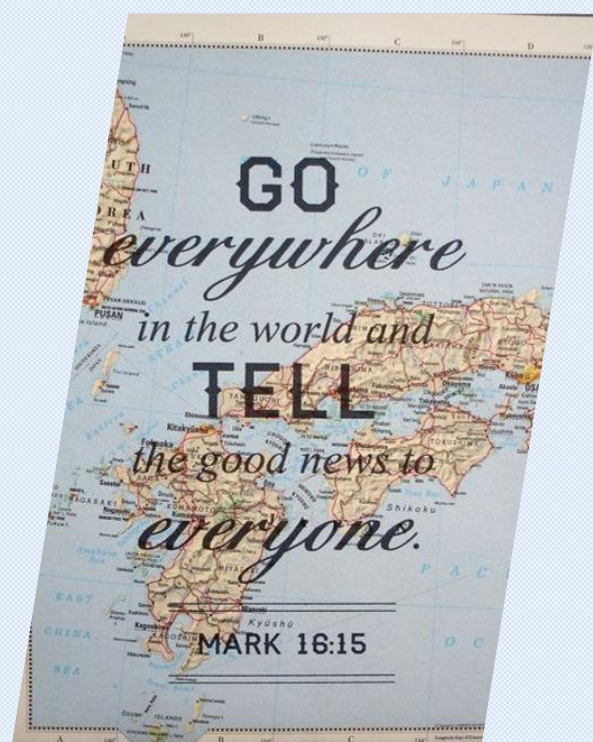
ACTS OF THE APOSTLES

The history of the labors of the apostles and of the foundation of the Christian Church.

BIBLE & PRAYER



*"Bible reading is an education in itself."
- Alfred Tennyson*



OUR TEACHERS



*"One good teacher in a lifetime may sometimes change a delinquent into a solid citizen.
- Philip Wylie*



**H. G. Dr. Geevarghese
Mar Osthathios
Metropolitan
(Sabharathnam)**

**Entombed: St. Pauls Mission
Center,
Mavelikara.**

H. G. Dr. Geevarghese Mar Osthathios Metropolitan *Sabharathnam*

Geevarghese Mar Osthathios Metropolitan (9 December 1918 – 16 February 2012) was a senior bishop of the Indian Orthodox Church. He was the metropolitan of the Niranamdiocese in 1975–2007. He was a theologian, orator and writer

Geevarghese Mar Osthathios Metropolitan of the Malankara Orthodox Church is widely known in India and abroad as a prophet of social justice and as a propagator of the Universal Religion of Love. He was born in Cherukole, Mavelikara, Kerala in 9th December 1918. His former name was M V George. He completed high school education in his native place and theological education from Leonard College, Jabalpur and Union seminary, New York. He secured MA from Drew University, New York and honorary Doctorate from Serampore University, Calcutta, India. He taught in Orthodox Theological Seminary Kottayam for over fifty years.

He was ordained as 'Korooyo' in 1948 by HG Augen Mar Thimotheos Metropolitan. HH Baselios Geevarghese II ordained him as a priest at Devalokam in 1956. He was ordained as the Metropolitan in Niranam St Mary's Church 16th February 1958 .

In 1958 he founded St Paul's Ashram and Children Home. He is the founder of Mission Training Centre, mavelikara which gives training to lay missionaries of love and evangelism. He also started more than 40 humanitarian institutions, movements and projects all over India for poor people, HIV positive patients and their children, cancer patients, leprosy patients and their children and orphan, old age homes for men and women.

He has written about 59 books of which 13 are in English. He is also a poet who has written more than fifty songs. The spiritual and revolutionary ideas in the songs inspire the mind of the faithful urging them to repent and dedicate themselves fully to the God.

He has participated in so many national and international conferences as a leader, preacher and a resource person. He was the member of Faith and Order Commission and World Mission and Evangelism and was the advisor of the WCC assembly in Nairobi in 1975.

H. G. Dr. Geevarghese Mar Osthathios Metropolitan, a senior Bishop of our Church, President of Church Mission Board and Metropolitan Emirate of Niranam Diocese, was called for his heavenly abode on 16 February 2012. His mortal remains are interred at the St. Pauls Mission Center in Mavelikara.

LET'S

LEARN

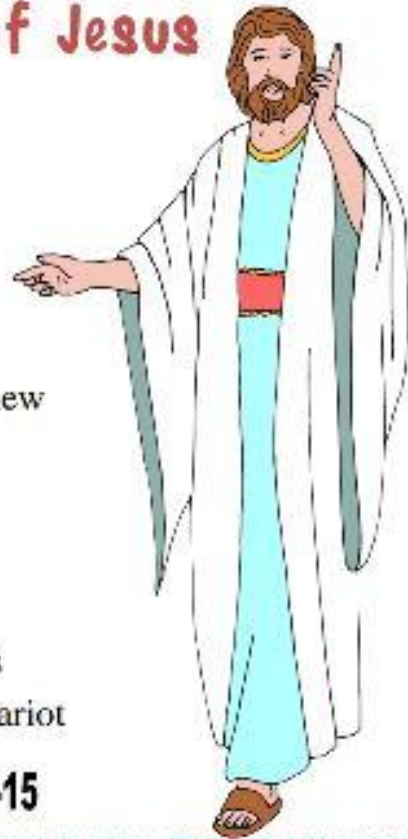


"To learn, you must love discipline; it is stupid to hate correction."

- Proverbs 12 : 1

The 12 Disciples of Jesus

- 1. Peter
- 2. Andrew
- 3. James
- 4. John
- 5. Philip
- 6. Bartholomew
- 7. Matthew
- 8. Thomas
- 9. James
- 10. Simon
- 11. Thaddeus
- 12. Judas Iscariot



Luke 6:12-15

<http://kidsbibleclips.blogspot.com/> - Jesus © Logos Bible Clips (Used with permission)



BASIC DOCTRINES OF OUR CHURCH ... handed over by our fathers.

Translation of MATHOPADESHA SARANGAL
by St Geevarghese Mar Dionysius.

"It is highly essential that those who belong to a religion should learn the faith and precepts of that religion."

LET'S RECAP...

Chapter 9 ABOUT HOLY OILS

It is necessary that (1) we put on Christ in baptism, (2) be born again from water and Holy Spirit,(3) and be anointed by him and sealed for life. (4) Therefore, as the sign of these things, it is necessary to be anointed and sealed by holy Chrism and consecrated olive oil. Holy Chrism, which is consecrated by the Chief Metropolitan alone is used in baptism and also in the consecration of churches and tablets (Portable Altars). The olive oil sanctified by the bishops is also used in baptism. The use of these holy oils teaches us that we are to put on Christ and are to be reborn by the Holy Spirit, and that we be sealed for life; It also shows us by action that it is being done so. When it is used in this way, they should be used with faith and devotion that they become effective in the spirit too.

(1) Gal. 3:27 *As many of you as were baptized into Christ have clothed yourselves with Christ.*
 (2) John 3:5 *No one can enter the kingdom of God without being born of water and Spirit.*
 (3) Eph. 1:13. *and had believed in him, were marked with the seal of the promised Holy Spirit.*
 (4) Ex. 30:22-33 *The Lord spoke to Moses: Take the finest spices: of liquid myrrh five hundred Shekels . Whoever compounds any like it or whoever puts any of it on an unqualified person shall be cut off from the people. Song of Songs 3:6. What is that coming up from the Wilderness, like a column of smoke, perfumed with myrrh and frankincense, with all the fragrant powders of the merchant? 1 John 2:27 As for you, the anointing that you received from him abides in you, and so you do not need anyone to teach you.*

Chapter 10 ABOUT THE HOLY ORDERS

Priests are the guides to transform worldly people to be heavenly, and those with animal nature to be of Godly nature.

(1) They are the ambassadors of the unseen (2) God and the ministers of the Holy sacraments entrusted to the church by God. (3) No one can take this position upon himself on his own. (4) It shall be only for those chosen according to the will of God and who receives the laying of hands from Christ. (5) Without the laying of hands according to this, and the necessary permission, no one has the authority to minister in the church or to preach publicly. The higher authority for the holy orders shall vest with the Patriarch Moran Mar Ignatius, who reigns on the throne of Antioch. (6) Those who belong to the holy orders, as long as they are not ousted or excommunicated by councils (synods) or by their respective higher (spiritual) authorities, though they are ineligible, nobody can doubt about the fruits of the sacraments ministered by them or refrain from participating in them.

Because, they have (7) the holy anointment in them, and because the sacraments are ministered unto by them in the name of Christ, and because the fruits of the sacraments do not depend on the righteousness of the priest who ministers unto them, those who participate in them with pure conscience and true faith, get their benefits. However for those priests who minister unto them in an unholy and unbecoming manner, they shall be for condemnation and punishment. (8) However, those who are seen as evil, shall be excommunicated, after which they shall not administer any sacraments; and the faithful laity shall not partake with those who defy and administer sacraments.

