

OSSAE-OKR BANGALORE ZONE

E-Bodhini (NEWSLETTER)



Vol 5 : 2017 February
(for private / internal circulation)

Message from Thirumeni

19th February 2017

BLESSINGS!

***Do not be misled: "Bad company corrupts good character".
1 Corinthians 15:33***

There is a proverb that says "A man is known by the company he keeps". Of course, it is meant for anybody, not man alone. One can easily judge the character of a person by the character of the people accompanies him or her. In the Old Testament, God strictly instructs people not to marry from other nations, not because they are evil, not intelligent or not handsome, but the people of God then would adopt the wrong practices, their worship and their God. In the book of Ezra, Ezra instructs the Israelites to send away the foreign woman they married and their children. In our present situation, it sounds an outright violation of all human rights! Such, was the importance the older generation had given to the matter of having the right companions.

This message is pertinent in our times, where our status is known by the number of friends we have in our social media circles! Anyone's request to be friend is accepted gladly without checking their identity or character, similarly we actively requests anyone interesting, to be our friend. We have all heard about the dangers of such situation. Also, no one asks, how can one keep any meaningful friendship with hundreds or thousands of people?

Teenagers seem to do the hero worship of wrong characters. Most of the heroes portrayed in movies often do lot of wrong and worthless things. Young generation seem to blindly follow these trends without thinking. A particular dress worn by a hero is adopted by whole lot of young people; even some young priests try to follow these dress styles! Adopting some style of dressing may look innocuous, but that shows lack of judgment and spiritual discernment on our part.

Dear children, shun the evil company, acquire good and mature friends. Remember that God calls you to be an image of Christ, who is the Image of God. Break away from the bad friendship, acquire Godly, and true friends. May the Holy Spirit enlighten you to understand the importance of keeping the good company!

H.G. Dr. Abraham Mar Seraphim,
Metropolitan, Bangalore Diocese



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Associate yourself with
people of good quality,
for it is better to be
alone than to be in bad
company.

Booker T. Washington

Message from Vice President Achan,



*Fr. T K Thomas Cor-Episcopa
Vice President - Bangalore Diocese*

**Ask the Lord to bless your plans, and you will be successful in carrying them out
(Proverbs 16:3)**

Dearly beloved in Christ,

Greetings and Blessings in the Name of our Lord Jesus Christ!

We are all journeying through the New Year 2017 and the first phase has been completed. I think many of us have promised God to do better things in the New Year and made plans for the future. Are we all keeping our promises or moving according to our plans? I believe most of us are not, because we rely on our own abilities and try to please ourselves. But the Word of God says, Ask the Lord to bless your plans, and you will be successful in carrying them out. (Proverbs 16:3).

Even though we don't know what the future holds for us in this year 2017, we know that God holds the future in His hands. So rely upon Him and try to please Him. Try to live out our lives with genuine spiritual values. Let us lay our plans, decisions, every action before God and consider it from a heavenly perspective. This will enable us to live a fruitful heavenly, holy, God-honouring life in this world.

Congratulations to the Editorial Board and all the contributors for bringing out this beautiful edition of E-Bodhini

May God help us to live it the way He has planned it.

With love and prayers

Fr. T K Thomas Cor-Episcopa
Vice President
OSSAE-OKR, Bangalore Diocese

15-February-2017

Message from Diocesan Director

“But everything should be done in a fitting and orderly way”. I Corinthians 14:40

The context of the above verse is the comment from St. Paul about the disorderly worship in Church of Corinth, particularly about speaking in tongues. But if the church worship has to be decent and orderly, naturally that is part of the divine essence and we should emulate such a trait in all walks of our life. This is clear from the words of St. Paul few verses before the current one “For God is not a God of disorder but of peace—as in all the congregations of the Lord’s people” I Corinthians 14:33.

In the Old Testament, the books of Exodus to Deuteronomy gives elaborate set of rules concerning the worship, clean life style, legal system etc. God commands Israelites to live an orderly life. In the book of Nehemiah, we see the orderly way the Nehemiah the rebuilt the walls of Jerusalem and systematic way he has recorded the list of exiles who returned to Jerusalem. Even Christ when he fed the five thousand with five loaves of bread and two fishes, he ordered the people to be seated in groups of hundreds and fifties.

The Greek word for “order” is “taksis”. It means doing things in a fitting way according to an order. The Jewish historian Josephus used this word to describe the orderly way Roman army set up their camps. They always did this with proper planning and executed in an orderly manner without last minute confusion.

Our Church fathers like Parumala Thirumeni and Pambadi Thiruemni followed strict schedules, lead an orderly life and made needed preparation before celebrating sacraments etc.

It is God’s will that we live and orderly and well mannered life. Plan your daily routines properly, and live as per a plan. In current times, the technology disrupts orderly life. Ease of communication enables us to delay many things to last minute. You can go to super market, without preparing a list of what to buy, and call family members to ask what to buy. This kind of last minute arrangement forces us to buy what is not needed or miss out on what is essential!

Too much dependence on technology would not help us to lead an orderly life. When you are entrusted with a responsibility, plan well, coordinate it and execute it with the help of others. Also, you need to clearly communicate with others for orderly conduct of many things.

Habits acquired in childhood last a life time. As children you should plan your daily life well. There should be times for prayer, study, recreation etc. well marked. We also should be flexible to change our schedules to accommodate the needs of others.

May God Almighty, God of peace bless you!

Mr Kuruvilla Varghese

Diocesan Director

OSSAE-OKR, Bangalore Diocese

19-February-2017

Diocesan News

Inter- Diocesan Arts competition on 23rd July 2017 at St. Thomas Orthodox Theological Seminary, Nagpur

List of Participants selected to represent Bangalore Diocese -

SENIOR

Senior Solo

Mariam Mathew, St. Gregorios Orthodox Cathedral, Hyderabad

Senior Elocution

Angela Susanna Philip, St. Mary's Orthodox Valiapally, Jalahalli, Bangalore

Senior Essay

Riya Thomas, St. Thomas Orthodox Maha Edavaka, Bangalore

Senior Quiz

Rebecca Mathew, St. Gregorios Orthodox Cathedral, Hosur Road, Bangalore

Joel B. Mathew, Mar Yuhanon Mamdana Orthodox Church, K R Puram, Bangalore

Sandra Mary Saji, St. Gregorios Orthodox Church, Mathikere, Bangalore

SECONDARY

Secondary Solo

Reya Roy, St. George Orthodox Church, Jeedimetla, Hyderabad

Secondary Elocution

Jane Elizabeth Vaidhyan, St. Mary's Orthodox Valiapally, Jalahalli, Bangalore

Secondary Essay

Elisa Thomas, St. Gregorios Orthodox Cathedral, Hyderabad

Secondary Quiz

Jane Elizabeth Vaidhyan, St. Mary's Orthodox Valiapally, Jalahalli, Bangalore

Elisa Thomas, St. Gregorios Cathedral, Hyderabad

Sneha M. George, St. Mary's Orthodox Valiapally, Jalahalli, Bangalore

- Mr. Kuruvilla Varghese
Director, OSSAE-OKR Bangalore Diocese

REPRESENTING
BANGALORE DIOCESE



*"And David had success in
all his undertakings, for
the Lord was with him."
- 1 Samuel 18:14*

Wish you all the best ...!

Bangalore Diocesan Art Competitions 2016

Bangalore Diocesan Art competition was conducted on Saturday 14 January 2016 at St. Thomas Orthodox Maha Edavaka, Bangalore East. By the grace of God, we could complete all the competitions by 1.30 p.m. and the grades for all candidates were announced. Our children performed very well, their performance deserves praise. Effort taken by their parents and teachers are appreciated.



Diocesan competition on 14-Jan-2017 at St. Thomas Maha Edavaka.

The grades obtained by the candidates and the candidates selected to represent the Diocese at Inter-diocesan competition at Nagpur is given below.

RESULTS of BANGALORE DIOCESAN ART COMPETITION 2016 (held on 14.Jan.2017)

Category	Event	Name of Student	Church	Grade
Senior	Solo	Alwin Viju Cheeran	St. Thomas OC, Bangalore East, Bangalore Dist 1	A
		Christy John	St. Gregorios Cathedral, Hyderabad	B
		Irine Varghese	St. Dionysius OC, Dasarahalli, Bangalore Dist 2	A
		Mariam Mathew	St. Gregorios Cathedral, Hyderabad	A+
		Merin Mariya Neel	St. Mary's OC, Begur, Bangalore Dist 1	B
		Rahael Jacob	Mar. Gregorios OC, Hebbal, Bangalore Dist 2	A
	Elocution	Angela Susanna Philip	St. Mary's OV, Jalahalli, Bangalore Dist 2	A+
		Christya Abraham	Mar Yuhanon MOC, K R Puram, Bangalore Dist 1	B
		Merin Mariya Neel	St. Mary's OC, Begur, Bangalore Dist 1	A+
		Sharon Sujai	St. Gregorios Cathedral, Hyderabad	A
		Stefy Mary	St. Gregorios OC, Mathikere, Bangalore Dist 2	A
		Varghese John	St. Andrews OC, Secunderabad, Hyderabad	B
	Essay	Karen Susan Abraham	St. Mary's OV, Jalahalli, Bangalore Dist 2	A
		Riya Thomas	St. Thomas OME, Bangalore East, Bangalore Dist 1	A+
		Rohan John Varghese	St. Mary's OC, Begur, Bangalore Dist 1	A
		Sandra Mary Saji	St. Gregorios OC, Mathikere, Bangalore Dist 2	A
		Sharon Sujai	St. Gregorios Cathedral, Hyderabad	B
		Titus Yesudas	St. Mary's OC, BHEL, Hyderabad	B
	Quiz	Agnes Hannah John	St. Andrews OC, Secunderabad, Hyderabad	B
		Joel B. Mathew	Mar Yuhanon MOC, K R Puram, Bangalore Dist 1	A+
		Rahael Jacob	Mar. Gregorios OC, Hebbal, Bangalore Dist 2	A
Rebecca Mathew		St. Gregorios Cathedral, Hosur Road, Bangalore Dist 1	A+	
Sandra Mary Saji		St. Gregorios OC, Mathikere, Bangalore Dist 2	A	

