

October 2012

bodhini



An Annual Publication of O.S.S.A.E-OKR, Bangalore Zone Sunday Schools
(Combined edition of 2010 & 2011)

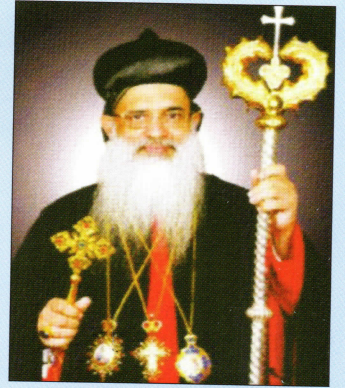




**His Holiness Moran Mar Baselios
Marthoma Didymus I
(Valiya Bava)**



**CATHOLICATE
CENTENARY
YEAR-2012**



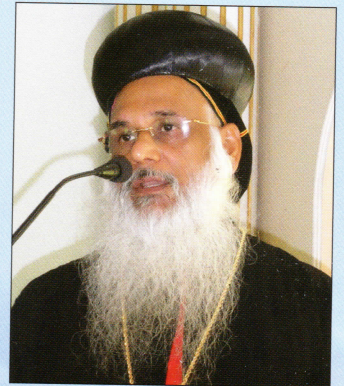
**His Holiness Moran Mar Baselios
Marthoma Paulose II (Catholicos
of the East & Malankara
Metropolitan)**



**H.G. Dr. Abraham Mar Seraphim
Metropolitan, Bangalore Diocese**



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**Mr. K.C. Thomas
Bangalore Diocesan
Director**



**Mr. Thomas George
OKR-OVBS
Secretary**

Editorial

THE CHRISTIAN HOPE

Let us thank God Almighty for this opportunity to present the second edition of our annual publication '*Bodhini*'. We are happy that we could publish this combined edition of 2010 & 2011 during the centenary celebrations of the establishment of the Catholicate in Malankara, the 1960th year of establishment of the Malankara Orthodox Church and Sanctification ceremony of the Diocesan Centre and Bishop's house of the Bangalore Diocese.

When David wrote, "yea, though I walk through the valley of the shadow of death, I will fear no evil", he was in a place where evil was an ever present reality. Yet he refused to give in to fear. He wasn't expressing hope that God would abolish evil so that he could pass through safely; he was saying that the presence of God gave him the confidence to pass through difficult places without fear of being deserted by Him.

Many claim to have hope, but only those whose hope is Christ can claim it with certainty. Hope comes not from strength, intelligence, or favorable circumstances, but from the Lord. As the Maker of heaven and earth, He alone has the right to promise hope and the power to keep the promise. God is good – no matter what suffering we undergo We can say like Habakkuk, "Yet will I rejoice in the Lord, I will be joyful in the God of my salvation".

We, the Sunday School Teachers and children are the Ambassadors of Christ. Are we lifting Him up or seeking honor for ourselves? Rather than being disappointed when our work goes unnoticed, we should be glad because our highest privilege is to magnify the Lord. He's the Master!

The highlights of this edition are the photos of all our dear children, teachers and respected Vicars. Other inclusions are Messages, Annual Reports, Statement of Accounts, Results of Arts competitions and examination and Prize winning essays. We are thankful to our Thirumeni

H.G. Dr. Abraham Mar Seraphim, for His Grace's blessings and encouragement. Our grateful thanks also go to our Vice President Achen, Diocesan Director, Officials, Head Masters, Teachers and Students for their support and contributions to this publication. We value all suggestions. Shortfalls, errors and omissions in this issue may be communicated to the Zonal Secretary. Please send your feedback to -Sundayschool.bangalore@yahoo.com

On behalf of OSSAE-OKR Bangalore Zone, we place on record our sincere thanks and gratitude to the sponsors of '*Bodhini*' - Mr. & Mrs. T.D. Johnson of Mar Gregorios Orthodox Church, Hebbal.

For and on behalf of the Editorial Board

Biju Prasad,
Chief Editor

Bangalore
23rd October 2012

Table of Contents

Editorial	1
Message from Thirumeni	2
Message from Vice President	3
FAITH FORMATION	6
OSSAE-OKR AGM: A Report	21
Prize Winners 2010-11	22
Prize Winners 2011-12	26
Kids Page	30
Office bearers 2010 & 2011	32
Annual Report - 2010	33
Annual Report - 2011	35
Students Camp - 2010	41
Charity Project	42

Message from

Thirumeni



Blessings!

We are indeed happy that the second edition of 'Bodhini' is getting ready and our congratulations and good wishes to Bangalore Zone Sunday Schools.

Leadership is a privilege, and with privilege comes responsibility. God holds teachers of His truth doubly responsible because they are in positions where they can either draw people towards Christ or drive them away from Him.

Serving as an elder, a deacon, a Sunday School Teacher, or other leader is an awesome responsibility. Those called to these positions have the responsibility to lead people to the Savior rather than away from Him. They can do this by exemplifying true wisdom. Whatever position of authority we hold we must be willing to identify with human need so that God can use us in troubled areas. That's leadership!

Many important things in Christian life are left undone because we don't put our plans in to action. We decide to devote more time to the reading and studying of the Word of God and then get side tracked by other activities. No matter how noble our plans, or how good our intentions, they can't glorify God if they are 'still in the bottle'.

Jesus calls us to make known His presence in our lives to the glory of God the Father. He says *"Let your light so shine before men, that they may see your good works and glorify your Father in heaven."* Through the light of our testimony and the impact of our deeds of service, people should be able to see evidence of the presence of God in our lives. Do they see it?

Let's live in such a way that others will experience the presence of God who lives in us - wherever we are, especially within the Church.

Let our children use this 'Bodhini' and inculcate reading habits.

H.G. Dr. Abraham Mar Seraphim
Metropolitan of Bangalore Diocese

Message from the Vice President



As we take the help of modern day techniques to enlighten our children about the ways to attain Knowledge, it is also imperative to teach them the ways to avoid failure on these paths. In any role that we play, that of a parent, teacher or a student, we are called upon to perform certain duties and are expected to be the guiding light. Sunday Schools were started with a vision to nurture values. "Bodhini" is a publication that throws light on the paths that we have journeyed. It is an effort to highlight our activities. We are living in an age with leaders who lack vision. They indoctrinate us with ideas and values alien to what God expects. It is here that spiritual organizations like the Sunday School have a vital role. They can impart the right knowledge to our children. Parents, you should always find ways to nurture your children in such a way that they will remember you forever. Children, you should never forget your parents and teachers who sowed the seeds of wisdom and tended you with love. Teachers, in order that the fragrance of your wisdom spreads out into the society and to those who follow your footsteps, you must work according to God's plan. In my current role as the leader of our Sunday School organization, I have the responsibility to discharge my duties with complete devotion. Fellow Sunday school teachers, bear in mind that we should always remain in the hearts of our children as good role models. Have we been able to achieve it? We should realize that our ultimate goal is to *"To serve and not to be served upon"*. The sweet satisfaction that the role of a Sunday school teacher brought to us once, is missing these days. All those good deeds that brought a loving smile on many faces, are not seen any more in the present generation. Here lies a big responsibility for us as Sunday school teachers and parents.

The divine light that shone at Mount Tabor is questioning us - *"Have you been able to create a firefly that will be the guiding light for many, while I am away from you?"* If not, then we need to change. With a new hope for the future let us all begin every morning by genuinely working for the responsibilities assigned to each one of us. Let us emulate the great teachers like-Jesus who taught us to love one another, Buddha who taught us moderation in all that we use and Mother Teresa who taught us the paths of Service to Humanity. Their teachings are like lamps that spread benevolence. Sunday School and other sister organizations should safeguard these lamps from being put out. May the activities of these organizations help in the deliverance of mankind from spiritual decadence. May God bless all our teachers for proper guidance and vision to our students.

My sincere thanks to all those who have directly or indirectly supported us especially our Thirumeni **H.G. Dr. Abraham Mar Seraphim**, for his blessings and encouragements, OKR,-Director, Rev. Fr. Dr. Geevarghese K., all the Vicars of Bangalore Zone for their blessings and support, Diocesan Director Mr. K.C. Thomas for his timely guidance, Zonal Secretary and the team of Executive Committee for implementation of programs. **Bodhini** Chief Editor Mr. Biju Prasad and the Editorial Board. I am grateful to the Almighty God for making this a glorious year for us.

Rev. Fr. V.P. Idichandy
Vice-President

Message from

Rev. Fr. Dr. O. Thomas, Director General OSSAE

Shall we renew our commitment?

It is with great joy, pleasure and boundless praise to God that I am sending my heartfelt wishes to the 'Bodhini', the official publication of the Bangalore Zone Sunday Schools.

I write these lines from U.S.A. and it is going to be very brief. In spite of the many adverse situations here in U.S, like the long distances, sometimes 100 to 200 miles, our people have to travel to attend worship, they all are very enthusiastic to give Sunday school education to their children. They realise the value of Sunday school education as compared to secular education which has become purely secular and materialistic. Of course, they learn many good things like civil rights, duties, good manners etc, but nothing related to God and His divine commandments. Humanism has replaced spirituality. This happens when we imitate western education blindly. Unfortunately our parents in Kerala give undue importance to secular education at the cost of Sunday school.



Who started Sunday school? I may say, it is Christ. The 12 disciples were the first students. They didn't meet in a particular place and time with a structured syllabus. Before Christ revealed many secrets of Holy Eucharist, crucifixion, resurrection and further manifestations of His Godhead, He started to teach the disciples through parables and stories about the purpose of His incarnation. In Christ we see the integration of thoughts and actions as well as being and doing. What happens in secular education is it imparts knowledge and information which may not necessarily require this kinds of integration. Unfortunately, we follow the methodology of secular education in our Sunday schools, too. We heavily depend on text books, notes and modern devices of education like computer, net etc. We forget the relation between teaching and practicing. For secular education it does not matter because whatever that is taught is for helping the children to get a good job and thereby material prosperity. Sunday school education, on the other hand, aims at the total transformation of the whole personality, that is, the being, into Christ like nature. We call it in our Orthodox tradition, THEOSIS. Nowadays we have eloquent preachers and teachers but not good models. Christ is the perfect model and hence His teaching is authoritative. As an organization our Sunday school movement has grown and spread all over the world. There is no dearth of dedicated teachers in our Sunday schools. However, it scares me when I see the overemphasis on the western secular model in Sunday schools forgetting the authentic model that Christ has shown us. Actually we aim at the experiential knowledge of God than intellectual. For that our children should develop the habit of prayer (at least two times a day), regular attendance in church worship, observing lent and fast, keeping holiness in both private and public lives and extending love towards all humanity particularly to the poor and needy through voluntary sufferings for them. Our Sunday school education will be a success only when we attain this goal. Shall we take a pledge to materialize this goal when we celebrate Catholicate Centenary Celebrations. The ultimate aim of all celebrations should be for fulfilling the purpose of our Lord Jesus Christ, **"Thy kingdom come and Thy will be done on earth as it is in heaven"**. With this prayer I wish all the best for the publication.

Rev. Fr. Dr. O. Thomas
Director General OSSAE

Message from

OSSAE-OKR Director, Rev. Fr. Dr. Geevarghese K.



I am very much happy to know that Bangalore Diocese Sunday school is publishing another issue of Bodhini.

I do congratulate the team of dedicated Sunday school teachers and students who have put together their resources to bring out this annual publication in an appreciable manner. I wish this publication every success.

May this issue of Bodhini be an instrument in imparting the great treasure of Christian knowledge to the new generation born and brought up in an age of information explosion and advanced telecommunication.

It is my fervent hope that this may bring the teachers and students more close to each other to bear witness to Christ in a meaningful way. Let Bodhini do its mission.

With prayers and best wishes,

Rev. Fr. Dr. Geevarghese K.

FAITH FORMATION IN THE DIASPORA CONTEXT: ROLE OF FAMILY AND THE SCRIPTURE

Fr. Dr. Geevarghese K.
Director, OSSAE-OKR

Faith formation of a child is an important process in which the family and the traditions of the Church play very crucial roles. However, now a days faith formation of the new generation has become a tough task. The busy life of the parents, nuclear family system and pressure from the society on family are factors that make the faith formation more difficult. The faithful in the metro-cities of India face daunting challenges in their spiritual growth especially our new generation in the Diaspora context.

In this brief write up I would like to highlight the example of Timothy as a good model of a Christian witness who had a cross cultural and ethnic background.

Let us look at what Paul the Apostle says to his beloved companion in mission, “But as for you, continue in what you have learned and firmly believed, knowing from whom you learned it, and how from childhood you have known the sacred writings that are able to instruct you for salvation through faith in Christ Jesus” (2 Tim 3:14-15).

Apostle Paul speaks about the dangers of some, whose bad nature would spoil the Church

The above verse is an instruction given by Paul to Timothy whom he calls ‘true child in the faith’ (1 Tim 1:2). Paul’s exhortation to Timothy appears in a passage where the Apostle Paul speaks about the dangers of some, whose bad nature would spoil the Church. However, Paul had a different about Timothy (note that this is clearly indicated by the contrasting particle ‘but’ at the very beginning of this sentence). Paul underscores two sources of faith formation as far as Timothy is concerned.

1. Family is the cradle of Faith Formation

Paul reminds Timothy, “But as for you, continue in what you have learned and firmly believed, knowing from whom you learned it”. This is a very remarkable comment about Timothy. It is better to see who Timothy is in order to understand the full weightage of what Paul says. He is a convert to Christianity. He was born to parents of a mixed

marriage. His mother was a Jewess and his father a Greek (cf. Acts 16:1-3). He grew up in Lystra, a small town in the Roman province of Galatia. Paul circumcised him and Timothy was set apart as an evangelist by the laying on of hands (1 Tim 4:14, 2 Tim 4:5). He had a very pious and hopeful upbringing under the special care of his mother (Eunice) and his grandmother, Lois. Both his mother and his grandmother played a decisive role in shaping him spiritually. He was instructed by them giving hope for the Messiah (2 Tim 1:5, 3:15). Paul appreciates very much the faith and its practice in Timothy’s life. It is important that Paul does not make a distinction between what Timothy believed and practiced.

The changes taking place in India cities in general and the metro-cities in particular pose a great challenge to all religious communities in the society. The general tendency in our society is that we want only the forward movement only. There is an aversion towards what has been practiced in our life. A complete divide we make between the past and the future. It is remarkable in that context that Paul reminds Timothy to remember the personalities through which he was nurtured and molded to come to a stage of wide appreciation for the great work he did with Paul. Paul says, “Now you have observed my teaching, my conduct, my aim in life, my faith, my patience, my love, my steadfastness, my persecutions and suffering the things that happened to me in Antioch, Iconium, and Lystra.” The Apostle is just recalling all the hardships he endured during his missionary endeavors of which Timothy become a part (cf. Acts 13-14, 16:1). Paul views the trials, tribulations and afflictions as part of godly (Greek-eusebeia) life (2 Tim 3:12). It is significant that Timothy also shared these pains with Paul in their missionary work.