(1) 2 Cor. 5:20 *So we are ambassadors for Christ, since God is making his appeal through us; we entreat you on behalf of Christ, be reconciled to God.*
 (2) Act. 6:4 *while we, for our part, will devote ourselves to prayer and to Serving the word.*
 (3) Heb. 5:4 *And one does not presume to take this honour, but take it only when called by God, just as Aaron was.*
 (4) 1 Tit. 4: 14 *Do not neglect the gift that is in you, which was given to you through prophecy with the laying on of hands by the council of elders. John 20: 22,23, Act. 122,3, 2 Tim. 2:2, Tit. 1:5*
 (5) Jer. 23:21 *I did not send the prophets, yet they ran; I did not speak to them, yet they prophesied.*
 (6) Matthew 23:2,3 *"The scribes and the Pharisees sit on Moses' seat; therefore, do whatever they teach you and follow it; but do not do as they do, for they do not practise what they teach."*
 (7) Levi. 21: 12. *The consecration of the anointing oil of his God is upon him. Matthew 7 :22,23. On that day many will say to me, 'Lord, Lord, did we not prophesy in your name, and cast out demons in your name, and do many deeds of power in your name? Then I will declare to them, 'I never knew you; go away from me, you evil doers.*
 (8) Matthew 18:17 *If the member refuses to listen to them, tell it to the church; and if the offender refuses to listen even to the church, let such a one be to you as Gentile and a tax collector. 1» Cor. 5:11*

Chapter 11 ABOUT MARRIAGE

Marriage is a holy sacrament that binds man and woman, binds them inseparably and unites them spiritually, and gives them and their children blessings and graces from God.

(1) Marriage is good. (2) Marriage should not be denied to anyone. (3) However, no one has the

right to marry another woman, when his lawful wife is alive, or to divorce his wife for any reasons other than those stipulated in the 'Hoodaya' canon, approved by the church, or to marry, violating the provisions given in the canon law. (4) Marriage is not merely an agreement; (5) It is a sacrament, and because it is by God that a woman in arranged for marriage to man, and they become one flesh, marriage shall not be conducted without a priest, who is the representative of God.

(1) Heb. 13 :4 Let marriage be held in honour by all, and let the marriage bed be kept undefiled; for God will judge fornicators and adulterers.

(2) 1 Tim. 4:3 They forbid marriage and demand abstinence from foods, Which God created to be received with thanksgiving by those who believe and know the truth.

(3) Matthew 19: 4-9 He answered, "Have you not read that the one who made them at the beginning 'made them male and female etc. Levi, 18

(4) Rom. 7:2 Thus a married woman is bound by the law to her husband long as he lives; but if her husband dies, she is discharged from the law concerning the husband.

(5) Matthew 19:6 Therefore what God has joined together, let no one separate. Prov. 19:14. A prudent wife is from the Lord.



Chapter 12

ABOUT ANOINTMENT OF THE SICK

(1) It is necessary that one should pray for another. (2) Also to carry burdens mutually. (3) To pray especially for the sick; and for priests, through their counsels to make the sick, courageous in spirit; to pray for their healing in body and spirit and to anoint them with olive oil.

This oil, called 'the oil of grace', which is sanctified by bishops, or by priests who are permitted to bless olive oil, as per the "Order of Kantheela" (order of anointing the sick) is applied on the sick, is effective in making the sick courageous enough to win over the temptation of Satan, and to show that they have renounced worldly ambitions, and their spirits have been anointed with the oil of the grace of the Lord. It can also be a means of healing, if the Lord wills.

Chapter 12 : (1) James 5:16 And pray for one another. 1 Thes. 1 :2. We always give thanks to God for all of you and mention you in our prayers, constantly. (2) Gal. 6:2 Bear one another's burdens, and in this way you will fulfill the law of Christ. (3) James 5:14, 15 Are any among you sick?' They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Mark. 6:13. They cast out many demons, and anointed with oil many who were sick and cured them.

Chapter 13

ABOUT BURIAL OF THE DEAD

For whatever man does by way of good or evil, while he lives in his body, he shall receive rewards or punishment in his body, (1) with a changed nature, after resurrection. Therefore it is unbecoming to bury the bodies of the deceased without prayers and other services, as if they are of animals. Instead,(2) since we have hope of resurrection, (3) the bishops, priests, the religious, lay people etc. shall be buried, according to their stature, with prayers and services as ordained in the church. Great interest and devotion shall be shown in burying the dead. In the same way, if the children of Christian parents die without being baptised, they shall be buried with prayers, since they are the children of the faithful.

Chapter 13 : (1) 1 Cor.15:53 For this perishable body must put on imperishability, and this mortal body must put on immortality. 2 Cor. 5:10. For all of us must appear before the judgment seat of Christ, so that each may receive recompense for what has been done in the body, whether good or evil. (2) 1 Thes. 4:13. But we do not want you to be uniformed, brothers and sisters, about those who have died, so that you may not grieve as others do who have no hope. (3) Feal. 6:3 A man may beget a hundred children, and live many years; but however many are the days of his years, if he does not enjoy life's good things, or has no burial, I say that a stillborn child is better off than he.2 Sam.2:5 David sent messengers to the people Of Jabesh-gil and said to them, "May you be blessed by the Lord because you showed this loyalty to Saul your lord, and buried him!" Acts. 8:2.

Chapter 14

ABOUT PRAYER

Prayer is human beings' coming to realise their Creator, and the good things that they receive from Him and praise Him, doing His will, raising their hearts to God the creator, to have communion with Him, in order to ask and secure from him those things which are needed for the salvation of their souls and the well being of the body. Those prayers which are approved and used in the Church, prepared by the holy fathers for use in prayers, for each day and the canonical hours, are usually called the common (public) prayer.

Whereas each person expressing gratefulness for the good that they receive from God, and entreating for their personal needs is called private prayer.

(1) Both these ways of prayer shall be done with devotion and faith. (2) It is most appropriate to do the common public prayer in churches; and if it is not possible, to do them in houses, with all the people who can assemble there. (3) According to the command of our Lord, and as ordained in the canon law and the order of services in the church, prayers shall be regularly said standing, and also prostrating; and kneeling on occasions like confession, ordination, Pentecost Sunday service. Since it is not lawful to kneel and worship on Sundays and other festival days of the Lord; and also during the days from Easter Sunday to Pentecost Sunday, it shall be done accordingly.

Chapter 14 : (1) James 1:6,7,8. But ask in faith, never doubting, for the one who doubts is like a wave of the sea, driven and tossed by the wind; for the doubter, being double-minded and unstable in every way, must not expect to receive anything from the Lord. Matthew 21:22. Whatever you ask for in prayer with faith, you will receive. (2) Acts. 3:1 One day Peter and John were going up to the temple at the hour of prayer, at three o'clock in the afternoon. Matthew 18:20. For where two or three are gathered in my name, I am there among them. (3) Mark. 11: 25. "Whenever you stand praying, forgive, if you have anything against anyone; so that your Father in heaven may also forgive you your trespasses." Luke. 18:10-13 Two men went up to the temple to pray, one a Pharisee and the other a tax collector. The Pharisee, standing by himself, was praying thus, etc.

Chapter 15

ABOUT FASTING

(1) Fasting is the first command given by God to Adam, (2) which was observed in the Jewish church, as per the command of God, (3) what our Lord commanded, observed and taught (4) what his disciples used to observe, and what is ordained and confirmed and has been in vogue in the church. (5) However, it is not enough to fast in the body alone, renouncing food, but fasting shall be in the spirit as well, by keeping away from evil. (6) The aim of fasting is to teach that spiritual things are more valuable than bodily things, to enrich the spirit by overpowering bodily desires; to deny bodily desires and awaken the spirit to godly things, and that it shall be a weapon to defeat Satan. Since love of appetite is the mother of numerous sins, fasting is an effective means to curb the sins that originate from it. (7) Therefore, Wednesday and Friday are to be observed as fasting days every week; besides, the fifty days' lent, including the Passion Week, twenty five days' lent, fifteen days' lent, apostles' Lent, three days' (Ninevah) lent are the five fasting seasons ordained in the church. During these days, (8)

conjugal relationships, eating of fish and meat, and the like are to be renounced; and practices like eating One meal a day, fasting till noon shall be observed according to the ability of each person and the ordinances of the church.