RESULTS of BANGALORE DIOCESAN ART COMPETITION 2016 (held on 14.Jan.2017)

Category	Event	Name of Student	Church	Grade
Secondary	Solo	Anushka Pradeep	St. Andrews OC, Secunderabad, Hyderabad	A+
		Grace Mariam Daniel	St. Mary's OV, Jalahalli, Bangalore Dist 2	B
		Jeshilla John	Mar. Gregorios OC, Hebbal, Bangalore Dist 2	B
		Reya Roy	St. George OC, Jeedimetla, Hyderabad	A+
		Rinu Susan Roy	Mar Yuhanon MOC, K R Puram, Bangalore Dist 1	A
		Sonu Mary Alex	St. George OC, Indiranagar, Bangalore Dist 1	A
	Elocution	Ananya Mariam Rajesh	St. Andrews OC, Secunderabad, Hyderabad	A
		Angela Mariyam Eapen	St. Mary's OC, Begur, Bangalore Dist 1	A
		Jane Elizabeth Vaidhyan	St. Mary's OV, Jalahalli, Bangalore Dist 2	A+
		Siji P. Varghese	St. George OC, Jeedimetla, Hyderabad	B
		Sneha Varghese	St. Gregorios OC, Mathikere, Bangalore Dist 2	A
		Sonu Mary Alex	St. George OC, Indiranagar, Bangalore Dist 1	A+
	Essay	Anju Elza Mathew	St. Baselios OC, Marathahalli, Bangalore Dist 1	B
		Elisa Thomas	St. Gregorios Cathedral, Hyderabad	A+
		Jacob Mathew	St. Gregorios Cathedral, Hosur Road, Bangalore Dist 1	A
		Jane Elizabeth Vaidhyan	St. Mary's OV, Jalahalli, Bangalore Dist 2	A
		Sherin Elizabeth Varghese	St. Mary's OV, Jalahalli, Bangalore Dist 2	B
	Quiz	Angela Mariyam Eapen	St. Mary's OC, Begur, Bangalore Dist 1	B
		Elisa Thomas	St. Gregorios Cathedral, Hyderabad	A
		Jane Elizabeth Vaidhyan	St. Mary's OV, Jalahalli, Bangalore Dist 2	A+
		Reya Roy	St. George OC, Jeedimetla, Hyderabad	B
		Sneha M. George	St. Mary's OV, Jalahalli, Bangalore Dist 2	A
		Sonu Mary Alex	St. George OC, Indiranagar, Bangalore Dist 1	B

We thank the host Church, St. Thomas Orthodox Maha Edavaka, for their wonderful hospitality and excellent arrangements. We thank Vicar Rev. Fr. K M Jacob, Managing committee, HM Mrs. Mariamma John, Teachers Mr. Jose Varghese, Mrs. Reena George, Mr. Thomson Baby and other teachers.

We thank the coordinators and panel, Mr. K C Thomas, Mr. N M Achenkunju, Mr. M K Uthup, Mr. Prasad Samuel, Mrs. Lousy Biju, Mrs. Grace Varghese, Mrs. Aleyamma Varghese, Mr. Thomas George, Mr. Biju Prasad, Mr. Charly Chacko and Mrs. Asha Biju.

We thank Rev. Fr. Thomas Ommen, Mrs. Sonia, the participants and parents from Hyderabad Zone, for their whole hearted participation. We thank judges, Rev. Dn. Basil, Rev. Dn. Arun and Br. Siby.

We appreciate the support from Mr. K C Thomas, former Diocesan director and Ms. Aditi Cherian, St. Gregorios OC, Mathikere in conducting the Quiz competition for Senior and Secondary category respectively.

Inter-Diocesan competition will be held at STOTS, Nagpur on Sunday 9 July 2017.

In His service,
Kuruville Varghese
Diocesan Director

ORTHODOX SYRIAN SUNDAY SCHOOL ASSOCIATION OF THE EAST OUTSIDE KERALA REGION - Bangalore Zone ANNUAL REPORT - 2016 An Overview

By the Grace and blessings of God Almighty, we present an overview on the activities of the Sunday Schools in Bangalore Zone during the year 2016. The Bangalore Zone has thirteen functioning Sunday schools with 1488 students and about 250 teachers located in Bangalore, Tumkur and Mysore Districts of Karnataka divided into 2 Districts viz., District I and District II. In addition three chapels Sunday Schools are also functioning.

The Executive Committee for the OSSAE-OKR, Bangalore Zone was as follows:

President: HG (Dr) Abraham Mar Seraphim Metropolitan

Vice President: Rev. T K Thomas Cor-episcopa

Director : Mr. Kuruvilla Varghese.

Secretary: Mrs. Lousy Biju

Inspectors: District I – Mr. Charly Chacko, District II – Mr. N M Achenkunju

Staff Representative: District I – Mr. Prasad Samuel, District II – Mrs. Grace Varghese

Staff Editor-Bodhini : Mr. Biju Prasad

All Vicar, Head Masters and Secretaries of all Sunday Schools are members of the Executive Committee.

We place on record the sincere and dedicated service of the outgoing Diocesan Director **Dr. George Panackamattom** deeply acknowledging his selfless service and will be ever grateful for his contribution for the effective functioning of the Bangalore Zone Sunday Schools.

The Bangalore Zone welcomed the elevation of Very Rev. T.K. Thomas Cor-Episcopa from Vice President Bangalore Zone to Vice President Bangalore Diocese. The Zone also welcomed the newly appointed OSSAE OKR Bangalore Diocesan Director Mr. Kuruvilla Varghese.

The Zonal Level committee coordinates the activities in the zone in accordance with OSSAE-OKR leadership based in Nagpur and Diocesan leadership in Bangalore.

Annual General Body Meeting 2015-16: The Annual General Body for the year 2015-2016 was held at St. Thomas Orthodox Maha Edavaka, Bangalore East, on 17th April 2016.

Our Thirumeni, H.G. Dr. Abraham Mar Seraphim presided over the meeting. OSSAE-OKR Bangalore Diocese Vice President, Very Rev. T. K. Thomas Cor Episcopa, Very Rev. P. C. Philip Cor Episcopa, Rev. Fr. K.M. Jacob were present at the meeting.

About 60 Teachers attended the Annual General Body Meeting.

The Annual Report of Bangalore Sunday Schools and the annual accounts 2015-16 was presented by the secretary.

Art Competitions 2016 ---The Arts Competition 2016 at the unit levels were conducted by the Sunday Schools from June 2016 to September 2016.

District 1 Arts Competition was held at Mar Yuhanon Mamdana Orthodox Church, KR Puram and District 2 Arts Competition at St. Mary's Orthodox Valiyapalli, Jalahalli

Certificates of AWARD for Examination and Art Competitions 2015: While implementing the Grading system, it was decided to award Certificates to all students who secure A+, A and B Grades for both Examination (from class IV onwards) and Art Competitions at Zonal Level.

Examinations 2016 The half yearly examination was held on July 24th 2016 at all the Sunday Schools. The Final Examinations for classes from Preparatory to Class IX and XI was held on 11th December 2016 at respective parishes.

The SSFC and Class XII Examination 2016 was held on 4th December 2016. This year onwards OSSAE-OKR Nagpur has implemented Grading System for the SSFC and Class XII Examinations. Out of 100 students who wrote Class X SSFC exam, **Only two students secured A+**. RYAN JACOB SAMUEL of St. Mary's Orthodox Valiyapalli scored **97** marks and RIYA SARA PAUL of St. Thomas Orthodox Maha Edavaka, Bangalore East scored **91** marks.

Diocesan Level Competition----- Diocesan Level competition was held on 14th January 2017 at St. Thomas Orthodox Maha Edavaga, Bangalore East. The top scorers of the Diocesan Competition will represent Bangalore Diocese in the OKR Inter-Diocesan competition to be held at STOTS, Nagpur on 08th July 2017.

STUDENTS CAMP- NUHRO 2016 : The 7th Zonal level OSSAE-OKR Bangalore, Students Camp was held at the Ecumenical Christian Center, Whitefield, from 09th to 11th October 2016. Theme of the camp was "The Lord is my Shepherd". The camp was successfully conducted under the able leadership of our beloved Thirumeni, H.G. Dr. Abraham Mar Seraphim and our Vice President Achen, Very Rev T K Thomas Cor-episcopa. Rev. Fr. Basil Thomas of Ahmedabad Diocese, was the Chief Resource Person and Rev. Dn. Nithin V. Rajan was the Second resource person. About 91 Students and 22 Office Bearers/Teachers/volunteers participated from 12 parishes.