Paul just instructs Timothy to hold fast to what his companion in mission has already learned from his mother and grandmother right from his childhood itself. The mother and grandmother instilled faith in Timothy and it developed to its peak in his growth and bore fruits as he devoted his entire life for the spread of the gospel along with Paul. Paul’s word of appraisal on his faith is remarkable. The spiritual

initiation one gets at home is only a first installment of his/her faith which is reflected throughout one's life. If the faith foundation is strong one can withstand all odd life situations which challenge one's faith in many respects. If it is superfluous the faith will be lost in the test of time. Thus, Paul's instruction points to the pivotal and vital role that the family plays in the faith formation of our children. Paul reminds Timothy about the sources from which he had been instructed. Timothy's mother and grandmother played decisive roles in moulding him in Christian atmosphere although they were staying too far from Israelite families. Many a time parents blame others for not instructing their children how to walk according to religious directives. At the same time they conveniently find excuses for not taking the initiative to impart the Christian message to the new generations. Timothy's case is different. He led a meaningful life worthy to be called Timothy which means, "venerating God".

Studies have shown that an Indian youth spends around three hours a day interacting with media like TV, cell-phones, iPods, internet, video games and so forth. Mostly the parents in the Diaspora are working class people and they hardly get time to look after the interests of their kids. The absence of elders like the grandma and grandpa in the family further aggravate the situation. They have the fast-flat culture which creates a lot of mental problems for them. The upbringing in the nuclear family pushes them to depend heavily on media and friends for their development. Consequently they expect such visual impacts from the liturgy they attend and complain that the orthodox worship is monotonous and full of repetitions.

2. The Scripture as the Foundation for Faith-leading to salvation

The second thing Paul wants his companion to be instructed is reflected in these words, "how from childhood you have known the sacred writings that are able to instruct you for salvation through faith in Christ Jesus." By the time Paul wrote the letters to Timothy (probably 80s or 90s AD), Jesus' teaching (the teachings of Jesus in the rudimentary form, cf. 1 Tim 5:18), attained a paraenetical authority. For a Jewish boy it is mandatory to undergo religious instruction. His mother, being a Jewess, must have given him regular religious mending. In this the scripture occupies an important role. The guideline to wisdom and wholeness is recognized as Scripture. Timothy would be a third generation Christian whose religious faith is centered not only on Jewish Scripture but on the interpretation of scripture. Timothy was a young

man when gospel reached Lystra. For a Jewish boy the three divisions of the Scriptures - the Torah, the Prophets, and the Writings provided the curriculum. To this comes his faith in Christ. The interpretation of the scripture provided a way to see that in Christ the promises of old have come to its fulfillment. Paul accentuates the potential of the scripture in shaping the spiritual life of Timothy. He also stresses the importance of learning the scripture at a tender age.

The Apostle clearly states the purpose of scripture in faith formation i.e. leading one to salvation through faith in Christ. This is a very remarkable observation to which our eyes must be turned. Reading the Bible must be a habit for a believer. There are two sources which can instruct a believer how to conduct his/her life, the Holy Bible and the teachings of the church, which are shaped in line with what is revealed in the scripture. From what Paul instructs to Timothy we get the impression that one of the prime responsibilities from the part of parents is introducing the Bible to the children. As Paul asserts, all scriptures are divinely ordered and the Holy Spirit prepares the way for its receptivity.

The great fathers of the Church were all well-versed in the scripture. One living example to demonstrate how the Scripture forms foundation for strong religious life at a tender age in our generation is Sabharatnam H. G. Dr. Geevarghese Mar Osthathios. His Grace completed the reading of the entire bible before he completed his schooling. This laid the foundation for His Grace's spontaneous recollection of the Biblical verses to meet with the needs of every situation. Nowadays children are more inclined to watch TV, playing with computer, using mobile phones, etc. than in the learning of scriptures or the teaching of the Church. A utilitarian attitude has taken complete control in the life philosophy of our generation.

Every aspect of life is viewed with its potential material benefits. Expecting more returns than one's responsibility to contribute to others' growth has become the order of life.

We live in an age where everyone wants to become professionals by undergoing rigorous training under Human Resource Development programmers. The faith dimension gets less importance here. As a result of this the society moves into a direction of secularism which in turn creates lot of problems in the society. One of the most drastic consequences of all these is that there is no room for morals and values. In order to lead the society in the right direction by discerning what is good and what is evil, one should have good morals. This can be imparted to one in the formative ages.

There are two sources that have played crucial role in the faith formation of Timothy, his family and the Scripture. Taking the present context, where joint family is disappearing and new teachings about faith are rampant, Timothy is an ideal model of true Christian life and witness as to how one can grow to become a witness of Christ. Our new generation can emulate this ennobling model. As the Scripture undoubtedly asserts, children are a great blessing (Psalm 127:3) if they are reared in true faith and practice. Imparting true faith and practice like Timothy's mother and grandmother is the high responsibility from the part of parents in nurturing their children with special attention to their spiritual growth.

ONE PARAGRAPH THAT EXPLAINS LIFE!

Arthur Ashe, the legendary Wimbledon player was dying of AIDS which he got due to infected blood he received during a heart surgery in 1983.

From world over, he received letters from his fans, one of which conveyed: **"Why does GOD have to select you for such a bad disease"?**

To this **Arthur Ashe** replied:
"The world over, 50 million children start playing tennis, 5 million learn to play tennis, 500,000 learn professional tennis, 50,000 come to the circuit, 5000 reach the grand slam, 50 reach Wimbledon, 4 to semi final, 2 to the finals, when I was holding a cup I never asked GOD 'Why me?'. And today in pain I should not be asking GOD 'Why me?' "

It comes from a lot of maturity, doesn't it???

WORDS.... are the only weightless things.. in this world that could actually... make you feel heavy....

Extracts from some prize winning essay - 2010 Intermediate Group, Region-II

MERIN YOHANNAN, St. Mary's Orthodox Valiyapally Sunday School, Jalahalli

Topic: 'You shall know the truth and truth shall make you free' John 8:32

This is what Jesus told to the Jews, who believed in him. Jesus said, if you abide in my word, you are my disciples indeed. Then he added 'and you shall know the truth and the truth shall make you free'.

The Gospel according to St. John presents Jesus as the eternal word of God, who became a human being and lived among us. This Gospel was written so that it's believers might believe that Jesus is the savior and son of God, who came down to earth to help us. It's believers or readers might be able to understand that whoever believed in him became his followers while others opposed him, refused to believe in him and did not become his followers. All those who believed him have life.

John emphasizes to us that we get the gift of eternal life through Christ, the gift to those who respond to Jesus, 'the way, the truth and the life'. So the truth is Christ himself. Knowing the truth is knowing Christ. Knowing Christ is different because we cannot know Christ, just like that, as we do in knowing a situation. Here in this context, Jesus said 'and you shall know the truth and the truth shall make you free'. To know Christ, we must have personal relationship with him—a personal communication with him. In other words, we must love him, worship him, believe in him and to trust in him.

To set free means to release from 'some bondage' or something. The Jewish authorities could not understand what Jesus meant. They said to Jesus that they were the descendants of Abraham and were not slaves. They took only the verbal meaning into account.

A normal human being thinks and acts in the terms of interests of his mind and learning or tendencies. Those who are following in the world pursuits are in the neglect of their spiritual existence. We, the Syrian Orthodox Christian have Parumala Thirumeni and Vattasseril Thirumeni as our icon. Let us learn their lives, emulate it to the best of our ability.

May God Almighty help us out in coming out of such evil bondages of life. May the Lord give us the grace to understand the truth and Him to become an ideal Christian.

Extracts from prize winning essay – 2010 Senior Group, Region-I

BETSY REEBA MATHEW, St. Mary's Orthodox Church Sunday School, Begur.

Topic: Christian values in my Life.

As I began to read, my parents made me memorize the Ten Commandments. Initially they took time to explain each and every thing to me. In the earliest years of my life, these rules seemed fairly basic and simple to understand. These scriptures told me not to steal, commit murder, disobey my parents etc. My values are based on these commandments. My religious beliefs are a combination of what I believe and what is taught by my parents. Some of the organized religions use people's faith to justify the exact opposite of what was intended. I feel that religion has become too involved in economics and politics.

Christian values historically mean the teaching of Jesus. Some of his biblical teachings include:

1. Worship only one God: Jesus Christ redefined the Ten commandments into two. According to Jesus, the most important commandment is this "Hear O Israel, the Lord your God is one God. Worship the Lord your God with all your heart, with all your mind and with all your strength" Mark 12:28-30.
2. Respect all people: Jesus said that the second important commandment is 'Love your neighbor as yourself'. There is no other commandment greater than this. In the parable of the Good Samaritan, Jesus made the point

that we must extend our love to all people regardless of race, religion or any other artificial distinction.

3. Be humble: Being humble is the quality of covetously being respectful to others. It is the opposite of aggressiveness, arrogance, boastfulness and vanity.
4. Honesty and integrity: There are the most important values in bible. If any one denies this they are disobeying the commandments.
5. Lead a moral life: Jesus gave a list of actions that constitute the immoral uses of our body. We think immoral in the terms of sexual sins. But according to Jesus slander, disobedience etc are equally immoral.
6. Practice what you preach, don't be a hypocrite: If Jesus could not stand any group of people, it was the Pharisees. Most of the Pharisees forgot the spirit and true intent of the law, and they became self indulgent, and greedy.
7. Don't be self righteous
8. Don't hold a grudge

Forgive others. With these values in mind it is easy to grow up as a righteous and faithful individual. A good tree cannot bear bad fruit and a rotten tree cannot produce or bear good fruit.

"Tradition is the living faith of the dead, while traditionalism is the dead faith of the living."
- Jaroslav Pelikan

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Extracts from prize winning essay–2011. Junior Group, District-II

ANN C ANIL, Mar Gregorios Orthodox Church, Hebbal.

Topic: 'The harvest is large but there are few workers to gather it in'-St. Matthew 9:37

Jesus told his disciples that the harvest was large and there were only few workers to gather it in. It is felt that reaping is a rather difficult task than sowing the seeds, to grow plants because if reaping is delayed the crops will be lost for ever. The best grains are normally used as seeds for next season of cultivation and the remaining grains are used for consumption till the next harvest.

Good harvest is a result of good sowing of selected seeds, which grows into healthy plants nurtured by farmers. Even

though we know that, we celebrate the harvest festival because of happy ending results in a fresh beginning.

Mother Mary has been a fertile land for the growth of the spiritual seed – Lord Jesus Christ. The significance of the day is set to be the period of the holy family's travel to Egypt for saving their own life from the soldiers of Herod. It is believed that the soldiers who followed the holy family were put into utter confusion because they had left during the season of sowing and when they reach there, it was time to harvest over a short time.

However a plant cannot sprout out of the seed unless that seed is perished which means the end is always a beginning. The same thing happen as our Lord died for us. His death has been a beginning of new era. Wherever his blood spread, there is as new community raised which is called Church–

his body. The church is like a fertile land where plants are growing along with weeds to produce good grains and chaff itself is interpreted as the body of Christ. Workers are required to collect good grains for seeds and remaining for use as food. They also separate weeds and chaff and throw them into fire, so that they cannot raise again.

The harvest that Jesus meant according to St. Matthew 9:37 is the harvest of souls. This means recovery of good grains, without being thrown into fire along with weeds.

Lost souls are sinners who are separated from the love of God. Apart from the disciples, Jesus wanted more and more sincere workers to work for Him in His Mission to recover the souls to His standard for building His own Kingdom.

In conclusion I would like to mention that I will be happy if I am selected to join the crusade of mission with a clear vision. May the harvest of soul with the help of sincere workers be a great success. Thy kingdom come where thy name will be hallowed and thy will be done.

“The fruits of the earth are not brought to perfection immediately, but by time, rain and care; similarly, the fruits of men ripen through ascetic practice, study, time, perseverance, self-control and patience.”
- St. Antony the Great

Extracts from prize winning essay - 2011, Intermediate Group - District-I

ANJU ELZA MATHEW, St. Baselios Orthodox Church Sunday School, Marthahalli

Topic: ***‘My father is always working and I too must work’***
St. John 5:17

When Jesus healed a man by the pool, a challenge began regarding the Sabbath. The Jews who had made the word of God of none effect by their tradition were adamant in their refusal to allow the possibility of any mistake on their own part. Their foolish and unscriptural Sabbath regulations were so dear to them that they would crucify the Christ of Glory rather than yield on their false pride and honor. They persecuted Jesus and sought to kill him, however Jesus used the opportunity to teach about his true identity and his relationship with the father.

Then Jesus justifies the following manner, saying; “My father is always working and I too must work”. He who is my father, not by creation or adoption, but by nature, though he ended all his work on the seventh day, and rested upon what he has done; yet he did not stop working at all. He is

still at work. He is working even on Sabbath days, and on other days as well. Jesus says that he is connected with the God- His father. If God is working then his beloved son Jesus choose to follow God’s will but not his will. God never ceases to work, but as it is the property of the fire to burn and the snow to cool, so of God to work.

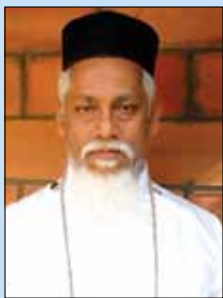
While it’s true that God rested on the seventh day, from all his work which he had done. That did not mean God stopped working. The work of the creation was complete, but God continues to work through the process of nature as well as the guidance of world events and the loving nature of his children.

Jesus also explained the unique relationship he had with God. Jesus was equal with God and yet completely dependent on God for his action. He had all the power of the universe and yet walked with complete submission to His father. The father revealed and the son accomplished all things.

The divine power of the miracle proved Jesus to be the son of God, and he declared that he worked with, and like unto his father, as he saw God.

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Very Rev. P.C. Philip Cor-Episcopa



Asst. Vicar:

Rev. Fr. James Eapen Kuttikandum

Head Master:

2010/2011 - Mr. M.K. Uthup

2012 - Mr. Prasad Samuel



Students: 244, Teachers: 19

Teachers:

Dr. Jacob N Abraham, M.K. Uthup, Prasad Samuel, Rajan Kuruvilla, V.T. Thomas, Accamma Chacko, Binu Philip (Asst. HM), Geetha Jacob, Leena Joy, Lily Jacob, Mariamma George, Mary Thomas, Mary Varghese, Biji John, Nimmi Jacob, Shyni Seby, Sunil John



Beauty tips - Audrey Hepburn

For attractive lips, Speak words of kindness.