Chapter 15 : (1) Gen. 2:17 but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die. (2) Joel 2:12. Yet even now, says the Lord, return to me with all your heart, with fasting, with weeping, and with mourning; rend your hearts and not your clothing. Zach.7:5-8. (3) Matthew 4:2 He fasted forty days and forty nights, and afterwards he was famished. Matthew 9:15 The days will come when the bridegroom is taken away from them, and then they will fast. (4) Acts. 13:2. While they were worshipping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them." (5) Matthew 6:16 "And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting." (6) Phil.3:19. Their end is destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. Matthew 7:21 But this kind does not come out except by prayer and fasting. (7) Luke; 18:12. I fast twice a week; I give a tenth of all my income. (8) 1 Cor. 7:5 Do not deprive one another except perhaps by agreement for a set time, to devote yourselves to prayer, and then come together again, so that Satan may not tempt you because of your lack of self-control. 2 Sam, 1:12 Daniel 1:8

to be continued

SYRIAC/GREEK WORDS (used in our worship)

Let's recollect some words -



AALOHU : God
 IMMANUEL : God is with us
 DAMODOSENO : until I come
 SLOMO : peace
 KURIYELAISON : Lord, have mercy on
 SLEEHO : Those who were sent (Apostle)
 SAHADA : Martyr
 EPISCOPOS : Bishop
 KASEESO : Priest
 MSAMSONO : Deacon
 KADEESANMAR : Saints
 SAHADA : Martyr
 SHYNO : Good - will
 AHAI : My brethren
 SRAPIKAL : Angels with six wings
 ADAMO DO SENO : Until I come
 HABIBAI : My beloved one
 HALELUYYA : Praise the Lord
 THOYOBO : Preparation for service in secret.
 STHOUMANKALOS : Let us stand will

ABO : Father
 BRO : Son
 ROOHO : Spirit
 MORIO : Lord
 EMO : Mother
 BESKUDISSA : Place of holiness
 EREYAR : Angel who is always awake
 SRAPIKAL : Angels with six wings
 DUKARONO : Remembrance
 HOOSOYO : A prayer of propitiation
 KUKILION : A verse of Psalms
 MASUMOOR : Psalms
 ORITHA : The five books of Moses
 PRAKSEES : Acts of the Apostles
 EVENGALION (Greek) : Gospel

NEW WORDS

Kolos : Hymns
 Bovooso : Songs of intercession
 Ekbo : Foot or stanza
 Eniyono : Meditative Songs
 Hoothomo : Concluding prayer

.... to be continued

OUR TALENT



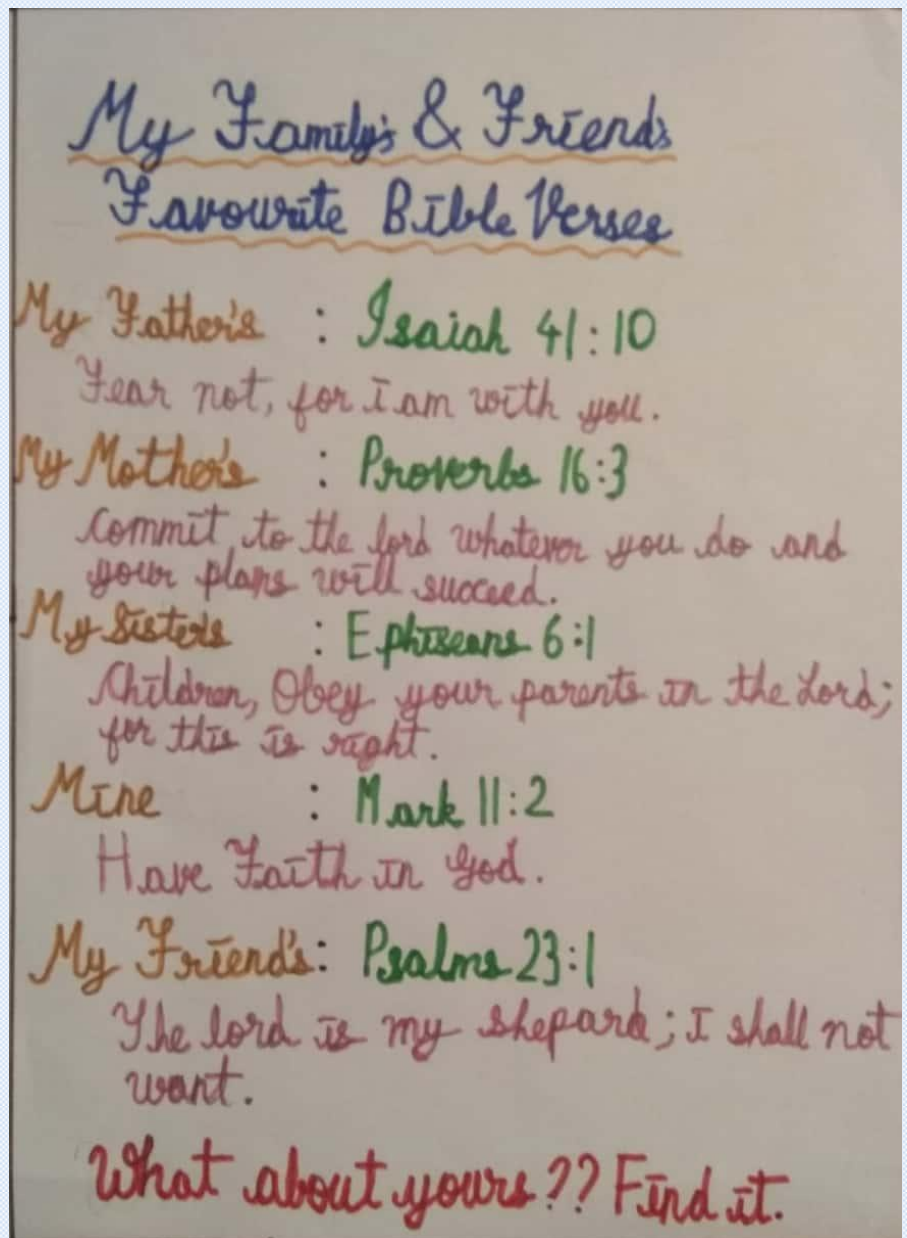
Father, show us the gifts and talents you have given us. Let us use them for Your glory.

- 1 Peter 4:10

Ronel Alex George

Class 4,

St. Baselios SS, Marathahalli



Alina Merin Bijo

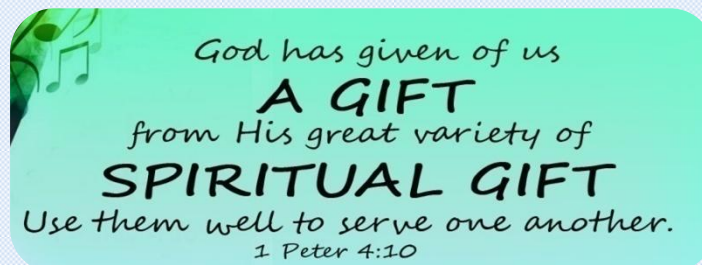
Class

St. Mary's Valiyapalli SS, Jalahalli

List of students by parish who contributed articles to ebodhini-Vol9 (Our Talent).

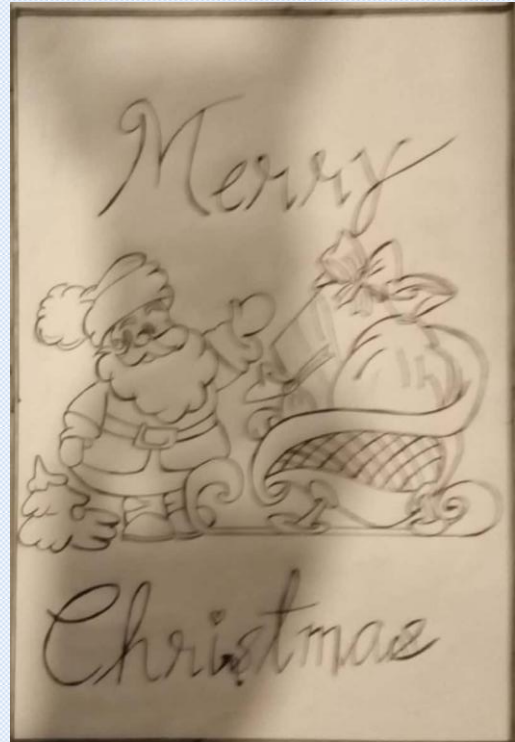
THANK-YOU FOR SHARING YOUR TALENTS

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Mar Yuhanon Mamdana Orthodox Church, K.R.Puram	Mar Gregorios Orthodox Church, Hebbal
Blessy Baiju	Matthew Denny
Hannah	Hannah Susan Deleep
Sara Alex	Anna Susan Koshy
Serin Alex	Aaron Siby Samuel
St. Baselios Orthodox Church, Marathahalli	Rachel Mariam John
Alan Kurian John	St. Gregorios Orthodox Church, Mathikere
Heizel Mariam Denny	Abrana
Joana Miriam Varghese	Angel Gibi John
Joann Shine	Jerusha
Lisa Susan Alex	Ashley Varghese
Ronel Alex George	Jairus K Boby
Shreya Binu	Joshua R Thomas
Susan Koshy	Anna Mariam
Tabeetha Bibu P	Manna Rachel Sanjay
Irene Susan Renjith	Riya Ann Biju
Diyaa Elza Manoj	Shryea Susan Prasad
Aaron Pinto Alex	Joshua K Boby
Matthias Mathew	Leisha Sara Prasad
St. George Orthodox Church, Indiranagar	Sandra Mary Saji
<i>NIL</i>	St. Dionysius Orthodox Church, Dasarahalli
St. Gregorios Orthodox Cathedral, Hosur Road	<i>NIL</i>
Mr. M.K.Uthup	St. Gregorios Orthodox Church, Mysore
St. Joseph Orthodox Church, Hormavu	<i>NIL</i>
Fiona Tony	St. Gregorios Orthodox Church, Tumkur
John Jacob	<i>NIL</i>
Elizabeth Shereen	St. Mary's Orthodox Valiapally, Jalahalli
Hanna	Jean Maria
Aaron G Sunil	Alina Merin Biju
Abeda Anna	B.Y.Pheba Biju
Mrs Sophia Binoy	Binsu Mariam
St. Mary's Orthodox Church, Begur	Jomi Maria Sijo
Anna Susan Varghese	Rheba Biju
St. Thomas Orthodox Maha Edavaga, Bangalore East	Sharon Binu Mathew
Nayana Baiju	St. Stephen's Orthodox Church, Vijayanagar
	Allen Sam
	Ashlin V Samuel
	Evlynn Susan Anoon
	Irene
	Ivan
	Michelle Alex
	Neha Mobin
	Sneha Mobin





B.Y.Pheba Biju
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 St.Mary's Valiyapalli SS, Jalahalli



Binsu Mariam
 Class 12
 St.Mary's Valiyapalli SS, Jalahalli



Jomi Maria Sijo
 Class 9
 St.Mary's Valiyapalli SS, Jalahalli

Thank you Note!!