Campfire was a highlight amongst children during the camp.

Diocesan Level Charity Project -As a part of our support to Diocesan Metropolitan Housing Project, Bangalore Zone was able to contribute Rs. 2 Lakhs towards construction of one house under this project.

MELTHO 2017 - About 30 students and 10 teachers attended the Orientation program for class X/XII Students, which was initiated by our Diocesan Metropolitan H.G. Dr. Abraham Mar Seraphim. Rev. Fr. Bino Samuel, Assistant Vicar of St. Mary's Orthodox Valiyapalli, Jalahalli was the Co-ordinator and the Orientation was led by our Thirumeni and Mr. Johnny K. Joseph.

E-Bodhini: The fourth edition of our E-Bodhini publication - was published during the NUHRO 2016 on 11th October 2016. Mr. Biju Prasad, Chief Editor of E-Bodhini has worked with sincerity and total dedication to consolidate the materials received from students and teachers of various sunday schools and to release this edition successfully.

Annual Accounts 2016 – The Accounts of the OSSAE-OKR Bangalore Zone was maintained on a day to day basis and audited. Complete finalized and audited accounts will be presented in the Annual General Body Meeting scheduled in April/May 2017.

We express our gratitude and acknowledge the encouragement and blessings of HG (Dr) Abraham Mar Seraphim, Metropolitan of Bangalore Diocese and President of OSSAE-OKR Bangalore Diocese, Rev. Fr. Dr. Bijesh Philip(Director, OSSAE-OKR) for the directions and co-ordination. We thank Very Rev T K Thomas Cor-episcopa (Vice President, Bangalore Diocese) for leading us with his support and guidance at all times. We thank all our office bearers, Vicars, Director, HMs, Teachers, parents and students for their guidance and support throughout the year in all activities of the Bangalore Zone Sunday School.

Let us all work together for the betterment of the Sunday school and guide and help our dear children to know and come closer to our Lord Jesus Christ.

Thank you

- Mrs. Lousy Biju
19th Feb 2017
Zonal Secretary,
OSSAE-OKR Bangalore Zone



OSSAE-OKR BANGALORE ZONE
Results of zonal level competitions
(A+ Grade Winners & Zonal level toppers)

ANNUAL EXAMINATION 2016 -

Class	Name of Student	Sunday School Name	Grade
IV	Hannah Sarah Sam	St. Baselios Orthodox Church SS, Marthahalli	A+
IV	Serene Sara Philip	St. Baselios Orthodox Church SS, Marthahalli	A+
IV	Rahul George	St. Baselios Orthodox Church SS, Marthahalli	A+
IV	Stephen C A	St. Baselios Orthodox Church SS, Marthahalli	A+
IV	Jeevan P. Abraham	St. Mary's Orthodox Valiyapalli SS, Jalahalli	A+
IV	Edwin Sam Liju	St. Mary's Orthodox Valiyapalli SS, Jalahalli	A+
IV	Anjuna Giju	St. Mary's Orthodox Valiyapalli SS, Jalahalli	A+
IV	Jerusha Sajjan	St. Stephen's Orthodox Church, Vijayanagar	A+
IV	Richin Mathew	St. Stephen's Orthodox Church, Vijayanagar	A+
IV	Risa Mary	St. Stephen's Orthodox Church, Vijayanagar	A+
IV	Liza S. Sajith	St. Gregorios Orthodox Cathedral SS	A+
IV	Annie Mary Jacob	St. Gregorios Orthodox Cathedral SS	A+
IV	Kevin M. Kurien	Mar Gregorious Orthodox Church SS, Hebbal	A+
IV	Naethan Hemjith Mathew	Mar Gregorious Orthodox Church SS, Hebbal	A+
IV	Rhea Thomas	Mar Gregorious Orthodox Church SS, Hebbal	A+
V	Adam G Alexander	St. Baselios Orthodox Church SS, Marthahalli	A+
V	Adarsh Prasanna	St. Baselios Orthodox Church SS, Marthahalli	A+
V	Jessica Johnson	St. Baselios Orthodox Church SS, Marthahalli	A+
V	Judith Elsa	St. Baselios Orthodox Church SS, Marthahalli	A+
V	Nia Elizebeth George	St. Baselios Orthodox Church SS, Marthahalli	A+
V	Rohit Suju	St. Baselios Orthodox Church SS, Marthahalli	A+
V	Alan Minu	St. Gregorios Orthodox Cathedral SS	A+
V	Sania P.S.	St. Dionysius Orthodox Church SS, Dasarahalli	A+
V	Liana Susan Kuriakose	St. Thomas Orthodox ME, Blore East	A+
V	Neha Susan Baiju	St. Thomas Orthodox ME, Blore East	A+
V	Nandita Susan Varghese	St. Joseph Chapel, St. Thomas OME	A+
V	Akhil George Kurien	St. Mary's Orthodox Church SS, Begur	A+
V	Sam Sony Eapen	St. Mary's Orthodox Church SS, Begur	A+
V	Norin Roby Isaac	St. Mary's Orthodox Church SS, Begur	A+
V	Shebin Paul	St. Mary's Orthodox Church SS, Begur	A+
V	Nohin Binu	St. Gregorios Orthodox Church, Mysore	A+
V	Anna Sara Joji	St. George Orthodox Church SS, Indiranagar	A+
V	Shalini Praveen	St. George Orthodox Church SS, Indiranagar	A+
V	Keith Mathew	Mar Gregorious Orthodox Church SS, Hebbal	A+
V	Anugraha Sara Santosh	Mar Gregorious Orthodox Church SS, Hebbal	A+
V	Nisiya Liz Cherian	St. Baselios Orthodox Church SS, Marthahalli	A+
VI	Susan J Andrew	St. Baselios Orthodox Church SS, Marthahalli	A+
VI	Angelina Mary Giby	St. Baselios Orthodox Church SS, Marthahalli	A+
VI	Albert Thomas	Holy Trinity Chapel SBOC SS, Marthahalli	A+
VI	Joslyn Jays	St. Mary's Orthodox Valiyapalli SS, Jalahalli	A+
VI	Jomi Maria Sijo	St. Mary's Orthodox Valiyapalli SS, Jalahalli	A+
VI	Edlyn G. Jacob	St. Gregorios Orthodox Cathedral SS	A+
VI	Nidhi Binny	St. Gregorios Orthodox Cathedral SS	A+
VI	Simon Pradeep K.	St. Gregorios Orthodox Cathedral SS	A+
VI	Joel John Alex	St. Gregorios Orthodox Cathedral SS	A+
VI	Benjamin John	St. Dionysius Orthodox Church SS, Dasarahalli	A+
VI	Riona Elsa Thomas	St. Joseph Chapel, St. Thomas OME	A+
VI	Benjamin George David	Mar Gregorious Orthodox Church SS, Hebbal	A+
VI	Jessica Jittu	Mar Gregorious Orthodox Church SS, Hebbal	A+
VI	Joel Regi	Mar Yuhanon Mamdana Church,SS, KR Puram	A+

