

OSSAE-OKR BANGALORE ZONE

E-Bodhini (NEWSLETTER)



Vol 8 : 2018 October

(for private / internal circulation)

Message from Thirumeni

11th October 2018

BLESSINGS!

In the last few months, the Malankara Orthodox Syrian Church is going through a turbulent period. There are serious allegations against few members of the Clergy. Any serious mistake committed by a member of the Church is condemnable and Church would deal with it in proper seriousness. Media often overemphasize such acts for their own advantage and criticize the Church. It is sad that our own church members spread rumors, and false allegations, which cause a lot of damage. Due to an error committed by a few, the majority is affected and the image of the Church in front of others is affected.

What should be our proper response to such incidents? The first thing to do is not to believe all the rumors and allegations which comes in media, particularly in social media. We have a responsibility not to propagate such false information. You can ask elders and priests for authentic information.

Secondly, think of what Christ said to Jews who were about to stone a lady caught in a sinful act, "He that is without sin among you, let him first cast a stone at her.". St. John 8:7. Then everyone left the scene. Let us remember that we all are imperfect beings, we all sin, if not physically but at least in our thoughts. Other need our prayers. We must not only pray for the affected but has a bounden duty to pray for those who commit these errors, that they repent and grow in holiness.

Ultimately, each member of the church should grow in holiness, that the grace of God can flow through the members of the Church. It is also our duty to report such errors, if we come across, to the elders and the Church authorities.

May God Almighty bless you!

- *Seraphim Thirumeni*



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H.G. Dr. Abraham Mar Seraphim,
Metropolitan, Bangalore Diocese

Whosoever is
Born of God
does not
commit sin for
God's Seed
remains in him
and he can't sin
because he is
Born of God

Message from Vice President Achan,

*Fr. T K Thomas Cor-Episcopa
Vice President - Bangalore Diocese*

“Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths”.Proverbs 3:5-6

Dear Sunday school children and all the members of the Sunday school family,
Greetings and blessings to you all in the name of our Lord Jesus Christ!!

In the journey of our life, each day we all have to take decisions or make choices. We take small decisions like what to eat or what to wear. They may be of little or no consequences. But we also end up making challenging decisions like which career to take or which way of life to lead, whether to serve God or to serve sin, we take decisions involving the choosing of our life partners, choosing our colleges and so on. They can be of life changing or life ending significance. Good decisions made based on right principles will bring good results. But decisions made based on our emotions such as anger, lust, or selfishness will bring poor or bad results. In the Bible we see that, Joseph, Abraham and the thief who was crucified with Jesus took right decisions or made right choices in their life and were honoured and blessed. But Samson, Judas Iscariot and the thief who mocked Jesus at His crucifixion took unwise decisions and were punished and lost their lives. Cain the first son born to the first parents Adam and Eve made a selfish decision based on his anger and jealousy because God was pleased with his brother's offering and rejected his unworthy offering. He killed his brother and was cursed by God and put away from His presence.

So my dear friends if we want to live a fruitful life, filled with joy, peace and blessings we must take wise decisions in our life. We must make right choices on the way. When Jesus had to take important decisions in His ministry, he spent much time in prayer, sometimes the whole night. We should also follow that pattern because prayer is the key that opens the door. It is the means through which we get the assistance of the Holy Spirit who helps us make the right decisions. So let us always make a conscious effort to make wise decisions and live with the unabated blessings of God.

I appreciate all the contributors to this edition of E-Bodhini and the hard work done by Mr. Biju Prasad and team for this beautiful electronic version of our Sunday school magazine. May God bless you all.

With love and prayers

Fr. T K Thomas Cor-Episcopa
Vice President, OSSAE-OKR, Bangalore Diocese
10-October-2018

Message from Diocesan Director

Hope you had a good time at the Bangalore Zone Sunday school camp, NUHRO 2018. A lot of effort from Bangalore Zone officials have gone into it to make it a success, with support from our beloved Thirumeni, Very. Rev. T K Thomas Cor-episcopa, all the Vicars and HMs of each Parish. This time we have maximum participants around 150. I am glad to see the enthusiasm of the children and teachers.

For most of you, this may be the very first time you are staying alone away from your parents or siblings. That is a good experience, it teaches you to be independent, and responsible. Of course, teachers were there to guide you. We had very good resource persons for this year's camp. It is a great thing to have our Thirumeni and Vice-president Achan attending the camp all throughout. I am sure you would find all of them as role models. I am also certain, you realize now how valuable the Church treat you, as you are the generation that must lead the Malankara Orthodox Church in the coming years in various leadership positions.

Unlike a regular Sunday school curriculum, camp classes are based on a theme, which allow highlighting the specific aspects of Orthodox Christianity, that enrich the spiritual life of the faithful. There is also an emphasis on the sacrament of confession; for most of you, this could be the first time you are taking part in this great sacrament. In a camp, confession is done with proper guidance and taking part in it along with your friends in the camp's atmosphere is a great experience.

Having said about all the serious aspects, it is fun too. Music ministry teaching you songs with beautiful singing, fun games, campfire, play time etc. We are lucky to have the ECC as the camp venue with the lush green campus, excellent amenities and great food. Once you get back from the camp, please share your experience with your parents, siblings, friends, parish priest, Sunday school teachers, and other children.

I thank God Almighty, for the wonderful and fruitful time we had at the camp together!

Mr Kuruvilla Varghese

Diocesan Director

OSSAE-OKR, Bangalore Diocese

11-October-2018



**H.G.Thomas Mar Athanasius Metropolitan
Entered Eternal Rest on 24 August 2018.**

*Life is the greatest gift that God has given us.
Death is only a bridge towards eternal life with God.
Certainly, heaven is rejoicing for another soul
has finally reached his true home.*

*Our Deepest
Condolences*

Inter-Diocesan competition 2017

Date : 15-Jul-2018, Sunday
Venue : St. Thomas Orthodox Theological Seminary, Nagpur



Congratulations to team
Bangalore Diocese

Winner of Title

PRAVEEN (Quiz - Senior)

TEAM MEMBERS

Abel Mathew Skariah

(St. Dionysius Church, Dasarahalli)

Ann C Anil

(Mar Gregorios, Hebbal)

Riya Thomas

(St. Thomas MahaEdavaka, B'lore East)



Results of Inter-Diocesan competition 2017 -



ORTHODOX SYRIAN SUNDAY SCHOOL ASSOCIATION OF THE EAST

OUTSIDE KERALA REGION

Fr. Dr. Bijesh Philip
Director


**Results of the OSSAE-OKR Inter-Diocesan Competition held at STOTS, Nagpur on 15th
July 2018**

SENIOR

TITLE	NAME	SUNDAY SCHOOL	DIOCESE
GANA SUGANDHI (SOLO SONG)	Nigel Abraham Peter	St. Thomas Orthodox Sunday School, Vashi	Bombay
PRATHIBHA (ELOCUTION)	Ashwin Samuel	St. Mary's Orthodox Sunday School, Indore	Ahmedabad
VIGNANI (ESSAY WRITING)	Joel Kunjumon	Mar Severios Orthodox Sunday School, Kolar Road, Bhopal.	Calcutta
PRAVEEN (QUIZ)	Abel Mathew Skariah	ST DIONYSIUS ORTHODOX SYRIAN CHURCH, Dasarhalli	Bangalore
	Riya Thomas	ST THOMAS ORTHODOX MAHA EDAVAKA , Bangalore East	
	Ann C Anil	Mar Gregorios Orthodox Church, Hebbal , Bangalore	

SECONDARY

TITLE	NAME	SUNDAY SCHOOL	DIOCESE
GANA SUGANDHI (SOLO SONG)	Akhil C. Kuriakose	St. Thomas Orthodox Sunday School, Injambakkam	Madras
PRATHIBHA (ELOCUTION)	Shibin B Joseph	St. Thomas Orthodox Sunday School, Ghaziabad	Delhi
VIGNANI (ESSAY WRITING)	Alina Sara Samuel	St. Mary's Orthodox Sunday School Hauzkhaz , Delhi	Delhi
PRAVEEN (QUIZ)	Anagha Latha Jolly	St. John Orthodox Sunday School, Mayur Vihar I	Delhi
	Angelin Mariam Daniel		
	Nikita Maria Johnson		


15-7-2018 Fr. Bijesh Philip

Teachers Training Camp 2018

Venue : *St. Thomas Orthodox Theological Seminary, Nagpur*

Dates : *15th & 16th Dec 2018*

SUNDAY SCHOOL TEACHERS

TRAINING CAMP



ORTHODOX SYRIAN SUNDAY SCHOOL ASSOCIATION OF THE EAST

OUTSIDE KERALA REGION

Fr. Dr. Bijesh Philip
Director

Date: 15th August 2018

To,

The Vice Presidents, Directors, Zonal Secretaries, District Inspectors, Representatives of the Zones & Districts and all other office Bearers of OSSAE-OKR.

Greetings from OSSAE-OKR, Nagpur.

INVITATION FOR TEACHERS TRAINING CAMP

You may be aware of the first Sunday school teachers' training camp at St. Thomas Orthodox Theological Seminary, Nagpur to be held on 15th and 16th December 2018. OSSAE OKR is organising this unique camp for two full days aiming at deepening Sunday school teachers' knowledge about the Scripture, faith and practices of the Church and strengthening their commitment to the ministry of teaching.

Teachers need to be equipped with enough resources in order to deal with the rapid changes and shifting patterns. Teachers training Program is such a Human resource development program which involve workshops, seminars, retreats, and other Teacher development activities. H.G. Dr. Abraham Mar Seraphim and the faculty members of the seminary will give leadership to this training camp. We pray and hope that this will effectively change how Teachers teach, which in turn will help students learn better and grow spiritually. We request your prayers and suggestions also for the success of the programme.

We expect around seven teachers each from each OKR diocese to be part of this marvellous programme. All the teachers who are attending please do inform the OSSAE-OKR office about your itinerary at the latest by 1st October 2018.

Email id: okrossae@gmail.com, directorokr@gmail.com

Contact no: 09823740567

With warm regards

In His mission

Bijesh Philip Achen

A Student Is Not Above
His Teacher, But Everyone
Who Is Fully Trained Will
Be Like His Teacher.

Luke 6-40

ORTHODOX SYRIAN SUNDAY SCHOOL ASSOCIATION OF THE EAST OUTSIDE KERALA REGION - Bangalore Zone

By the Grace and blessings of God Almighty, the Sunday School academic year 2018 commenced on 07th January 2018.

The Bangalore Zone functions under the OSSAE – Outside Kerala Region headquartered at St. Thomas Orthodox Theological Seminary, Nagpur under the able direction of H. G. Dr. Abraham Mar Seraphim, President and Rev. Fr. Dr. Bijesh Philip, Director. The Vice-President of Bangalore Diocese Sunday Schools is Very Rev.

The Bangalore Zone has fourteen functioning Sunday schools with 1591 students and about 254 teachers located in Bangalore, Tumkur and Mysore Districts of Karnataka and is divided into 2 Districts viz., District I and District II. In addition, Sunday schools at two chapels are also functioning. The Zone functions under the OSSAE-OKR based in Nagpur and Diocesan leadership in Bangalore.

Bangalore District I comprises of 7 parishes and 2 chapels and Bangalore District II comprises of 7 parishes.

The names of Vicars, Headmasters / Headmistress of all Sunday Schools are as under:

District I

- 1) **St. Gregorios Orthodox Cathedral Hosur Road, Bangalore & J P Nagar Chapel**
Rev Fr. Koshy Thomas, Vicar/Rev. Fr. Jacob Thomas, Asst. Vicar
Mr. Prasad Samuel, Headmaster
Mr. Thomas V, Coordinator, St. George Chapel Sunday School
- 2) **St. Thomas Orthodox Church SS, Bangalore East**
Rev. Fr. K M Jacob, Vicar
Mrs. Mariamma John, Headmistress
- 3) **St. George Orthodox Church, Indiranagar**
Very Rev. P. C. Philip Cor-Episcopa, Vicar
Mrs. Annu Mathew, Headmistress
- 4) **Mar Yuhanon Mamdana Orthodox Church SS, K R Puram**
Very Rev. T.K. Thomas Cor-episcopa, Vicar
Mr. Ajoy Kandathil Joseph, Headmaster and Mr. Sinu Syriac, Secretary
- 5) **St. Baselios Orthodox Church SS, Marthahalli & Holy Trinity Chapel, Sarjapur**
Rev. Fr. Moncy P. Chacko, Vicar
Mrs. Sheenu Mammen, Headmistress and Ms. Reny Nimesh, AHM
Mrs. Priya Thomas, Coordinator, Holy Trinity Chapel Sunday School.
- 6) **St Mary's Orthodox Church SS, Begur**
Rev. Fr. Joe Mathew, Vicar
Mr. Peeter Sam, Headmaster and Mrs. Asha Biju, AHM
- 7) **St. Joseph Orthodox Church SS, Hormavu**
Rev. Fr. Binoy Joshua, Vicar
Mr. Thomas Philip, Headmaster

District II

- 1) **St. Mary's Orthodox Valiapally SS, Jalahalli**
Rev. Fr. James Kuttikandam, Vicar
Rev. Fr. Bino Samuel, Assistant Vicar
Mrs. Nisha Binu Mathew, Headmistress
- 2) **St Stephens Orthodox Church SS, Vijayanagar**
Very Rev. John Thachanperil Cor-Episcopa, Vicar
Mr. Varghese Lal, Headmaster
- 3) **St. Gregorios Orthodox Church SS, Mathikere**
Rev. Fr. V P Idichandy, Vicar
Mrs. Elizabeth Saji, Headmistress
- 4) **Mar Gregorios Orthodox Church SS, Hebbal**
Rev. Fr. Santosh Samuel, Vicar
Mr. Biju Prasad, Headmaster
- 5) **St. Gregorios Orthodox Church SS, Tumkur**
Rev. Fr. Aby K. Raju
Mrs. Sheela Issac, Headmistress
- 6) **St. Dionysius Orthodox Church SS, Dasarahalli**
Rev. Fr. Skariah Mathew, Vicar
Mr. P J Thomas, Headmaster
- 7) **St. Gregorios Orthodox Church SS, Mysore**
Rev. Fr. Saji Daniel, Vicar
Mr. Ajish Abraham, Headmaster

The Executive Committee for the OSSAE-OKR, Bangalore Zone is as follows:

President: H. G. Dr. Abraham Mar Seraphim Metropolitan

Vice President: Very Rev. T K Thomas Cor-Episcopa

Director : Mr. Kuruvilla Varghese

Zonal Secretary: Mrs. Lousy Biju

Zonal Representative : Mr. M.K. Uthup

Inspectors:

District I: Mrs. Binu Rachel Philip

District II: Mr. N M Achenkunju

Staff Representatives:

District I – Mrs. Geetha Jacob

District II: Mrs. Grace Varghese

Staff Editor-E-Bodhini: Mr. Biju Prasad

The Zonal Level committee coordinates the activities in the zone in accordance with OSSAE-OKR leadership based in Nagpur and Diocesan leadership in Bangalore.

Bangalore Zone appreciates the outgoing District Inspector Mr. Charly Chacko, Mrs. Asha Biju, Headmistress, St. Mary's Orthodox Church, Begur, Mr. Chandy K.P. Headmaster, St. Dionysius Orthodox Church, Dasarahalli for their sincere and committed service towards Sunday school and helping in the Zone activities.

Bangalore Zone welcomes the newly elected District Inspector 1, Mrs. Binu Rachel Philip and Mr. Thomas P.J. Headmaster, St. Dionysius Orthodox Church, Dasarahalli

The Sunday School classes for the year commenced on the first Sunday of January 2017.