O God , I thank you for your Grace and blessings,
I thank you for the sumptuous food
I thank you for your kindness to give me the food to eat and water to drink
Please make me fit that I may praise you and glorify you.

O God, I love all the gifts you have given me.
No one can count how many blessings you have showered on me.
I love you O God and I can't thank you enough.
O God thank you for those fragrant flowers to smell,
Those beautiful butterflies to see,
Those furry animals to touch,
The tastiest food to eat
And my family to support me.

O God thank you for the dresses to wear,
places to go and a home to stay.
Thank you for the money for my parents to handle,
the legs to walk,
eyes to see,
hands to work your magic,
a nose to breathe,
a mouth to speak your word
and ears to hear your wonderous voice.

O God accept this small prayer from your child.
O God keep me and my family safe and we will praise you till our last
breath.

-Amen

Anna Susan Varghese
Class 5
St. Mary's SS, Begur

***"Give
thanks to
the LORD,
for he is
good;
his love
endures
forever."***

Psalm 107:1

***I is all HE who decides
and all HIS grace.***



Betzalel

Once there were two kids, named Messiah and Emanuel at God's castle. They were good friends.

One day God told his sons to go earth to complete their destiny. Both of them happily accepted it and waited for their turn to come in. And one fine day that moment has come, where they got birth to their parents on earth. Messiah's parents named him Rory. Emmanuel's parents named him Noah. Both lived happily with their parents and started growing up. Rory realized that he got birth to one of the richest parents in the world and have got almost every thing in the world. On the other hand. Noah's parents were a middle class family. They had all they just needed and they cared about it well.

Time few, both kids became grown ups, who completed their education.

Noah was focused of his career and got into a job immediately after his studies, where he got to interact with a lot of people and gained multiple knowledge and experiences. After working there for a few years, he started his own business. With his hard works and prayer Noah made a lot of money. In between he got married and had two kids and lead a happy life. He also involved in a lot of charity work.

On the other hand, Rory, who had everything he wanted, lost his focus and got landed in bad friendships, started spoiling his life with parties, clubs, gambling and intoxication. He spoiled a lot of his father's money. His parents forced him and get him married to get rid of these habits, but didn't made much change in his life. Later when his father died, he started realizing the bitter truth of life and started looking into his business. But due to his lack of experience and practical knowledge, he again lost a lot of money. He still tried to recover it but got cheated by his friends as well. He became bankrupt, his wife and kids left him, lost all his properties and got mentally retarded and finally got admitted in an old age home ran by Noah.

After a few years, both of them died on the same day and started their journey back to God's castle. On their way back they recapped their life on earth in a brief. The one who got birth with all fortune, ended his life as poor and the other who born just normal achieved all his success in his earth's life.

Moral : Our life and destiny are not something that is always decided by us alone. God plays a bigger invisible role on top of it all. So don't get worried about what we don't have in life, and not be so proud or over confident with what we have. Just keep in mind it is all HE who decides and all HIS grace. Just be humble and polite with everyone.

Tabeetha Bibu P
Class 5,
St. Baslios SS, Marathahalli

Alan Kurian John
Class 5,
St. Baselios SS, Marathahalli

Seasons

Summer is very hot,
But it is very short.
Summer is very sunny,
But it is very funny!

Rain, Rain, Rain!
Oh! What a pretty sight it is,
It is fun to play in the rain,
But you might catch a cold!

Spring is very beautiful,
Flowers, Flowers everywhere!
It is very lovely,
Come, let's jump like a bunny!

Winter is the coldest time of the year
It is the perfect time to bring out fear
It is fun to play in snow,
Come, let's make a snowman!

Alan Kurian John
Class V



Heizel Mariam Denny
Class 5,
St. Baselios SS, Marathahalli

The Power of the Living God
There lived a girl called Maria. She never believed in God nor she liked to pray to God. She thought it was just a waste of time. Whenever her parents used to pray she used to play games on the phone or she used to sleep. Her parents did not like this behavior of her. But when she was 11 years old she was diagnosed with cancer. Her condition was worrying her parents. They fasted and prayed. God was moved by their prayers. Within a week her condition improved with treatment. After a few weeks she recovered. Her parents were happy that their one and only daughter was saved. From that day onwards Maria prayed regularly.
By
Shreya Binu

Shreya Binu
Class 5,
St. Baselios SS, Marathahalli



Student
St. Mary's Valiyapalli SS, Jalahalli



Lisa Susan Alex
Class 1,
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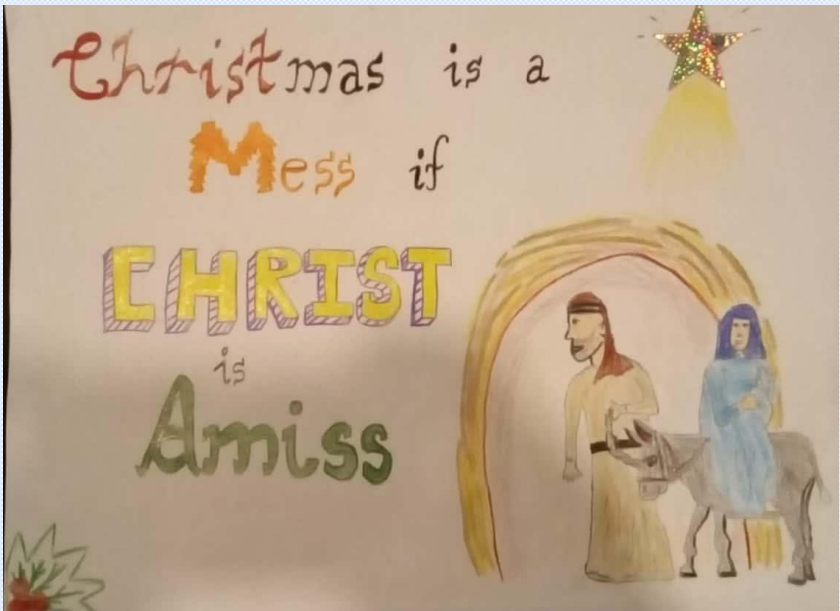
Susan Koshy
Class 2,
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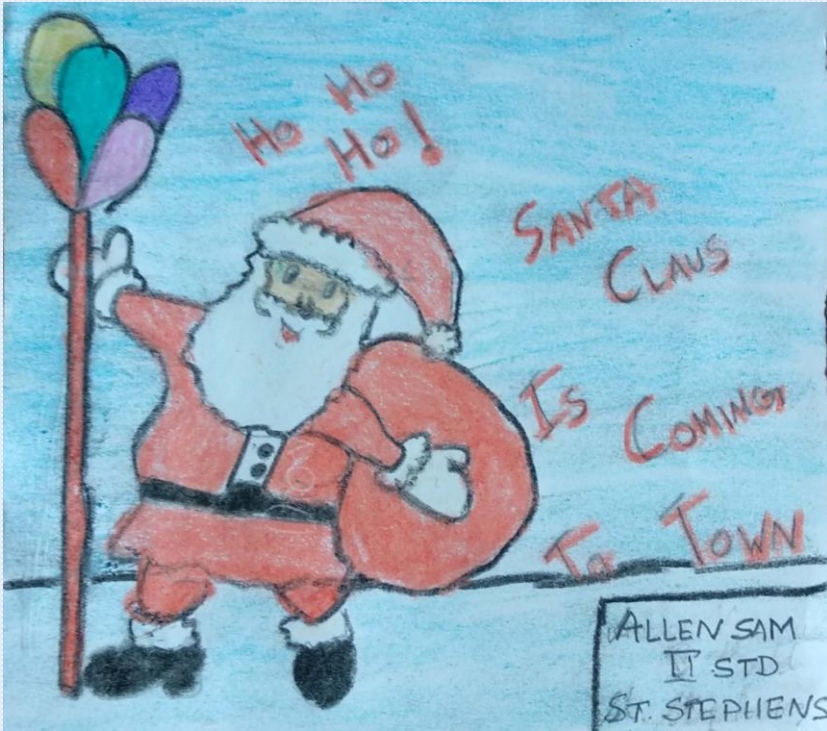