For lovely eyes, Seek out the good in people.

For a slim figure, Share your food with the hungry.

For beautiful hair, Let a child run his or her fingers through it once a day.

For poise, Walk with the knowledge you'll never walk alone.

St. George Orthodox Church Sunday School, Indiranagar

No.75, 15th Cross, Eashwara Layout, Indiranagar 2nd Stage, Behind Gopalan Appts., Bangalore-560038,
Phone - 080-25204470, 25297387



Vicar:

Very. Rev. T.K. Thomas
Cor-Episcopa

Head Master:

Mr. Thomas George



Students: 53, Teachers: 17

Teachers: Cincy Abbey, Mini Varghese, Priya Ajoo, Lisa Alex, Deepak C George, Vinu Thomas, Sayana Varughese, Annu Mathew, Dolly Biji, Dr. Susan Thomas, Neethu S Abraham, Minu Susan Mathew, Miriam Susan Daniel, Rency Abraham, Biji Daniel, Meera Elsa Mathew, Neethu Sara Alex, Deepthi M. George, Tina Mary Abbey, Sneha George.

“Knowing is not enough, we must apply. Willing is not enough, we must do.”

Mar Yuhanon Mamdana Orthodox Church Sunday School, K.R. Puram

B. Narayanapura, Dooravani Nagar Post, Krishna Rajapuram, Bangalore-560016. Phone - 080-28532834



Vicar:

Very Rev. John Thomas
Cor-Episcopa

Head Master:

Mr. K.C. Chacko



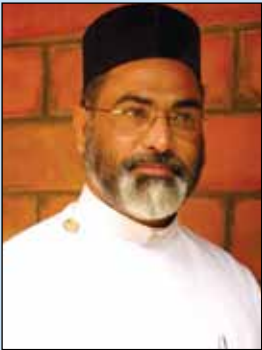
Students: 80, Teachers: 14

Teachers: Anu P. Thomas, Reena Binu, George Jacob, Reena Anil, Bincy Johnson, Roanna Philip, Cicy Zacharia, Sansu Anna Zacharia, Lincy Joykutty, Ajo Joseph, Veena Ajo, Jinu Paul, Ansu Justus

**“The most beautiful thing in this world is to see your parents smiling,
and knowing that you’re the reason behind that smile.”**

St. Baselios Orthodox Church Sunday School, Marathahalli

Anand Nagar, Marthahalli, Bangalore-560037. Phone - 080-25234592



Vicar:

Rev. Fr. Saji Daniel

Head Master:

Mr. P.T. George



Students: 150, Teachers: 15

Teachers: Elizabeth Johnson, Lousy Biju, Sheenu Mammen, Reny Nimesh, Smitha Charly, Annamma Elias, Jessy Jacob, Solly Koshy, Sheeja Jobi, Lizy Johnson, Marina Alex, Lily Mathew, Lovely, Charly Chacko

St. Mary's Orthodox Church Sunday School - Begur

South Bingipura, Begur-Koppa Road, Bangalore-560083. Phone - 080-26780981



Vicar:

Rev. Fr. Varghese P.
Idichandy

Head Master:

Mr. Shibu Mathew



Students: 30, Teachers: 15

Teachers: Shibu Mathew, Santhosh Varghese, Nisha Abraham, Asha Biju, Dina Mathai, Anitha Joe, Sumi Eapen, Sunil Jose, Anish Abraham, Geevarghese K.M., Subi Neel, Renil Babu, Neel Mathew, Marry Binoy, Leena Shibu, Seema Santhosh, Silvia Roy, Sherly Shibu, Leena Saju, Joyse Tharakan, Preethi Biju, Smitha Peter, Ritha Shibu.

“Look at a day when you are supremely satisfied at the end. It's not a day when you lounge around doing nothing, it's when you've had everything to do and you've done it.”

St. Thomas Orthodox Church Sunday School - Bangalore East

51, Madras Sappers Officers Colony, Banasawadi Main Road, Bangalore-560033. Phone - 080-25471147



Vicar:

Rev. Fr. Mani K.
Varghese

Head Master:

Mr. Hardy Alexander

Students: 162, Teachers: 17

Teachers: John George Attupuram, Ruben Jacob, Shiny Varghese, Suja Thomas, Shyno Mathew, Kunjukunjamma, Jessy John, Elizabeth Thomas, Susan Baby, Sheeja Viju, Dr. Merin Alex, Sweetie Jose, Susan Rajesh, Somi Stephen, Thomson Baby, Mary Philip, Mareena Alexander, Simi Jose, Mahima Mani Varghese, Jose Varghese, Mary Cherian (Asst. HM) George Panackamattom, K.C. Thomas.



Talent is God given, Be humble. Fame is man-given, Be grateful. Conceit is self-given, Be careful.

- John Wooden

I have come across very talented people, coming up very fast, but losing everything and ending up very miserably. Talent will certainly get you success. But if success gets into your head, you will lose everything. There is a Sanskrit proverb 'Vidya dhdhaadhi vinayam'. It means education should give you humility. And humility will give you good positions in life. Good positions will give you wealth and you will enjoy such a wealth! If you are not humble, all the success you achieve will burst like a soap bubble.

We are born with God given talents with which we achieve fame and glory. Others recognize our talent; else we will not get name and fame. So, God has done His part, others have done their part. It is up to us sustain our name and fame by remaining humble. If we become conceited, then we will lose everything and like a soap bubble our name and fame will disappear!

One way not to lose our head is to bench mark our achievement with something which we will find very difficult to achieve, like climbing the Mount Everest. We will fail couple of times while pursuing such goals. But such failures will humble us!

**“When GOD solves your problems, you have faith in his abilities...
When He doesn't solve your problems, He has faith in your abilities...”**

St. Marys Orthodox Valiyapally Sunday School - Jalahalli

Gangamma Circle, Jalahalli PO, Bangalore-560013. Phone - 080-28384876, 28386109



Vicar:

Rev. Fr. Iype P. Alex

Head Master:

Mr. Moncy T. Thomas

Students: 219, Teachers: 25

Teachers: Susan Abraham, Greeshma Elizabeth, Diana Rachel Kunjumon, Jisha Joshua, Jiju Joshua, Shamily Elizabeth, Rincy Grace Xavier, Mercy Daniel, Rajiv Simon, Divya Mathew, Simsy Varghese, Lina Soman, Juna Jacob, Rachel Rajan, Asha Joshua, Naveen Kunjumon, Susan Jacob, Melba Mathew, Alice George, Anup T Moncy, Ancil George, Nisha Binu Mathews, Usha Joseph, Sharon Rajesh George, Jiby John, P.M Varghese, Susan Ninan, P.J. Thomas, Col. Kuriakose Rtd., Nithin V. Rajan, Moncy T. Thomas, Varghese M, Asha Joshua, N.M. Achenkunju



**Don't let your family get so busy that
you don't sit down to at least one meal a day together.**

**"In any moment of decision, the best thing you can do is the right thing,
the next best thing is the wrong thing, and the worst thing you can do is nothing."**

St. Gregorios Orthodox Church Sunday School, Tumkur

Devaraj Urs Road, Opp SSIT, Tumkur- 572105. Phone - 0816-2201158



Vicar:

Rev. Fr. Joshua Abraham

Head Mistress:

2010-11

Mrs. Suja Raju

2012

Mrs. Sheela Isaac



Students: 15, Teachers: 4

Teachers: Sheela Isaac, Suja Raju Shibi Mathew, Seema Jiji

St. Gregorios Orthodox Church Sunday School, Mysore

Government House Road, Nazarbada Mysore-570010. Phone - 0821-2443705



Vicar:

Rev. Fr. Skariah Mathew

Head Mistress:

Mrs. Ponnamma Unni



Students: 40 Teachers: 12

Teachers: Shino Rajan, Leena Melwin, Shinu Koshy, Beena Mathew, Ajish K Abraham, Rekha Jacob, Binu Pappachen, Sophia Joshua, Litty Babu, Sijo Joy, Santhy Ajish

A smart man learns from his mistakes. A wise man learns from the mistakes of others.

Mar Gregorios Orthodox Church Sunday School - Kempapura, Hebbal

Kempapura, Hebbal, Bangalore-560024. Phone - 080-23435266



Vicar:

Rev. Fr. Dr.
Mathews M Daniel,

Head Master:

2010/2011

Mr. Biju Prasad

2012

Mr. Georgekutty Y.



Students: 97, Teachers: 27

Teachers: Suni Eapen, Sarasu Rajan, Liji M.G., Lija M.G., Sheena Johnson, Koshy George, Marykutty Philipose, Divya Abraham, Saji Thankachen, Betty Aju, Sheeja Philip, Latha Thomas, Alice Monilal, Renu Benny, Georgekutty Y., Sheela John, Sandeep Pullicot, Lucy A Koshy, Biju Prasad, Sherly Stephen, Joby Jacob, Susan George, Grace Varghese, Jolly Joseph, Veena John, Dr. Charlie Oommen, Dr. Liza Jacob

St. Gregorios Orthodox Church Sunday School - Mathikere

No. 264, 10th Main, 3rd Cross, Mathikere Extn, Bangalore-560 054. Phone - 080-23608307



Vicar:

Rev. Fr. K.M. Jacob

Head Master:

Mr. Kuruvilla Varghese



Students: 78, Teachers: 15

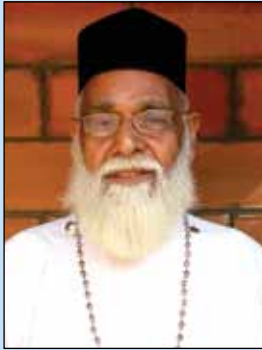
Teachers: Anu Elsy Chacko, Sowmya, Anju Paul, Siji Mathai, Ashley Biju, Geo George, Binu Shiju, Joji Varghese, Binu Mariam Jacob, Jinsu Mariam Mathew, Josephine Alexander, Sholly Varghese, Shenoy Mathai, Mini Abraham, Siji George, Biju Thankachen, Shemin Mary Simon, Elizabeth Saji Daniel, Sanjay TO, Kuruvilla Varghese

“Rather lose in a cause that will someday win, than win in a cause that will someday lose.”

St. Dionnysius Orthodox Church Sunday School, Dasarahalli

3rd Main Road, HMT Layout Ext, KRS Gowda Street, Nagasandra P.O, Dasarahalli, Bangalore-560073

Phone - 080-22724799



Vicar:

Very Rev. Abraham
Marett Cor-Episcopa

Head Master:

2010-Mr. O. Johny

2011/2012-

Mr. K.P. Chandy



Students: 78, Teachers: 13

Teachers: V.J. Thomas, Daison, Leelamma Thomas, Molly Abraham, Biju Abraham, Sony Oommen, Mabin Alex, Alvin Johnson, Aiju Chacko, Shyla Alias, Siji Joyce, Lincy P Jacob

St. Stephens Orthodox Church Sunday School – Vijayanagar

#2, Chandra Layout, Canara Bank Main Road, Vijayanagar, Bangalore-560040. Phone - 080-65341708



Vicar:

Rev. Fr. Abraham
Thomas

Very Rev. Joseph
Thekkekara Cor-
Episcopa

Vicar – 2010 & 2011

Head Master:

2010 –

Mr. P.C. Chacko Tharakan

2011- Mr. Varghese Lal



Students: 40, Teachers: 14

Teachers: P C Chacko Tharakan, Annie Easo Thomas, Thomas Mathew, Mariamma Tharakan, K K Roshny, Lincy George, Jomcy Joy, Nidhy, Bijoy M Varghese, Rinu Varghese, K K Roshani, Latha Anoon, Preeti Sajan, Roshan Varghese, Abraham Thomas, Nitya Thomas, Bineesh Philip, Aswathy

HE IS LORD

**“Heaven and earth shall pass away,
but my words shall not pass away”
(St. Matthew 24:35)**

Generations follow generations – Yet it lives.
Nations rise and falls – Yet it lives.
Kings, dictators, come and go– Yet it lives.
Torn, condemned, burned – Yet it lives.
Hated, despised, cursed – Yet it lives.
Doubted, suspected, criticized – Yet it lives.
Damned by atheists – Yet it lives.
Exaggerated by fanatics – Yet it lives.
Misconstructed and misstated– Yet it lives.
Ranted and raved about – Yet it lives.
Its inspiration denied – Yet it lives.
Yet it lives - as a lamp to our feet.
Yet it lives - as a light to our paths.
Yet it lives - as a standard for childhood.
Yet it lives - as a guide for youth.
Yet it lives - as an inspiration for the matured.
Yet it lives - as a comfort for the aged.
Yet it lives - as food for the hungry.
Yet it lives - as water for the thirsty.
Yet it lives - as rest for the weary.
Yet it lives – as light for the heathen.
Yet it lives - as salvation for the sinner.
Yet it lives - as grace for the Christian.
To know it is to love it.
To love it is to accept it.
To accept it means Life eternal.

- Author Unknown

**“The shortest distance between a problem and a solution is
the distance between your knees and the floor.**

Bangalore Zone Sunday Schools Calendar - 2012-13

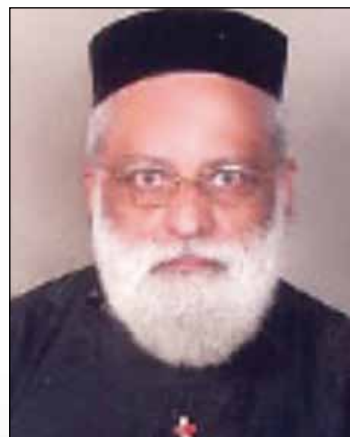
Date	Event	Venue (Church)
05-Feb-2012, Sun	OKR Sunday School Charity Day	All Churches
12-Feb-2012, Sun	Annual Day 2011/Quiz Competition	St. Gregorios OC, Mathikere
02-Mar-2012, Fri	Executive Committee Meeting	St. Gregorios Cathedral
22-Apr-2012, Sun	Annual General Body Meeting & Teachers Workshop	St. Mary's OC, Begur
17-Jun-2012, Sun	Memory Verses Competition	All Churches
17-Jun-2012, Sun	Executive Committee Meeting	Mar Yuhanon MOC, K.R. Puram
15-Jul-2012, Sun	Half Yearly Examination	All Churches
12-Aug-2012, Sun	Essay Competition	All Churches
19-Sep-2012, Wed	Singing/Elocution/Group Song Competition	District-1: St. Gregorios Cathedral District-2: Mar Gregorios, Hebbal
24-26 Oct-2012	Students Camp-2012 & Teachers Workshop	Carmelram, Sarjapura Road
25-Nov-2012, Sun	Annual Examination (Class Prep. to Std. IX & XI)	All Churches
09-Dec-2012, Sun	Sunday School Day	All Churches
09-Dec-2012, Sun	Annual Examination for SSFC/XII	District-1: St. Gregorios Cathedral District-2: St. Mary's Jalahalli
17-Feb-2013, Sun	Annual Day 2012/Quiz Competition	St. Mary's Valiyapalli, Jalahalli

AGEWISE GROUPING FOR 2012

Sub-Junior	: Those born in 2005 & after	Junior	: Those born in 2002, 2003 & 2004
Intermediate	: Those born in 1999, 2000 & 2001	Senior	: Those born in 1995, 1996, 1997 & 1998
Secondary	: Those born in 1993 & 1994		

RETIREMENT

Dear Achen,
We thank you for your prayers and guidance through all these years.
Best wishes on your retirement.