The Bangalore Zone Sunday Schools function very efficiently under the able leadership, guidance, support and prayers of our Diocesan Metropolitan, H.G. Dr. Abraham Mar Seraphim, Vice-President, Bangalore Diocese, Very Rev. T.K. Thomas Cor-episcopa and Diocesan Director of Sunday Schools, Mr. Kuruvilla Varghese. Bangalore Zone whole heartedly acknowledges their contributions and will be ever grateful. Bangalore Zone appreciates and acknowledges all the Vicars for their co-operation, contribution, prayers and support towards Sunday school zonal activities.

Bangalore Zone also acknowledges the contributions of the Zonal Representative, District Inspectors, and Staff Representatives for their support in day to day functioning of the Zonal activities. Special appreciation to Mr. M. K. Uthup, Mr. N.M. Achenkunju and Mrs. Grace Varghese for their continued contribution towards Sunday school zonal activities.

The Annual General Body for the year 2017-2018 was held at St. Stephen's Orthodox Church, Vijayanagar on 13th May 2018.

H.G. Dr. Abraham Mar Seraphim Metropolitan presided over the meeting. OSSAE-OKR Bangalore Diocese Vice President, Very Rev. T. K. Thomas Cor-episcopa, Rev. Fr. Varghese P. Idichandy, Rev. Fr. Santhosh K Samuel, Rev. Fr. K.M.Jacob, Rev. Fr. Bino Samuel were present. About 31 Teachers attended the AGM.

The Annual Report and the Annual Accounts for the year 2017-18 was presented by Mrs. Lousy Biju, Zonal Secretary and passed.

The Arts Competition 2018 at the unit levels were conducted by the Sunday Schools from June 2018 to September 2018. Thereafter the District Level Competitions were held at two Districts, St. Gregorios Orthodox Cathedral, Hosur Road and St. Dionysius Orthodox Church, Dasarahalli.

Half yearly examination for classes from Preparatory to Class XII was held on July 22nd, 2018 at respective parishes.

The SSFC and Class XII Examinations 2018 will be held on 2nd December 2018 at St. Gregorios Orthodox Cathedral, Hosur Road, St. Mary's Orthodox Valiapally, Jalahalli and St. Gregorios Orthodox Church, Mysore.

Total number of students registered for Class X and XII Examinations this year

SSFC: Total 119 Students, 114 Regular and 5 Private

Class XII: Total 36 Students, 25 Regular and 11 Private

Diocesan Level competition is scheduled for 10th November 2018 at St. Thomas Orthodox Maha Edavaka, Bangalore East. The top scorers of the Diocesan Competition will represent Bangalore Diocese in the OKR Inter-Diocesan competition to be held at STOTS, Nagpur.

The 9th Zonal level OSSAE-OKR Bangalore, Sunday school students camp NUHRO is held at the Ecumenical Christian Center, Whitefield from 12th October to 14th October 2018. The Theme for the camp is "Pursuing Holiness". The camp is conducted under the able leadership of our beloved Thirumeni, H.G. Dr. Abraham Mar Seraphim and Very Rev T K Thomas Cor-episcopa, Vice President, Bangalore Diocese Sunday Schools.

We have three eminent resource persons this year, Rev. Fr. Jobin Varghese, Rev. Fr. Nithin Rajan and Rev. Dn. Shinu K. Thomas. About 146 Students, 21 Teachers, 2 volunteers and 6 office bearers have registered from all the 14 parishes of Bangalore Zone. Music sessions will be led by the Music Ministry Team. All Vicars have extended their support with the Sacrament of Holy Confession during the camp.

We take this opportunity to thank all the well wishers who have extended their contributions towards the students camp 2018.

E-Bodhini is an electronic publication introduced with the sole intention of exhibiting talents of our children and teachers. The eighth edition of E-Bodhini will be released by H. G. Dr. Abraham Mar Seraphim during NUHRO 2018 on 13th October 2018. Mr. Biju Prasad, Chief Editor of E-Bodhini has worked with sincerity and total dedication to consolidate the materials received from students and teachers of various sunday schools.

We express our heartfelt gratitude and acknowledge the encouragement and blessings of H. G. Dr. Gabriel Mar Gregorios, President of OSSAE, H.G. Dr. Abraham Mar Seraphim, President of OSSAE-OKR and Metropolitan of Bangalore Diocese, Rev. Fr. Dr. Reji Mathew, Director General OSSAE and Rev. Fr. Dr. Bijesh Philip, Director, OSSAE-OKR for their prayers, directions and support. We thank Very Rev T.K. Thomas Cor-episcopa, Vice President, Bangalore Diocese for leading us with his support, prayers and guidance always.

We thank all our Vicars, Director, Office Bearers, Headmasters/Headmistresses, Teachers, Parents and Students for their guidance and support throughout the year in all activities of the Bangalore Zone sunday school.

The year 2018 was a blessed year so far and we thank God Almighty for the blessings and strength showered on each one of us. Let us all work together for the betterment of the Sunday school and guide and help our dear children to know and come closer to our Lord Jesus Christ.

Bangalore
10th October 2018

Mrs. Lousy Biju
Secretary

PICTURE GALLERY

Annual Day 2017 (at St. Gregorios Church, Mathikere)



Orientation for inter-diocesan competition (at St. Joseph Church, Horamavu)



District level arts competition

OSSAE-OKR BANGALORE ZONE

Results of district level competitions

(A+ Grade Winners)

ESSAY A+ Grades

Name	Category	District	Parish	Grade
Richa Mariam Kurien	Senior	District 1	St. Thomas OMESS, Blore East	A+
Susanna P. Yeldo	Senior	District 1	St. Gregorios O Cathedral SS	A+
Elaine Mary Alex	Senior	District 1	St. Gregorios O Cathedral SS	A+
Edlyn Grace Jacob	Senior	District 1	St. Gregorios O Cathedral SS	A+
Rebecca S. Stalin	Senior	District 1	St. Baselios OCSS, Marthahalli	A+
Diya Dinah Philip	Senior	District 1	Holy Trinity Chapel, SBOCSS, Marthahalli	A+
Koshy Thomas C.	Senior	District 1	St. George OCSS, Indiranagar	A+
Ashish Eapen	Senior	District 1	St. Mary's OCSS, Begur	A+
Anne Susan Varghese	Senior	District 1	Mar Yuhanon Mamdana OCSS, KR Puram	A+
Sherin Johnson	Secondary	District 1	Mar Yuhanon Mamdana OCSS, KR Puram	A+
Vibha Thomas	Secondary	District 1	St. Gregorios O Cathedral SS	A+
Suzanne Kuriakose	Secondary	District 1	St. Gregorios O Cathedral SS	A+
Sona Yohannan	Senior	District 2	St. Gregorios OCSS, Mathikere	A+
Abel Mathew Skariah	Senior	District 2	St. Dionysius OCSS, Dasarahalli	A+
Namitha Liz Roney	Senior	District 2	St. Dionysius OCSS, Dasarahalli	A+
Ann C. Anil	Senior	District 2	Mar Gregorios OCSS, Hebbal	A+
Benita Biju	Senior	District 2	Mar Gregorios OCSS, Hebbal	A+
Rosmi Philip	Secondary	District 2	St. Mary's O Valiyapally SS, Jalahalli	A+
Aluvia Mary Baby	Secondary	District 2	St. Mary's O Valiyapally SS, Jalahalli	A+
Mariam Susan Mathew	Secondary	District 2	St. Mary's O Valiyapally SS, Jalahalli	A+

ELOCUTION A+ Grades

Name	Category	District	Parish	Grade
Riya Shibu	Junior	District 1	St. Mary's OC, Begur	A+
Jayden T Jacob	Junior	District 1	St. Joseph OC, Hormavu	A+
Noel George Jose	Intermediate	District 1	St. Thomas O Maha Edavaka, Bglr East	A+
Sarah Mathew	Intermediate	District 1	St. George OC, Indira Nagar	A+
Ken S Eapen	Senior	District 1	St. Mary's OC, Begur	A+
Christal Biju	Senior	District 1	St. Thomas O Maha Edavaka, Bglr East	A+
Namitha Sarah Biju	Secondary	District 1	St. Mary's OC, Begur	A+
Denna Ann James	Junior	District 2	St. Stephen's OC, Vijayanagar	A+
Rhea Thomas	Junior	District 2	Mar Gregorios OC, Hebbal	A+
Hanna Elizabeth Philip	Intermediate	District 2	St. Stephen's OC, Vijayanagar	A+
Sona Yohannan	Senior	District 2	St. Gregorios OC, Mathikere	A+
Rahael Jacob	Senior	District 2	Mar Gregorios OC, Hebbal	A+
Stefy Mary Mathew	Secondary	District 2	St. Gregorios OC, Mathikere	A+
Karen Susan Abraham	Secondary	District 2	St. Mary's OV, Jalahalli	A+

SOLO SINGING A+ Grades

Name	Category	District	Parish	Grade
Rachel Maria Shibu	Sub-Junior	District 1	St. Gregorios O Cathedral, Hosur Road	A+
Nichelle Mathew	Sub-Junior	District 1	St. Baselios OC, Marathahalli	A+
Mishca Sarah Philip	Sub-Junior	District 1	St. Joseph OC, Hormavu	A+
Aleena Grace Alex	Sub-Junior	District 1	St. George OC, Indira Nagar	A+
Maria Sara	Junior	District 1	St. George OC, Indira Nagar	A+
Shem Varghese George	Junior	District 1	St. Mary's OC, Begur	A+
Heizel Mariam Denny	Junior	District 1	St. Baselios OC, Marathahalli	A+
Thomas Koshy	Intermediate	District 1	St. Joseph OC, Hormavu	A+
Annie Mary Jacob	Intermediate	District 1	St. Gregorios O Cathedral, Hosur Road	A+
Joel Koshy	Senior	District 1	St. Gregorios O Cathedral, Hosur Road	A+
Tania Elizabeth Manoj	Senior	District 1	St. Joseph OC, Hormavu	A+
Alwin Viju Cheeran	Secondary	District 1	St. Thomas O Maha Edavaka, Bglr East	A+
Merin Mariya Neel	Secondary	District 1	St. Mary's OC, Begur	A+
Anson B Mathew	Sub-Junior	District 2	St. Dionysius OC, Dasarahalli	A+
Joanne Rachel Jinu	Sub-Junior	District 2	Mar Gregorios OC, Hebbal	A+
Darrel Sam Bino	Sub-Junior	District 2	St. Mary's OV, Jalahalli	A+
Joanna Jiju	Junior	District 2	St. Mary's OV, Jalahalli	A+
Ashlin Vinod Samuel	Junior	District 2	St. Stephen's OC, Vijayanagar	A+
Maria Eldo	Junior	District 2	Mar Gregorios OC, Hebbal	A+
Ancy K Santhosh	Intermediate	District 2	St. Gregorios OC, Mysore	A+
Anugraha Sarah Santosh	Intermediate	District 2	Mar Gregorios OC, Hebbal	A+
Rinu Thampi	Intermediate	District 2	St. Stephen's OC, Vijayanagar	A+
Meril Moncy Koshy	Intermediate	District 2	St. Gregorios OC, Mathikere	A+
Rahael Jacob	Senior	District 2	Mar Gregorios OC, Hebbal	A+
Elizabeth Eldo	Senior	District 2	Mar Gregorios OC, Hebbal	A+
Irene Varghese	Secondary	District 2	St. Dionysius OC, Dasarahalli	A+

GROUP SONG A+ Grades

Name	Category	District	Parish	Grade
Team members	Buds	District 1	St. Thomas O Maha Edavaka, Bglr East	A+
Team members	Buds	District 1	St. George OC, Indira Nagar	A+
Team members	Premiers	District 1	St. Gregorios O Cathedral, Hosur Road	A+
Team members	Teens	District 1	St. Thomas O Maha Edavaka, Bglr East	A+
Team members	Buds	District 2	St. Dionysius OC, Dasarahalli	A+
Team members	Premiers	District 2	St. Gregorios OC, Mysore	A+
Team members	Teens	District 2	Mar Gregorios OC, Hebbal	A+
Team members	Teens	District 2	St. Mary's OV, Jalahalli	A+

QUIZ COMPETITION A+ Grades

Name	Category	District	Parish	Grade
Sarah Varghese	Senior	District 1	St. Gregorios OCathedral, Hosur Rd	A+
Riya Thomas	Senior	District 1	St. Thomas O Maha Edavaka, Bglr East	A+
Joslyn Jays	Senior	District 2	St. Mary's O Valiyapalli, Jalahalli	A+
Abel Mathew Skariah	Senior	District 2	St. Dionysius OC, Dasarahalli	A+
Cyril K. Sunil	Secondary	District 1	St. Gregorios O Cathedral, Hosur Road	A+
Karen Susan Abraham	Secondary	District 2	St. Mary's O Valiyapalli, Jalahalli	A+
Sandra Mary Saji	Secondary	District 2	St. Gregorios OC, Mathikere	A+

Diocesan Level Participants from Bangalore Zone -

Event	Category	Name	Parish	District		
Essay	Senior	Richa Mariam Kurien	STOME, Bglr East	District 1		
		Susanna P. Yeldo	SGOC, Hosur Road	District 1		
		Sona Yohannan	SGOC, Mathikere	District 2		
		Abel Mathew Skariah	SDOC, Dasarahalli	District 2		
		Sherin Johnson	MYMOC, KR Puram	District 1		
	Secondary	Vibha Thomas	SGOC, Hosur Road	District 1		
		Rosmi Philip	SMOV, Jalahalli	District 2		
		Aluvia Mary Baby	SMOV, Jalahalli	District 2		
		Elocution	Senior	Ken S. Eapen	SMOC, Begur	District 1
				Christal Biju	STOME, Bglr East	District 1
Sona Yohannan	SGOC, Mathikere			District 2		
Rahael Jacob	MGOC, Hebbal			District 2		
Namitha Sarah Biju	SMOC, Begur			District 1		
Secondary	Cyril K. Sunil		SGOC, Hosur Road	District 1		
	Stefy Mary Mathew		SGOC, Mathikere	District 2		
	Karen Susan Abraham		SMOV, Jalahalli	District 2		
	Solo Singing		Senior	Joel Koshy	SGOC, Hosur Road	District 1
				Tania Elizabeth Manoj	SJOC, Hormavu	District 1
Rahael Jacob		MGOC, Hebbal		District 2		
Elizabeth Eldo		MGOC, Hebbal		District 2		
Alwin Viju Cheeran		STOME, Bglr East		District 1		
Secondary		Merin Mariya Neel	SMOC, Begur	District 1		
		Irine Varghese	SDOC, Dasarahalli	District 2		
		Jessy A	SDOC, Dasarahalli	District 2		
		Quiz	Senior	Sarah Varghese	SGOC, Hosur Road	District 1
				Riya Thomas	STOME, Bglr East	District 1
Abel Mathew Skariah	SDOC, Dasarahalli			District 2		
Joslyn Jays	SMOV, Jalahalli			District 2		
Secondary	Cyril K. Sunil			SGOC, Hosur Road	District 1	
	Joel B Mathew		SJOC, Hormavu	District 1		
	Karen Susan Abraham		SMOV, Jalahalli	District 2		
	Sandra Mary Saji		SGOC, Mathikere	District 2		



Pursuing
HOLINESS

Holiness, not
happiness, is
the chief end
of man.