Sharon Binu Mathew
Class 7
St.Mary's Valiyapalli SS, Jalahalli

Rheba Biju
Class 1
St.Mary's Valiyapalli SS, Jalahalli



Jean Maria
Class 9
St.Mary's Valiyapalli SS, Jalahalli



Allen Sam
 Class 2
 St.Stephen's SS, Vijayanagar

Evlynn Susan Anoon
 Class Prep
 St.Stephen's SS, Vijayanagar

DANIEL

in the Lion's Den

Match the bible verses to the icon below and fill in the blanks

God our ☀ _____ and 👑 _____ a very present help in 😊 _____ Psalms 46:1

☀ refuge
👑 strength
😊 trouble

EVLYNN SUSAN ANOON
 - PREP, ST. STEPHENS

ST. STEPHENS ORTHODOX CHURCH

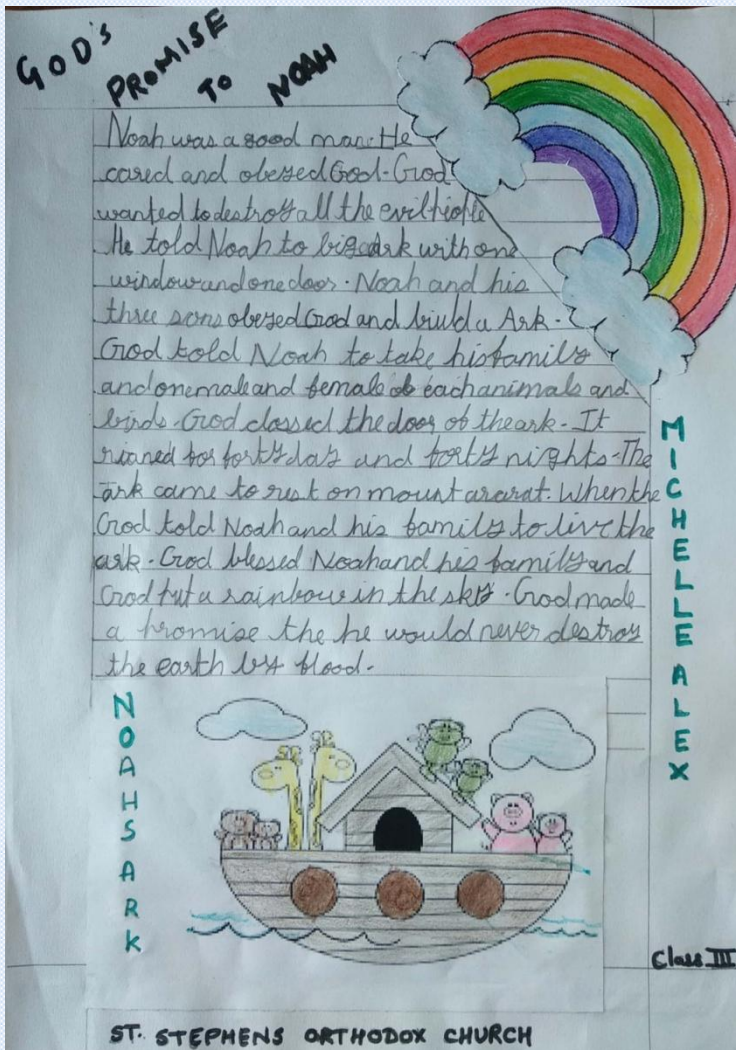


Evlynn Susan Anoon
Class Prep
St.Stephen's SS, Vijayanagar

Neha Mobin
Class 4
St.Stephen's SS, Vijayanagar



Sneha Mobin
 Class 4
 St.Stephen's SS, Vijayanagar



Michelle Alex
 Class 3
 St.Stephen's SS, Vijayanagar

Who Was He?

Once a little babe was drifting
 In a basket all alone,
 When the king's fair daughter found him-
 Wished to have him for her own.
 So she found the baby's mother
 For his nurse that very day
 But when he had grown to manhood,
 He led his people to freedom.

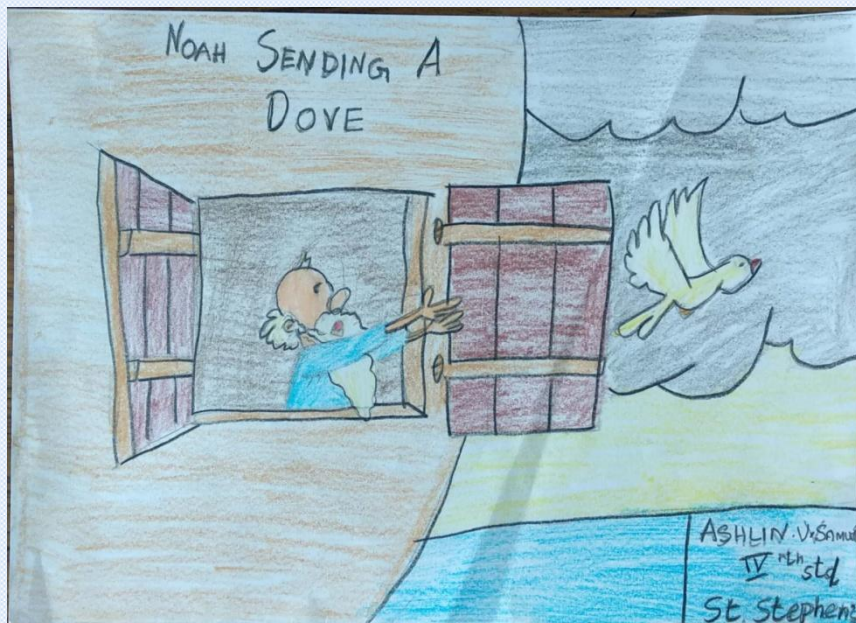
Who was he? (Exodus 2)

Evlynn Susan Anoon
 Class Prep
 St.Stephen's SS, Vijayanagar



Answer :Moses

EVLYNN SUSAN ANOON
 - PREP , ST. STEPHENS



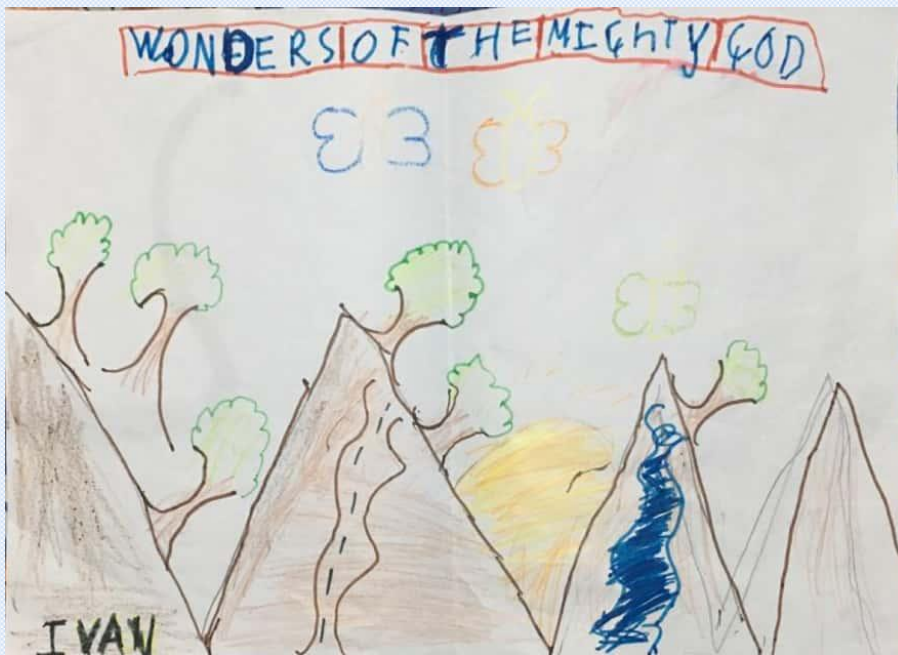
NOAH SENDING A DOVE

Ashlin V Samuel
 Class 4
 St.Stephen's SS, Vijayanagar

**“Noah did (...)
 all that God
 commanded
 him.”**

Genesis 6:22 ESV

ASHLIN V SAMUEL
 IVth STD
 ST. STEPHENS



"Take a good look
at God's wonders -
they will take
your breath away."
- Psalm 66:5