Very Rev. Joseph Thekkekara
Cor-Episcopa

**“Don't measure yourself by what you have accomplished,
but by what you should have accomplished with your ability.”**

OSSAE-OKR Annual General Body in September 2012: A Report

The Annual General Body 2012 of OSSAE-OKR was held at STOTS, Nagpur, 15-16 September 2012, which was led by H.G. Joseph Mar Dionysius (OKR President), H.G. Yuhanon Mar Milithios, Rev Dr Bijesh Philip (Principal, STOTS) and Rev Dr Geevarghese Kochupappy (OKR Director). More than 150 teachers participated in the two-day program from the seven Dioceses and the Gulf region. The Seminary students, Faculty and the supporting staff made excellent arrangements for the participants for transport, food, accommodation and all convenience.

The programs started with registration at 9:30 am on Saturday, 15th September with prayer, inaugural function, and lighting of lamp. Classes were led by Thirumenis and the main theme was “Gospel values vs. popular values of the dominant culture today”. The Souvenir-cum-Annual Report 2011 was released to mark the 10th anniversary of OSSAE-OKR. After noon-prayer and lunch, in the afternoon session, business meeting was conducted. At 6 pm evening prayer started and a film show on Catholicate was shown emphasizing the significance of Re-establishment of the Catholicate in Malankara. Sunday, 16th, the day started with night prayers at 5 am and Sunday Morning prayer at 7 am followed by Holy Qurbana. Almost all the participants received the Holy Communion. The teachers who rendered more than 20 years of Sunday school teaching were felicitated. The top-rankers of the SSFC and Secondary Exam 2011 and the winners of the Inter-Diocesan Competitions were awarded with mementos and cash prizes. The Annual General Body Meet concluded with thanksgiving and lunch at 1:30 pm.



Annual General Body Meeting at Nagpur (Inset – Ms. Neethu Sara Alex–1st Rank holder in Secondary Examination 2011 being felicitated).

From Bangalore Diocese, seven participants attended the AGBM including three from Hyderabad. Our Thirumeni, H.G. Abraham Mar Seraphim, wished all blessings to the AGBM on the eve of the Annual Meet, as His Grace had to return to Bangalore on 14th Friday evening. Among those felicitated, Neethu Alex and Deepthi George (St George, Indiranagar), the first and third rank holders, respectively, of Secondary Examination 2011, deserve special appreciation and best wishes. Five teachers from Bangalore and four from Hyderabad Zones were also felicitated with Teachers Award for more than 20 years of Sunday School ministry.

K.C. Thomas

(Director, OSSAE-OKR, Bangalore Diocese)

Character building thoughts:

1. I feel successful when I do my best.
2. How I look is not as important as how I act.
3. When I use my time wisely, I have enough time to do all things I want to do.
4. I treat other the way I want them to treat me.
5. What I say and how I say it tells others the kind of person I am.

“Someone who bears a grudge while he prays is like a person who sows in the sea and expects to reap a harvest.” - St. Isaac The Syrian

Prize Winners List: Year - 2010-11

EVENT/GROUP	PRIZE	NAME	CHURCH	PRIZE	NAME	CHURCH
MEMORY VERSES						
REGION - 1						
JUNIOR	I	Sherin Johnson	Mar Yuhanon, KR Puram	I	Noel Johnson	Mar Gregorios, Hebbal
	II	Karen Susan Alex	St. Thomas, Bangalore East	II	Rahael Jacob Mamoottil	Mar Gregorios, Hebbal
	III	Koshy Thomas C	St. George, Indiranagar	II	Ann C. Anil	Mar Gregorios, Hebbal
INTERMEDIATE	I	Shilpa M. Varghese	St. George, Indiranagar	I	Nikhil Johnson	Mar Gregorios, Hebbal
	II	Sonu Mary Alex	St. George, Indiranagar	II	Elizabeth Kuruvilla	St. Gregorios, Mathikere
	III	Shruti Anna Joseph	St. Thomas, Bangalore East	III	Mathew Isaac	St. Mary's, Jalahalli
SENIOR	I	Shalin Susan Varghese	St. Gregorios Cathedral	I	Betsy Mary Saini	St. Stephen's, Vijayanagar
	II	Miriam Ann Philip	St. Gregorios Cathedral	II	Varghese P. Kuruvilla	St. Gregorios, Mathikere
	III	Sharon V. Anil	Mar Yuhanon, KR Puram	III	Abin Iype	St. Mary's, Jalahalli
ESSAY						
JUNIOR	I	Sherin Johnson	Mar Yuhanon, KR Puram	I	Noel Johnson	Mar Gregorios, Hebbal
	II	Jacob Mathew	St. Gregorios Cathedral	II	Ann C. Anil	Mar Gregorios, Hebbal
	II	Binil Mathew	St. Mary's, Begur	III	Stefy Mary Mathew	St. Gregorios, Mathikere
INTERMEDIATE	I	Sonu Mary Alex	St. George, Indiranagar	I	Merin Yohannan	St. Mary's, Jalahalli
	I	Shilpa M. Varghese	St. George, Indiranagar	II	Mathew Isaac	St. Mary's, Jalahalli
	I	Helen Anna Neel	St. Mary's, Begur	II	Ryan Jacob Samuel	St. Mary's, Jalahalli
SENIOR	I	Betsy Reeba Mathew	St. Mary's, Begur	II	Christene Elizabeth Mathew	St. Mary's, Jalahalli
	II	Rose Joy	St. Thomas, Bangalore East	I	Anju Ann Mathew	St. Mary's, Jalahalli
	III	Nikhil V Joseph	St. Thomas, Bangalore East	II	Riya Ann	St. Mary's, Jalahalli
SECONDARY	III	Roshni George	St. George, Indiranagar	II	Mariam Thankachen	St. Dionysius, Dasarahalli
	III	Liana Philip	Mar Yuhanon, KR Puram			
	I	Sneha Susan George	St. George, Indiranagar	I	Greeshma Elizabeth Eapen	St. Mary's, Jalahalli
	II	Neethu Sara Alex	St. George, Indiranagar	II	Premi Elizabeth Ninan	St. Mary's, Jalahalli
	III	Akash C Mathew	St. Thomas, Bangalore East			
	III	Anand C Mathew	St. Thomas, Bangalore East			

EXAMINATION 2010-11						
Class IV	I	Sherin Johnson	Mar Yuhanon, KR Puram	I	Noel Johnson	Mar Gregorios, Hebbal
	II	Sheona T. Joseph	St. George, Indiranagar	II	Ryan Jacob Samuel	St. Mary's, Jalahalli
	III	Maria C. A.	St. George, Indiranagar	III	Susannah Alexander	St. Mary's, Jalahalli
Class V	I	Jacob Mathew	St. Gregorios Cathedral	I	Jane Elizabeth Vaidyan	St. Mary's, Jalahalli
	II	Meril Saji	St. Thomas, Bangalore East	II	Sherin E Varghese	St. Mary's, Jalahalli
	III	George Stephen	St. Gregorios Cathedral	III	Jacob Epen	Mar Gregorios, Hebbal
Class VI	I	Shilpa M. Varghese	St. George, Indiranagar	I	Blessy Babukutty	St. Mary's, Jalahalli
	II	Sonu Mary Alex	St. George, Indiranagar	II	Sijo K. Jose	St. Dionysius, Dasarahalli
	III	Jijiss Basil Joy	St. Gregorios Cathedral	III	Jerin Gregory Benny	Mar Gregorios, Hebbal
Class VII	I	Saju Sam Mathew	St. Gregorios Cathedral	I	Elizabeth Kuruville	St. Gregorios, Mathikere
	II	Resha Reji	St. Gregorios Cathedral	II	Mathew Isaac	St. Mary's, Jalahalli
	III	Sanusha Saji	Mar Yuhanon, KR Puram	III	Nikil Johnson	Mar Gregorios, Hebbal
Class VIII	I	Shilpa Merin Jhncy	St. Gregorios Cathedral	I	Christene Elizabeth Mathew	St. Mary's, Jalahalli
	II	Reshma Elizabeth Kurian	St. Gregorios Cathedral	II	Varsha Wilson	Mar Gregorios, Hebbal
	III	Rose Joy	St. Thomas, Bangalore East	III	Ashwin Mathew	Mar Gregorios, Hebbal
Class IX	I	Shaney Ann Thomas	St. George, Indiranagar	I	Mariam Thankachen	St. Dionysius, Dasarahalli
	II	Nikita Biju	St. Thomas, Bangalore East	II	Sam Abraham Mathew	St. Gregorios, Mathikere
	III	Anu Elza John	St. Basileos, Marthahalli	III	Varghese P. Kuruville	St. Gregorios, Mathikere
Class X	I	Miriam Ann Philip	St. Gregorios Cathedral	I	Diya Annette Samuel	St. Mary's, Jalahalli
	I	Shalin Susan Varghese	St. Gregorios Cathedral	II	George Philip Paniker	St. Gregorios, Mathikere
	II	Rahul S. Jacob	St. George, Indiranagar	III	Adithya Abraham Philip	St. Mary's, Jalahalli
Class XI	I	Neethu Sara Alex	St. George, Indiranagar	I	Premi Elizabeth Ninan	St. Mary's, Jalahalli
	II	Sneha Susan George	St. George, Indiranagar	II	Shijo Varghese	St. Mary's, Jalahalli
	III	Mariam George	St. Thomas, Bangalore East	III	Ananya Das	Mar Gregorios, Hebbal
Class XII	I	Ajay Thomas	St. George, Indiranagar	I	Greeshma Elizabeth Epen	St. Mary's, Jalahalli
	II	Tina Mary Abbey	St. George, Indiranagar	I	Shamly Elizabeth Varghese	St. Mary's, Jalahalli
	III	Meera Elsa Mathew	St. George, Indiranagar	I	Rahul Cherian	St. Mary's, Jalahalli
ELOCUTION 2010-11						
JUNIOR	I	Neha Ann Cherian	St. George, Indiranagar	I	Angela Suzanna Philip	St. Mary's, Jalahalli
	II	Karen Susan Alex	St. Thomas, Bangalore East	II	Allen J. Mathew	St. Mary's, Jalahalli
	III	Rebecca Mathew	St. Gregorios Cathedral	III	Rahael Jacob Mamoottil	Mar Gregorios, Hebbal
III	Kevin Mathew	St. Mary's, Begur				

INTERMEDIATE	I	Sonu Mary Alex	St. George, Indiranagar	I	Christene Elizabeth Mathew	St. Mary's, Jalahalli
	II	Riya Mary Mathew	St. Thomas, Bangalore East	II	Mathew Isaac	St. Mary's, Jalahalli
	III	Helen Anna Neel	St. Mary's, Begur	III	Anisha Maria Koshy	Mar Gregorios, Hebbal
SENIOR	I	Elizabeth Riya Roy	St. Gregorios Cathedral	I	Adithya Abraham Philip	St. Mary's, Jalahalli
	II	Nikhil V Joseph	St. Thomas, Bangalore East	II	Swaroop M. Jacob	St. Gregorios, Mysore
	III	Betsy Reeba Mathew	St. Mary's, Begur	III	Diya Annette Samuel	St. Mary's, Jalahalli
SECONDARY			I	Dinah C.J.	Mar Gregorios, Hebbal	
SOLO SINGING 2010-11						
Sub Juniors	A+	Andrea Sabu	Mar Yuhanon, KR Puram	A+	Betina Biju	Mar Gregorios, Hebbal
	A+	Koshy Thomas C	St. George, Indiranagar	A+	Ashin K. Shaji	St. Gregorios, Tumkur
	A+	Adam G. Alexander	St. Baselios, Marthahalli	A+	Joslyn Jays	St. Mary's, Jalahalli
	A+	Annett E Thomas	St. Gregorios Cathedral	A	Angel Jibi John	St. Gregorios, Mathikere
	A+	Maria Stephen	St. Gregorios Cathedral	A	Jessica Jithu	Mar Gregorios, Hebbal
	A+	Sarah Mathew	St. George, Indiranagar	A	Jerrell Joy Boban	St. Gregorios, Mathikere
	A	Joshua Jijo Thomas	St. Thomas, Bangalore East	A	Michelle Sara John	St. Mary's, Jalahalli
Junior Boys	A	Sheryl Annie Thomas	St. Baselios, Marthahalli			
	A	Chris Joseph	Mar Yuhanon, KR Puram			
	A	Nandida Susan	St. Thomas, Bangalore East			
	I	Alwin Viju Cheeran	St. Thomas, Bangalore East	I	Abraham Gibi John	St. Gregorios, Mathikere
	II	Shaun Wilson	St. Gregorios Cathedral	II	Jonah Abraham	St. Gregorios, Mathikere
	III	Richie V. Alex	Mar Yuhanon, KR Puram	III	Noel Johnson	Mar Gregorios, Hebbal
	I	Tanya Mariam Thomson	St. Thomas, Bangalore East	I	Stefy Mary Mathew	St. Gregorios, Mathikere
Junior Girls	II	Neha Ann Cherian	St. George, Indiranagar	II	Sharon Jacob	Mar Gregorios, Hebbal
	III	Anne Varghese	St. Mary's, Begur	III	Tanya Ann Thomas	Mar Gregorios, Hebbal
	I	Rohan Thomas	St. George, Indiranagar	I	Nikhil Johnson	Mar Gregorios, Hebbal
	II	Allan Jacob	St. Baselios, Marthahalli	II	Mathew Isaac	St. Mary's, Jalahalli
	III	Ritchu Joe Thomas	St. George, Indiranagar	III	Ashin Babu	St. Mary's, Jalahalli
	I	Helen Anna Neel	St. Mary's, Begur	I	Jesmi K Jose	St. Mary's, Jalahalli
	II	Sonu Mary Alex	St. George, Indiranagar	II	Ashley K. Shaji	St. Gregorios, Tumkur
Senior Boys	III	Merryl Mariam Biju	St. Baselios, Marthahalli	III	Grace Mariam Daniel	St. Mary's, Jalahalli
	I	Nikhil V Joseph	St. Thomas, Bangalore East	I	Arthik Alexander	St. Gregorios, Mathikere
	II	Abish Rajan	St. George, Indiranagar	II	George Phillip Paniker	St. Gregorios, Mathikere
	III	Liju V	Mar Yuhanon, KR Puram	III	Abin Iype	St. Mary's, Jalahalli