- Oswald Chambers

**STUDENTS' CAMP
NUHRO 2018**

Date :
12th Oct to 14th Oct 2018

Venue :
Ecumenical Christian Centre,
Whitefield, Bangalore

Theme :
Pursuing Holiness



O.S.S.A.E. - OKR
Bangalore Zone Sunday Schools



STUDENTS' CAMP
NUHRO ~ 2018

Theme : *Pursuing Holiness*

Led By: H.G. Dr. Abraham Mar Seraphim Metropolitan

Lots Of Fun, Games, Songs, Activities

Venue: Ecumenical Christian Centre, Whitefield, Bangalore

Date: 12th-14th October 2018

THE MINOR PROPHETIC BOOKS

The Minor Prophetic books are Hosea, Amos, Micah, Joel, Obadiah, Jonah, Nahum, Habakkuk, Zephaniah, Haggai, Zechariah and Malachi. The Minor Prophets is a collection of twelve Old Testament books, known simply as “the Twelve” or “the Book of the Twelve” in the Hebrew Bible. The title “minor” refers to length, not significance. Roughly in chronological order, each of these short books gives a glimpse into the spiritual landscape and history of Israel, challenging the status quo through prophets called to speak on God’s behalf.

MINOR PROPHETS



Hosea

Prophecies relating to Christ and the latter days.

Amos

Prediction that Israel and other neighboring nations will be punished by conquerors from the north, and of the fulfillment of the Messiah's kingdom.

Micah

Predictions relating to the invasions of Shalmaneser and Sennacherib, the Babylonish captivity, the establishment of a theocratic kingdom in Jerusalem, and the birth of the Messiah in Bethlehem.

Joel

Prediction of woes upon Judah, and of the favor with which God will receive the penitent people.

Obadiah

Prediction of the desolation of Edom.

Jonah

Prophecies relating to Nineveh.

Nahum

Prediction of the downfall of Assyria.

Habakkuk

A prediction of the doom of the Chaldeans.

Zephaniah

A prediction of the overthrow of Judah for its idolatry and wickedness.

Haggai

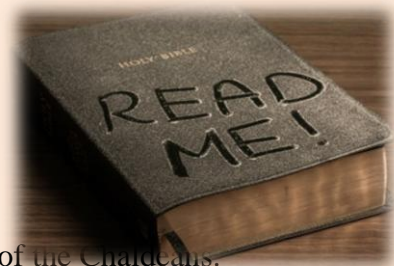
Prophecies concerning the rebuilding of the temple.

Zechariah

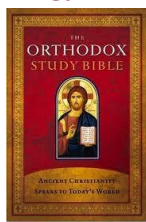
Prophecies relating to the rebuilding of the temple and the Messiah.

Malachi

Prophecies relating to the calling of the Gentiles and the coming of Christ.



BIBLE & PRAYER



“The Bible is the only book whose author is always present when one reads it.”

- Unknown

In my distress,

I called to the Lord

and He answered me.

From deep in the realm of the dead

I called for help,

and He listened to my cry.

Jonah 2:2

OUR TEACHERS



"I am not a
teacher, but an
awakener."

- Robert Frost



St. Baselios Yeldho
(*yeldo Mor Baselious,*
Kothamangalam Bava)

Baselios Yeldo (yeldo Mor Baselious) was Canonized by the Holy Synod, in 1947, led by Catholicos Baselios Geevarghese II.

Entombed: Marthoma
Cheriapally
Kothamangalam.

St. Baselios Yeldho

St. Baselios Yeldho was born in a village called kooded (now known as Karakosh) near Mosul in Iraq where Marth Smooni and her 7 children suffered martyrdom. At a very young age he joined the Mar Bahanan Monastery and become a monk. In 1678 he was consecrated Maphriyana by the Patriarch of Antioch Moran Mar Ignatius Abdul Masiha I. In 1685 at the age of 92, the holy father started the difficult mission to India at the request of Mar Thoma II of Malankara who informed the Patriarchate about the unpleasant situation of the Church here.

The saintly Maphriyana was accompanied by Mar Ivanios Hidayathulla, his brother and two monks but only three of them is believed to have reached Malankara. As the saint reached the church premises, the church bells began to toll. People living in the neighbourhood rushed to the church to find out what the commotion was about. And that was on 'Kanni 11th' in the Malayalam calendar (end of September), AD 1685. The Saint entered the church and sat on the steps of the 'Madbaha'. There was a young deacon who was fluent in Syriac. When he realized that a Episcopa had stayed behind at Kozhipally, he and some members of the congregation set out for the place. They took a kerchief from the Saint for identification. When the Episcopa saw the approaching crowd he was afraid. He thought that they had killed Bava and were now about to get at him. He therefore refused to come down from the tree. The deacon however offered him the sign of peace and spoke Syriac. He then came down from the tree and went with the people to the church.

On Kanni 13, the church used to celebrate its foundation day. On the 12th evening the Vicar sought the Saint's permission to hoist the flag. The Saint replied that the festival of the Holy Cross should be celebrated on the 14th and not on the 13th. When it was explained to the Saint that what they were celebrating was not the festival of the Holy Cross but the anniversary of the founding of the parish, the Saint permitted them to go ahead but reminded them about the importance of the festival of the Holy Cross.

On the next day, on the feast of the Holy Cross, ('Kanni 14' as per the Malayalam calendar), Episcopa Mar Ivanios Hidayathulla was consecrated as Metropolitan after the Qurbana by the saintly Mar Baselios Yeldho Bava. (Mar Ivanios, who was consecrated by Mar Yeldho, carried on apostolic work for eight years. He passed away in 1693 and was buried at the Mar Thoman Church, Mulanthuruthy). Because of the tedious journey and the old age, Bava was totally exhausted by then. Three days after he became seriously ill. On Kanni 17th, he received the last sacraments of anointment with oil and extreme unction. All the while he was lying inside the church. Two days after (on Kanni 19, which is September 29) in the afternoon, the saintly father left his mortal self for his heavenly home at the age of 92. That was a Saturday. As he was sinking, the congregation assembled inside the church and were offering prayers. The Saint told them that he was about to die and when his spirit leaves his body, there would be a sign on the Cross situated on the western side of the Church. And the huge granite Cross miraculously lit up at the time of the Saint's demise. The Holy Father's mortal remains was entombed on the next day (Kanni 20) in the western side of the Madbaha of the church. The two weeks of sojourn of the Maphriyana at Kothamangalam electrified the Marthoma Christians all over Malankara and the mission undertaken by the saint was fulfilled to a large extent by his faithful associate, Metropolitan Mar Ivanios Hidayathulla.

In 1947 Mar Baselios Yeldho of blessed memory was declared a saint by the then Catholicos of the church, His Holiness Baselius Geevarghese II.

<http://mosc.in/saints/st-baselios-yeldho-kothamangalam-bava>

KANNADA (The language of Karnataka state)

KANNADA NUMERALS



ಅ	ಆ	ಇ	ಈ	ಉ	ಊ	ಋ	ೠ
a	ā	i	ī	u	ū	ṛ	ṝ
ಏ	ಉ	ಋ	ೠ	ಋ	ೠ	ಋ	ೠ
e	ē	ai	oi	o	āu	am	ah
ಕ	ಖ	ಗ	ಘ	ಙ			
ka	kha	ga	gha	ṅa			
ಚ	ಛ	ಜ	ಝ	ಞ			
ca	cha	ja	jha	ña			
ಟ	ಠ	ಡ	ಢ	ನ			
ta	tha	da	dha	na			
ತ	ಥ	ದ	ಧ	ಪ			
ta	tha	da	dha	pa			
ಬ	ಭ	ಬ	ಭ	ಮ			
ba	bha	ba	bha	ma			
ಯ	ರ	ಲ	ವ	ಶ			
ya	ra	la	va	ṣa			
ಸ	ಸ	ಸ	ಹ	ಝ			
sa	sa	sa	ha	ṣa			

೦	೧	೨	೩	೪	೫	೬	೭	೮	೯	೦೦
ಒಂದು	ಎರಡು	ಮೂರು	ನಾಲ್ಕು	ಐದು	ಆರು	ಏಳು	ಎಂಟು	ಒಂಬತ್ತು	ಹತ್ತು	
omdu	eraḍu	mūru	nāḷku	aidu	āru	ēḷu	eṃṭu	ombattu	hattu	
1	2	3	4	5	6	7	8	9	10	

NEW

ಕ	ಕಾ	ಕಿ	ಕೀ	ಕು	ಕೂ	ಕೈ	ಕೃ
ka	kā	ki	kī	ku	kū	kī	kr
ಕೆ	ಕೇ	ಕೈ	ಕೌ	ಕೋ	ಕೌ	ಕಂ	ಕಃ
ke	ke	kai	ko	ke	kau	kaṃ	kaḥ

ಅ	ಆ	ಇ	ಈ	ಉ	ಊ	ಋ	ೠ	ಋ	ೠ	ಋ	ೠ	ಋ	ೠ	ಋ	ೠ	
ಕ	ಕಾ	ಕಿ	ಕೀ	ಕು	ಕೂ	ಕೈ	ಕೃ	ಕೇ	ಕೋ	ಕೌ	ಕಂ	ಕಃ	ಕ್			
ಖ	ಖಾ	ಖಿ	ಖೀ	ಖು	ಖೂ	ಖೈ	ಖೃ	ಖೇ	ಖೋ	ಖೌ	ಖಂ	ಖಃ	ಖ್			
ಗ	ಗಾ	ಗಿ	ಗೀ	ಗು	ಗೂ	ಗೈ	ಗೃ	ಗೇ	ಗೋ	ಗೌ	ಗಂ	ಗಃ	ಗ್			
ಘ	ಘಾ	ಘಿ	ಘೀ	ಘು	ಘೂ	ಘೈ	ಘೃ	ಘೇ	ಘೋ	ಘೌ	ಘಂ	ಘಃ	ಘ್			



**BASIC DOCTRINES OF OUR CHURCH
... handed over by our fathers.**

Translation of MATHOPADESHA SARANGAL
by St Geevarghese Mar Dionysius.

"It is highly essential that those who belong to a religion should learn the faith and precepts of that religion."

LET'S RECAP...

Chapter 8 ABOUT HOLY CONFESSION

Confession is a sacrament in which we receive remission of sins through repentance before God, by confessing our sins before the priest, who is the representative of God. It is also known as the sacrament (mystery) of repentance (1) It is right and becoming on the part of priests, as representatives of God, to preach to the people, correct them, admonish them about

their open sins, and lead them in the path of righteousness. Besides, as far as possible, the priest should try to know their activities, and also their inner spiritual condition, and give each of them the necessary counsel, and save them from their wrong ways. The priest shall admonish the people about their sins Sympathetically like a loving father. They shall prescribe appropriate amends to be made by the people for their sins, like fasting, giving alms and the like; they should tell the people and make them fear the justice of God, comfort them by making them depend on God's grace by telling them about His mercy, (2) saying on them the prayer of absolution, and bless them. For priests to do these things, it is necessary to know about the activities and inner condition of each person. (3) Those who made their confession should reveal to the priest, all their sins, and the state of their conscience. (4) The priest should never reveal to any one, the sins revealed to him. Any priest who violates this and reveals them, shall be liable for condemnation and punishment. (5) Priests do not acquire the authority to forgive sins by their own righteousness or their own power. (6) They pronounce forgiveness of sins by their advice, (7) by their prayers and by the grace they have received from the Lord. If it is right to say that the woman resurrected by the Lord by the prayer of Peter, was resurrected by Peter, then it is equally right to say about the Lord forgiving sins through confession and other sacraments, that the priests have authority to forgive sins. This agrees with the command of the Lord, "If you forgive someone his sins, he shall be forgiven," and shall not amount to blasphemy.

(1) Mal 2: 7 For the lips of the priest should guard knowledge, and people should seek instruction from his mouth, for he is the messenger of the Lord of hosts Isa 3: 17 21 Mortal, I have made you a sentinel for the house of Israel; whenever you hear a word from my mouth, you shall give them warning from me. If I say to the wicked, "You shall surely die" and you give them no warning, or speak to warn the wicked from their wicked way, in order to save their life etc Tit. 1:9 He must have a firm grasp of the word that is trustworthy in accordance with the teaching, so that he may be able both to preach with sound doctrine and to refute those who contradict it. 1 Tim. 5:20 As for those who persist in sin, rebuke them in the presence of all, so that the rest also may stand in fear.

(2) Lev. 5:5-6 When you realize your guilt in any of these, you shall confess the sin that you have committed. And you shall bring to the Lord, as your penalty for the sin that you have committed etc. and the priest shall make atonement on your behalf for your sin.

(3) Deu. 26:3-3-10. You shall go to the priest who is in office at that time, and say to him, etc. Psal. 111 :1 . I will give thanks to the Lord with my whole heart, in the company of the upright, in the congregation. Matthew 3 :6 and they were baptized by him in the river Jordan, confessing their sins. Matthew 8:4 Then Jesus said to him, "See that you say nothing to anyone; but go, show yourself to the priest, and offer the gift that Moses commanded, as a testimony to them." Act. 19:18 Also many of those who became believers confessed and disclosed their practices. James 5:16 Therefore confess your sins to one another, and pray for one another, so that you may be healed. 'l he prayer of the righteous is powerful and effective. Num. 5 :6,7 Lev. 13. P1028: 13

(4) Pro. 11:13 A gossip goes about telling secrets, but one who is trustworthy in spirit keeps a confidence. Pro. 25:9. Argue your case with your neighbour directly, and do not disclose another's secret.

(5) Act. 321;. When Peter saw it, he addressed the people, "You Israelites, why do you wonder at this, or why do you stare at us, as though by our own power or piety we had made him walk?"

(6) James 5:19, 20. My brothers and sisters, if any one among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

(7) l Tit. 2: 1,2 First of all, then, I urge that supplication and thanksgivings be made for everyone, for kings and all who are in high positions, so that we may lead a quiet and peaceful life in all

godliness and dignity.

(8) John 20,22,23 When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven; If you retain the sins of any, they are retained." 1 Tim. 4:14 Do not neglect the gift that is in you, which was given to you through prophecy with the laying on of hands by the council of elders.



Chapter 9 ABOUT HOLY OILS

It is necessary that (1) we put on Christ in baptism, (2) be born again from water and Holy Spirit,(3) and be anointed by him and sealed for life. (4) Therefore, as the sign of these things, it is necessary to be anointed and sealed by holy Chrism and consecrated olive oil. Holy Chrism, which is consecrated by the Chief Metropolitan alone is used in baptism and also in the consecration of churches and tablets (Portable Altars). The olive oil sanctified by the bishops is also used in baptism. The use of these holy oils teaches us that we are to put on Christ and are to be reborn by the Holy Spirit, and that we be sealed for life; It also shows us by action that it is being done so. When it is used in this way, they should be used with faith and devotion that they become effective in the spirit too.

(1) Gal. 3:27 As many of you as were baptized into Christ have clothed yourselves with Christ.

(2) John 3:5 No one can enter the kingdom of God without being born of water and Spirit.

(3) Eph. 1:13. and had believed in him, were marked with the seal of the promised Holy Spirit.

(4) Ex. 30:22-33 The Lord spoke to Moses: Take the finest spices: of liquid myrrh five hundred Shekels . Whoever compounds any like it or whoever puts any of it on an unqualified person shall be cut off from the people. Song of Songs 3:6. What is that coming up from the Wilderness, like a column of smoke, perfumed with myrrh and frankincense, with all the fragrant powders of the merchant? 1 John 2:27 As for you, the anointing that you received from him abides in you, and so you do not need anyone to teach you.

Chapter 10 ABOUT THE HOLY ORDERS

Priests are the guides to transform worldly people to be heavenly, and those with animal nature to be of Godly nature.