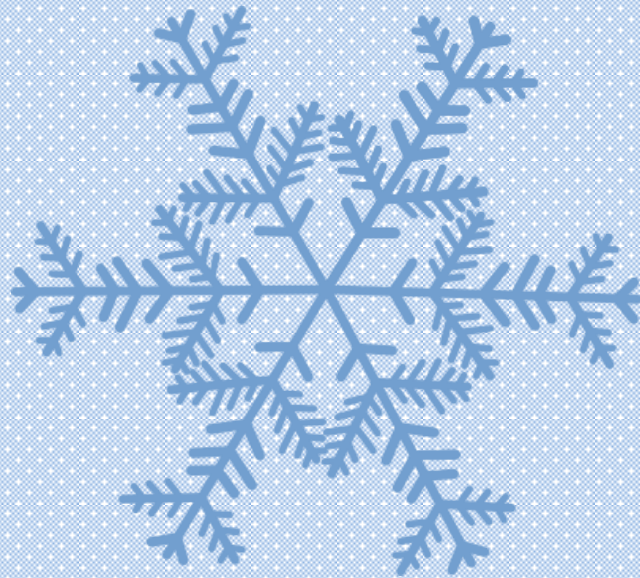
ANNUAL EXAMINATION 2016 -

Class	Name of Student	Sunday School Name	Grade
VII	Lean M Shine	St. Baselios Orthodox Church SS, Marthahalli	A+
VII	Joel G. Daniel	St. Mary's Orthodox Valiyapalli SS, Jalahalli	A+
VII	John P Abraham	St. Mary's Orthodox Valiyapalli SS, Jalahalli	A+
VII	Cicil Varghese	St. Stephen's Orthodox Church, Vijayanagar	A+
VII	Elaine Mary Alex	St. Gregorios Orthodox Cathedral SS	A+
VII	Rachel Joy Thomas	St. Gregorios Orthodox Cathedral SS	A+
VII	Rosalyn P. Yeldo	St. Gregorios Orthodox Cathedral SS	A+
VII	Jithin B. George	St. Dionysius Orthodox Church SS, Dasarahalli	A+
VII	Richa Mariam Kurian	St. Thomas Orthodox ME, Blore East	A+
VII	Dona Maria Abraham	St. Joseph Chapel, St. Thomas OME	A+
VII	Paul K Laju	St. Mary's Orthodox Church SS, Begur	A+
VII	Abin Mathew	St. George Orthodox Church SS, Indiranagar	A+
VII	Joseph C. Thomas	St. George Orthodox Church SS, Indiranagar	A+
VII	Shreya Ann Varghese	Mar Gregorious Orthodox Church SS, Hebbal	A+
VII	Anne Susan Varghese	Mar Yuhanon Mamdana Church,SS, KR Puram	A+
VII	Naina Benny	Mar Yuhanon Mamdana Church,SS, KR Puram	A+
VIII	Medha Mariam Titus	St. Baselios Orthodox Church SS, Marthahalli	A+
VIII	Riya Ann Easow	St. Baselios Orthodox Church SS, Marthahalli	A+
VIII	Reyna M George	St. Baselios Orthodox Church SS, Marthahalli	A+
VIII	Natasha Rachel Sinu	St. Mary's Orthodox Valiyapalli SS, Jalahalli	A+
VIII	Angela Suzanna Philip	St. Mary's Orthodox Valiyapalli SS, Jalahalli	A+
VIII	Nicole Mary Varghese	St. Mary's Orthodox Valiyapalli SS, Jalahalli	A+
VIII	Thomas V Philip	St. Mary's Orthodox Valiyapalli SS, Jalahalli	A+
VIII	Melbin K Moncy	St. Stephen's Orthodox Church, Vijayanagar	A+
VIII	Susanna P. Yeldo	St. Gregorios Orthodox Cathedral SS	A+
VIII	Annette E. Thomas	St. Gregorios Orthodox Cathedral SS	A+
VIII	Leah Lizbeth Paul	St. Gregorios Orthodox Cathedral SS	A+
VIII	Sherin Varughese	St. Gregorios Orthodox Cathedral SS	A+
VIII	Abel Mathew Skariah	St. Dionysius Orthodox Church SS, Dasarahalli	A+
VIII	Jeffy John	St. Thomas Orthodox ME, Blore East	A+
VIII	Sharon Jacob	Mar Gregorious Orthodox Church SS, Hebbal	A+
VIII	Rahael Jacob	Mar Gregorious Orthodox Church SS, Hebbal	A+
VIII	Elizabeth Eldo	Mar Gregorious Orthodox Church SS, Hebbal	A+
VIII	Benita Biju	Mar Gregorious Orthodox Church SS, Hebbal	A+
VIII	Ann C. Anil	Mar Gregorious Orthodox Church SS, Hebbal	A+
VIII	Binetta P Biju	St. Gregorios Orthodox Church, Mathikere	A+
VIII	Jerrell Joy Boban	St. Gregorios Orthodox Church, Mathikere	A+



ANNUAL EXAMINATION 2016 -

Class	Name of Student	Sunday School Name	Grade
IX	Irene Elsa Jayan	St. Baselios Orthodox Church SS, Marthahalli	A+
IX	Karen Susan Abraham	St. Mary's Orthodox Valiyapalli SS, Jalahalli	A+
IX	Anisha Shibu	St. Stephen's Orthodox Church, Vijayanagar	A+
IX	Arathi Ann Joseph	St. Stephen's Orthodox Church, Vijayanagar	A+
IX	Nitu Mariam Jacob	St. Gregorios Orthodox Cathedral SS	A+
IX	Sam P.S	St. Dionysius Orthodox Church SS, Dasarahalli	A+
IX	Tanya Thomson	St. Thomas Orthodox ME, Blore East	A+
IX	Rinla C Mary	St. Gregorios Orthodox Church, Mysore	A+
IX	Merlyn Kochumon	St. Gregorios Orthodox Church, Mysore	A+
IX	Neha Ann Cherian	St. George Orthodox Church SS, Indiranagar	A+
IX	Koshy Thomas C.	St. George Orthodox Church SS, Indiranagar	A+
IX	Tanya Ann Thomas	Mar Gregorios Orthodox Church SS, Hebbal	A+
IX	Helen Mary Shibu	Mar Yuhanon Mamdana Church,SS, KR Puram	A+
IX	Joel B Mathew	Mar Yuhanon Mamdana Church,SS, KR Puram	A+
X	RIYA SARA PAUL	St. Thomas Orthodox ME, Blore East	A+
X	RYAN JACOB SAMUEL	St. Mary's Orthodox Valiyapalli SS, Jalahalli	A+
XI	Jane Elizabeth Vaidhyan	St. Mary's Orthodox Valiyapalli SS, Jalahalli	A+
XI	George Stephen	St. Gregorios Orthodox Cathedral SS	A+
XI	Ann Elsa Neel	St. Mary's Orthodox Church SS, Begur	A+
XI	Angela Mariyam Eapen	St. Mary's Orthodox Church SS, Begur	A+



OSSAE-OKR Bangalore Zone - Calendar of Events for 2017-18

Date	Event	Venue / Church
01-Jan-2017, Sunday	New SS Academic year begins	All Churches
14 th Jan 2017 Saturday	Diocesan Level Competition for Senior & Secondary only. EC Meeting to Finalize Calendar of Events and Syllabus for HY and Annual Exam 2017	St. Thomas OME, Bglr. East
5 th Feb 2017 Sunday 12 th Feb 2017 Sunday	Charity Day (Jeeva Karunya dinam) Announcement of SSFC/XII Result 2016	All Churches OKR website
19 th Feb 2017, Sunday	Annual Day 2016 & Cultural Program of SS Students [2 pm to 5 pm]	Venue: St. Baselios OC, Marathahalli
23rd/30th April 2017 Sunday	Annual General Body Meeting - Zonal office Election (2.30 p.m. 5.30 p.m.)	Venue: St. Dionysius OC, Dasarahalli (Tentative)
23 rd April 2017	List/Numbers of Essay participants to be given	
04 th June 2017 Sunday	Cut-off Date to send in Half Yearly Question Papers EC Meeting to discuss Essay & Half Yearly Exam	All Churches
11 th June 2017 Sunday	Essay Competition - Senior and Secondary only	All Churches
By 11 th June 2017	Submission of list of Students and Teachers for the year 2017	All Churches
25 th June 2017 Sunday	Orientation for Inter-Diocesan Participants -2:30 pm	Venue:
08 th July 2017 Saturday	Inter -Diocesan Competitions 2016	STOTS, Nagpur
23 rd Jul 2017, Sunday	Half Yearly Examination	All Churches
30 th July 2017	Names of Quiz participants to be given	
30 th July 2017, Sunday	E.C. Meeting - 2 pm as per the availability to discuss Arts Competition and NUHRO	Venue:
13 th August 2017	Submission of list of participants for Singing/ Elocution/ Group Song (3 groups)/ Quiz Competition for Senior & Secondary Only	
25 th August 2017, Friday. (Ganesh Chaturthi)	Singing/ Elocution/ Group Song / Quiz Competition for Senior & Secondary Only (9.00 a.m. - 6.00 p.m.)	District-1: St. George, Indiranagar District-2: Mar Gregorios, Hebbal
27 th Aug 2017, Sunday	Submission of SSFC/XII -Examination Forms/fees/list [To be followed strictly].	
03 rd Sept.2017 Sunday	E.C. Meeting - to discuss NUHRO	Venue:
16-17-Sep-2017	OKR AGM	STOTS, Nagpur
29 th , 30 th Sep. & 1 st October 2017 (Fri, Sat, Sun)	NUHRO 2017---Sunday School Camp	Venue: ECC, Whitefield Bangalore
18 th /19 th Oct. 2017 Wed/Thur - Deepavali	Diocesan Level Competition of Essay, Elocution, Quiz & Solo Singing E.C. Meeting - as per the availability	Venue: Bangalore
05 th Nov. 2017 Sunday	Cut-off Date to send Annual Exam Question Papers	All Churches
03 rd Dec 2017 Sunday	Final Exam: for SSFC/XII 2.00 pm to 5:00 pm	Dist-1. St. Gregorios Cathedral Dist-2: St. Mary's, Jalahalli Mysore and Tumkur if needed
10 th Dec 2017 Sunday	Annual Examination: Prep to Std. IX & XI - after Holy Qurbana Sunday School Day	All Churches
07 th Jan 2018 Sunday	E.C. Meeting - 2 pm as per the availability Cut-off Date for Annual Exam Marks	Venue:
19 th Feb 2018, Sunday	Annual Day 2017 & Cultural Program of SS Students [1.00 am to 5 pm]	Venue: St. Gregorios, Mathikere
.....April 2018	Annual General Body Meeting 2017 - Zonal office Election (2.30 p.m. 5.30 p.m.)	Venue: St. Stephen's Vijayanagar

OSSAE-OKR Bangalore Zone - Schedules for Arts Competitions – 2017

ESSAY COMPETITION

Time Limit : 30 minutes Date: 11th June 2017 Sunday

- Junior & Intermediate** (max. 225 words) : Essay for Junior & Intermediate to be conducted at Unit Level and the Topic for Essay also to be decided Unit Wise.
- Seniors** (max. 300 words) : Who is Jesus Christ according to the second Paragraph of the Nicene Creed and who is Jesus Christ to me?
- Secondary** (max. 300 words) : Significance of the Church according to the Orthodox Christian Understanding.