Senior Girls	I	Elizabeth Riya Roy	St. Gregorios Cathedral	I	Abisha Aju	Mar Gregorios, Hebbal
	II	Jintu Aliza Jacob	St. Baselios, Marthahalli	II	Anju Ann Mathew	St. Mary's, Jalahalli
	III	Nicole Mariam Issac	St. Gregorios Cathedral	III	Sherina Sara Jaison	St. Mary's, Jalahalli
Secondary	I	Carol Prins	St. Gregorios Cathedral	I	Premi Elizabeth Ninan	St. Mary's, Jalahalli
	II	Carol Ann Issac	St. Gregorios Cathedral	II	Rachel Thomas	St. Gregorios, Mathikere
	III	Bency Babu	St. Thomas, Bangalore East	III	Dinah C.J.	Mar Gregorios, Hebbal

WORSHIP/GROUP SONG

WORSHIP SONG

First - St. Baselios Orthodox Church, Marthahalli
Merryl Mariam Biju, Allan Jacob, Nikita Elizabeth Mathew, Navya Elias, Jintu Aliza Jacob, Jogi John, Mekha Mathew, Alen P Alexander, Anjali Raju

Second - St. George, Indiranagar
Shilpa M. Varghese, Allan Jaison, Ritthu Joe Thomas, Nitin Zachariah, Abraham K. Korath, Neha Ann Cherian, Ashwini Thomas, Sonu Mary Alex, Christina M. Korath, Rohan Thomas

Third - Mar Yuhanon Mamdana, KR Puram
Julie J. Samuel, Juby J. Samuel, Liana Philip, Sharon V. Anil, Anju Mary Jacob, Anju Elezabeth, Binitha Biju, Liju V, Sinu K Sunny

First - St. Gregorios, Mathikere

Litty Mariyam Kunju, Jisha T Shaji, Rinju Joy, Betsy Susan Babu, Soji Joy, Jinu Mariam Mathew, Sam Abraham Mathew, Arthik Alexander, Shebin Sam Simon, Abraham Gibi John

Second - St. Mary's Valiapally, Jalahalli

Anju Ann Mathew, Sherina Sara Jaison, Jesmi K Jose, Ryan Jacob Samuel, Ahron Abraham Maret, Jeffrey Jays, Jane Elizabeth Vaideyan, Ashin Babu, Grace Mariam Daniel, Riya Grace Xavier

Third - Mar Gregorios, Hebbal

Tanya Ann Thomas, Anisha Maria Koshy, Sarah Philip, Rahael Jacob Mamootil, Sharon Jacob, Yuktha Das, Benita Biju

QUIZ

SENIOR	I	Shalin Susan Varghese	St. Gregorios Cathedral	I	Nikhil Johnson	Mar Gregorios, Hebbal
	I	Miriam Ann Philip	St. Gregorios Cathedral	I	Noel Johnson	Mar Gregorios, Hebbal
	II	Sherin Johnson	Mar Yuhanon, KR Puram	II	Sam Abraham Mathew	St. Gregorios, Mathikere
	II	Joel B Mathew	Mar Yuhanon, KR Puram	II	Elizabeth Kuruville	St. Gregorios, Mathikere
	III	Varghese C Joseph	St. Thomas, Bangalore East	III	Abin lype	St. Mary's, Jalahalli
	III	Nikhil V Joseph	St. Thomas, Bangalore East	III	Diya Annette Samuel	St. Mary's, Jalahalli

Regional Individual Champions

Region 1: Ms. SONU MARY ALEX, St. George Orthodox Church, Indiranagar.

Region 2: Master NOEL JOHNSON, Mar Gregorios Orthodox Church, Hebbal.

**Asatho Ma Sathgamaya,
Thamaso Ma Jyothirgamaya
Mruthyorma Amrthangamya**

*Lead me towards truth from untruth
Lead me towards light from darkness
Lead me towards immortality from Death*
- Vedas

**“Never bear more than one kind of trouble at a time.
Some people bear three-all they have had, all they have now,
and all they expect to have.”**

Prize Winners List: Year - 2011-12

EVENT	PRIZE	NAME	CHURCH	PRIZE	NAME	CHURCH
MEMORY VERSES						
DISTRICT - 1			DISTRICT - 2			
JUNIOR	I	Rebecca Mathew	St.Gregorios Cathedral	I	Ann C Anil	Mar Gregorios, Hebbal
	II	Koshy Thomas C	St.George Indiranagar	II	Rahael Jacob	Mar Gregorios, Hebbal
	III	Anu Rachael Joseph	St. Baselios ,Marthahalli	III	Soshanna Abraham	St. Mary's, Jalahalli
INTER-MEDIATE	I	Sherin Johnson	Mar Yuhanon, K.R.Puram	I	Noel Johnson	Mar Gregorios, Hebbal
	II	Sonu Mary Alex	St.George Indiranagar	II	Elizabeth Kuruvilla	St. Gregorios, Mathikere
	III	Karen Susan Alex	St.Thomas Bangalore East	III	Ashely K Shaji	St. Gregorios, Tumkur
SENIOR				III	Simi Susan Simon	St. Gregorios, Tumkur
	I	Shilpa Merin Johncy	St. Gregorios Cathedral	I	Niki Johnson	Mar Gregorios,Hebbal
	II	Shilpa M. Varghese	St. George, Indiranagar	II	Betsy Mary Sainy	St.Stephen's Vijayanagar
	III	Alex V S	St. Gregorios Cathedral	III	Susan Koshy	St.Gregorios,Mysore
	III	Nikhil J Joseph	St.Thomas Bangalore East			
ESSAY						
JUNIOR	I	Binil Mathew	St. Mary's , Begur	I	Ann C. Anil	Mar Gregorios, Hebbal
	II	Riya Ann Easow	St. Baselios, Marthahalli	II	Soshanna Abraham	St. Mary's, Jalahalli
	III	Riya Thomas	St. Thomas, B'lore East	III	Angela S.	St. Mary's, Jalahalli
INTER-MEDIATE	I	Sherin Johnson	Mar Yuhanon, K.R.Puram	I	Noel Johnson	Mar Gregorios, Hebbal
	II	Anju Elsa Mathew	St. Baselios, Marthahalli	II	Sherin Elizabeth Varghese	St. Mary's, Jalahalli
	III	Sonu Mary Alex	St. George, Indiranagar	II	Elizabeth Kuruvilla	St. Gregorios, Mathikere
SENIOR	III	Karen Susan Alex	St. Thomas, B'lore East	II	Cyril Issac	St. Gregorios, Tumkur
	I	Shilpa Merin Johncy	St. Gregorios Cathedral	I	Jain V. John	St. Dionysius, Dasarahalli
	II	Shilpa M. Varghese	St. George, Indiranagar	II	Christene Mathew	St. Mary's, Jalahalli
SECONDARY	II	Helena Susan Daniel	St. Baselios, Marthahalli	III	Anju Ann Mathew	St. Mary's, Jalahalli
				III	Merin Yohannan	St. Mary's, Jalahalli
				III	Roshan Reji	St. Dionysius, Dasarahalli
	I	Neethu Sara Alex	St. George, Indiranagar	I	Dinah C.J.	Mar Gregorios, Hebbal
	II	Deepthi M. George	St. George, Indiranagar	II	Rejo Jacob Johnson	St. Stephen's, Vijayanagar
	III	Sneha Susan George	St. George, Indiranagar	III	Shijo E Varghese	St. Mary's, Jalahalli

EXAMINATION 2011-12						
Class IV	I	Koshy Thomas	St. George, Indiranagar	I	Simran J Abraham	St. Mary's , Jalahalli
	II	Joel B Mathew	Mar Yuhanon, KR Puram	II	Tanya Ann Thomas	Mar Gregorios, Hebbal
	III	Tanya Mariam Thomson	St. Thomas, Bangalore East	III	Aarthi Ann Joseph	St. Stepehn's, Vijayanagar
Class V	I	Sherin Johnson	Mar Yuhanon, KR Puram	I	Noel Johnson	Mar Gregorios, Hebbal
	II	Riya Sarah Paul	St. Thomas, Bangalore East	II	Ryan Jacob	St. Mary's, Jalahalli
	III	Mita Biju	St. Gregorios Cathedral	III	Stefy Mary	St. Gregorios, Mathikere
Class VI	I	Ann Elsa Neel	St. Mary's Begur	I	Jane Elizabeth	St. Mary's , Jalahalli
	II	Sneha Alice Jacob	St. Baselios, Marthahalli	II	Sherin E Varghese	St. Mary's , Jalahalli
	III	Jerine Susanna Alexander	St. Gregorios Cathedral	III	Jerin Johnson	Mar Gregorios, Hebbal
Class VII	I	Jijiss Basil Joy	St. Gregorios Cathedral	I	Jerin Gregory Benny	Mar Gregorios, Hebbal
	II	Sonu Mary Alex	St. George, Indiranagar	II	Blessy Babukutty	St. Mary's , Jalahalli
	III	Shilpa Varghese	St. George, Indiranagar	III	Simi Varghese	St. Mary's , Jalahalli
Class VIII	I	Merry Biju	St. Baselios, Marthahalli	I	Elizabeth Kuruvilla	St. Gregorios, Mathikere
	II	Navya Elias	St. Baselios, Marthahalli	II	Noel Thomas	Mar Gregorios, Hebbal
	III	Sanju Sam Mathew	St. Gregorios Cathedral	III	Betsy Susan Babu	St. Gregorios, Mathikere
Class IX	I	Shilpa Merin Johncy	St. Gregorios Cathedral	I	Christene Elizabeth Mathew	St. Mary's , Jalahalli
	II	Rose Joy	St. Thomas, Bangalore East	II	Ashwin Mathew	Mar Gregorios, Hebbal
	III	Nikita Elizabeth Zacharia	St. Thomas, Bangalore East	III	Riya Robin	St. Mary's, Jalahalli
Class X	I	Betsy Reeba Mathew	St. Mary's , Begur	I	Swarna Mariam Jos	St. Mary's Jalahalli
	I	Elizabeth Abraham	St. Mary's, Begur	II	Varghese P Kuruvilla	St. Gregorios, Mathikere
	II	Nikhil J Jose	St. Thomas, B'lore East	II	Mariam Thankachan	St. Dionysius, Dasarahalli
Class XI	II	Rithika Abraham	St. Thomas, B'lore East			
	I	Sijo M Varghese	St. George, Indiranagar	I	Diya Annette Samuel	St. Mary's, Jalahalli
	II	Rahul S Jacob	St. George, Indiranagar	II	Gamaliel Mathews	Mar Gregorios, Hebbal
Class XII	III	Sneha Jacob	St. Thomas, Bangalore East			
	I	Neethu Sara Alex	St. George, Indiranagar	I	Premi Elizabeth Ninan	St. Mary's, Jalahalli
	II	Deepthi M. George	St. George, Indiranagar	II	Shijo E Varghese	St. Mary's , Jalahalli
III	Sneha Susan George	St. George, Indiranagar	II	Dinah C.J.	Mar Gregorios, Hebbal	
ELOCUTION 2011-12						
JUNIOR	I	Tanya Mariam Thomson	St. Thomas Bangalore East	I	Rahael Jacob	Mar Gregorios OC, Hebbal
	II	Aishi C. Viju	St. Thomas Bangalore East	II	Angela Suzanna Philip	St. Mary's Valiapally

	III	Annette E. Thomas	St. Gregorios Cathedral	III	Liya Paul	St. Stephen's Vijayanagar
				III	Thomas V. Philip	St. Mary's Valiapally
INTER-MEDIATE	I	Ann Elsa Neel	St. Mary's, Begur	I	Anisha Maria Koshy	Mar Gregorios OC, Hebbal
	II	Neha Sara John	St. Gregorios Cathedral	II	Ryan Jacob Samuel	St. Mary's Valiapally
	III	Sonu Mary Alex	St. George, Indiranagar	III	Elizabeth Kuruvilla	St. Gregorios, Mathikere
	III	Sandra Rebecca Mathew	St. Gregorios O Cathedral			
SENIOR	I	Nikhil J. Jose	St. Thomas Bangalore East	I	Thejas Abraham	St. Gregorios OC, Mysore.
	II	Helen Anna Neel	St. Mary's, Begur	II	Christene Elizabeth Mathew	St. Mary's, Jalahalli.
	III	Betzy Reba Mathew	St. Mary's, Begur	III	Mariam Thankachen	St. Dionysius OC, Dasarahalli
SECONDARY	I	Liana Philip	Mar Yuhanon, K.R.Puram	I	Reethu Mariam Joseph	Mar Gregorios O C, Hebbal.
	II	Sharon V. Anil	Mar Yuhanon, K.R.Puram	I	Dinah C.J.	Mar Gregorios O C, Hebbal
SOLO SINGING 2011-12						
SUB JUNIORS	A+	Joshua Jiju Thomas	St. Thomas Bangalore East	A+	Nikita Moncy	Mar Gregorios, Hebbal
	A+	Adam G. Alexander	St. Basellos, Marthahalli	A+	Tiara S. Kurian	St. Mary's Valiapally
	A+	Angela Peter	St. Mary's, Begur	A+	Angel Gibi John	St. Gregorios, Mathikere
	A+	Joseph C. Thomas	St. George, Indiranagar	A+	Yuhan Jacob	Mar Gregorios, Hebbal
	A+	Rachel Joy Thomas	St. Gregorios Cathedral	A+	Anu Thampi	St. Stephen's, Vijayanagar
	A	Maria Stephen	St. Gregorios Cathedral	A+	Nayomi Liz Thomas	St. Mary's, Jalahalli.
	A	Ken S. Eapen	St. Mary's, Begur	A	Peter Shaji	St. Dionysius OC, Dasarahalli
	A	Rhea Elizabeth Jaison	St. George, Indiranagar	A	Shon Gregory	St. Dionysius OC, Dasarahalli
	A	Joel Reji	Mar Yuhanon, K.R.Puram			
	A	Rebecca Sara Stalin	St. Thomas Bangalore East			
	A	Sharon Elizabeth Thomas	St. Thomas Bangalore East			
	A	Andrea Sabu	Mar Yuhanon, K.R.Puram			
JUNIORS	I	Tanya Maria Thomson	St. Thomas Bangalore East	I	Rahael Jacob	Mar Gregorios OC, Hebbal
	II	Olivia Mary Jacob	St. Gregorios Cathedral	II	Sosanna Abraham Maret	St. Mary's, Jalahalli
	III	Merin Mariya Neel	St. Mary's, Begur	III	Leena Thomas	St. Gregorios OC, Mysore
INTERMEDIATE	I	Ann Elsa Neel	St. Mary's, Begur	I	Jisha T. Shaji	St. Gregorios OC, Mathikere
	II	Sonu Mary Alex	St. George, Indiranagar	II	Jesmi K. Jose	St. Mary's, Jalahalli
	III	Alen Rachel George	St. Thomas Bangalore East	III	Mehru Susan	St. Gregorios OC, Mysore
SENIOR	I	Nicole M. Issac	St. Gregorios Cathedral	I	Sherina Sara Jaison	St. Mary's, Jalahalli
	II	Rohan Thomas	St. George, Indiranagar	II	Merin R. Thomas	St. Mary's, Jalahalli
	III	Rose Joy	St. Thomas Bangalore East	III	Arthik Alexander	St. Gregorios OC, Mathikere