(1) They are the ambassadors of the unseen (2) God and the ministers of the Holy sacraments entrusted to the church by God. (3) No one can take this position upon himself on his own. (4) It shall be only for those chosen according to the will of God and who receives the laying of hands from Christ. (5) Without the laying of hands according to this, and the necessary permission, no one has the authority to minister in the church or to preach publicly. The higher authority for the holy orders shall vest with the Patriarch Moran Mar Ignatius, who reigns on the throne of Antioch. (6) Those who belong to the holy orders, as long as they are not ousted or excommunicated by councils (synods) or by their respective higher (spiritual) authorities, though they are ineligible, nobody can doubt about the fruits of the sacraments ministered by them or refrain from participating in them.

Because, they have (7) the holy anointment in them, and because the sacraments are ministered unto by them in the name of Christ, and because the fruits of the sacraments do not depend on the righteousness of the priest who ministers unto them, those who participate in them with pure conscience and true faith, get their benefits. However for those priests who minister unto them in an unholy and unbecoming manner, they shall be for condemnation and punishment. (8) However, those who are seen as evil, shall be excommunicated, after which they shall not administer any sacraments; and the faithful laity shall not partake with those who defy and administer sacraments.

(1) 2 Cor. 5:20 So we are ambassadors for Christ, since God is making his appeal through us; we entreat you on behalf of Christ, be reconciled to God.

(2) Act. 6:4 while we, for our part, will devote ourselves to prayer and to Serving the word.

(3) Heb. 5:4 And one does not presume to take this honour, but take it only when called by God, just as Aaron was.

(4) 1 Tit. 4: 14 Do not neglect the gift that is in you, which was given to you through prophecy with the laying on of hands by the council of elders. John 20: 22,23, Act. 122,3, 2 Tim. 2:2, Tit. 1:5

(5) Jer. 23:21 I did not send the prophets, yet they ran; I did not speak to them, yet they prophesied.

(6) Matthew 23:2,3 "The scribes and the Pharisees sit on Moses' seat; therefore, do whatever they teach you and follow it; but do not do as they do, for they do not practise what they teach."

(7) Levi. 21: 12. The consecration of the anointing oil of his God is upon him. Matthew 7 :22,23. On that day many will say to me, 'Lord, Lord, did we not prophesy in your name, and cast out demons in your name, and do many deeds of power in your name? Then I will declare to them, 'I never knew you; go away from me, you evil doers.

(8) Matthew 18:17 If the member refuses to listen to them, tell it to the church; and if the offender refuses to listen even to the church, let such a one be to you as Gentile and a tax collector. 1» Cor. 5:11

Chapter 11 ABOUT MARRIAGE

Marriage is a holy sacrament that binds man and woman, binds them inseparably and unites them spiritually, and gives them and their children blessings and graces from God.

(1) Marriage is good. (2) Marriage should not be denied to anyone. (3) However, no one has the right to marry another woman, when his lawful wife is alive, or to divorce his wife for any reasons other than those stipulated in the 'Hodaya' canon, approved by the church, or to marry, violating the provisions given in the canon law. (4) Marriage is not merely an agreement; (5) It is a sacrament, and because it is by God that a woman is arranged for marriage to man, and they become one flesh, marriage shall not be conducted without a priest, who is the representative of God.

(1) Heb. 13 :4 Let marriage be held in honour by all, and let the marriage bed be kept undefiled; for God will judge fornicators and adulterers.

(2) 1 Tim. 4:3 They forbid marriage and demand abstinence from foods, Which God created to be received with thanksgiving by those who believe and know the truth.

(3) Matthew 19: 4-9 He answered, "Have you not read that the one who made them at the beginning 'made them male and female etc. Levi, 18

(4) Rom. 7:2 Thus a married woman is bound by the law to her husband long as he lives; but if her husband dies, she is discharged from the law concerning the husband.

(5) Matthew 19:6 Therefore what God has joined together, let no one separate. Prov. 19:14. A prudent wife is from the Lord.

to be continued

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SYRIAC/GREEK WORDS (used in our worship)

Let's recollect some words -



AALOHU : God
IMMANUEL : God is with us
DAMODOSENO : until I come
SLOMO : peace
KURIYELAISON : Lord, have mercy on

ABO : Father
BRO : Son
ROOHO : Spirit
MORIO : Lord
EMO : Mother

SLEEHO : Those who were sent (Apostle)
SAHADA : Martyr
EPISCOPOS : Bishop
KASEESO : Priest
MSAMSONO : Deacon

BESKUDISSA : Place of holiness
EREYAR : Angel who is always awake
SRAPIKAL : Angels with six wings
DUKARONO : Remembrance
HOOSOYO : A prayer of propitiation

KADEESANMAR : Saints
SAHADA : Martyr
SHYNO : Good - will
AHAI : My brethren
SRAPIKAL : Angels with six wings

KUKILION : A verse of Psalms
MASUMOOR : Psalms
ORITHA : The five books of Moses
PRAKSEES : Acts of the Apostles
EVENGALION (Greek) : Gospel

NEW WORDS

Adamo do seno : Until I come
Habibai : My beloved one
Haleluyya : Praise the Lord
Thooyobo : Preparation for service in secret.
Sthoumankalos : Let us stand will

.... to be continued



**Original bible
languages are Hebrew,
Greek and Aramaic**

OUR TALENT



Your TALENT is
your OBLIGATION
to the WORLD

- Unknown.



Immanuel C Chacko
Class 4,
St. Baselios SS, Marathahalli



Asin Ancil,
Class 3,
St. Mary's Valiyapalli SS, Jalahalli

List of students by parish who contributed articles to ebodhini-Vol8 (Our Talent).

THANK-YOU FOR SHARING YOUR TALENTS

Bangalore - District I	Bangalore - District II
Mar Yuhanon Mamdana Orthodox Church, K.R.Puram	Mar Gregorios Orthodox Church, Hebbal
Annika Baiju	Anna Susan Koshy
Jiss John Binu	Anugraha Sarah Santosh
Job Binu John	Aradhana Ann Santhosh
Natasha P Anish	Benita Biju
Neha P Anish	Betina Biju
Noel Anish Daniel	Genesis Ann Varghese
Sara Alex	Gloria Liza Thajan
Sherin Johnson	Godwin John Rufes
St. Baselios Orthodox Church, Marathahalli	Kenith M Kurien
Aiden Mathew	Nanma Vinod John
Hannah Melexi J	Nathanael Vinod John
Hannah Sarah Sam	Neha Shaji
Immanuel C Chacko	Rhea Thomas
Matthias Mathew Kianthara	Saniya Babu
Rehan Nimesh Easow	St. Dionysius Orthodox Church, Dasarahalli
Ronel Alex George	NIL
Sean Mathews	St. Gregorios Orthodox Church, Mathikere
Susan Koshy	Anna Mariam Sanjay
St. George Orthodox Church, Indiranagar	Jerusha
Anna Prince	Joshua R Thomas
Lydia Susan Shibu	Joshua B Zachariah
Shalini Praveen	Manna Rachel Sanjay
St. Gregorios Orthodox Cathedral, Hosur Road	Sandra Mary Saji
Alan Mathew	St. Gregorios Orthodox Church, Mysore
Sujay Cherian Mathew	NIL
St. Joseph Orthodox Church, Hormavu	St. Gregorios Orthodox Church, Tumkur
Adarsh M Mathew	NIL
Aliza Sarah Ajit	St. Mary's Orthodox Valiapally, Jalahalli
Amisha B Mathew	Adithya George
Ayna Mary Manoj	Ann Mariya Binoj
Caroline Shine	Asin Ancil
Hanna	George Roan Mani
Haron Bejoy	Jerome
Iara Rachel Ajit	Joel Sujo John
Naina Mary Varghese	Jovel K Joshy
Nandita Susan Varughese	Kevin
St. Mary's Orthodox Church, Begur	Ronnie Melvin Mathew
NIL	Ryan Varghese
St. Thomas Orthodox Maha Edavaga, Bangalore East	Sanah Grace
Joan Peter	Sean Shinoi George
	St. Stephen's Orthodox Church, Vijayanagar
	Albin Sabu
	Allen Sam Vinod
	Ashlin V. Samuel
	Ashlin V. Samuel
	Betsy Bensy
	Evlynn
	Michelle Mariam Alex
	Neha
	Sneha

Your talent is
God's gift
to you. What
you do with it
is your gift
back to God.
Leo Buscaglia

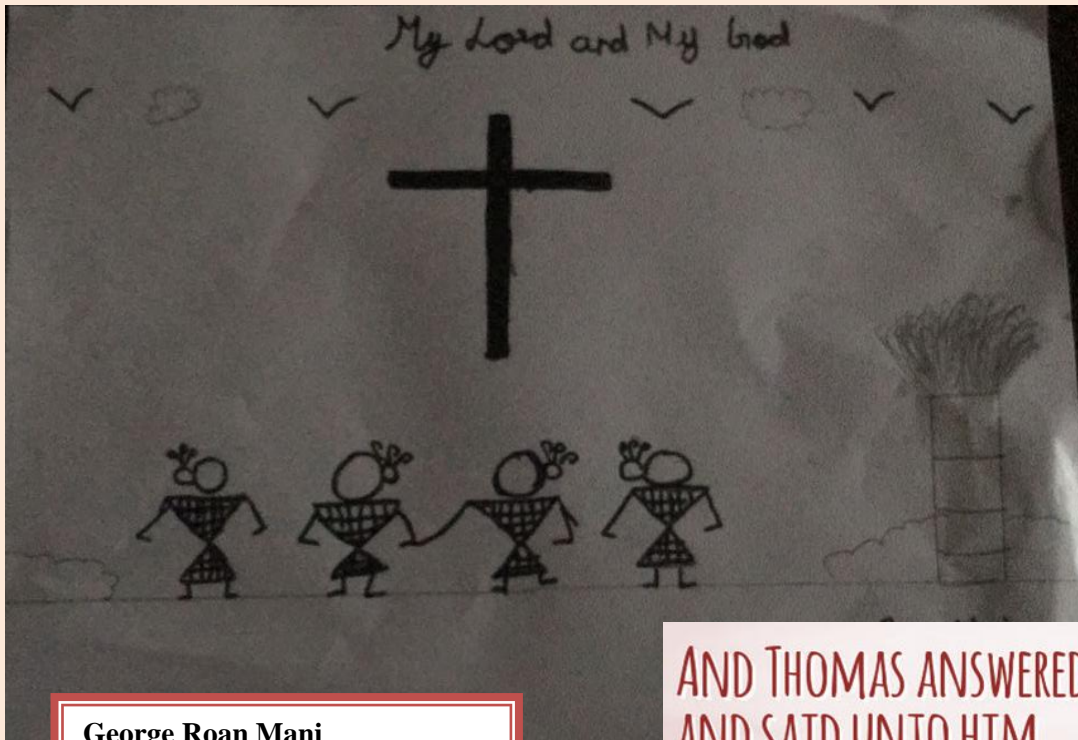


Rehan Nimesh Easow
Class 9,
St. Baselios SS, Marathahalli

THANKS
BE TO GOD
FOR HIS
INDESCRIBABLE
GIFT.
2 CORINTHIANS 9:15

Matthias Mathew Kanianthara
Class 5,
St. Baselios SS, Marathahalli





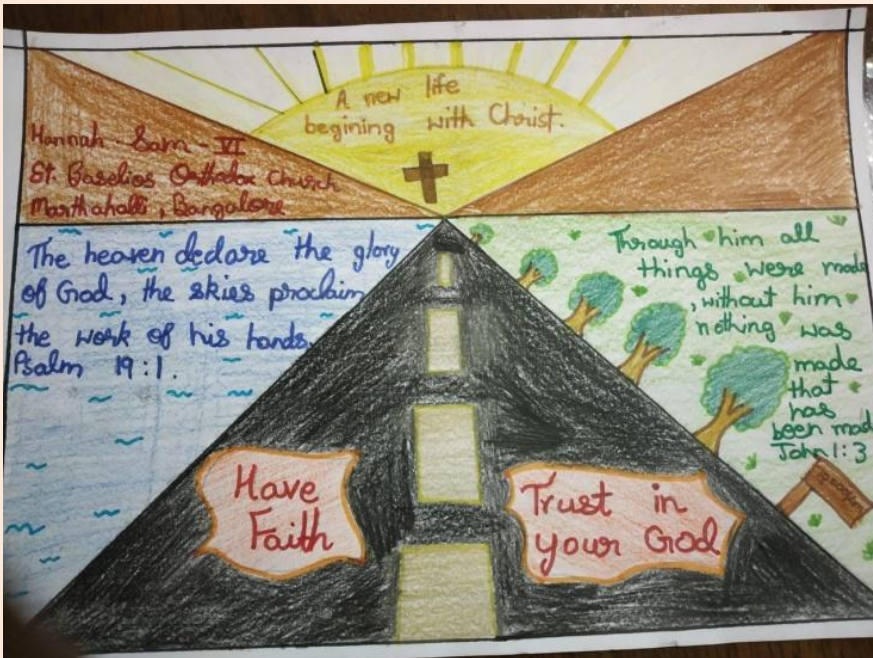
George Roan Mani
Class 3,
St.Mary's SS, Jalahalli

AND THOMAS ANSWERED
AND SAID UNTO HIM,
MY LORD AND MY GOD.
- JOHN 20:28

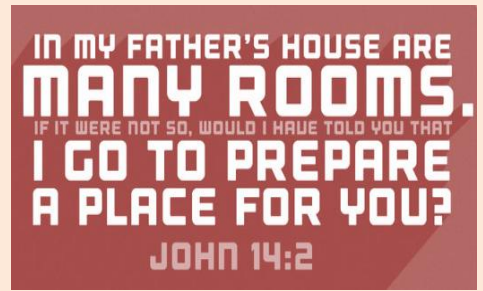


Christmas is not so
much about opening
presents, as opening
our hearts !

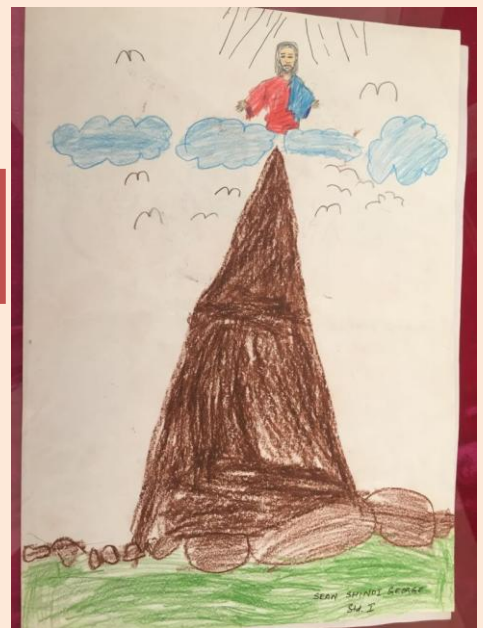
Adithya George
Class 1,
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St. Baselios OC SS, Marthahalli



Sean Shinoi George
Class 1,
St.Mary's Valiyapalli SS, Jalahalli



Sanah Grace
Class 3,
St.Mary's Valiyapalli SS, Jalahalli



Albin Sabu
Class 5,
St. Stephens O SS, Vijayanagar.

Few famous quotes attributed to Saint Gregorios of Parumala -

"When we pray with a heart full of devotion, God accepts it and we receive it back in the form of a blessing."

"You must regularly read the Holy Bible. You must obey your spiritual fathers and increase their good name and honor before God and men by your exemplary life".

"Prayer is the inspiration of childhood, the refuge of youth and peace during old age".

"Forgiveness is strength. It gives a person a good name. It is the distinguishing feature of righteous people".

"Remember God in everything. Let no one grieve because of you. Never let go an opportunity to do something good. Only those things will remain with you till the end".



Betsy Betsy
Class 5,
St Stephens O SS, Vijayanagar.