QUIZ COMPETITION (Written)

Time Limit : 30 minutes Date: 25th Aug 2017 Friday

(Written Quiz - Student will be handed over the question paper). Unit wise Quiz competitions to be held for all groups. Names of top two students of Senior and Secondary to be sent for Zonal Competition.

- Seniors** :
- a) Book of Daniel - 15%
 - b) Psalm 51 to Psalm 70 - 20%
 - c) Gospel according to St. John - 15%
 - d) Letter to Romans - 15%
 - e) Church History - 15%
 - f) Sacraments - 20%
- Secondary** :
- a) Pentateuch - 20%
 - b) Maccabees I & II - 15%
 - c) Acts of the Apostles - 20%
 - d) Revelation - 15%
 - e) Church History - 15%
 - f) Anointing the Sick & Holy Marriage - 15%

ELOCUTION COMPETITION

Date: 25th Aug 2017 Friday

- Sub Junior** (2 min) : A Story of Obedience from Bible (Unit level only)
- Juniors** (3 min) : Compassion
- Inter-Mediate** (4 Min) : Do good to one another. (1 Thess. 5:15)
- Seniors** (5 min) : Rejoice in the Lord.
- Secondary** (5 min) : Holy Spirit, the Perfector

SOLO -SINGING

Date: 25th Aug 2017 Friday

Any Christian song. Time -2 minutes

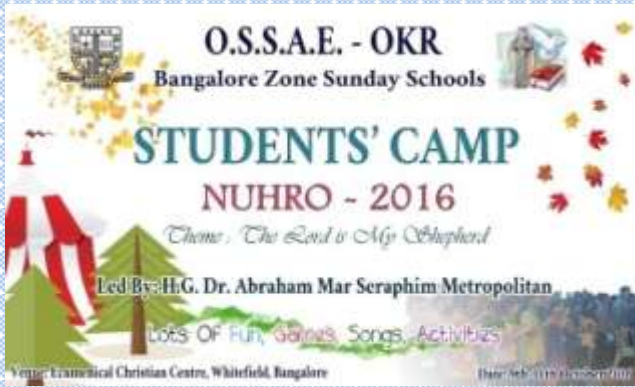
GROUP SONG

Date: 25th Aug 2017 Friday

A team of group song comprises of **three students only**. (*Only 3 members are permitted in a group. One participant from the team should give a brief introduction of the Hymn being presented.*)

- 1) **Buds** - up to 8 yrs of age - Songs from **Holy Qurbana & Special songs**.
- 2) **Teens** -9-13 yrs of age - **Service of Christmas**
- 3) **Premier** - 14-19 yrs of age - **Service of Marriage**

Age wise Grouping for 2017	
Sub Junior	Those born in 2010 & after - up to 7 years
Junior	Those born in 2007, 2008 & 2009 - Above 7yrs & up to 10 yrs
Intermediate	Those born in 2004, 2005 & 2006 - Above 10yrs & up to 13 yrs
Senior	Those born in 2001, 2002 & 2003 - Above 13yrs & up to 16 yrs
Secondary	Those born in or after 1998 - From 16 to 19 years



Ecumenical Christian Centre



The *Lord*
IS MY *Shepherd*
Psalms 23



**STUDENTS' CAMP
NUHRO 2016**

Dates :
9th to 11th-Oct-2016

Venue :
Ecumenical Christian
Centre, Whitefield,
Bangalore

Theme :
"The Lord is my Shepherd "





Report : STUDENTS CAMP 2016: NUHRO 2016 meaning LIGHT

The 7th Zonal level OSSAE-OKR Bangalore, Students' Camp was held at Ecumenical Christian Centre, a Christian Retreat Centre - a place with scenic beauty filled with greenery everywhere. The place helps to put Christian principles into practice that build healthy spirit, mind and body for all, a serene beauty, situated near the IT Hub of the city of Bangalore on the 09th, 10th & 11th October 2016.

This three days Sunday School Camp called "NUHRO" which means **Light** was inaugurated by H.G. Dr. Abraham Mar Seraphim, Metropolitan of Bangalore Diocese.

A Theme for this year's Camp was discussed and amongst various suggestions, the verse "**The Lord is my Shepherd**", put forth by Mr. N.M. Achenkunju was the theme for the camp, which took the children through a spiritual journey for 3 days.

The camp was successfully conducted under the able leadership of our beloved Thirumeni, **H.G. Dr. Abraham Mar Seraphim** and our Vice President Achen, Very Rev T. K. Thomas Cor-episcopa.

We thank our beloved Thirumeni for His Grace's support, presence and prayers for the conduct of this camp. Thirumeni stayed with us on all three days of the camp and guided and facilitated the smooth conduct of the various activities of Camp.

We also thank Very Rev. T K Thomas Cor-episcopa for his support, presence and prayers for the conduct of this camp. Achen stayed with us on all three days of the camp and guided, co-ordinated and facilitated the smooth conduct of the various activities of Camp.

Rev. Fr. Basil Thomas was the chief resource person for the second consecutive year. Achen led our children through the journey of knowing and understanding through Orthodox faith, how our body should be used to glorify God as the Holy Spirit dwells in it. Achen also dealt with the use and misuse of Media, through which children can benefit and also be misled.

Rev. Dn. Nithin V. Rajan the Second resource person also for the second consecutive year, had an interactive session with our children. Deacon dealt with the practical hassels our children go through as a teenager and gave them solutions to it within the boundaries of Orthodox Faith and Bible.

About 91 Students and 22 Teachers/volunteers participated from all the 12 parishes.

Music sessions were led by our own Children from the Music Ministry. Children enjoyed music and realized that one can also preach through Music.

We specially thank Very Rev. P.C. Philip Cor-Episcopa, Rev. Fr. Santhosh Samuel, Rev. Fr. Moncy P. Chacko, Rev. Fr. Joe Mathew, Rev. Fr. Bino Samuel and Rev. Fr. Daniel who travelled to the Camp venue and helped our children with their confession. Rev. Fr. Basil Thomas and team led the Gregorian worship.

The sincere, dedicated and selfless service of all our teachers and volunteers is acknowledged. We thank God Almighty for the blessings and strength showered upon for the smooth conduct of the camp.

THE HISTORICAL BOOKS

The Historical books include Joshua, Judges, Ruth, 1st and 2nd Samuel, 1st and 2nd Kings, 1st and 2nd Chronicles, Ezra, Nehemiah, and Esther. These books share a prophetic view of history describing how the obedience or disobedience of God's people is directly tied to the blessings and curses of the covenant. In the Hebrew arrangement, Joshua, Judges, and the books of Samuel and Kings form a group of books called "the Former Prophets" due to the prophetic view from which they are written. Joshua takes his people across the Jordan and into the land that God swore to give to Abraham and his posterity. Now commences the History of the people of Israel.

Joshua The story of the conquest and partition of Canaan. There are plenty of obstacles to overcome before they can settle down in the land of milk and honey”

Judges The history of the nation from Joshua to Samson. “This book introduces you to some of the most colorful characters in the Bible. Deborah, Gideon, and Samson are just three of the special instruments of God, though each of them is important in bringing about God's will among the people, not all of them are perfect.

Ruth The story of the ancestors of the royal family of Judah. Ruth was the great-grandmother of King David and her steadfast loyalty to both God and family.

1 and 2 Samuel The story of the nation during the judgeship of Samuel and the reign of Saul as Israel's first king. Story of the reign of David, and the birth of Solomon.

1 and 2 Kings They contain the history of the nation from David's death and Solomon's accession to the destruction of the kingdom of Judah and the desolation of Jerusalem. We read about Solomon's wisdom., the prophet Elijah on Mount Carmel; Elijah's successor, Elisha

1 and 2 Chronicles are so called as being the record made by the appointed historiographers of the kingdoms of Judah and Israel; they are the official histories of those kingdoms.

Ezra The story of the return of the Jews from the Babylonish captivity, and of the rebuilding of the temple, the rebuilding of the tradition of God's people and their spirit.

BIBLE & PRAYER



"When life gets too hard to stand
Kneel "

HISTORICAL BOOKS



Joshua, Judges, Ruth, I & II Samuels, I & II Kings, I & II Chronicles, Ezra, Nehemiah, Esther

Nehemiah A further account of the rebuilding of the temple and city, and of the obstacles encountered and overcome.

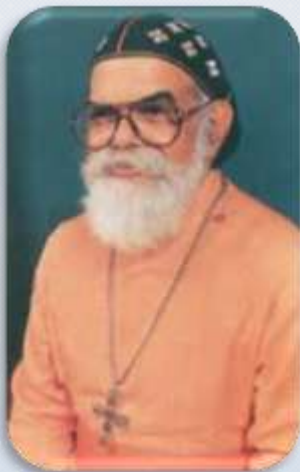
Esther The story of a Jewess who becomes queen of Persia and saves the Jewish people from destruction.

OUR TEACHERS



"A teacher takes a
Hand, opens a
Mind and touches a
Heart."