Ivan
Class
St. Stephen's SS, Vijayanagar



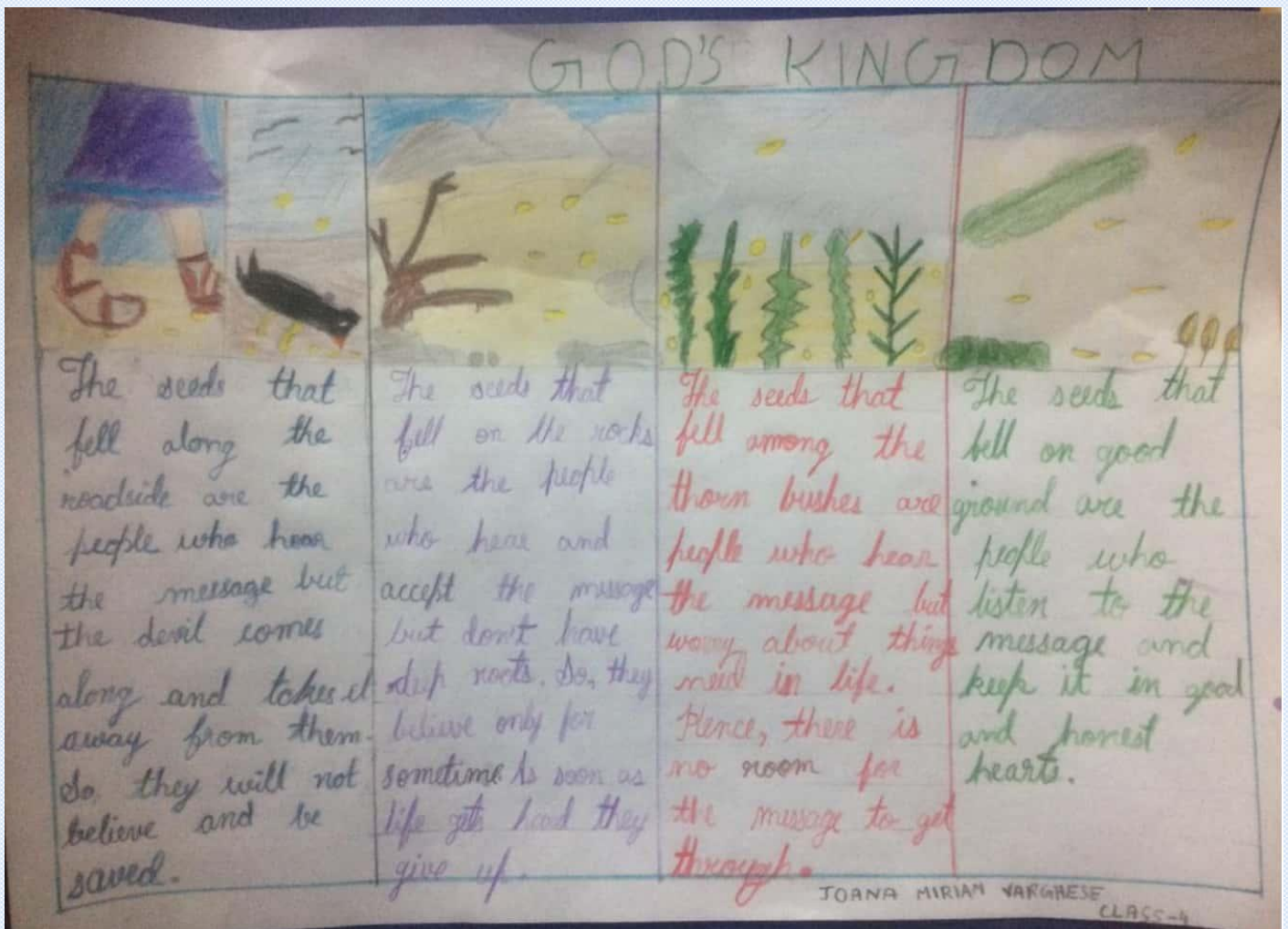
**GOD
IS
LOVE**
1 John 4:16

Irene
Class 3
St. Stephen's SS, Vijayanagar



*Commit to the Lord
whatever you do,
and your plans
will succeed.*
Proverbs 16:3

Joann Shine
Class 4,
St. Baselios SS, Marathahalli



The Parable of the Sower

The Seed is the Word of God

Joana Miriam Varghese
Class 4,
St. Baselios SS, Marathahalli



Matthew Denny
Class 4,
Mar Gregorios S SS, Hebbal



Hannah Susan Deleep
Class 3,
Mar Gregorios S SS, Hebbal



Anna Susan Koshy
Class 4,
Mar Gregorios S SS, Hebbal



**" A friend loves
at all times..."
Proverbs 17:17**

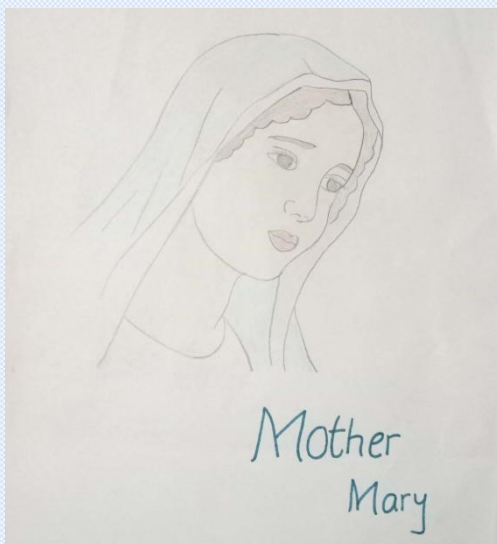
Aaron Siby Samuel
Class Prep,
Mar Gregorios S SS, Hebbal



Abrana
Class 4,
St. Gregorios SS, Mathikere



Angel Gibi John
Class 9,
St. Gregorios SS, Mathikere



Jerusha
Class 8,
St. Gregorios SS, Mathikere



Ashley Varghese
Class 8,
St. Gregorios SS, Mathikere

John's Habit

Once upon a time there lived a boy called John. John was playing every time with her mother's Samsung Tab. His mother tells him to go out and play, but he does not mind and soon one day his eyes started burning and sometimes he got a headache. The next day mother took John to a doctor. The doctor said to John that he should not use his mothers Samsung tab for one month and he should wear a lens to see. John felt very sad because he cannot use his mothers Samsung tab. Soon one day he walked to the cupboard where his mothers Samsung tab was there when his mother was sleeping because she was tired. Quietly John took his mothers Samsung tab and he played with it again. After one month John became blind. Johns mother took John to the doctor and doctor said that he had taken the Samsung tab when you were sleeping. Now I will give some eye drops for two months which will cure John and he should not use Samsung tab for a very long time. Hearing this John was frightened and decided to obey his elders.

Moral: Children obey your parents in the Lord for this is right Eph: 6:1

Jairus K Boby

Class ,

St. Gregorios SS, Mathikere



Joshua R Thomas

Class 1,

St. Gregorios SS, Mathikere

Tinku the Rabbit

Once upon a time there lived a rabbit named Tinku. He lived in a burrow with his family. One day while he was passing through a river he heard something, when he heard the sound he recognised who was shouting it was his friend Tinkle the squirrel. Tinkle had fallen into the river while catching the butterfly. Tinku jumped into the river and swam to Tinkle and brought him to the shore. Tinkle thanked Tinku and then Tinkle asked Tinku "how did you jump into the river without any fear" Tinku said "I prayed before jumping into the river Tinkle was surprised to hear that. The Tinkle asked Tinku about prayer. Tinku said "Prayer is a special way of talking to God. Prayer is to be said from a pure mind and heart". From then on Tinkle said prayers before doing any difficult task.

Moral - Prayer is important and is to be said from a pure mind and heart.

Anna Mariam
Class 6,
St. Gregorios SS, Mathikere



Manna Rachel Sanjay
 Class 1,
 St. Gregorios SS, Mathikere

Riya Ann Biju
 Class 3,
 St. Gregorios SS, Mathikere

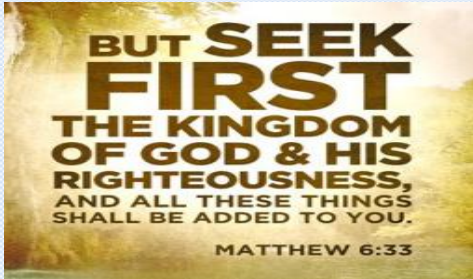


Shryea Susan Prasad
 Class 3,
 St. Gregorios SS, Mathikere

The Lost Teena

Once upon a time there lived a girl called Teena, she did not pray every day. Her parents were also not bothered. One day while everyone was sleeping Teena went out for jogging because of the fog outside she lost her way and she tried to pray but she could not pray. Because she did not know the prayer. She started saying “God Save me”, “Please God Save me”. Suddenly she felt somebody coming and she was scared. But it was her father. Her father took her back home. From that day she started reading Holy Bible, also her family started praying. But the person came to her was God. He heard her prayer and He went to help her.

Moral: We should pray daily and we should realise that God is everywhere as everyone.



Joshua K Boby
Class 6,
St. Gregorios SS, Mathikere

Leisha Sara Prasad
Class 5,
St. Gregorios SS, Mathikere



Blessed are those with a powerful mind and big heart.

What does it mean to be blessed? Blessings are the free gifts of God. Each one of us are blessed with qualities like being generous, courageous, enthusiastic, humble etc. But to attain and utilise these qualities we must have a powerful mind and a big heart. At this point the question arises what exactly does it mean to have a powerful mind and a big heart? “A powerful mind” is the will power that each of us have in ourselves to work hard and obtain the goal on which we had set our hearts upon. If we have this will power then courage and enthusiasm will follow us.

“A big heart” refers to our broad mindedness to accept other things or people as they are. As we grow more large heartedness, we grow to love the humanity more and qualities like humility and compassion gets embedded in us.