	"FATHER, I ENTRUST MY SPIRIT INTO YOUR HANDS!" (Luke 23:46)	
"MY GOD, MY GOD, WHY HAVE YOU FORSAKEN ME?" (Matt. 27:46)	"I AM THIRSTY" (John 19:28)	"IT IS FINISHED." (John 19:30)
	"WOMAN, HE IS YOUR SON! SHE IS YOUR MOTHER!" (John 19:26-27)	
	"I ASSURE YOU, TODAY YOU WILL BE WITH ME IN PARADISE" (Luke 23:43)	
	"FATHER, FORGIVE THESE PEOPLE, BECAUSE THEY DON'T KNOW WHAT THEY ARE DOING" (Luke 23:34)	

Rain

Gloria Liza Thajan
Class 5,
Mar Gregorios SS, Hebbal.

Every time I see it raining;
I wonder a promise which was madeth.
It comes from the Old testament you see;
It is all about Noah and God,
When Israel was reborn.

A great flood for forty days
Brought lot of curse a-late;
Time passed worsefully,
People were worse to see.

A friend in need is a friend indeed
It is the best quote for God indeed.
Every time we seek for help,
He is like a shadow for us.

Gloria Liza Thajan
Std : 5



Neha Shaji
Class 3,
Mar Gregorios SS, Hebbal.

Jonah 2:2
In my distress
I called to the Lord,
and He answered me





Joan Peter
Class 6
St. Thomas SS, B'lore East

Tit Fox Tat

once there lived a donkey and a camel. They were good friends one day these were hungry. They went to nearby garden to eat cabbages, while they were eating the cabbages the foolish donkey brayed. The gardener heard the sound. He came out and saw the camel. He beat it. The donkey hid somewhere. The innocent camel was beaten. It got angry with the donkey. After some days they both wanted to cross a river to eat fruits. As the donkey could not cross the river, the camel carried ~~on~~ it on its back. The camel got opportunity to take revenge on the donkey. while crossing the river in the middle of the river, the camel started dancing. The donkey fell down and ^{needed} ~~drow~~

MORAL: DON'T TRY TO DO SOMETHING

Sujay Cherian Mathew
Class 7
St. Gregorios Cathedral, Hosur Rd

When tempted to fight fire with fire, remember that the Fire Department usually uses water.

LOVE YOUR ENEMIES
AND
PRAY FOR THOSE WHO PERSECUTE YOU
MATTHEW 5:44

Alan Mathew 7

Story

The Christmas Miracle

The Christmas Miracle

Winter had always been Rose's favorite season, not because she got to snuggle up in the warm blanket for 10 minutes longer every morning, but because it meant that Christmas was fast approaching and Christmas brought with it a lot of her favourite things - the lightings up of the tree, the decorations, the trimmings, the rich fruit cake that Mom bakes, the lights that adorn the house, the carols they sang, the parties they threw for friends and of course, the elaborate Christmas dinner! Everything about Christmas was simply enchanting.

Rose's family lived in USA. She ~~knew~~ ^{knew} that her mother ^{made} extra treats each time just so that Rose could take them out for her friends. After all, Christmas was the season of sharing!

The air was crisp with excitement and Rose could barely contain herself. In fact, she was almost in a tizzy!

Next day morning when she woke up she was so sick as her temperature was rising up to 97°C. Her Dad had already ~~gone for job~~ ^{gone to job}. Her mother started worrying, so she took her to the nearby City Hospital. After examining her blood the result came she had the deficiency of vitamin D called Rickets. Rose got ~~shocked~~ ^{shocked} herself that she ~~could~~ ^{could} not celebrate the Christmas that to her father

brought the decorations for home today and she couldn't decorate her home with her parents. She knew that God was testing her also then she had faith in Jesus and prayed to him to heal her before Christmas.

Days passed and passed and it was 23rd only one day more left for Christmas. Each day her temperature was rising and doctors were helpless. But Rose had only one hope that was faith in God. The next day morning it was so surprising that her temperature was decreased much and she was able to walk. ~~However~~ However she was no more sick and weak and tomorrow was 25th the Christmas day. Now Rose understood the faith in Jesus is the power of ~~the~~ ^{heal} health, is the power of rightness, is the power of strength. On the Christmas day she shared all her gifts to her friends and to poor and ~~poor~~ ^{poor} the sad.



Alan Mathew
Class 7,
St. Gregorios Cathedral, Hosur Road

"Laying his hands
on each one,
he healed them."

Luke 4:40



Anna Susan Koshy
Class 4
Mar Gregorios SS, Hebbal



WHAT ARE THE CHALLENGES OF INFORMATION TECHNOLOGY TODAY AND HOW TO OVERCOME THEM?

By **Sherin Johnson**

Mar Yuhanon Mamdana Orthodox Church, K.R.Puram

“We are drowning in information, while starving for wisdom” E.O Wilson, Harvard University.

Today, we are living in a Digitized World, where everything from what we wear, to eat, to commute and all our basic needs are met by just a touch on the screen!

On one hand, the boom and accessibility of information technology has eased our life, lessened our mechanical burden and helped manage our day-to-day necessities. However on the other hand, it is a door to a plethora of unexplained, unauthenticated information, leisure, applications, gaming and social media exposure.

The world is progressing towards a virtual world, where it's easier to chat to a stranger in any part of the world than talk to our loved ones in our homes. It's easier to socialize with a far forgotten friend than to smile at our neighbor. It's easier to carry a digital Bible in our devices, but hardly read it. It's easier to post our personal information on a public platform than to share it with our Elders and Parents.

Therefore, the challenges of Information Technology are:

1. It is a threat to the Realities of Life.

- With excessive use of internet and socializing, we are living in a virtualized world of 'I, me, myself' and the excessive obsession with 'selfie's and 'likes'.
- The realities of life are replaced with 'emojis' 😊 and make us mechanical beings instead of an emotional being when faced with real challenges of life. And that's one of the reasons of increased suicide rates, fear, depression and loneliness among the youth today than in any Ages put together. Numerous fake relationships make us vulnerable to cheating, insults and mistrust.

2. Uncontrolled Exposure leads to Addiction of Social Media

- Addiction of anything deviate our focus and distracts us from our responsibilities.
- Addiction to social media, online gaming affects our physical and emotional well being. The best example to cite here would be increased rates of mass shooting in School/College Campuses in the recent years.
- Anything that deludes us from God becomes an Idol in our lives. In this sense, addiction to social media for wanton pleasures is idolatry.

3. Easy Gateway to Sin in our Lives.

- The internet hosts not only good and inspirational messages but has access to incorrect, unworthy, impure, filthy content. It is believed that for every inspirational content, there are five unfitting content on the internet.
- It's easier to invite Sin in our lives by just a click of a button and we become its slaves that malign the Holy Spirit within us.
- What we do in 'secret' or in 'private mode' have increased in recent years and hence an easy gateway for Sin to enter into our lives. As a result, many Christians today are addicted to dating sites, chats and pornography. They are the stepping stone to personal sins which ultimately lead to social crimes.



It is the need of the hour to counterfeit the adverse effects of Social Media in our lives because the Word of God reminds us in 1 Corinthians 6:19-20 “ Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought with a price; therefore glorify God in your bodies.”

Some of the steps that can be taken to overcome this challenge are:

1. Controlled usage of Internet

- Turning ‘OFF’ unnecessary notifications
- Blocking all sexual contents from the browsers
- Removing all Social Apps from the handheld device, instead use them only through Computer kept in Family Room
- Browse with ‘INTENTION’ and not for ‘EXPLORATION’

2. Make a Holy Decision before the Lord

- Just as Prophet Daniel made a covenant with the Lord that he will not malign himself with the Babylonians in any aspect (Daniel 1:8), we too must take a Decision in the presence of God to live a life of holiness in this digitized world.

3. A Sacramental Life

- Become a ‘Living Sacrifice’ through the Sacraments of Holy Confession and Qurbana as Romans 12 :1 says “Therefore, I urge you, brethren, by the mercies of God, to offer your bodies as a living sacrifice, h oly and pleasing to God—this is your spiritual service of worship”

As an Orthodox Christian and a blooming youth of the Church and Society, it is a Calling for me to lead a Holy, Sacrificial Christian Life in this Age of Data and virtualization. Let us use Information technology as a means to glorify God and spread the Gospel of Christ in these last days!



“There was a time when people felt the internet was another world, but now people realize it's a tool that we use in this world.”

Sherin Johnson

Class 12

Mar Yuhanon MOCSS, K.R. Puram

USE A MIRROR TO READ
THE LORD'S PRAYER

Our Father,
 who art in heaven
 Hallowed be thy name
 Thy kingdom come
 Thy will be done on earth,
 as it is in heaven
 Give us this day our daily bread
 Forgive our debts and sins
 As we forgive our debtors
 Lead us not into temptation
 But deliver us from the evil one
 For Thine is the kingdom
 Power and glory
 For ever and ever
 Amen

"...WE LOOK INTO THE
 MIRROR OF GOD'S WORD
 AND SEE CHRIST
 IN OURSELVES."

Aliza Sarah Ajit
 Class
 St. Josephss SS, Horamavu



Haron Bejoy
 Class 4
 St. Josephss SS, Horamavu

Days of Creation



Caroline Shine
Class 1
St. Josephs SS, Horamavu



Adarsh M Mathew
Class : Prep
St. Josephs SS, Horamavu

OUR LORD IS SO GREAT

Our Lord is so great,
 He is never late
 And always is a mate
 and with him in my life
 how great is my fate?
 He's always there for everyone
 Are you so kind to give him a bun
 When Jesus comes knocking at your door
 in disguise of someone poor
 Invite him in
 And Give him a bite
 And you'll see that everything will seem alright.

By: Naina Mary Varghese
 class: Five V
 St. Joseph' syrian
 Orthodox church.

Naina Mary Varghese
 Class 5
 St. Josphe's SS, Horamavu



Only God can turn
 a **MESS** into a
 message, a **TEST** into a
 testimony, a **TRIAL** into
 a triumph, a **VICTIM**
 into a victory.

MY PERSONAL SAVIOUR

When I was younger I used to be very intimidated by the thought of God. He was always this supreme being who could kill me with a snap of his fingers. I used to pray to him only because I was 'suppressed' to. I used to never pray to God about things that I actually cared about as a 4 year-old. I used to only pray for the healing of the sick and peace in the world and things that I knew nothing about. I used to feel that if I pray to God for myself and things that I wanted, I would seem ~~off~~ selfish. I thought that God would feel like my problems were too small to be noticed, when he had things like wars to worry about. As I learnt about Jesus, I started being a little bit more open and prayed for my well-being as well, but still not for my own personal problems. As I grew up I started hearing more and more stories about Jesus' kindness to children and how he too had been a child once. So I started adding little problems of my own to my daily prayers and eventually started realising that every problem I prayed earnestly about, God ~~found~~ made a way to ^{overcome} ~~get past~~ it. Even more than that I started feeling relieved and light-hearted ~~and~~ after putting each of my problems one by one on God's shoulders.

I now pray to him about every problem I have, whether big or small and have experienced that God has not changed a bit and still listens and answers to all of my prayers. I, through time and experience have made Him my personal saviour.

Nandita Susan Varughese
Class 5
St. Josephs SS, Horamavu



Ann Mariya Binoj
Class 3
St. Marys O Valiyapalli, Jalahalli

Importance of Holy Qurbana

What is Holy Qurbana?



The word “Qurbana” is derived from the Syriac word “Careb” which means offering, present or gift. We call it the “Divine Liturgy”. The Catholics call it “Mass” and the Protestants call it “Service” or “Fellowship”.

The Holy Qurbana is the continuation of Eternal Worship. The Holy Qurbana is described in Revelations 4-6. The God Almighty is sitting on a throne with the slain lamb holding a scroll standing beside Him. 24 elders wearing crowns stand around the throne and bowing say, “Holy, Holy, Holy, is the Lord God Almighty who was and is and is to come”. The Holy Qurbana we conduct on earth is a shadow of the heavenly worship. In this Holy Qurbana, the mother of God, saints, angels, departed ones and the old testament church participate.

The Holy Qurbana is the sacrament of sacraments. It is the Queen of sacraments. By participating in the Holy Qurbana, we grow spiritually. The body

Shalini Praveen

Class 7

St. George O SS, Indiranagar

and the blood of Christ helps us to grow spiritually. “He who eats my flesh and drinks my blood shall have eternal life”. But if we do not participate in the Holy Qurbana without concentration and consider it as a routine exercise then the whole point of participating in the Holy Qurbana is gone.

The most important parts of the Holy Qurbana are the institution, words of invocation of the Holy Spirit and blessing of the bread and wine to turn it into the body and blood of Christ. It is truly a privilege for we sinners to participate in the Holy Qurbana. If we participate in the Holy Qurbana with repentance like St Paul and Isaiah did, then we will be blessed.

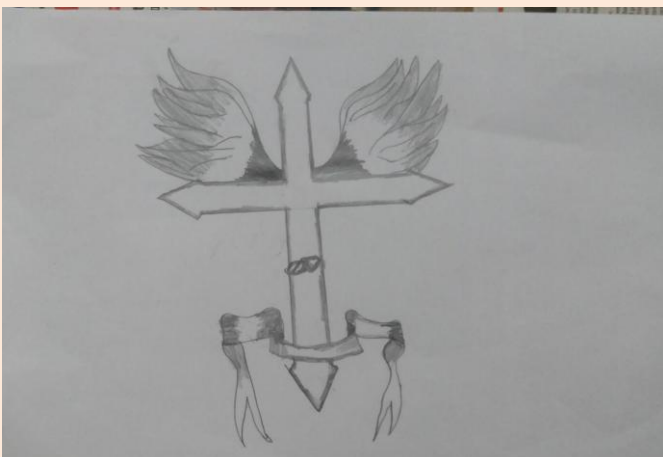
Conclusion

The Holy Qurbana is a worship, it is a communion. It consists of many songs and hymns. There are reading from the Gospels and Epistles. It is the centre of Christian worship. It is the fountain head of our spiritual life.

Lydia Susan Shibu

Class 7

St. George O SS, Indiranagar

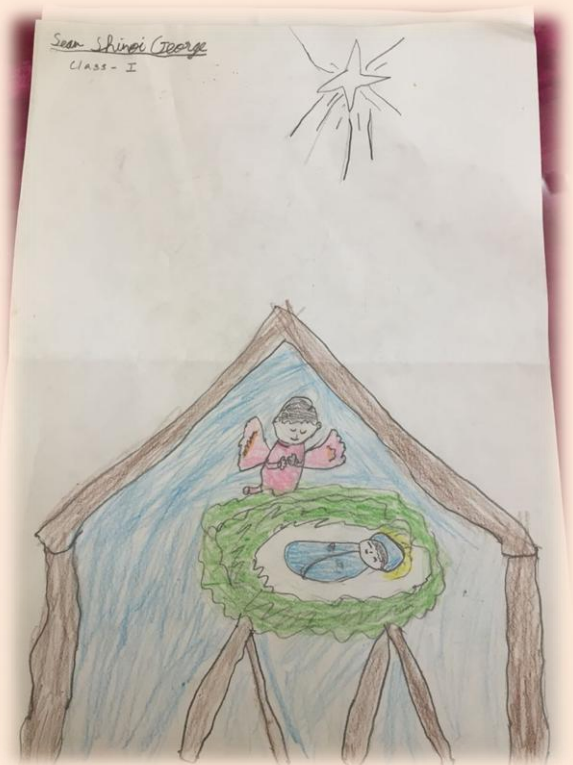




Ryan Varghese
Class Prep
St. Marys O Valiyapalli, Jalahalli



Jerome
Class Prep
St. Marys O Valiyapalli, Jalahalli



Sean Shinoi George
Class 1
St. Marys O Valiyapalli, Jalahalli



Jovel K Joshy
Class 3
St. Marys O Valiyapalli, Jalahalli

LYRICS

The LORD will
COMMAND
His loving kindness
in the daytime,
And in the night
His SONG
shall be with me

Psalm 42:8

Joel Sujo John

Class

St. Marys O Valiyapalli, Jalahalli

SUNDAY SCHOOL

SONG: SWARGONATHE VAZHUM PARAMATHAVE

Swargonathe vazhum paramapithave
Pasipavaramaa - kennam thavathirunnaman
Thavasarajyam bhooli aagathamakanname
Thavahithamihama - mathilakkenam

Paramathilenathupol.
Preethidinamadiyangall - kkanam
Kanivodu pakaraname
Pariharedamakkaname pizhakal
Aparanodengall pol

Kaatharulledaname
Dhusta parakkhakilninum
Rajyam - shakthi - mahathira -
mathangekkennum amen.