Author: Unknown



**H.G.Dr. Paulos Mar Gregorios
Metropolitan**

Birth: August 9, 1922
Birthplace: Tripunithara, Kerala
Entered into eternal rest: November 24, 1996

**H. G. Dr. Paulos Mar Gregorios
Metropolitan**

Gregorios (Paul Varghese) was born on 9 August 1922 in Tripunithura to a traditional Christian family. He started his career as a freelance journalist, contributing articles and reports to various newspapers in Kochi and Malabar. Later, after working with the Cochin Transport Company, he joined the Post & Telegraphs Department in 1942. He then took up a job as a teacher in Ethiopia. He came to the attention of the Emperor of Ethiopia, Haile Selassie I. The relationship that developed between them led Varghese to appointments as the head of various institutions in Ethiopia. He was sent to the United States for higher studies. In 1955, he joined the faculty of the Orthodox Theological Seminary, Kottayam. He also served as the general secretary of the Orthodox Students Christian Movement. During the Ethiopian Emperor's visit to India, in 1956, Varghese was persuaded to return to Ethiopia. There he served as the Emperor's personal aide and advisor.

In 1959, he returned to India and in 1961 he was ordained as a priest. Fr. Varghese continued to pursue theological studies. He did his doctoral studies in Oxford and Germany and received his Doctorate in Theology from Serampore College in Calcutta.

In 1975, Fr. Paul Varghese was elevated as a bishop with the name Paulos Gregorios. He took charge of the newly formed Diocese of Delhi, a position he held until his death. He established the Delhi Orthodox Centre, where he began such ambitious projects as the Neeti Shanti Kendra for promoting peace and justice, and Sarva Dharma Nilaya for inter-religious dialogue and cooperation.

Concurrently, Mar Gregorios was the Principal of the Orthodox Theological Seminary at Kottayam, the premier teaching and training institution for the priests of the Church. He raised it to a college recognized for the award of graduate and post graduate degrees. He established the Sophia Centre linked to the Seminary. A member of the Senate of the Kerala and Serampore Universities for a number of years, Mar Gregorios was a visiting Professor at Denver, Harvard, Wooster, and Princeton. He was a fellow at the Indian Institute of Advanced Study at Shimla, the vice-president of the Kerala philosophical Congress, and the president of the Indian Philosophical Congress.

He held various positions in the W.C.C. (World Council of Churches). There he headed the Division of Ecumenical Action as an Associate General Secretary. Later, he was a member of the Central Committee and of the Executive Committee, Moderator of the Commission on Church and Society (1975–83), and one of its Presidents (1983–91). He led WCC delegations to major conferences including the UN General Assembly Special Sessions on Disarmament (1983, 1988). In WCC forums and beyond, he persistently opposed apartheid and the old and new colonialism. He chaired the World Conference on Faith, Science and the Future in Cambridge, United States (1979). He was the vice-president of the Christian Peace Conference (1970–90).

OUR LANGUAGE Malayalam alphabets

മലയാളം

അ	ആ	ഇ	ഈ	ഉ	ഊ	ഋ								
a	ā	i	ī	u	ū	r̥								
എ	ഏ	ഐ	ഒ	ഓ	ഔ									
e	ē	ai	o	ō	au									
അം	അഃ	ക	ഖ	ഗ	ഘ	ങ	ക	കാ	കി	കീ	കു	കൂ	കൃ	കൂ
am	aḥ	ka	kha	ga	gha	ṅa	ka	kā	ki	kī	ku	kū	kṛ	kū
ച	ഛ	ജ	ഝ	ഞ	കൃ	കൂ	കൈ	കീ	കൈ	കൊ	കോ			
ca	chha	ja	jha	ṅa	kr̥	kū	kai	kī	kai	ko	ko			
ട	ഠ	ഡ	ഢ	ണ	കൃ	കൂ	കൈ	കീ	കൈ	കൊ	കോ			
ṭa	ṭha	ḍa	ḍha	ṇa	kr̥	kū	kai	kī	kai	ko	ko			
ത	ഥ	ദ	ധ	ന										
ta	ṭha	da	dha	na										
പ	ഫ	ബ	ഭ	മ										
pa	pha	ba	bha	ma										
യ	ര	ല	വ	കൊ	കം	കഃ	കു	കൂ						
ya	ra	la	va	ko	ka	kaḥ	ku	kū						
ശ	ഷ	സ	ഹ	ള	റ	ഴ	ക	കാ	കി					
śa	ṣa	sa	ha	ḷa	ra	ṣa	ka	kā	ki					

New ▾

MALAYALAM NUMERALS

൧	൨	൩	൪	൫	൬	൭	൮	൯	൧൦
1	2	3	4	5	6	7	8	9	0

LET'S LEARN



"What we LEARN becomes a part of who we Are."



BASIC DOCTRINES OF OUR CHURCH

... handed over by our fathers.

Translation of MATHOPADESHA SARANGAL

by St Geevarghese Mar Dionysius.

"It is highly essential that those who belong to a religion should learn the faith and precepts of that religion."

Let's Recap!

ABOUT THE HOLY SACRAMENTS

Sacraments are the visible operations of invisible graces, ordained and instituted by our Lord, which are necessary for the salvation of mankind. These are also called Divine Mysteries. Among the seven Sacraments (1) Baptism, (2) Holy Qurbana, (3) Confession, (4) Chrismation, (5) Priesthood (Ordination), (6) Matrimony and (7) Anointing the sick, five are intended for all the faithful, and other two, priesthood and matrimony, are only for those who want to have them. The Sacraments are to be received with the appropriate preparation and eligibility for each of them. Those who received them thus, will get the grace of God, and also increase the grace in them.

(1) John 3:5 no one can enter the kingdom of God without being born of water and Spirit.

(2) John 6:53 So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you."

- (3) James 5:16 Therefore confess your sins to one another, and pray for one another, so that you may be healed.
- (4) 1 John 2:27 As for you, the anointing that you received from him abides in you, and so you do not need anyone to teach you.
- (5) Heb. 5:4 And one does not presume to take this honor, but takes it only when called by God, just as Aaron was.
- (6) Matthew 19:6 Therefore what God has joined together, let no one separate.
- (7) James 5:14 Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord.
- (8) Num. 8: 1,2 The Lord spoke to Moses, saying: Speak to Aaron and say to him: When you set up the lamps, the seven lamps shall give light in front of the lamp stand. Num.4:2



ABOUT HOLY BAPTISM

Baptism is the first among the Sacraments. Other sacraments shall not be received before receiving Holy Baptism.

- (1) Through baptism, one gets sonship (of God) and becomes
- (2) eligible for remission of sins and the gift of the Holy Spirit.
- (3) And for the fellowship in the company of the children of God.
- (4) But sacraments like baptism shall be received with devotion and faith;
- (5) because, sonship and love of God are obtained through faith.
- (6) Things like Chrism, olive oil and water which are used in sacraments like baptism, actions like making the baptizand confess the faith, laying of hands, breathing on the candidate, making the sign of the cross on the forehead etc, signify the graces which are received from God, and also things we are obliged to believe in and act upon, and those things that Christ did, as well as the invisible operations of the Spirit of God. This is called "Mamoodeeso" (baptism) which means 'bathing' or 'washing', because those who receive baptism with true faith and devotion are washed clean of defilements, with water.
- (7) It is also called "light", since, by this, one is made to move from darkness of ignorance, and approach the divine light.
- (8) Baptism is also called 'rebirth', since those who are born again from the womb of baptism, are children of grace. Since all humanity is condemned to punishment by God, not only due to sins of actions, but also due to the original sin; and that forgiveness of sins and grace of God are obtained through baptism.
- (9) The grace of baptism shall not be denied to little children. There shall be an assigned mediator in baptism for the following purposes to show their deep desire for the salvation of children, to stand as representatives of children and to do things like confession of faith on their behalf, in the baptism of little children, to be persons responsible to teach children true faith and the like.
- (10) There is only one baptism for the remission of sins. therefore, if a person, after being baptised, forsakes his faith in Christ, but later believes and comes back, it is not necessary to baptise him once again. He should be received back solely on the

basis of his repentance. However, the baptism conducted by heretics who have discarded the true faith of the Church, and those who do not have the lawful laying of hands in ordination, is to be reckoned as lacking perfection. Instead, as prescribed in the Hoodaya Canon, the faith position of each heretic shall be examined, and accordingly, some are only to be anointed with Chrism, with the prayers of anointing with oil; some others are only to be made to abjure their heresy; and some others are to be baptised using the entire order of service.