SECONDARY	I	Julie J. Samuel	Mar Yuhanon, K.R. Puram	I	Premi Elizabeth Ninan	St. Mary's, Jalahalli
	II	Juby J. Samuel	Mar Yuhanon, K.R. Puram	I	Reethu Mariam Joseph	Mar Gregorios OC, Hebbal
				II	Dinah C.J	Mar Gregorios OC, Hebbal

WORSHIP/GROUP SONG 2011-12

Worship Song

First - St. Thomas O C Bangalore East

Rose Joy, Roshan Zachariah, Nikhil J. Jose, Alwin Viju, Ajin V Joseph, Binoy K. Baby, Alen Rachel George, Navya Anna Paul, Namitha Sara Varghese, Riya Sara Paul

Second - St. Gregorios O Cathedral

Jinu Jayan, Rhea Roby, Rubin Babu, Alex Mathew, Allen Jacob Thomas, Blesson Yohanon, Sneha Alisha Mathew, Lisha Benny, Anusha P. Joy, Nissin T. Kurjumon

Third - St. Baselios OC, Marthahalli

Merryl Biju, Nikitha Mathew, Allan Jacob, Allen P. Alexander, Adam G. Alexander, Joji John, Jintu Jacob, Anju Mathew, Navya Elias

First - St. Mary's Orthodox Valliapally, Jalahalli

Riya Grace Xavier, Sherina Sara Jaison, Jane Elizabeth Vaidhyan, Grace Mariam Daniel, Aksha Iype, Sherin Elizabeth, Karan Susan Abraham, Ajusha Daniel, Nikkie Elizabeth, Merin R. Thomas.

Second - Mar Gregorios Orthodox Church, Hebbal

Tanya Ann Thomas, Jerin Gregory Benny, Rahael Jacob, Anisha Maria Koshy, John George, Sharon Jacob, Jeswin T Varghese, Rebecca Tom, Benita Biju, Yukta Das

Third - St. Dionysius Orthodox Church, Dasarahalli

Roshan Reji, Reenu Susan Thomas, Mariam Thankachen, Hamli Susan, Linsa Thankam Alex, Jency Anna Job, Soja Raichel, Ashley T Alias, Namitha Liz Roney, Irine Varghese

QUIZ 2011-12

Junior & Inter's	I	Sherin Johnson	Mar Yuhanon, K.R. Puram	I	Noel Johnson	Mar Gregorios, Hebbal
	I	Joel B Mathew	Mar Yuhanon, K.R. Puram	I	Jerin Johnson	Mar Gregorios, Hebbal
	II	Neha Sara John	St. Gregorios Cathedral	II	Elizabeth Kuruvilla	St. Gregorios, Mathikere
	II	Mita Biju	St. Gregorios Cathedral	II	Sandra Mary Saji	St. Gregorios, Mathikere
	III	Ann Elsa Neel	St. Mary's, Begur	III	Ryan Jacob Samuel	St. Mary's, Jalahalli
	III	Angela Mariam Eapen	St. Mary's, Begur	III	Blessy Babukutty	St. Mary's, Jalahalli
Senior	I	Shilpa Merin Johncy	St. Gregorios Cathedral	I	Abin Iype	St. Mary's, Jalahalli
	II	Helen Anna Neel	St. Mary's, Begur	II	Ammu Aniankunju	St. Gregorios, Mathikere
	III	Merry I Biju	St. Baselios, Marthahalli	III	Dinshy Jacob	St. Gregorios, Mathikere
Secondary	I	Deepthi M. George	St. George, Indiranagar	I	Dinah C.J.	Mar Gregorios, Hebbal
	II	Neethu Sara Alex	St. George, Indiranagar	II	Premi Elizabeth Ninan	St. Mary's, Jalahalli
	III	Miriam Ann Philip	St. Gregorios Cathedral			

Zonal Individual Champions

District 1: Ms. SHILPA MERIN JOHNCY of St. Gregorios Orthodox Cathedral & Ms. SHERIN JOHNSON of Mar Yuhanon Mamdana, K.R. Puram.

District 2: Master NOEL JOHNSON, Mar Gregorios Orthodox Church, Hebbal.

**“Life is like a multiple choice question,
sometimes the choices confuse you,
not the question itself.”**

**THANK YOU
Congratulations & Best Wishes to “THUNDIL TRADERS”
sponsors of Bodhini - 2012**

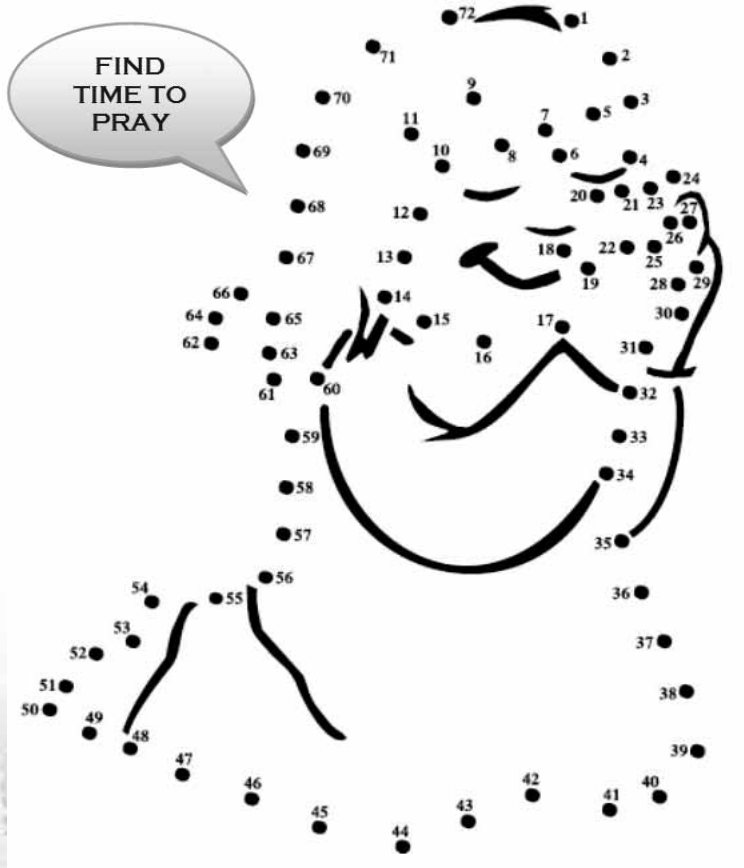
Kids Page

A) Find as many Christian values

L	O	V	E	D	H	E	L	P	O	O	D	K	E	Y
O	N	R	E	P	E	N	T	E	N	C	E	I	H	Q
R	C	H	A	P	P	Y	Q	P	I	A	H	N	E	B
D	H	G	G	O	O	D	N	E	S	S	O	D	A	E
S	A	R	T	R	U	T	H	A	E	E	P	N	R	D
P	S	A	C	R	I	F	I	C	E	R	E	E	I	I
A	T	C	G	E	N	T	L	E	N	E	S	S	N	E
T	I	E	N	G	S	E	R	V	I	C	E	S	G	N
I	T	S	O	F	A	S	T	I	N	G	L	E	E	C
E	Y	S	E	L	F	C	O	N	T	R	O	L	J	E
N	O	I	S	A	L	V	A	T	I	O	N	Z	O	I
C	H	A	R	I	T	Y	U	T	M	E	R	C	Y	S
E	G	L	A	D	P	R	A	Y	E	R	E	G	O	D
S	O	N	F	A	I	T	H	F	U	L	N	E	S	S
O	P	I	E	T	Y	H	U	M	I	L	I	T	Y	Y



B) Join the dots



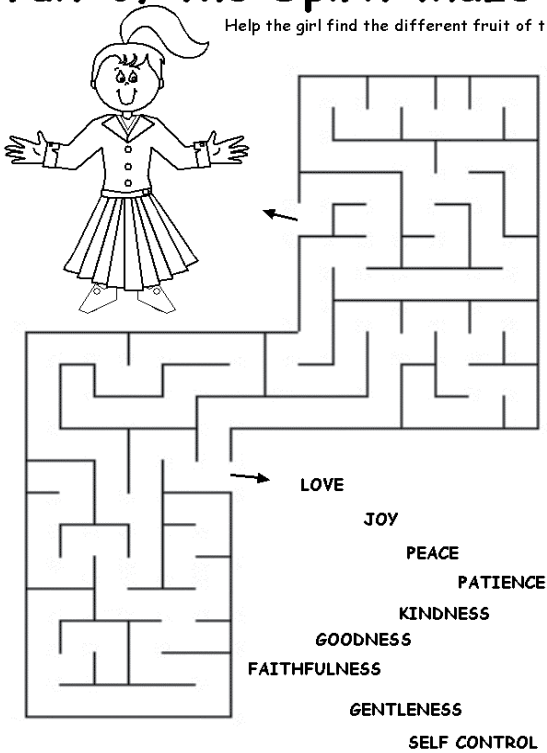
IT IS A GREAT
THING TO BE
FAITHFUL IN
LITTLE
THINGS.

PRIDE BRINGS
SHAME,
HUMILITY
BRINGS
WISDOM.

C) Maze-Fruits of the Spirit

Fruit of the Spirit Maze

Help the girl find the different fruit of the Spirit.



Answers:

- A) LOVE, OBEDIENCE, REPENTENCE, GOODNESS, TRUTH, SACRIFICE, GENTLENESS, SERVICE, MERCY, HOPE, HUMILITY, FASTING, JOY, PATIENCE, CHASTITY, PEACE, SELF CONTROL, CHARITY, HAPPY, OBEDIENCE, GLAD, PRAYER, FAITHFULNESS, PIETY, SALVATION, KINDNESS,.....some more.
- E) 1. Rev. Fr. M.P. Mathew
Modisseril, Niranam
2. Rev.Fr. Dr. V.C. Samuel
3. In 1943 at St. Paul's Church, Shivajinagar
4. Late H.G. Geevarghese Mar Osthathios
5. On 6th Aug 1972 by H.G. Mathews Mar Athanasius, Catholicos designate (Mathews I Bava)

D) Sunday School Humour

A Sunday school teacher was carefully explaining the story of Elijah the Prophet and the false prophets of Baal. She explained how Elijah built the altar, put wood upon it, cut the meat in pieces and laid it upon the altar.

And then Elijah commanded the people of God to fill four barrels of water and pour it over the altar. He had them do this four times. "Now, said the teacher, "can anyone in the class tell me why the Lord would have Elijah pour water over the meat on the altar?". A little girl in the back of the room raised her hand with great enthusiasm. "To make the gravy."

E) Orthodox Quiz (Do you know?)

- 1) Name the Priest who conducted the first Holy Qurbana in Bangalore?
- 2) Name the Priest from Bangalore who was the Director of the Faith & Order Commission of the World Council of Churches for 23 long years?
- 3) When and where did the first Orthodox Holy Qurbana conducted in Bangalore?
- 4) Who was known as 'Sabha Rathnam'?
- 5) When was the St. Gregorios Cathedral consecrated and dedicated for service?

Remember the three 'Rs':

Respect for self;

Respect for others;

Responsibility for all your actions.

Office bearers & Executive Committee - 2010 & 2011

Office Bearers

PRESIDENT	H.G. Dr. ABRAHAM MAR SERAPHIM, Bangalore Diocesan Metropolitan.
Vice President	Rev. Fr. V.P. Idichandy - St. Mary's Orthodox Church, Begur.
Diocesan Director	Mr. K.C.Thomas - St. Thomas Orthodox Church, Bangalore East
Zonal Secretary	Mr. George Panackamattom - St. Thomas Orthodox Church, Bangalore East
Bangalore District-1, Inspector	2011 - Mrs. Mary Varghese - St. Gregorios Cathedral, Hosur Road
Bangalore District-2, Inspector	2011 - Mr. N.M. Achenkunju - St. Mary's Orthodox Valiyapally, Jalahalli.
Staff Representative - District-1	Dr. Jacob N. Abraham - St. Gregorios Orthodox Cathedral, Hosur Road
Staff Representative - District-2	2010 - Mrs. Mercy Daniel - St. Mary's Orthodox Valiapally, Jalahalli 2011 - Mrs. Grace Varghese - Mar Gregorios Orthodox Church, Hebbal
Zonal Representative	Ms. Biji John - St. Gregorios Orthodox Cathedral, Hosur Road
Internal Auditor	2010 - Mr. Johnny O - St. Dionysius Orthodox Church Dasarahalli 2011 - Mr Varghese Daniel - St. Mary's Orthodox Valiyapalli, Jalahally

Executive Committee

CHURCH	VICAR	HEAD MASTER/MISTRESS
St. Gregorios Orthodox Cathedral	Very Rev. P.C. Philip Cor-Episcopa	Mr. M.K. Uthup
St. Mary's Orthodox Valiyapalli	Rev. Fr. Iype P. Alex	Mr. Moncy T. Thomas
St. George Orthodox Church	Very Rev.T.K. Thomas Cor-Episcopa	Mr. Thomas George
Mar. Yuhanon Mamdana, K.R. Puram	Very Rev. John Thomas Cor-Episcopa	Mr. K.C. Chacko
Mar Gregorios, Hebbal	Rev. Fr. Dr. Mathew M. Daniel	Mr. Biju Prasad
St. Baselios, Marathahalli	Rev. Fr. Saji Daniel	Mr. P.T. George
St. Thomas Bangalore East	Rev. Fr. Mani K. Varghese	Mr. Hardy Alexander
St. Stephens, Vijayanagar	Very Rev. Joseph Thekkekkara Cor-Episcopa	2010 - Mr. P.C.Chacko Tharakan 2011 - Mr.Varghese Lal
St. Gregorios, Mathikere	Rev. Fr. K.M. Jacob	Mr. Kuruvilla Varghese
St. Mary's Begur	Rev. Fr. V.P. Idichandy	Mr. Shibu Mathew
St. Dionysius, Dasarahalli	Very Rev Abraham Maret Cor-Episcopa	2010 - Mr. Johnny O 2011 - Mr. K.P. Chandy
St. Mary's, Mysore	Rev. Fr. Skariah Mathew	Mrs. Ponnamma Unni
St.Gregorios, Tumkur	Rev. Fr. Joshua Abraham	2010 - Mrs. Suja Raju 2011 - Mrs. Sheela Issac

Send your feedbacks to:
Email: sundayschool.bangalore@yahoo.com

OSSAE (OKR) Bangalore District - Annual Report - 2010

With the grace and blessing of the God we present our Annual Report for the year 2010-11.