SUNDAY SCHOOL

SONG: KRUPAYIN NIRAVVE MAATHAVE

Krupayin niravve maathave Mariyame shanthi
Naarikallil neeyettam maanitha mathave
Paramonathaneeshan - ennum parichodu thava - savidhe
Ninudharathil - Bhala manneeshan sthuthikallikanu yojyam

sthuthikallil shudhe Mariyam - maathave bhagyam
Parane vahichavale - matha - Mariyame bhagyam
Paathakaradiyaarkayi - paranodennenum
Arthicheedename - meethiyin vellayilum.

SUNDAY SCHOOL

SONG: DHAIVA KRUPAYIL NTAJ AASHRAYIC

Dhava krupayil njan aarajiche
Avan vazhi kale njan araju
Anuganicheedum avanude chavadukale (x2)

1) Sha lokamo tharivilou
Sukharum manashaanthi aathum
Ente yaeshuvinte thiru sannidhiyil
Ennum aaratham underikke Dhava...

2) Manavaadhana pala chodhana
Mama jeevitha paathayathil
Maarathaeedumpol aathunnaadharavan
Maril chaari njanashtwairikum Dhava...

3) Ethenallavan mathiyayavan
Ennekasuthuna karthavavan
Ente aavashyangal ellonasiyidunna
Attam adutha sahayakan than Dhava...

4) Ente arjun dhinmakayum
Tharte naana mahathirathinay
Oru kaithiripol kaithiyerujorikkal
Thiru marivil manojedum njan Dhava...

SUNDAY SCHOOL

SONG: THIRUKKARATHAL VAHICHU ENNE

THIRUKKARATHAL vahichu enne
Thiruvithanpol nadathaname
Kushavan kayyil kalimannu njan
Anudhiram nee pariyaname

1) Nin vacharam dhyanikumpol
En haudayam aashasikkum
Koorivilin thazhvarayil
Dheepamathayi nin mozhiikal Thiru...

2) Azhiyathir olangalal
Valarjeedumpol en padakil
Ente piyay yaeshu unde
Chaaridume bhavamathil Thiru...

3) Avan nammukaay jeevan nallai
Orikayallo valiya raksha,
Dheushtikalal kannum njan
Swayha kannan dhalhamathe Thiru...

Return Of The lost Love

Once there lived a girl with her mother. She hated her mother because her mother had a burnt face which was looking ugly. So she always used to refuse her mother which made the mother feel sad always and the mother used to sit in one corner and weep. Seeing that the girl used to never bother. More than her mother she liked her aunt (mother's sister) very much.

One day as usual when she was fighting with her mother, her aunt came in. She called her near and told her an incident which happened in her childhood that changed her life. Here goes the incident

"One day, when you were playing in the cradle, your mother was busy in the kitchen. Suddenly, the house was on fire. Your mother ran to the cradle, wrapped you safely with a blanket and you were saved. By the time you were saved, your mother burnt her face and was injured very badly. Not a single scratch was there on your body."

Listening to the whole incident, tears started coming down from her eyes. She ran back to her mother, hugged and kissed her and said, "Mother, I'm so sorry for what all I have done". Hearing this the mother felt so happy and she too hugged and kissed her. Her mother kindheartedly replied back, "Even though you hate me I will keep on loving you". Both of them loved each other and lived happily

Moral: Remember Mother's love is like God's love

Mother's love is the best love forever

Love them back

Ashlin V. Samuel
Class 4
St. Stephens O SS, Vijayanagar

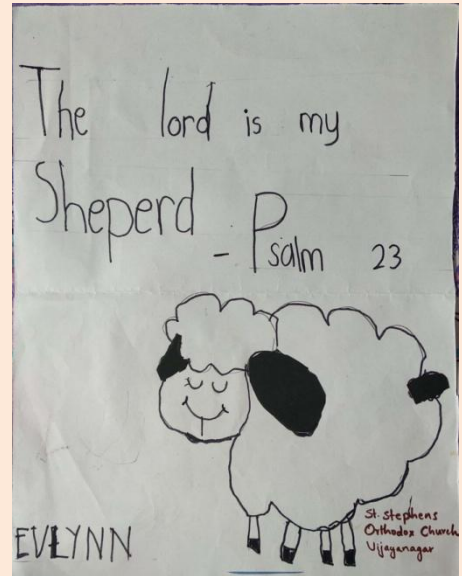
ASHLIN V. SAMUEL

TV std

ST. STEPHEN'S ORTHODOX
CHURCH



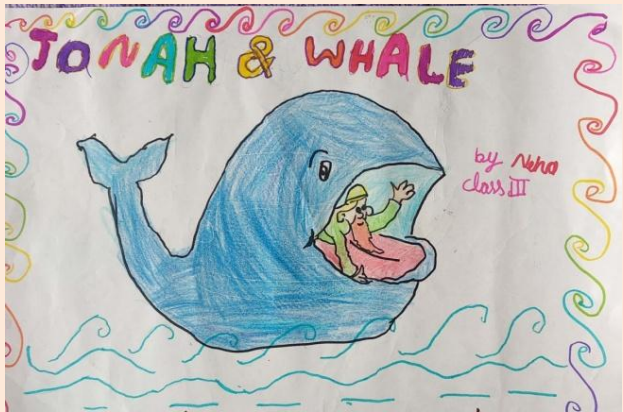
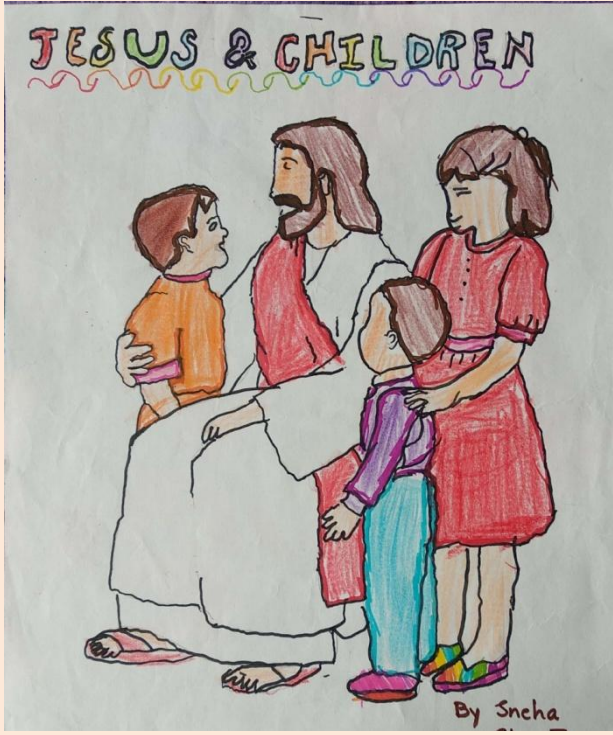
Evlynn
Class 4
St. Stephens O SS, Vijayanagar



Allen Sam Vinod
Class 2
St. Stephens O SS, Vijayanagar

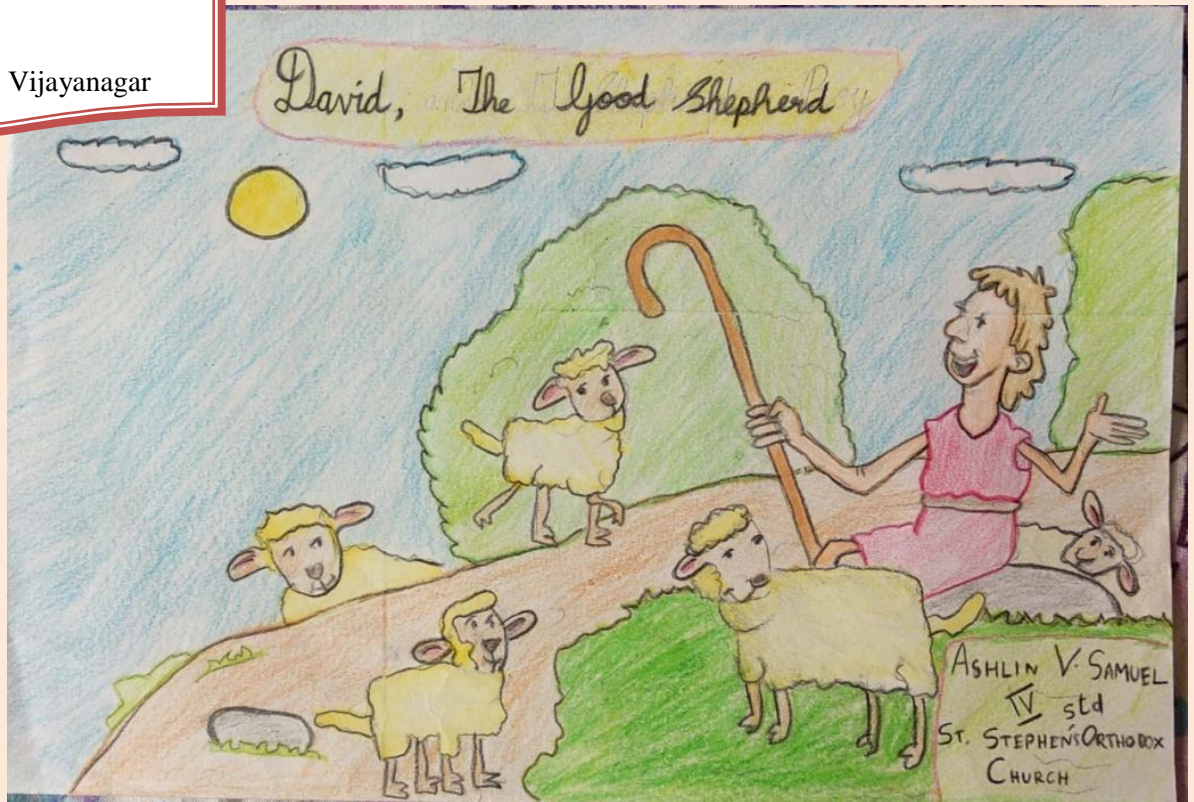


Sneha
Class 3
St. Stephens O SS, Vijayanagar



Neha
Class 3
St. Stephens O SS, Vijayanagar

Ashlin V. Samuel
 Class 4
 St. Stephens O SS, Vijayanagar



WORD SEARCH PUZZLE

Find 8 Malankara Orthodox Parishes in Bangalore Diocese
 (Hint: Left hand column from Match the following,
 one has been done for you)

Y	T	M	Z	G	A	K	F	G	O	L	K
S	N	E	H	P	E	T	S	G	H	L	C
A	C	R	Y	U	J	L	O	B	G	D	Q
E	Q	S	O	I	L	E	S	A	B	E	G
W	G	K	L	B	Y	H	A	D	X	N	F
A	B	R	V	M	G	S	T	S	B	O	Q
S	Q	E	O	Z	H	O	R	U	Q	N	W
D	B	D	S	E	T	I	U	I	R	A	P
C	R	B	M	N	G	R	Z	S	Z	H	Z
V	D	Y	X	E	W	O	L	Y	G	U	X
T	Q	A	V	M	Q	G	D	N	T	Y	J
L	H	Z	F	D	U	E	D	O	O	H	Z
B	F	O	R	T	Y	R	K	I	F	B	G
A	P	W	M	I	O	G	G	D	Q	K	S
E	F	B	V	A	P	A	S	C	D	Y	D
I	W	M	T	S	S	C	X	L	R	G	U
C	I	Y	H	Q	M	V	Z	A	A	W	Q
W	A	X	G	F	N	B	M	A	W	N	I

Ronel Alex George
 Class 3
 St. Baselios Orthodox SS, Marathahalli

CAN YOU ?
 SOLVE IT!

MATCH THE FOLLOWING

Find the location of the Bangalore Malankara Orthodox Parishes

1	ST	BASELIOS	A	VIJAYNAGAR
2	ST	DIONYSIUS	B	JALAHALLI/BEGUR
3	ST	GEORGE	C	MARTHAHALLI
4	ST/MAR	GREGORIOS	D	KRISHNARAJAPURAM
5	ST	MARYS	E	BANASWADI
6	ST	STEPHENS	F	INDIRANAGR
7	ST	THOMAS	G	MATHIKERE/HEBBAL
8	MAR	YUHANON	H	DASARAHALLI

Michelle Mariam Alex
Class 2
St. Stephens O SS, Vijayanagar

Temptation is everywhere but so is GOD!

The First Parents

God created heaven and earth. God created man and women on the sixth day. He made man out of mud and breathed life into his nose. When Adam was alone and did not have friends, God created Eve his best friend. God created Eve from a rib bone of Adam. God put Adam and Eve in the beautiful garden of Eden. God told them you can eat any fruit but not the forbidden fruit. Satan came in a form of a snake and told to eat the forbidden fruit and said you will be just like god. They disobeyed god and were thrown out of the garden. Satan will tempt us like he did to Adam and Eve. We should pray to god to keep satan away.



Class II

MICHELLE
MARIAM
ALEX



Ronnie Melvin Mathew
Class Prep
St. Marys O Valiyapalli, Jalahalli



Kevin
Class Preparatory
St. Marys O Valiyapalli, Jalahalli



Rhea Thomas
 Class 6
 Mar Gregorios O SS, Hebbal



Matthias Mathews Kianthara
 Class 5
 St. Baselios Orthodox SS, Marathahalli



Benita Biju
 Class 10
 Mar Gregorios O SS, Hebbal

Come unto me
 AND I WILL GIVE YOU REST

Betina Biju
 Class 8
 Mar Gregorios O SS, Hebbal





JOY
to the
World

Nathanael Vinod John
Class 4
Mar Gregorios O SS, Hebbal



BY THIS **ALL MEN**
WILL KNOW THAT YOU
ARE **MY DISCIPLES,**
IF YOU **LOVE** ONE ANOTHER.