The greatest example that comes into my mind is St. Theresa of Calcutta also known as the “saint of the gutters”. Her will power was so strong that she did not worry about material necessities for even a single moment, but placed all her trust in God. Her mind was so broad that she did not care working for the downtrodden people of the society. Her character was reflected in her speech, hence she said “Do things for people not because of who they are or what they do to you in return, but because of who you are”. Thus through her actions and words she set an example for all the future generations.

Therefore, this is what it means to have a powerful mind and a big heart. Hoping that we all grow up to be strong pillars of the society.

Sandra Mary Saji
Class 12,
St. Gregorios SS, Mathikere



Serin Alex
Class 7,
Mar Yuhanon M SS, K.R.Puram

Sara Alex
Class 7,
Mar Yuhanon M SS, K.R.Puram

"I am the bread of life. He who comes to ME
shall never hunger. And he who believes in ME
shall never thirst"
John 6:35



SARA
26/02/19

WHEN I AND YOU WERE A BABY

When you were a baby
O my Lord, I saw you
A good news came about you
I was very happy that you were born in the
world
I am happy I am part of this world where you
born
I am free to stay here and pray for ever
Thank you my lord to have me in this world.

Hannah
Class 3,
Mar Yuhanon M SS, K.R.Puram



Blessy Baiju
Class 10,
Mar Yuhanon M SS, K.R.Puram



Nayana Baiju
Class 3,
St. Thomas OMESS, B'lore East

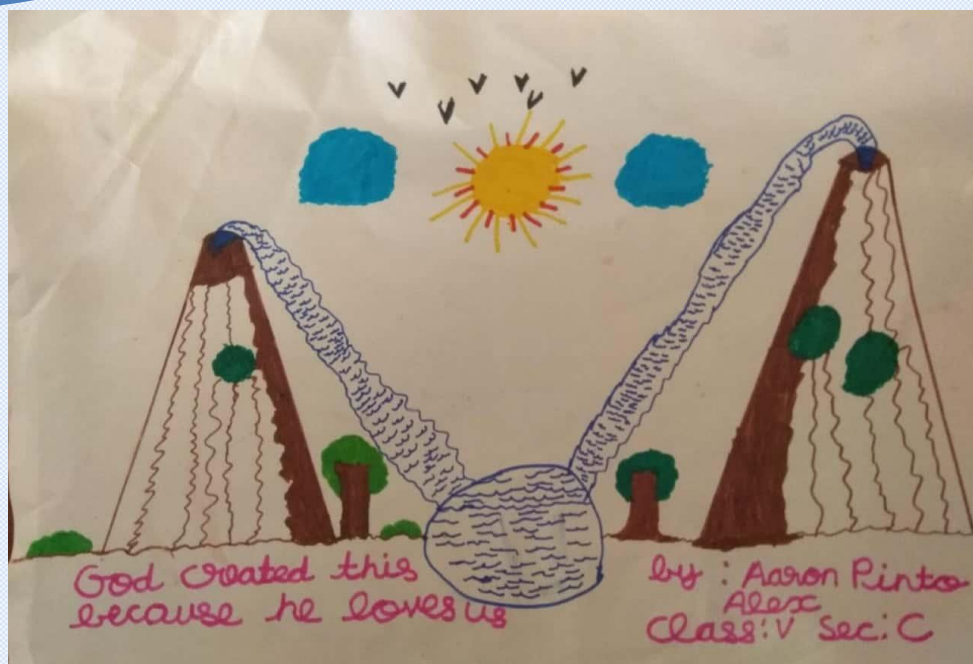


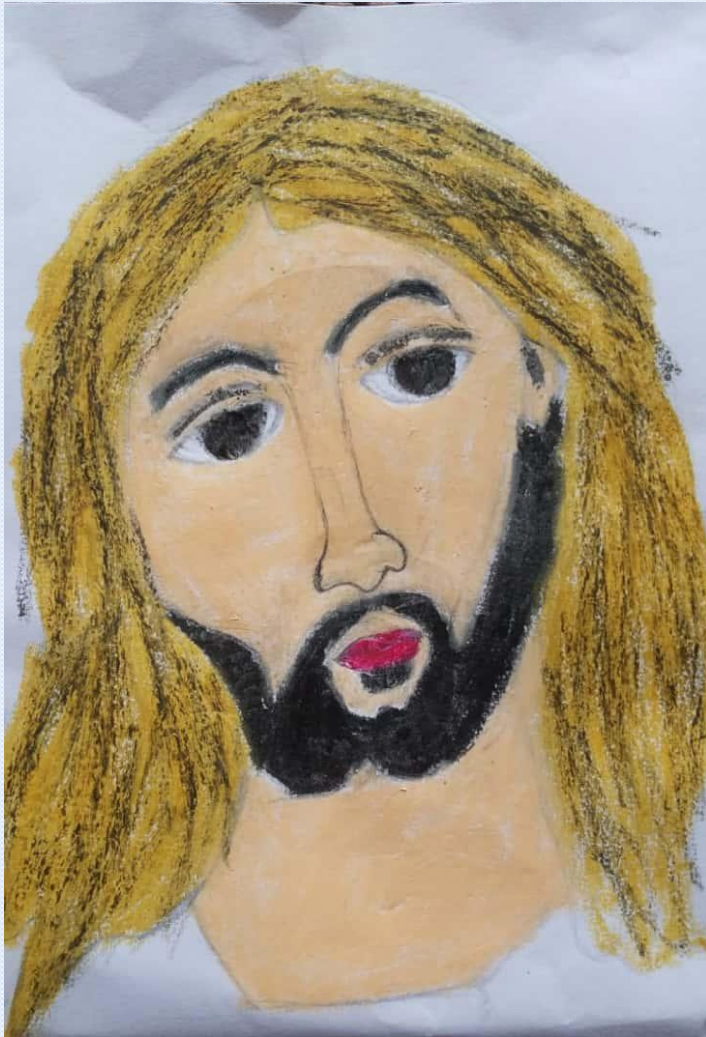
Irene Susan Renjith
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St. Baselios SS, Marathahalli



Diyaa Elza Manoj
Class 6,
St. Baselios SS, Marathahalli

Aaron Pinto Alex
Class 5,
St. Baselios SS, Marathahalli





Matthias Mathew
Class 5,
St. Baselios SS, Marathahalli



Fiona Tony
Class 1,
St. Josephs SS, Horamavu



John Jacob
Class 3,
St. Josephs SS, Horamavu



Elizabeth Shereen
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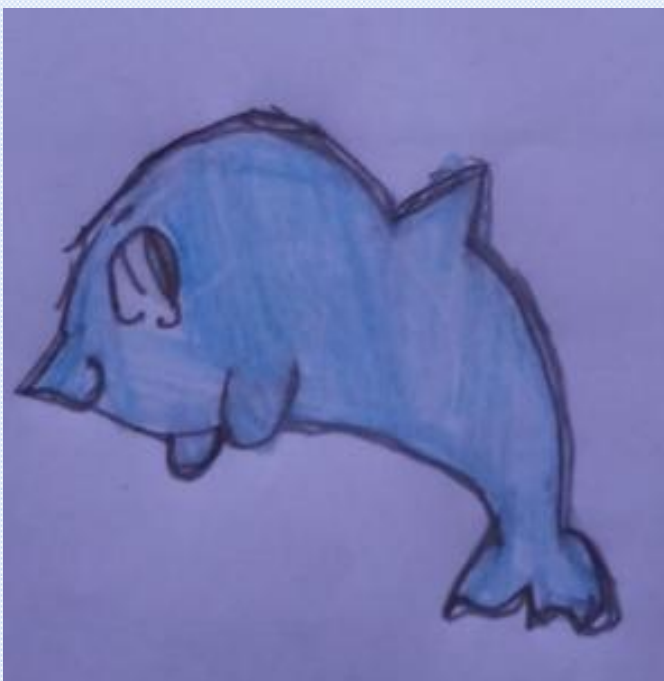
HE MAKES
ALL THINGS
beautiful
IN HIS TIME.