Chapter 6

- (1) *Gal. 3:27 As many of you as were baptised into Christ have clothed yourselves with Christ. 29. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise. John 3:5*
 (2) *Act. 22:16. And now why do you delay? Get up, be baptized, and have your sins washed away, calling on his name. Act. 2:38 "Repent, and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the gift of Holy Spirit."*
 (3) *1 Cor.12:13 For in the one Spirit we were all baptized into one body— Jews or Greeks, slaves or free—and we were all made to drink of one Spirit.*
 (4) *Act. 8:36, 38 and the eunuch said, "Look, here is water! what is to prevent me from being baptised?" and then Philip baptized him.*
 (5) *Gal. 3:26. for in Christ Jesus you are all children of God through faith.*
 (6) *Rom. 6:3,4. Do you not know that all of us who have been baptised into Christ Jesus were baptised into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life. 1 Peter 3:21. And baptism, which this prefigured, now saves you - not as a removal of dirt from the body, but as an appeal to God for a good Conscience, through the resurrection of Jesus Christ. John 20:22. When he had said this, he breathed on them and said to them, "receive the Holy Spirit." John 13: 14,15. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. For I have set you an example, that you also should do as I have done to you. Act. 8:17. Then Peter and John laid their hands on them and they received the Holy Spirit.*
 (7) *1 Peter 2:9 But you are a chosen race, a royal priesthood, a holy nation, God's own people, in order that you may proclaim the mighty acts of him who called you out of darkness into his marvellous light.*
 (8) *John 3:3. no one can see the kingdom of God without being born from above. Tit.3:5. but according to his mercy, through the water of re-birth and renewal by the Holy Spirit.*
 (9) *Mark. 10:13,14,16. People were bringing little children to him in order that he might touch them; and the disciples spoke sternly to them when Jesus saw this. he was indignant and said to them, "Let the little children come to me; do not stop them; for it is to such as these that the kingdom of God belongs." And he took them up in his arms, laid his hands on them, and blessed them. Gen. 17:10-14.*
 (10) *Eph. 4:5 one Lord, one faith, one baptism.*

to be continued

SYRIAC/GREEK WORDS (*used in our worship*)

BESKUDISSA	:	Place of holiness
EREYAR	:	Angel who is always awake
SRAPIKAL	:	Angels with six wings
DUKARONO	:	Remembrance
HOOSOYO	:	A prayer of propitiation

.... to be continued

OUR TALENT

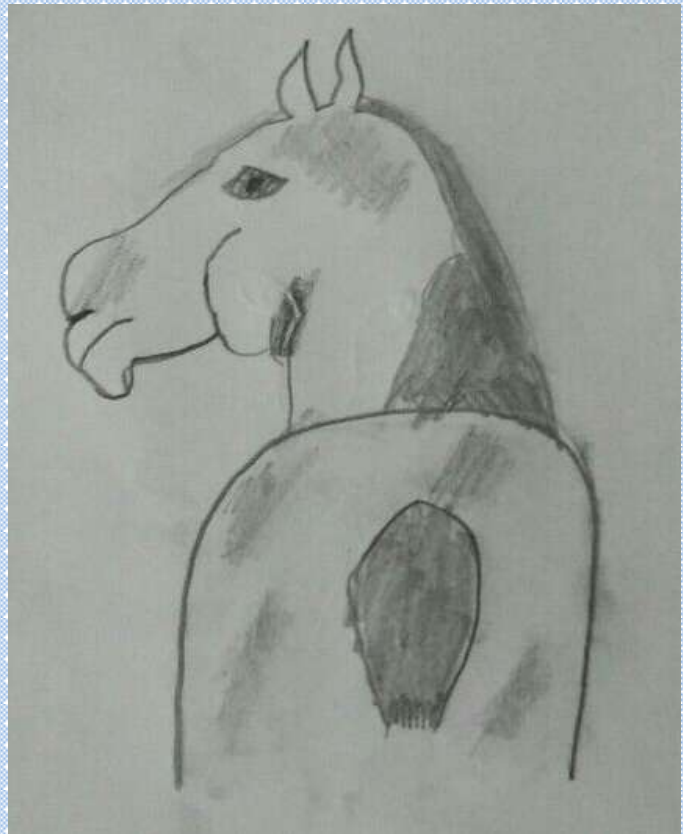


"Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms."

- 1 Peter 4 : 10

Rhea Jaison

Class 5,
St. George SS, Indiranagar



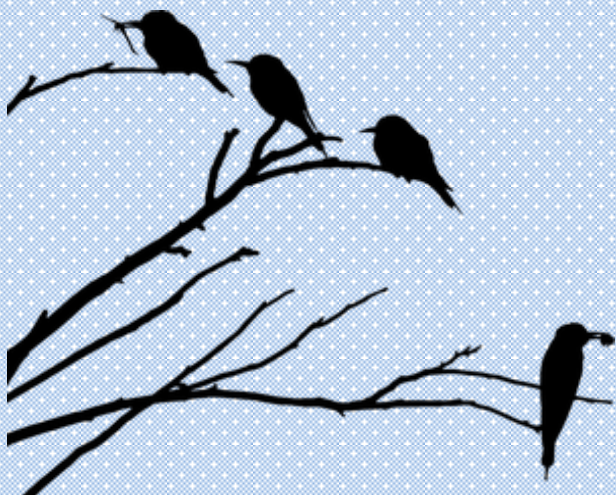
The Joy of the Lord
is my Strength.





Leave
colorful
Fingerprints
of Your
Life

**LIFE IS LIKE A
FINGERPRINT
THAT CAN'T BE
CHANGED SO
MAKE THE BEST
IMPRESSION
WITH IT.**



Anugraha Santhosh
Class 6,
Mar Gregorios SS, Hebbal





Anna Susan Koshy
Class 2,
Mar Gregorios SS, Hebbal

WISE MEN
STILL
seek
HIM





Nayana Baiju
Class 1,
St. Thomas Maha Edavaka, B'lore East



This year, Oh God...

Help me spend more time with you and pray more !
Help me serve you better and much more!
Help me neither utter any unnecessary word nor do any unneeded deed!
Help me tend to the lamb you have placed in my care!
And help me assist and encourage others too!



Poem by a Teacher
St. George SS, Indiranagar

Bible Quiz (Old Testament) -

1. Give the names of Saul's sons
2. Name the altar which Gideon built to the Lord
3. Name those who spoke against Moses
4. Name the two people who were taken (bodily lifted) by God
5. Name the man who lived the longest
6. Name the king who cast Daniel into the den of lions.

Answers

1. Jonathan, Ishvi and Malchishua (1 Samuel 14:49)
2. The Lord is peace (Judges 6:24)
3. Miriam and Aaron
4. a) Enoch (Genesis 5:24)
b) Elijah (2 Kings 2:11)
5. Methuselah (969 years) (Genesis 5:27)
6. King Darius (Daniel 6:16)

Daniel Sajan

Class 5,

St. George SS, Indiranagar

Diya Elizabeth Prince

Class 8,

St. George SS, Indiranagar

Follow God's example, therefore,
as dearly loved children.
Ephesians 5:1



Anna Prince

Class 4,

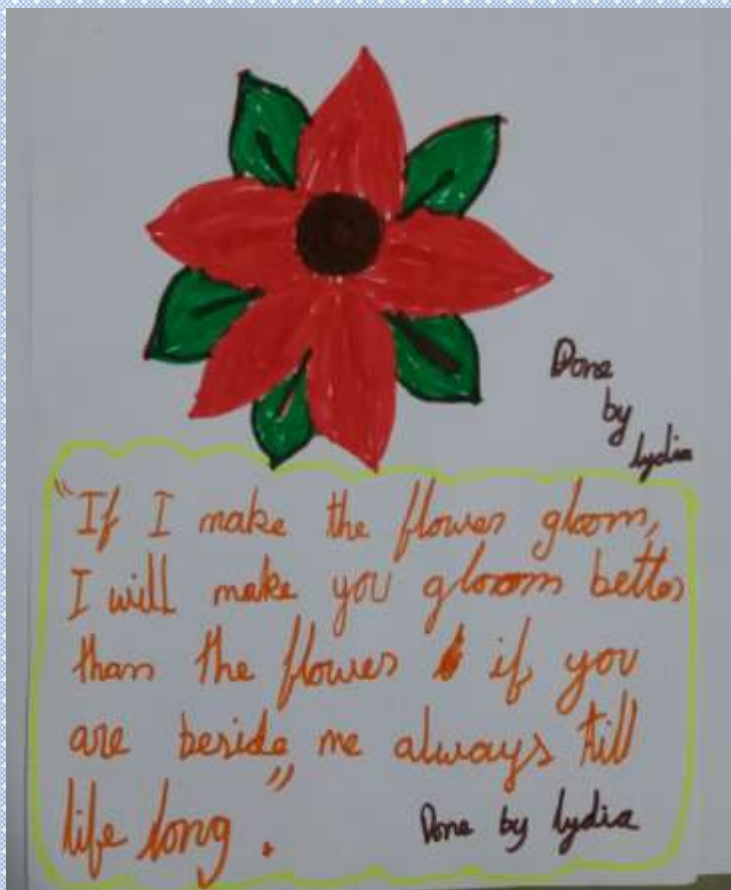
St. George SS, Indiranagar





Lydia Shibu
Student
St. George SS, Indiranagar

FOR GOD
SO LOVED
THE WORLD
THAT HE
GAVE HIS
ONE AND ONLY SON
THAT
WHOEVER
BELIEVES
IN HIM
SHALL NOT
PERISH
BUT HAVE
ETERNAL
LIFE





Austin Anil Thomas
 Class 2
 St. Baselios SS, Marathahalli



In my
 distress I
 called to the
LORD,
 and He
 answered
 me. *Jonah 2 vs. 2*

Godwin
 Class 3B
 St. Mary's Valiyapally SS, Jalahalli



Christian faith underlines the importance of Forgiveness. It is the most important quality of a true x'ian. Thru the bible Jesus himself has asked us to forgive seventy times seven. God is deliberately asking us to practice this quality as mankind has a sinful nature. We find this in the book of genesis where adam and eve committed the sin. The bible teaches us to follow the lord's prayer in which we pray and ask god to forgive our sins as we forgive those who trespass against us.