The new Secretary and Office bearers assumed charges from 6th June 2010, at the AGM held at St. Mary's Orthodox Valiyapally. We wish to extend our sincere thanks and gratitude to **Ms. Biji John**, the outgoing **Secretary** for her contribution for the betterment of our Sunday schools in Bangalore during the last three years from May 2007 till June 2010.

Teachers and students - There are 1140 students (479 in Preparatory to Class III, 620 in class IV to X, 40 in classes XI & XII) and 210 teachers on the rolls of the OKR-Bangalore District submitted by 13 Sunday schools of Orthodox churches of Bangalore District, comprising Mysore, Tumkur and Bangalore.

Executive committee and General body meetings - There were 4 executive committee meetings conducted during the year at various parishes in Bangalore. The Annual General Body was conducted on 6th June 2010 at St. Mary's Valiyapally.

COMPETITIONS - Annually we conduct six competitions. **Memory Verses** was held on 22nd August 2010 and Essay competition on 19th September 2010.

Singing, Elocution & Worship Song Competitions were held on 2nd October 2010 simultaneously in two venues. Region 1 at St. Thomas Orthodox Church Bangalore East, under the guidance and supervision of district representative Dr. Jacob N. Abraham. Region 2 at St. Mary's Orthodox Valiyapally, Jalahalli, under the guidance and supervision of District Representative Ms. Biji John. We are happy to note the participation of St. Gregorios Orthodox Church Sunday School, Mysore for Singing and Elocution competitions.

Examinations - The Half Yearly examination was conducted on 25th July 2010 in the respective Sunday Schools. 20% weight age would be given for HY Examination. Annual examination for classes Preparatory to std. IX was conducted on 28th November 2010 at the respective churches. The Annual examination for Classes X and XII were conducted at one centre – St. Gregorios Orthodox Cathedral held on 12th December 2010. 50 students attended the SSFC examination and 7 students took up class XII examination. Mr. Jose Varghese & Mrs. Mary Varghese were deputed as Invigilators.

STUDENTS CAMP 2010 was held on 15th, 16th & 17th October 2010 at Christ Academy Begur. 130 students within the age group of 13 to 17 and about 30 volunteers/teachers participated in the three days Camp. Theme for this year's Camp was Psalms 100:5 "*Lord is good; His steadfast love endures forever and his faithfulness to all generations.*"

Detailed report is appended.

SSFC Results 2010: 47 students passed out of 50 appeared. 16 got First class. Miriam Ann Philip & Shalin Susan Varghese of Cathedral got first in Region-1. Diya Annette Samuel of St. Mary's Valiyapally and George Philip Paniker of St. Gregorios, Mathikere got first and second respectively in Region-II.

XII – Results 2010: All the 7 passed and 5 got first class. **Ajay Thomas**, Tina Mary Abbey and Meera Elsa Mathew of St. George, Indiranagar got 1st, 2nd and 3rd respectively from Region-1. Greeshama Elizabeth Eapen, Shamily Elizabeth Varghese and Rahul Cherian got first and Simsy Varghese got second class. All these 4 are from St. Mary's Valiyapally, Jalahalli.

Inter Diocesan competition held at STOTS Nagpur on 6th February 2011-Ms. Elizabeth Riya Roy of St. Gregorios Cathedral and Master Nikhil V. Joseph of St. Thomas Bangalore East won the titles Sunday School 'Prathiba' and 'Vijnani' respectively. Our Director Mr. K.C. Thomas, Ms. Biji John and Mrs. Mary Varghese accompanied the students.

Charity Programme - This year we had a new concept for collection. All the students and teachers were given a little piggy bank in which they were to collect money for charity purpose. The collected amount will be used for 2 purposes. The first being provision for scholarship to deserving students in our churches and the second for charity programme.

Annual Day 2010 went off well on 20th February 2011 at St. Mary's Orthodox Church, Begur. Our sincere thanks to all respected Vicars, HMs and SS Teachers and students, especially to the Vicar, HM and Parish members of St. Mary's Orthodox Church, Begur. Mrs. Grace Varghese, who have completed 20 years in SS teaching have been felicitated.

Individual Champions:

Region 1: Ms. SONU MARY ALEX, St. George Orthodox Church, Indiranagar.

Region 2: Master NOEL JOHNSON, Mar Gregorios Orthodox Church, Hebbal.

We gratefully acknowledge the support and prayers of our Achens, HMs, Teachers, especially our Thirumeni H.G. Dr. Abraham Mar Seraphim, for His Grace's constant encouragement and blessings, Vice-President Rev. Fr. V.P. Idichandy and Mr. K.C. Thomas, Director for their support and guidance.

Hon. Secretary
(George Panackamattom)

31st March 2011

OSSAE-OKR BANGALORE DISTRICT

Receipts & Payments Accounts as on 31st March 2011

R E C E I P T S			P A Y M E N T S		
Sl.	Particulars	Amount	Sl.	Particulars	Amount
1	To Opening balance - Cash	0.00	1	By Printing & Stationery/Xerox	6880.00
	Bank	24756.70	2	By Refreshments	649.00
2	To Interest earned Fixed Deposits	5410.00	3	By Postage/Courier charges	1413.00
3	To New SS Registration fees	200.00	4	By Competitions-Judges Honorarium	6000.00
4	To Students Annual Fees received	43240.00	5	By Loan Repayments to Ms. Biji John	23413.00
5	To Text Books sales	39230.00	6	By Bank charges	115.00
6	To SS-Unit Annual Fees: 11x50	550.00	7	By Students camp 2010 - Expenses	112850.00
7	To SSFC-Exam fees: 50x50	2500.00	8	By OSSAE - Text Books Payment	50596.00
8	To SSFC & XII Unit fees: 8x200	1600.00	9	By OKR - Farewell gift to Rev. Fr.Dr. Reji Mathew	5000.00
9	To XII - Exam fees: 10 x 50	500.00	10	By OKR-SSFC & XII-Exam Fees payments	5050.00
10	To Charity Box collection-2010	150171.00	11	By Annual Day 2010-Trophies & Prizes	18659.00
11	To SS Day-2010 Cover Collection	69425.00	12	By Inter-Diocesan Competition Exp.	10754.00
12	To OKR-Charity Collection-2011	2200.00	13	By OKR-Payments 2010-SS Day/Charity	57000.00
13	To Annual Day 2010 Contribution	10250.00	14	By Charity-Scholarship Payments-2010	19000.00
14	To Students Camp 2010 - Receipts	121570.00		Total Expenditure	317379.00
			15	By Closing Balance - Cash	7329.00
				Bank	146894.70
15	Fixed Deposits - (3 deposits)	95236.00	16	Fixed Deposits - (3 deposits)	95236.00
	Total	566838.70		Total	566838.70

**“Make a habit of two things: to help;
or at least to do no harm.”**

**Behaviour is the mirror in which
everyone shows their image.**

OSSAE (OKR) Bangalore Zone - Annual Report - 2011

With the blessing of the Almighty Father, the Son and the Holy Spirit we present our Annual Report for the year 2011-12.

Teachers and students-2011: There are 1227 students (530-in Preparatory to Class III, 649 - in class IV to X, 48 in Secondary classes XI & XII) and 240 teachers on the rolls of the OKR-Bangalore Zone, comprising 13 Sunday schools.

Change over from Bangalore District to Bangalore Zone:

The issue of elevation from District to Zonal status had been under active consideration since 2010 AGM. It was finally deliberated in our AGM held on 3rd April 2011 and subsequently approved by OKR. Eventually, under the Bangalore Zone, two Districts function: Bangalore District-1 comprising 6 Churches and Bangalore District-II comprising 7 churches including Tumkur and Mysore.

Calendar of Events: In the beginning of the year, we discuss and finalise the Calendar of Events for the year ahead viz. dates of Examination, competition, EC Meeting, Teachers' Workshop, Students' camp, AGM, etc This will be circulated to all Vicars, HMs and others concerned to enable them to plan and act accordingly in compliance of the laid down rules.

Executive Committee and General Body Meetings-2011:

Five Executive committee Meetings were conducted during the year of report, at different parishes in Bangalore. All decisions and matters were discussed and decided in the EC Meeting. Minutes were recorded and circulated. The Annual General Body was conducted on 3rd April 2011 at Mar Gregorios Orthodox Church, Hebbal, presided by the Diocesan Metropolitan H.G. Dr. Abraham Mar Seraphim. About 100 teachers were in attendance.

Teachers' Workshop and conference: Teachers' conference and Training were held twice-first conference was held on 3rd April 2011, at Mar Gregorios Orthodox Church, Hebbal, led by our Thirumeni and the second one was on 18th September 2011 at St. Baselios Orthodox Church, Marathahalli, led by H.G. Dr. Yuhanon Mar Demetrios, Asst. Metropolitan of Delhi Diocese. About 75 teachers had taken part.

Farewell to Ms. Biji John: We had arranged a farewell meeting to our former Secretary on 18th July, 2011, during her 'bon-voyage' to Canada. Vice President Achen, Diocesan Director, District Inspector, Head Masters and Teachers were present. Ms. Biji John's contributions were appreciated.

Competitions: Memory Verses was held on 19th June 2011 & Essay Competition was held on 21st August 2011. Singing, Elocution & Worship Song Competitions were held on 1st September 2011 simultaneously at two venues. Bangalore District-I at St. George Orthodox Church, Indiranagar, under the guidance and supervision of District Representative Mrs. Grace Varghese and Mr. P.C. Chacko Tharakan. Bangalore District - II at St. Dionysius Orthodox Church, Dasarahalli, under the guidance and supervision of district representatives Mrs. Mary Varghese and Mr. N.M. Achenkunju. It gives pleasure to note the participation of St. Gregorios Orthodox Church Sunday School, Mysore and Tumkur churches for Singing and Elocution competitions, was very much appreciated.

Examinations - The Half Yearly examination was conducted on 25th July 2011. 20% weight age of HY exam would be added along with AE marks. Annual examinations for Preparatory to std. IX and XI was conducted on 27th November 2011 at the respective churches. SSFC/XII Examination - was held on 11th December 2011, District wise at two centers. A Total of 71 students appeared for SSFC exam. Bangalore District -I examination venue was St. Gregorios Orthodox Cathedral. 40 students appeared for the SSFC and 5 students appeared for the class XII examination. Mrs. Grace Varghese and Mr. Varghese Lal were deputed as Superintendent and Invigilator respectively.

Bangalore District-II examination venue was St. Mary's Orthodox Valiyapally, Jalahalli. 34 students appeared for the SSFC and 3 students for Class XII respectively. Mrs. Mary Varghese and Dr. Jacob N. Abraham were deputed as Superintendent and Invigilator respectively. SAY (Save a year) Exam held on 26th February 2012. One of our SSFC-X, student from Mar Gregorios Orthodox Church, Hebbal, utilized this opportunity.

SSFC-Results: Out of the total 74 students appeared, 60 students passed and 37 got First class. Ms. SWARNA MARIAM JOS, of St. Mary's Orthodox Valiyapalli, is entitled for felicitation and her being the SSFC Topper from Bangalore Zone, bagged the 'ET Varghese Memorial SSFC Endowment Fund', a cash award, sponsored by our Staff Representative Mrs. Grace Varghese.

Secondary-Std. XII-2011 Results: All the 8 students of Std. XII, appeared passed out with First classes. Ashwathi Anna Philip-Cathedral, Mariam George - St. Thomas, Bangalore

East, Ms. Neethu Sara Alex, Ms. Deepthi M. George, Ms. Sneha Susan George of St. George Orthodox Church. Ms. Premi Elizabeth Ninan & Shijo Varghese—St. Mary's Valiyapally, and Dinah C.J.- Mar Gregorios, Hebbal. Three got eligibility for felicitations. 1. Neethu Sara Alex, 2. Deepthi M. George and 3. Sneha Susan George of St. George Orthodox Church, Indiranagar.

Secondary Ranks: Two of our Secondary class XII, students brought laurels to Bangalore Zone. **Ms. Neethu Sara Alex & Ms. Deepthi M. George** of St. George Orthodox Sunday School, Indiranagar, secured First and Third Rank respectively in OKR level. We congratulate and convey our good wishes to all the winners of SSFC and Class XII.

Students Camp—Students' camp for 2012 will be held on 24th, 25th and 26th October 2012 at Carmelram, off Sarjapur Road. Our beloved Thirumeni, H.G. Dr. Abraham Mar Seraphim has consented to be with the children during this period besides leading the camp.

OKR-Annual General Body Meeting and Prize distribution 2011: held on 10th and 11th September 2011 at St. Thomas Orthodox Theological Seminary, Nagpur. The theme for this meeting was 'Christian Parenting and Faith Formation'. The meeting was presided over by H.G. Dr. Yakob Mar Irenios, the president of OSSAE and was inaugurated by H.G. Dr. Joseph Mar Dionysius, the President of OSSAE-OKR. Diocesan Director, OKR – OVBS Secretary, Master Nikhil V. Joseph and the Zonal Secretary had represented our Diocese/Zone. In the absence of Ms. Elizabeth Riya Roy, Zonal Secretary received the 'Prathiba' award and Master. Nikhil V. Joseph received 'Vijnani' award.

New Head Masters: While congratulating all the Head Masters and Teachers for their self less services, we place on record our sincere gratitude to Mr. P.C. Chacko Tharakan, HM of St. Stephen's Orthodox Church, Vijayanagar, who has stepped down due to personal commitments during July 2011 and Mr. M.K. Uthup of Cathedral who has stepped down on 1st January 2012. We seek their continued support. We welcome the new Head Masters Mr. Varghese Lal and Mr. Prasad Samuel respectively.

Text Books: We thank OSSAE, Kottayam office and Mr. Chandy Samuel for their efforts in timely supply of quality Text Books as per our request.

Charity programme: This year also we have issued Charity Box to our students. It will be made available for Charity purpose at the right occasion. The 1st Sunday of February will be observed as SS Charity Day.