ECCLESIASTES 3:11



Hanna
Class 5,
St. Josephs SS, Horamavu

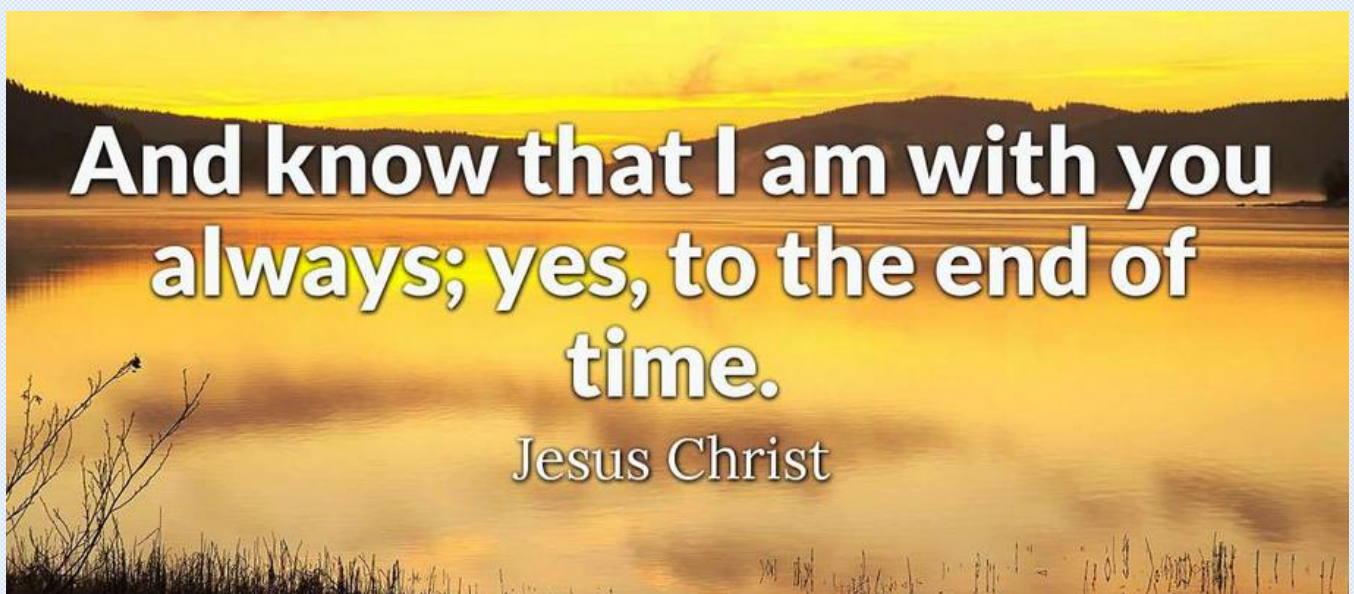
Aaron G Sunil
Class 7,
St. Josephs SS, Horamavu



Abeda Anna
Class 1,
St. Josephs SS, Horamavu



Rachel Mariam John
Class 3,
Mar Gregorios S SS, Hebbal



KIDS PAGE



Contribute articles -

Please send some interesting puzzles, articles, biblical games, quiz to be published in Kids Page.

Please send your answers at the earliest to the Zonal Secretary

Mrs. Sophia Binoy

THE MAJOR AND THE MINOR PROPHETS

A	H	O	S	E	A	H	P	A	Z
M	H	B	L	E	I	K	E	Z	E
S	A	M	O	S	D	I	O	E	C
O	B	A	D	I	A	H	H	P	H
N	A	H	U	M	N	C	A	H	A
M	K	A	M	O	I	A	G	A	R
I	K	N	J	O	E	L	G	N	I
C	U	O	B	A	L	A	A	I	A
A	K	J	E	R	E	M	I	A	H
H	O	S	I	S	A	I	A	H	A

ANSWER- THE MAJOR AND THE MINOR PROPHETS

	H	O	S	E	A				Z
	H		L	E	I	K	E	Z	E
	A	M	O	S	D	I		E	C
O	B	A	D	I	A	H	H	P	H
N	A	H	U	M	N	C	A	H	A
M	K	A			I	A	G	A	R
I	K	N	J	O	E	L	G	N	I
C	U	O			L	A	A	I	A
A	K	J	E	R	E	M	I	A	H
H			I	S	A	I	A	H	

TOTAL 16

- | | |
|-------------|---------------|
| 1. ISAIAH | 9. JOEL |
| 2. JEREMIAH | 10. HOSEA |
| 3. EZEKIEL | 11. NAHUM |
| 4. DANIEL | 12. HABAKKUK |
| 5. HAGGAI | 13. MALACHI |
| 6. JONAH | 14. ZEPHANIAH |
| 7. OBADIAH | 15. MICAH |
| 8. AMOS | 16. ZECHARIAH |

Mrs Sophia Binoy
St. Joseph's SS, Horamavu

Answers to Vol 8
(Ten Commandments crossword puzzle)

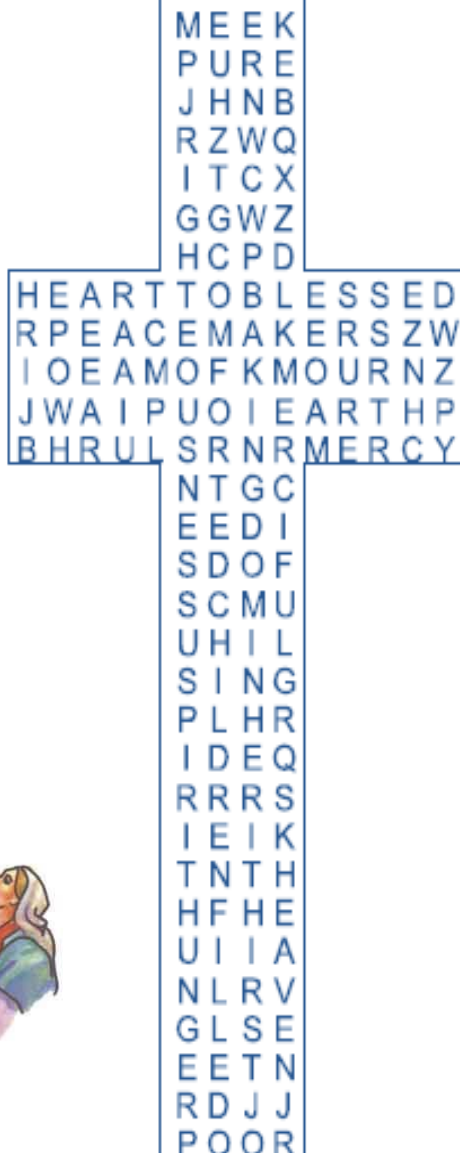


Activity: Synod of Diamper

Find out about Synod of Diamper ? Which year was it held and its impact on the Malankara Orthodox Church.

The Beatitudes

~Matthew 5:3-10



- _____ are the merciful:
- Blessed are the peacemakers: for they shall be called the _____ of God.
- Blessed are they that mourn: for they shall be _____.
- Blessed are the meek: for they shall inherit the _____.
- Blessed are they which do hunger and thirst after righteousness: for they shall be _____.
- Blessed are the pure in _____; for they shall see God.
- Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of _____.
- Blessed are they which do _____ and thirst after righteousness: for they shall be filled.
- Blessed are the meek: for they shall _____ the earth.
- Blessed are they which are persecuted for righteousness' sake: for theirs is the _____ of heaven.
- Blessed are the _____; for they shall inherit the earth.
- Blessed are the _____; for they shall obtain mercy.
- Blessed are the merciful: for they shall obtain _____.
- Blessed are they that _____; for they shall be comforted.
- Blessed are the _____; for they shall be called the children of God.
- Blessed are the _____ in spirit: for theirs is the kingdom of heaven.
- Blessed are the _____ in heart: for they shall see God.
- Blessed are they which do hunger and thirst after _____; for they shall be filled.
- Blessed are the poor in _____; for theirs is the kingdom of heaven.
- Blessed are they which do hunger and _____ after righteousness: for they shall be filled.

NEWS ... EVENTS ... UPDATES
from our Sunday Schools in Bangalore Zone

St Mary's Orthodox Valiyapalli Sunday School, Jalahalli



Teachers



2018 - Class X students.



Christmas Carols



Sunday School - Christmas program.



ANNOUNCEMENTS



Contribute some interesting original articles and win some prizes.

We hope you'll join us.

Next Edition planned

Tentative Date : Oct 2019.

Dear Students and Teachers,
Please use this opportunity to express and share your experiences, ideas and thoughts through your articles like news updates, short stories, notes, essays, poems, paintings, quotes, jokes, quiz, games, puzzles, message, etc at the earliest through your teacher/ headmaster

Note : Please do mention your Name & Church and send articles to reach before 15-Sep-2019.

NOTE : Please feel free to share your ideas for themes for newsletters, suggestions, comments, observations, mistakes observed, omissions etc.

Editorial

Dear Friends in Christ,

I will give thanks to the Lord with my whole heart; I will recount all of your wonderful deeds. Psalm 9:1

The merciful lord has been kind to us and we have been able to have a successful year in Sunday school. Luke chapter 17 mentions about the story of Lepers, when Jesus entered the town he was met by ten lepers *who stood at a distance and lifted up their voices, saying, "Jesus, Master, have mercy on us."* All of them walked away cleansed but only one turned back to praise God and thank Jesus for his healing. Jesus makes it a point to call out the other nine to show the importance of our gratitude. He deserves to hear our thanksgiving often through praise and prayer .We need to learn to thank god for the mercy he has bestowed on us and also, teach our Sunday school children to thank god in every walk of life .A thankful heart is not only the greatest virtue but also the parent of all virtues . There is always something to be Thankful for every day single day should be essence of our worship.

I take this opportunity to thank our beloved Thirumeni H.G Dr.Abraham Mar Seraphim for his guidance and support. The members of the editorial board of ebodhini, Head Masters, Vice President achen and officials of Sunday school, Sunday school teachers and kids who helped to make the last year a successful one and also for each ones constant support, guidance and encouragement.

We seek more and more articles, stories, song from our students, Dear Headmasters and teachers please encourage kids on the same.

May also of us have a wonderful, thank full year ahead

For and on behalf of Editorial Board of E-Bodhini.

With Love

Roshini K.K

(St Stephens Orthodox church, Vijayanagar)

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