Nanma Vinod John
Class Prep
Mar Gregorios O SS, Hebbal





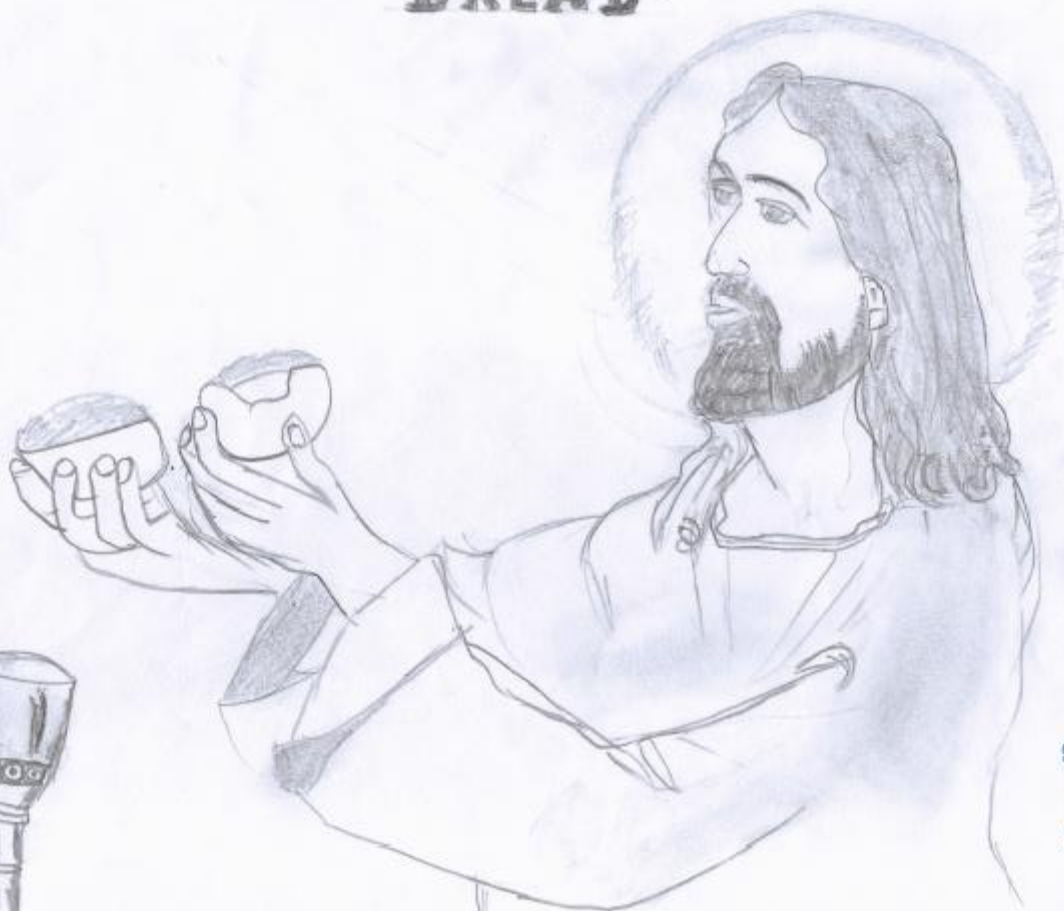
Neha P Anish
Class 4
Mar Yuhanon M O SS, K.R.Puram

Natasha P Anish
Class Prep
Mar Yuhanon M O SS, K.R.Puram



Annika Baiju
Class 2
Mar Yuhanon M O SS, K.R.Puram

"I AM THE LIVING
BREAD"



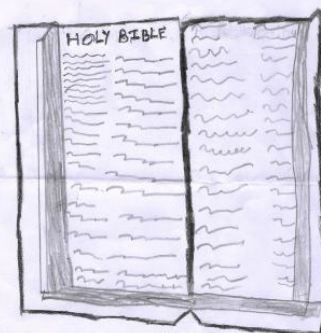
Sara Alex
x 6
MYMOC

Sara Alex

Class 6

Mar Yuhanon M O SS, K.R.Puram

PRAYER—OUR STRENGTH



WE HAVE TIME
FOR EVERYTHING.
CAN'T WE TAKE OUT
SOMETIME TO THANK GOD?

NOEL ANISH DANIEL

Noel Anish Daniel

Class

Mar Yuhanon M O SS, K.R.Puram

THE CROSS



NAME: JISS JOHN BINU
MAR YUHANON MAMDANA
ORTHODOX CHURCH

THE SYMBOL OF
CHRISTIANS



the cross
before me
the world
behind me

Jiss John Binu
Class
Mar Yuhanon M O SS, K.R.Puram



THE SHAPE OF
TRUE LOVE ISN'T
A DIAMOND.

IT'S A CROSS.

Job Binu John
Class
Mar Yuhanon M O SS, K.R.Puram

"God Proved his Love
On the Cross."



Job Binu John

E-Bodhini



Aradhana Ann Santhosh
Class Prep
Mar Gregorios O SS, Hebbal

Kenith M Kurien
Class Prep
Mar Gregorios O SS, Hebbal



Godwin John Rufes
Class Prep
Mar Gregorios O SS, Hebbal

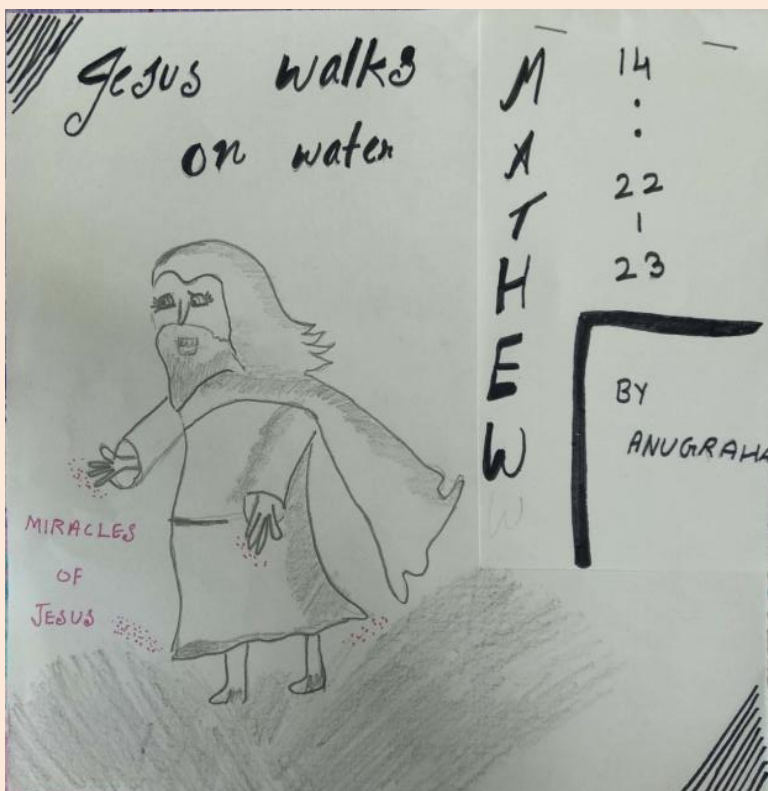
Saniya Babu
Class Prep
Mar Gregorios O SS, Hebbal

David and His Friend,
Jonathan





Genesis Ann Varghese
Class 6
Mar Gregorios O SS, Hebbal



Anugraha Sarah Santosh
Class 7
Mar Gregorios O SS, Hebbal

WITH *God*
ALL THINGS
ARE
Possible
MATTHEW 19:26

God is love

"The one who does not love does not know God, for God is love." (1 John 4:8) "God is love."

This sentence has been quoted multiple times, but as God's children do we know what this means - If we do not love, we do not know God, for we cannot know God without receiving His love.

Love cannot be defined without using the verse 1Cor – 13: 4 – 8, which says - *"Love is patient, love is kind and is not jealous; love does not brag and is not arrogant, does not act unbecomingly; it does not seek its own, is not provoked, does not take into account a wrong suffered, does not rejoice in unrighteousness, but rejoices with the truth; bears all things, believes all things, hopes all things, endures all things. Love never fails."*

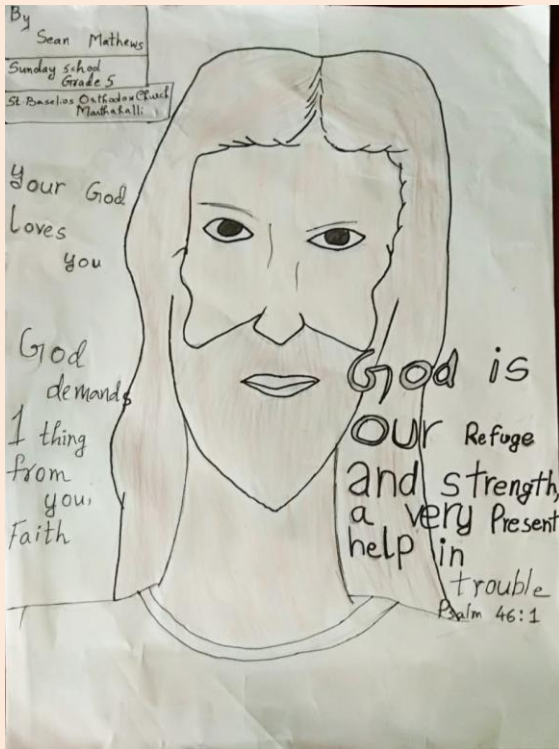


God is Love, and His love is very different from human love. God's love is unconditional, and it's not based on feelings or emotions. He doesn't love us because we're lovable or because we make Him feel good; He loves us because He is love. Do we love unconditionally? , we love someone because they fulfill a condition that we require before we can love them. Our love is not only conditional, it is also mercurial. We love based on feelings and emotions that can change from one moment to the next. The divorce rate is extremely high in today's society because husbands and wives stop loving one another.

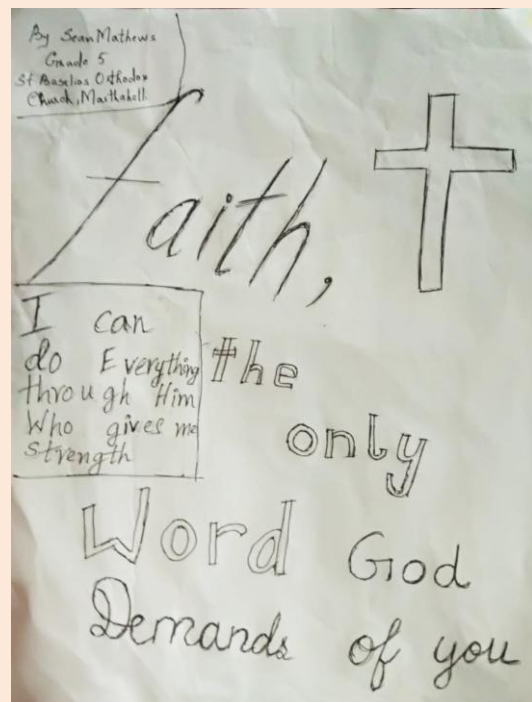
There are many passages in the Bible that give us God's definition of love. The most well known verse is John 3:16, *"For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."* So one way God defines love is in the act of giving. God wants us to know that His love is unconditional, so He sent His Son, Jesus Christ, to die for us while we were still unlovable sinners.

God brought a true expression and demonstration of His love into the world by the offering of His Son. Likewise, we the children of God should learn to love others unconditionally, without thinking what I would get in return.





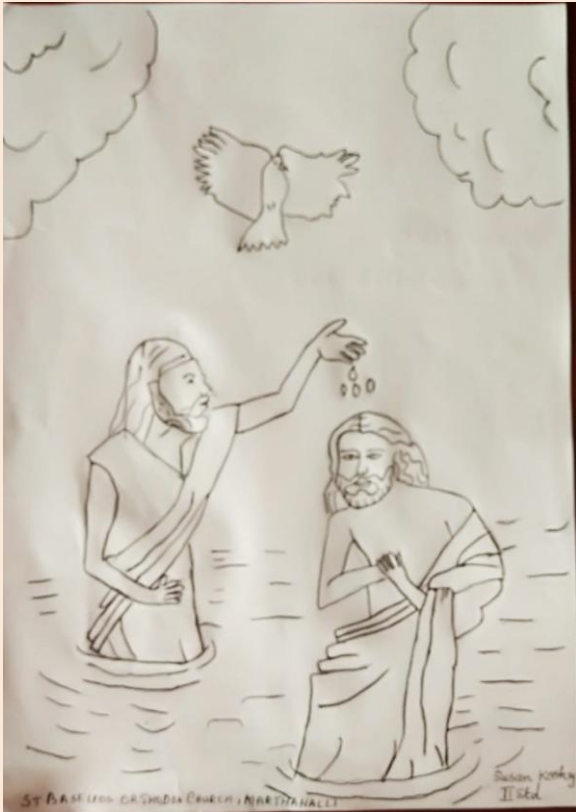
Sean Mathews
 Class 5
 St. Baselios Orthodox SS, Marathahalli



God is Love
 1 John 4:8

Aiden Mathew
 Class 1
 St. Baselios Orthodox SS, Marathahalli

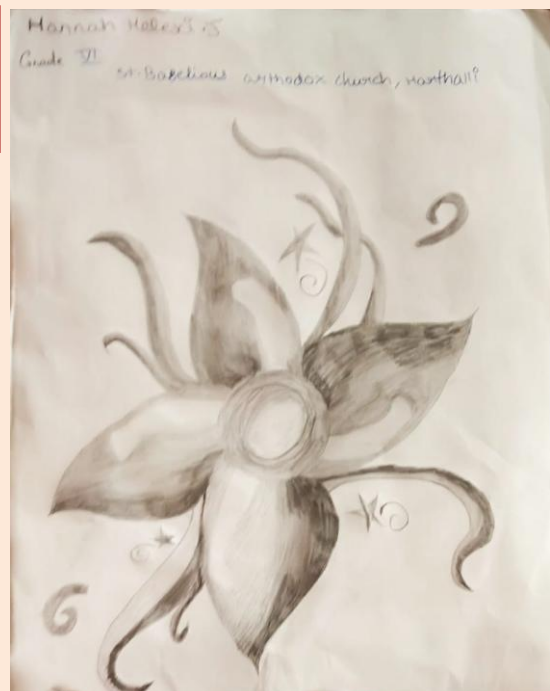
The Baptism of Jesus

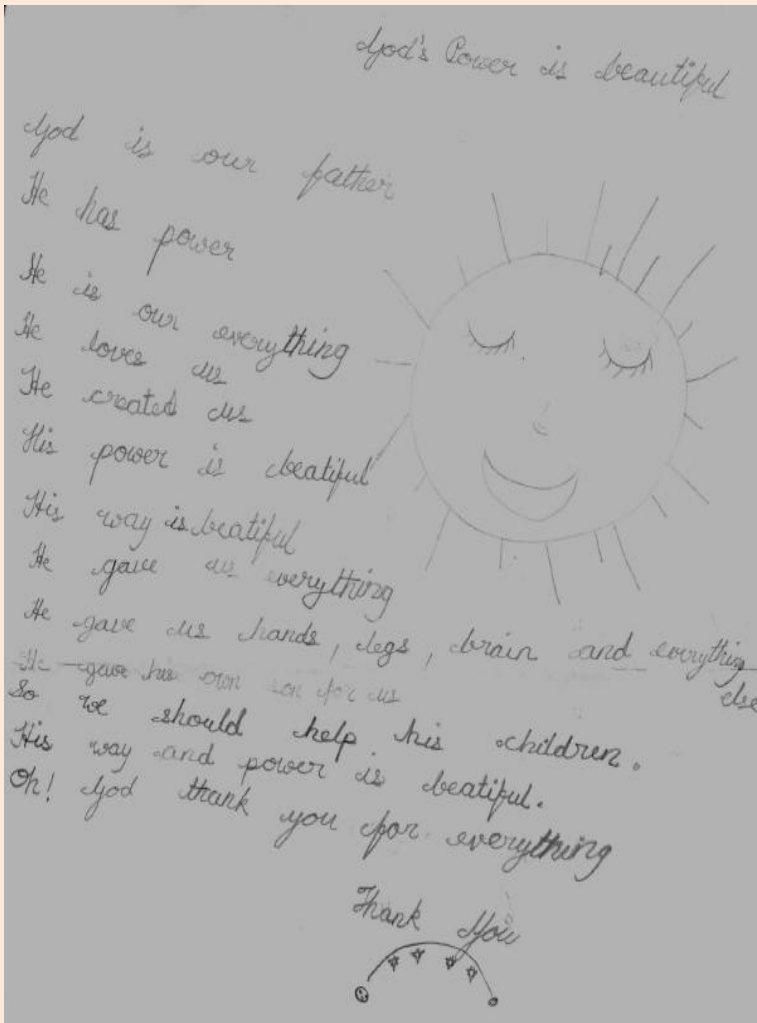


Susan Koshy
Class 2
St. Baselios Orthodox SS, Marathahalli

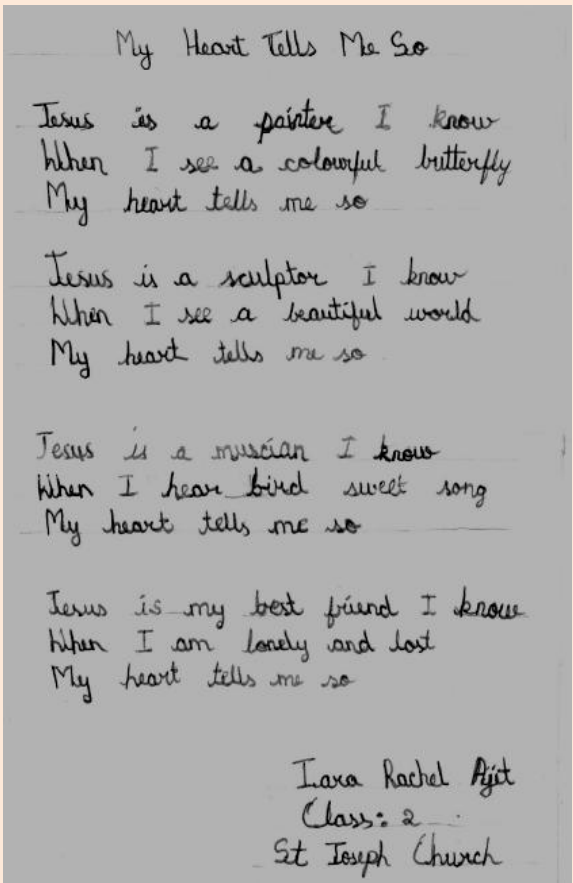
then Peter said unto them,
REPENT,
AND be BAPTIZED
every one of you
in THE NAME of
JESUS CHRIST
FOR the REMISSION of SINS,
AND YE shall RECEIVE the
GIFT of the Holy Ghost.”
Acts 2:38