In the holy bible we see many instances where through forgiveness peace is restored. The parable of the master taking pity and forgiving the debts of his servants and of Joseph forgiving his brothers who turned against him are true testimonies of how peace can be restored through forgiveness.

Narrations of other parables like the father forgiving his prodigal son and the many bible verses which proclaims the importance of forgiveness stresses that forgiveness is a quality that we need to practice in our daily life. The greatest act of forgiveness is the one that we see on the CROSS, Jesus himself sacrificing his life and asking the father to forgive the people who have crucified him.

Forgiveness helps in making relationships fruitful and inability to forgive will aid in breaking it.

Alex V Philip
Class 3B
St. Mary's Valiyapally SS, Jalahalli



**THE FIRST TO APOLOGIZE
IS THE BRAVEST.
THE FIRST TO FORGIVE
IS THE STRONGEST.
AND THE FIRST TO FORGET
IS THE HAPPIEST...**



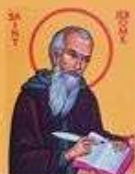
Austin Anil Thomas
Class 2
St. Baselios SS, Marathahalli

**"I am the light of the world.
Whoever follows me
will not walk in darkness, but
will have the light of life."**

John 8:12

**"We do not worship
the relics of the martyrs,
but HONOR them in
our WORSHIP of HIM
whose MARTYRS they are.**

**We honor the servants
in order that
the respect paid to them
may be
REFLECTED BACK
TO THE LORD."**



**- St. Jerome
(342-420AD)**



HE GAVE ME....

HE gave me difficulties to make me strong
HE gave me problems to solve for long
HE gave me obstacles to overcome
HE gave me people to make troublesome
HE gave me intellectual opportunities to work
HE gave me intellect brains to work

I thought I could struggle from the pit
Where I tried, but I couldn't
Did I make the best use of it?
I had to find out what my fault is..

I perceive trust and love in CHRIST is Spiritual
I perceive His Love is intangible
I perceive in all dash of trouble
The Righteous will live in spiritual

I tried to stop my wounds bleed
But it wouldn't hear my plead
I received nothing I demanded
But I received everything I needed

Always and ever I will remember
GOD IS WITH US FOREVER

Sheeba Susan
Teacher,
St. Gregorios SS, Mathikere



HOME-MADE CAKE-BOX



Jonah & Manna
St. Gregorios SS, Mathikere





Benita Biju
Class 9,
Mar Gregorios SS, Hebbal



Bible translation

Four clergymen were discussing the merits of the various translations of the Bible. One liked the King James version because of its simple, beautiful English. Another liked the American standard version best because it comes closer to the original Hebrew and Greek.

The third liked Moffat's translation best because of its up-to-date words.

The fourth clergyman was silent. When asked to express his opinion, he replied, "I like my mother's translation best."

The other three expressed surprise and wanted to know what he meant. "Well," he explained, "my mother translated the Bible into her everyday life, and it was the most convincing translation I ever saw."

KIDS PAGE



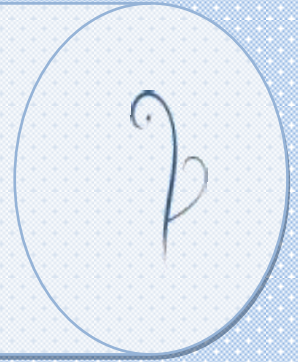
Contribute articles -

Please send some interesting puzzles, articles, biblical games, quiz to be published in Kids Page.

Please send your answers at the earliest to the Zonal Secretary

Activity:

Find out the names of the Twelve Apostles and how they died ?



Unscramble Puzzle:

Unscramble the letters to find the words in our

Twelve Disciples Anagram

Word List:

disciples, fishermen, follow, friends, Galilee, James, nets, preach, teaching, twelve



eeltvw _____

eefhimnrs _____

acehgint _____

flloow _____

cdeiilpss _____

acehpr _____

definrs _____

enst _____

aejms _____

aegill _____

Answers to Vol 4 Crossword
Psalm 23



St. Thomas Orthodox Maha Edavaka Sunday School, Bangalore East

KUDOS



K.C. Thomas Sir hails from Kallupurackal family, Amichakary, Tiruvalla. He passed his Sunday School 10th Examination in 1967 and started his teaching ministry in his home parish – St. Mary's Orthodox Sunday School, Amichakary from 1966 to 1978. From 1982 onwards he has been a teacher at St Thomas Sunday School Bangalore East and still continues. He played a pivotal role in the Bangalore Orthodox Sunday School Movement in the 1990s and in the transition stages from BOSSA to OSSAE-OKR in the 2000s. He has been decorated with many organizational assignments: Headmaster of St. Thomas Sunday School Bangalore East 1988-1993, BOSSA Secretary 1995-1996 and 2003-2005. He is

one among the few Sunday School teachers in the whole of OSSAE-OKR who is crowned with a BD degree from Serampore University. He retired from Macmillan Publishers as Senior Editor. In 2014, OSSAE recognized his 47 years of Sunday School teaching ministry at NiranamValiyapally and felicitated him. He is the first Diocesan Director of Bangalore Diocese Sunday School (2009 to 2013), and now serving as a member of the OSSAE-OKR Examination Board. His in-depth knowledge in ecclesiastical history, faith and traditions of our Church is widely recognized.

It is a proud moment for the Sunday School in Bangalore to have him on board as he entered his 50th year of teaching ministry. Recently, he was felicitated by St. Thomas Orthodox MahaEdavaka for this remarkable journey.

Mrs Mariamma John
Headmistress,
St, Thomas Orthodox Maha Edavaka Sunday School,
Bangalore, East.

**BANGALORE ZONE
SUNDAY SCHOOL**

NEWS & UPDATES

*OSSAE-OKR Bangalore
Zone Sunday Schools are
requested to send any new
updates to be published in
E-Bodhini to the Zonal
secretary.*

Obituary - We miss you.

Sir's lessons go beyond the classroom



Mr. Y. Georgekutty

Georgekutty Sir served as a Sunday school teacher for more than four decades. A very dedicated, sincere, hardworking well-wisher of students and teachers whose vast experience was a great asset to us.

He was a man of great faith, great deeds, frank with his opinions, having a very different way of thinking & life style.

Y. Georgekutty Sir's departure creates an unfillable gap in our Sunday school. His name will be written in "Golden Letters" in our Sunday school history.

May his soul rest in peace.

Ever smiling and children's favourite ...



Mrs. Marykutty Philpose

An ever smiling Marykutty Madam was a dedicated teacher. A woman of good qualities caring, loving, sharing and very friendly with the children.

She was a lady of iron will and high values. She helped a lot to mould the children's character and provide good citizens for our Sabha and our country. She was a good asset for our Sunday school.

Her departure is a great loss. She will remain in our thoughts and prayers.

May her soul rest in peace.



A pictorial glimpse of our Sunday school - students and teachers taking part in classes, sports day, Christmas socials and carols, Onam celebrations etc

Mrs Susan George.
Headmistress, Mar Gregorios Sunday School, Hebbal



ANNOUNCEMENTS



Contribute some interesting original articles and win some prizes.

We hope you'll join us.

Next Edition planned

Tentative Date : Oct 2017.

Dear Students and Teachers,

Please use this opportunity to express and share your experiences, ideas and thoughts through your articles like news updates, short stories, notes, essays, poems, paintings, quotes, jokes, quiz, games, puzzles, message, etc at the earliest through your teacher/ headmaster .

Note : Please do mention your Name & Church and send articles to reach before 31-Aug-2017.

NOTE : Please feel free to share your ideas for themes for newsletters, suggestions, comments, observations, mistakes observed, omissions etc.

Editorial

Dear Friends in Christ,

Listen to advice and accept discipline, and at the end you will be counted among the wise. (Proverbs 19 :20).

As David's time to die drew near, he charged Solomon his son saying, "I am going the way of all the earth. Be strong, therefore, and show yourself a man. And keep the charge of the Lord your God, to walk in His ways, to keep His statutes, His commandments, His ordinances, and His testimonies, according to what is written in the law of Moses, that you may succeed in all that you do and wherever you turn, so that the Lord may carry out His promise. Hope this advice from David encourages us to walk in the ways of the Lord, and to listen and accept wise counsel.

As you read this issue, with articles contributed by our young talents as an inspiration for new contributors who need motivation, encouragement, and inspiration! We hope you've found it motivational, encouraging, and inspiring!

I take this opportunity to thank our Thirumeni, **H.G. Dr. Abraham Mar Seraphim** for his able guidance and support. The members of the Editorial Board of BODHINI and dear Sunday School Children, Teachers, Head Masters, Vice President Achen and officials of Bangalore Zone Sunday School for the support and encouragement.

We seek more and more, news, articles, story, songs from our children. Dear Head Masters and Teachers please encourage them. May our *BODHINI* help you as you seek *Him*.

For and on behalf of Editorial Board of E-Bodhini.

*With love,
Biju Prasad*

OSSAE – OKR Bangalore Zone

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