Hannah Melexi J
Class 6
St. Baselios Orthodox SS, Marathahalli





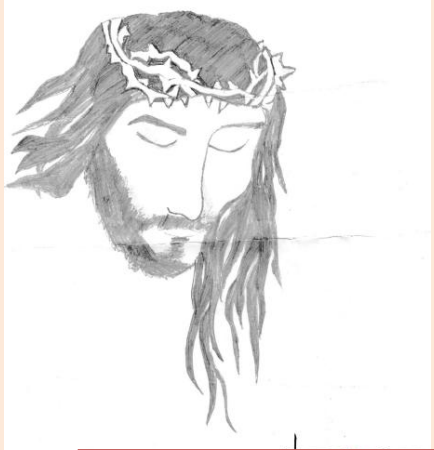
Hanna
 Class : 4
 St. Josephs SS. Horamavu



Iara Rachel Ajit
 Class : 2
 St. Josephs SS. Horamavu



Amisha B Mathew
 Class : Prep
 St. Josephs SS. Horamavu



Ayna Mary Manoj
 Class : 8
 St. Josephs SS. Horamavu

BEING GOOD, INSIDE AND OUT!

Sandra Mary Saji

Class : 12

St. Gregorios OCSS, Mathikere

“I don’t need anybody’s help!” said old Maria, as the mail boy tried to guide her across the street. “Just let me be!” scolded she, at the grocery store assistant for picking up something that she had dropped.

“Oh dear! Why don’t you mind your business?” she mumbled as the traffic police hailed an auto for her.

This is Maria, an old lady, bent nearly double with age, but determined to be independent. Day after day, as she woke up in the morning, realizing her helplessness, but to whom could she go, she no longer trusted anybody.

Yes, lack of trust was her problem and that was what was making this kind lady, a grumpy old woman.

How could she trust the mail boy, whom only yesterday she had seen pull the tail and pelt a hapless puppy with stones?

How could she trust the grocery store assistant, who would drink and then squander his money and squabble over it till late in the night?

How could she trust the traffic police, who would take bribes from motorists and then let them scot-free?

These saddening sights could be seen almost daily from Maria’s window, and each of them made her more terrified than the last.

She says, “When somebody offers me help, I want them to do it from their hearts, not just for me because I am an old lady, but to all those who are in need. Goodness should not be exhibited only through actions, one should truly mean it and then automatically it will be reflected in their thoughts, actions and words too.”

‘The next time when we use our hands to do a bad deed, we must remember that even when we do a good deed, people will only judge us for the wrong act. So, let us always do our best, thus, instilling trust in the rest.’



Manna Rachel Sanjay

Class : 1

St. Gregorios OCSS, Mathikere



Jerusha
Class : 7
St. Gregorios OCSS, Mathikere



Joshua R Thomas
Class : 1
St. Gregorios OCSS, Mathikere



Joshua B Zachariah
Class : 4
St. Gregorios OCSS, Mathikere

Lazarus of Bethany (John 11:1-46)

Lazarus of Bethany was a good person who loved Jesus. But he felt sick.



Soon Lazarus died. Mary and Martha sent a message to Jesus. Jesus went to Bethany after two days.



When Jesus arrived He found the Lazarus had already been in the tomb for four days.



Many Jews had come to Mary and Martha to comfort them because their brother was dead.



Jesus said take away the stone. But Lord said Martha, the sister of the dead man, "by this time there is a bad smell. Then Jesus said, " Didn't I tell you that if you believe, you will see God's glory?" So they took away the stone. Jesus called in a loud voice, "Lazarus, come out!" The dead man came out. Jesus said to them, "take off the clothes he was buried in and let him go."

Then Mary, Martha and Lazarus lived happily.



Anna Mariam Sanjay Std V



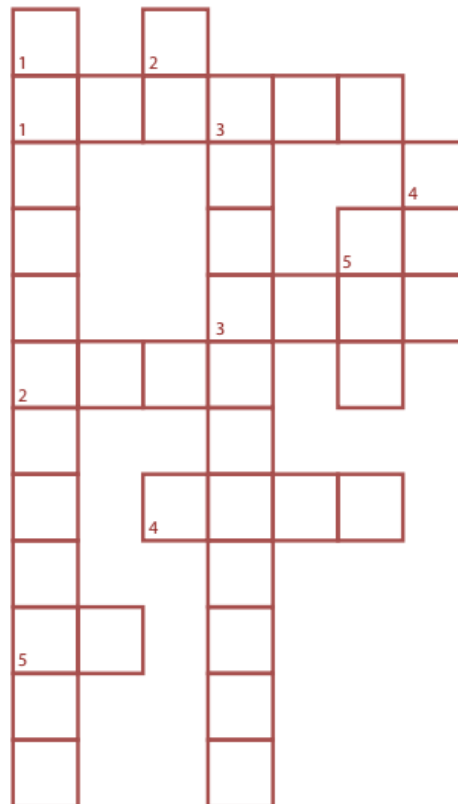
Contribute articles -

Please send some interesting puzzles, articles, biblical games, quiz to be published in Kids Page.

Please send your answers at the earliest to the Zonal Secretary

Ten Commandments Crossword

Read the clues below and fill in the blanks to complete this crossword puzzle on the ten commandments.



DOWN

- God gave us the Ten _____ or rules.
- God said, "Thou shalt have no other gods before _____."
- We have no _____ (idol).
- How many rules did Moses receive from God?
- God shows mercy unto thousands of them that love _____.

ACROSS

- How many gods can we have? We only have _____.
- and 3. Don't take God's _____ (2) in _____ (3).
- Thou shalt not _____.
- Say "_____" to adultery, stealing, bearing false witness.

Activity: Bible in Indian Languages

Into which Indian language and in which year was the Bible first translated ?



Answers to Vol 7 (Hidden Bible book names puzzle?)

Example - Amos & Mark are shown in bold print , how many more can you find.....

There are 30 books of the Bible in this paragraph. Can you find them? This is a **most remarkable** puzzle. It was found by a gentleman in an airplane seat pocket, on a flight from Los Angeles to Honolulu, **keeping** him occupied for hours. He enjoyed it so much, he passed it on to some friends...One friend from Illinois worked on this while fishing from his **john** boat. Another friend studied it while playing his **banjo**, Elaine Taylor, a columnist friend, was so intrigued by it she mentioned it in her weekly newspaper column. Another friend **judges** the **job** of solving this puzzle so involving, **she brews** a cup of tea to help her nerves. **There** will be some names that are really easy to spot. That's a **fact**. Some people, however, will soon find themselves in a **jam**, especially since the book names are not necessarily capitalized. **Truthfully**, **from** answers we get, we are forced to admit **it usually** takes a minister or a scholar **to see** some of them **at the worst**. Research has shown that something in our **genes** is responsible for the difficulty we have in seeing the books in this paragraph. During a recent fund raising event, which featured this puzzle, the Alpha Delta **Phi lemonade** booth set a new record. The local paper, The **Chronicle**, surveyed over 200 patrons who reported that this puzzle was one of the most difficult they had ever seen. As **Daniel** Humana **humbly** puts it, "The books are all right here in plain view hidden from sight." **Those** able to find all of them will hear great **lamentations** from those who have to be shown. One **revelation** that may help is that books like **Timothy** and **Samuel** may occur without their **numbers**. Also, keep in mind, that punctuation and spaces in the middle are **normal**. A **chipper** attitude will help you **compete** really well against those who claim to know the answers. Remember, there is no need for a mad **exodus**, there really are 30 books of the Bible **lurking** somewhere in this paragraph waiting to be found. God Bless.

NEWS ... EVENTS ... UPDATES
from our Sunday Schools in Bangalore Zone

St George Orthodox Sunday School, Indiranagar

Winners of unit level drawing competition for Sub Juniors held on 29-Jul-2018.

Drawing Competition



Neethu Sara Saiju

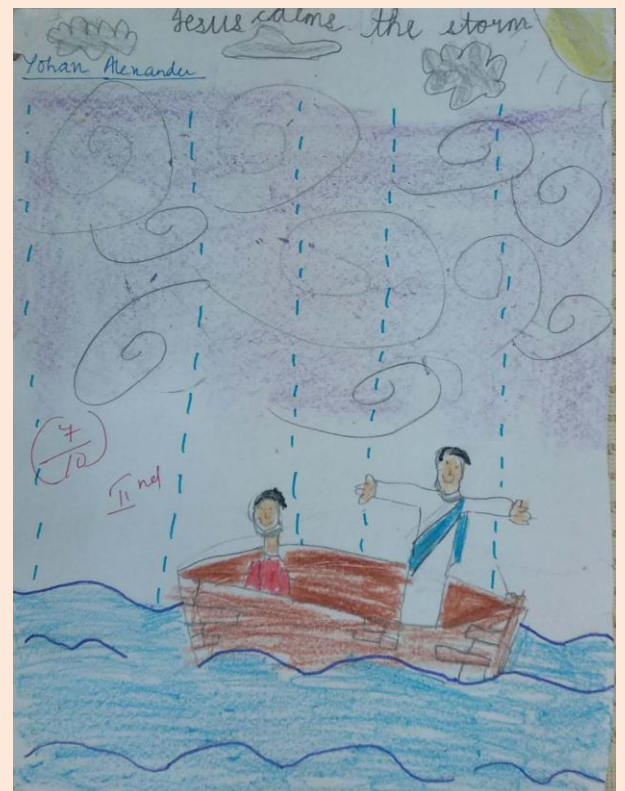


Aphaem K Sebastian

Congratulations to all the participants.

The Winners

- I. Neethu Sara Saiju
- II. Yohaam Alexander
- III. Aprem K. Sebastian



Yohaam Alexander

'KURUNNU VIRUNNU' -

An event with a noble vision by St. Joseph Orthodox Church Sunday school, Horamavu, Bangalore.

Rewind to 10th July 2016... the first version of our Kurunnu Virunnu - a fest planned, organised and executed by the Sunday School of SJOC with a mission.

...lots of enthusiasm & excitement, happy & cheerful faces seen in the Food stalls, Game stalls, Bible stall, Thattukada and the Auction hall, all this in our makeshift St. Joseph Chapel, 4th floor, Yuvalok school, Vaddarapalya, Bangalore. The outcome of the day, a whopping collection, out of which a considerable sum was handed over towards the construction of our St. Joseph Orthodox Syrian Church, Horamavu.

Fast forward to Feb 11, 2018 ... and the second version of Kurunnu Virunnu in a more impressive manner organised in our newly consecrated Church. Charity takes precedence as main motive.

The same excitement, happy faces and generosity of all, transformed into yet another sizeable collection, out of which Rs.45,000/- was handed over by our Vicar Rev. Fr. Binoy C Joshua and Sunday School headmaster Mr. Thomas Philip to our Thirumeni H.G. Dr. Abraham Mar Seraphim for the much applauded and needy Mysore Mission.



In contributing our small measure, our thoughts were directed to the good work done by the Mysore mission under the guidance of Almighty, the school for the children of the isolated Bilikere Village and the Sneha Bhavan for the differently abled girls both functioning under challenging conditions and remotely situated around 30 KMs from Mysore.

Looking back at this small yet significant achievement, I am proud to be part of this wonderful fraternity and will continue to be a part of such worthwhile endeavors in future too.

Praise to the Triune Lord,

Emma Joseph Mathews.
Teacher,
St. Joseph Orthodox Church Sunday School,
Horamavu, Bangalore.

Galatians 6:9 "And let us not grow weary of doing good, for in due season we will reap, if we do not give up."

ANNOUNCEMENTS



Contribute some interesting original articles and win some prizes.

We hope you'll join us.

Next Edition planned

Tentative Date : Feb 2019.

*Dear Students and Teachers,
Please use this opportunity to express and share your experiences, ideas and thoughts through your articles like news updates, short stories, notes, essays, poems, paintings, quotes, jokes, quiz, games, puzzles, message, etc at the earliest through your teacher/ headmaster*

Note : Please do mention your Name & Church and send articles to reach before 15-Jan-2019.

NOTE : Please feel free to share your ideas for themes for newsletters, suggestions, comments, observations, mistakes observed, omissions etc.

Editorial

Dear Friends in Christ,

A big lesson from a small child.

"But if anyone has the world's goods and sees his brother in need, yet closes his heart against him, how does God's love abide in him?" (1 John 3:17)

A large hearted eight year old Class II student S. Anupriya from Villupuram, broke open her piggy banks savings of the last four years to buy a bicycle, to contribute to the flood relief in Kerala. Anupriya's good gesture was acknowledged by chairman and managing director of Hero Cycles, who said in a tweet, "Anupriya, pranam to you. You are a noble soul and wish you spread the good around. Hero is too pleased to give you one bike every year of your life." She without doubt is an inspiration and motivation to many.

As you read this issue, hope you find something to be inspired and to inspire. When you are living the best version of yourself, you inspire others to live the best versions of themselves. Faith without works is no faith at all.

I take this opportunity to thank our Thirumeni, **H.G. Dr. Abraham Mar Seraphim** for his able guidance and support, the members of the Editorial Board of BODHINI and dear Sunday School Children, Teachers, Head Masters, Vice President Achen and officials of Bangalore Zone Sunday School for the support and encouragement.

We seek more and more, news, articles, story, songs from our children. Dear Head Masters and Teachers please encourage them.

May our *BODHINI* help you as you seek *Him*.

For and on behalf of Editorial Board of E-Bodhini.

*With love,
Biju Prasad*

OSSAE – OKR Bangalore Zone

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