Sunday School Day Cover collection: We celebrated the birth day of John the Baptist, on the First Sunday in December as SS Day. All efforts were made for the success of cover collection. Even though there was 'Kalpana' from our BAVA Thirumeni in support of this, response from a few parishes was not encouraging.

Bodhini: The second edition of our publication – 'Bodhini' is due for 2010 and 2011. Mr. Biju Prasad, Hebbal, has been appointed as Chief Editor. SS group photos and articles of students and teachers will be the highlights of this edition.

Judges: The following persons were kind enough to spent their valuable time and served as Judges during our different competitions: Rev. Fr. K.M. Jacob, Rev. Fr. Abraham Thomas, Mrs. Asha Biju, Mr. Paul A. Arieckal, Dr. Mrs. Susan Alex Thomas and Mr. Johnson Joseph. We acknowledge and appreciate the service rendered by our Judges.

Annual Day-2011: Quiz competition and Annual Day prize distribution were conducted on 12th February 2012 at St. Gregorios Orthodox Church, Mathikere. There was a change in the conduct of Quiz competition from this year. While it was a combination of Oral and Written for Seniors. It was written round for Secondary. We have made this change as decided in the EC Meetings to identify and select the most deserving students for the next higher level of competitions.

Our Thirumeni H.G. Dr. Abraham Mar Seraphim presided the meeting, appreciated our way of functioning and distributed prizes and certificates. We were able to give better prizes this year and our thanks to Mr. Thomas George for designing and printing of the 2011 certificates.

Obituary: Master Dennis George Stazy, Std. XI student of St. Thomas Orthodox Church, Bangalore East on 29th April 2011 and Ms. Sherin S. Alexander, Std. VIII student of St. Mary's Orthodox Valiyapally SS passed away on 26th February 2012.

As a mark of tribute we observed one minutes silence during the EC Meeting held on 2nd March 2012 at Cathedral presided by our Thirumeni, in memory of our Senior Metropolitan late lamented H.G. Dr. Geevarghese Mar Osthathios.

Financial Positions: We maintain our Accounts on a daily basis and is subject to internal audit. Half yearly Accounts have been presented in the EC Meeting. We place on record our thanks to our Internal Auditor Mr. Varghese Daniel of St. Mary's Orthodox Valiyapally for his sincere service. Detailed Receipts & Payments Account is shown separately.

With effect from 1st April 2012 all banking transactions will be in the name of 'OSSAE-OKR BANGALORE ZONE'.

Individual Champions-2011: The following students are adjudged as district wise champions.

Bangalore District-I: **Ms. Shilpa Merin Johncy**, Std. IX, St. Gregorios Cathedral.

Ms. Sherin Johnson, Std. V, Mar Yuhanon Mamdhana, K.R. Puram

Bangalore District-II: **Master Noel Johnson**, Std. V, Mar Gregorios Orthodox Church, Hebbal.

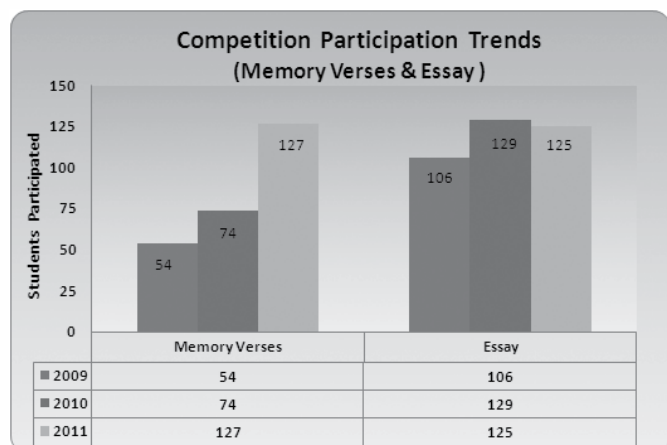
We express our gratitude to those who have donated/ contributed for SS Day, Charity and the Rolling Trophies.

We gratefully acknowledge the support and prayers of our Achens, Head Masters, Staff Representatives, Teachers,

parents and students. Our President H.G. Dr. Abraham Mar Seraphim, for His Grace's constant encouragement and blessings. Contribution of OKR Director Rev. Fr. Dr. Geevarghese K., OKR-OVBS Secretary, Mr. Thomas George, District Inspectors. Mrs. Mary Varghese and Mr. N.M. Achenkunju. Our young and active Vice-President Achen Rev. Fr. V.P. Idichandy for his able leadership and the timely guidance of Mr. K.C. Thomas, Diocesan Director are appreciated in the true spirit of our Christendom.

**Zonal Secretary
(George Panackamattom)**

22nd April 2012



**What is a cross?
It is a minus (-)
turned into a plus (+)**

OSSAE - OKR BANGALORE ZONE

Receipts & Payments Accounts as on 31st March 2012

R E C E I P T S			P A Y M E N T S		
Sl.	Particulars	Amount	Sl.	Particulars	Amount
1	To Opening balance - Cash	7329.00	1	By Printing & Stationery/Xerox	8227.00
	Bank	146894.70	2	By Refreshments	350.00
2	To Interest earned (SB & FD)	6990.00	3	By Postage/Courier charges	2229.00
3	To Students Camp 2012 - Receipts	4000.00	4	By Competitions - Judges Honorarium	5289.00
4	To Students Annual Fees received	46320.00	5	By Bank charges	130.00
5	To Text Books sales	37400.00	6	By Students camp 2012- Advance	10000.00
6	To SS - Unit Annual Fees: 11 x 50	650.00	7	By OSSAE - Text Books Purchase a/c	43319.00
7	To SSFC - Exam fees: 50 x 150	11300.00	8	By Donation/Contribution to AISSA	3000.00
8	To SSFC & XII Unit fees: 10 x 200	2000.00	9	By OKR-SSFC & XII -Exam Fees payments	14950.00
9	To XII - Exam fees: 11x150	1650.00	10	By Annual Day 2011 - Trophies & Prizes	25385.00
10	To Charity Box collection - 2010	7330.00	11	By Gift/felicitation a/c (Loan)	1828.00
11	To Charity Box collection - 2011	48161.00	12	By Charity Box purchase a/c	7030.00
12	To SS Day - 2010 Cover Collection	3000.00	13	By OKR-Payments 2011-SS Day/Charity	57000.00
13	To SS Day - 2011 Cover Collection	76985.00	14	By Charity-Scholarship Payments - 2011	26500.00
14	To Charity Box purchase- Donation	7030.00		Total Expenditure	205237.00
15	To Annual Day 2011 Contribution	10500.00	15	By Closing Balance-Cash	1722.00
16	To Students Camp 2010 - Receipts			Bank	57580.70
17	To E.T. Varghese SSFC Endowment Fund	8000.00	16	Fixed Deposits - (4 deposits)	127665.00
18	Fixed Deposits - (3 deposits + interest accrued)	97665.00	17	New Charity FD - Rs. 123000	123000.00
			18	E.T. Varghese SSFC Endowment Fund FD	8000.00
	Total	523204.70		Total	523204.70

Four steps to achievement:
Plan purposefully,
Prepare prayerfully,
Proceed positively,
Pursue persistently.

“No human being can take God as his Father unless he takes the Church as his mother.”
- St. Cyprian



How to be an effective Sunday School Teacher?

Teachers workshop on 3rd Apr 2011. Address by H.G. Dr. Abraham Mar Seraphim.



**“Better than a thousand days of diligent study
is one day with a great teacher. “**

Teaching is a noble profession, especially Sunday School teaching.

The sum and substance of Thirumeni's workshop is as follows:

- ✓ To know and understand the child is the best way to be an effective Sunday School teacher.
- ✓ The first thing is to keep a good relationship with the child/ to know the name of each and every student in his/her class.
- ✓ The next step is to bring them closer, sending birthday greetings and appreciating even the small things they do.
- ✓ To have a personal rapport with the parents
- ✓ Understand the background of the children, viz their family set up, etc
- ✓ A good teacher understand the needs of the students and act accordingly.
- ✓ Above all, Teacher is supposed to be a model for them and pray for them.

Teachers are the candle bearers of Christian Ministry among children. As Sunday School Teachers, we are entrusted with the responsibility for responding to the areas of concern in a child's growth as a Christian, viz. Self, The Holy Bible, God, Jesus, The Church, and the world around the child. A good teacher teaches not only in the traditional way, but also talks about the circumstances in everyday life that shows a child the best way to live. The role of the Sunday school teacher therefore, is as important as the pastoral teaching, without deviating from our basic objectives.

OSSAE-OKR (Bangalore Zone) - Office Bearers for 2012-13

President	H.G. Dr. Abraham Mar Seraphim
Vice President	Rev. Fr. V.P.Idichandy
Diocesan Director	Mr. K.C. Thomas
Zonal Secretary	Mr. George Panackamattom
Executive Committee	All Vicars & HM's
Staff Representatives	District 1 : Dr Jacob N Abraham - St Gregorios Cathedral
	District 2 : Mrs Grace Varghese - Mar Gregorios, Hebbal
District Inspectors	District 1 : Mrs Mary Varghese - St. Gregorios Cathedral
	District 2 : Mr N M Achenkunju - St. Marys Valiyapalli
Internal-Auditor	Mr. Varghese Daniel, St. Mary's Valiyapalli

Parish Bangalore District 1	Vicar	Headmaster/Headmistress 6 Sunday Schools
St. Gregorios Cathedral	Very Rev. P.C. Philip Cor-Episcopa	Mr. Prasad Samuel
St. Mary's, Begur	Rev. Fr. V.P. Idichandy	Mr. Shibu Mathew
St. Baselios, Marathahalli	Rev. Fr. Saji Daniel	Mr. P.T. George
St. George, Indiranagar	Very Rev. T.K. Thomas Cor-Episcopa	Mr. Thomas George
Mar Yuhanon Mamdana, K.R. Puram	Very Rev. John Thomas Cor-Episcopa	Mr. K.C.Chacko
St. Thomas, Bangalore East	Rev.Fr. Mani.K. Varghese	Mr. Hardy Alexander
Bangalore District 2		7 Sunday Schools
St. Mary's Valiapalli, Jalahalli	Rev. Fr. Iype P Alex	Mr. Moncy T. Thomas
St. Gregorios, Tumkur	Rev. Fr. Joshua Abraham	Mrs. Sheela Issac
St. Gregorios, Mysore	Rev. Fr. Skaria Mathew	Mrs. Ponnamma Unni
St. Stephens, Vijayanagar	Rev. Fr. Abraham Thomas	Mr. Varghese Lal
St. Gregorios, Mathikere	Rev. Fr. K.M.Jacob	Mr. Kuruvilla Varghese
Mar Gregorios, Hebbal	Rev. Fr. Dr. Mathews M Daniel	Mr. Y. Georgekutty
St. Dionysius, Dasarahalli	Very Rev. Abraham Maretu Cor-Episcopa	Mr. K.P. Chandy
BANGALORE ZONE		13 Sunday Schools

The purpose of OSSAE - OKR:

- to establish and run Sunday Schools and O.V.B.S. units with a view to bringing up the boys and girls of the Church as true God-fearing children, service oriented and loyal to the Church;
- to produce and distribute text books and other teaching aids for teaching the children the doctrines of the Church regarding the Holy Bible, precepts and practices of the Holy Church and the Church History, especially the History of the Malankara Church, and to inculcate moral values in their mind;
- to equip the teachers for the above;
- to conduct examinations for subjects of the curriculum and competitions for co-curricular talents; and
- to award certificates and honors to teachers as well as students.

“Life takes on new meaning when we invest ourselves in others”

STUDENTS' CAMP 2010

Students Camp - 2010

The second O.S.S.A.E.-OKR, Bangalore District Sunday Schools STUDENTS' CAMP was held between 15th and 17th October, 2010 at Christ Academy, Begur, Bangalore. 130 students in the age group of 13 to 17 participated in the Camp. Theme for the Camp was "Lord is good; His steadfast love endures forever and his faithfulness to all generations." Psalm 100:5.

Dr. Saramma Varghese (Rtd. Principal, Catholicate College, Pathanamthitta) was the Chief Guest, covering various aspects of the theme during all the three days. Rev. Fr. Jacob Mathew (Old Seminary, Kottayam), Ms. Elizabeth T. Angiras, Ms. Usha Rao, Mr. Krishna H. & Mr. Ruben Jacob were the other distinguished speakers for various sessions. Mr. Rijn Varghese coordinated the singing sessions and other games/ fun events during the Camp.

Sessions and workshops conducted included Orthodox Faith, Songs and Games, Yoga Shibir, youth problems and Psychology, Technology Interventions & Food Habits, Camp Fire, Talent Evening etc.



A twenty member committee worked seamlessly for the smooth conduct of this Camp under the leadership of the Sunday School District Vice President Rev. Fr. V.P. Idichandy, Mr. K.C. Thomas (Director) and Secretary Mr. George Panackamattom. Mr. Thomas George, Mr. Kuruvilla Varghese, Mr. M.K. Uthup and Mr. Shibu Mathew were the Conveners for the Camp.



Students Camp-2012

The third students camp is planned between 24th and 26th October, 2012 at Carmelram, Sarjapur Road.



"Criticism, like rain, should be gentle enough to nourish a man's growth without destroying his roots."

Charity Project



We are happy to inform that the children, teachers and wellwishers from Bangalore Zone Sunday Schools have decided to handover the charity box collection of Rs Three Lakhs towards construction cost of a room 20' x 16' = 320 sq.ft. at St. Gregorios Daya Bhavan, Kunigal (a home for the healthy children of AIDS patients) - A project of Malankara Orthodox Church Mission Board, as a tribute to our late lamented Osthathios Thirumeni.

We teach children to save money. It is also important to teach them how to invest and use money wisely. *'It is more blessed to give than to receive.'*

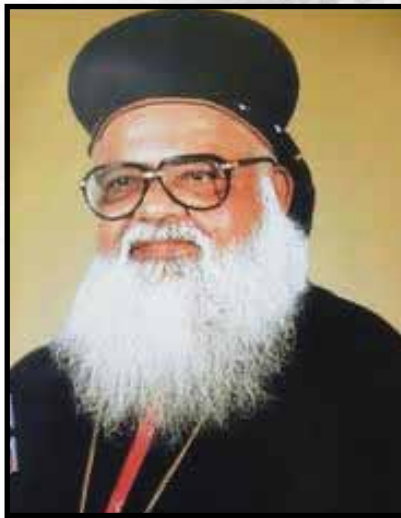
- Acts 20:35



Our Thirumeni H.G. Dr. Abraham Mar Seraphim is handing over the first installment cheque of Rs. one lakh to Rev. Fr. Jinesh Varkey, Secretary, St. Gregorios Daya Bhavan, Kunigal. (Also seen are Office Bearers, Vicars and HeadMasters of OSSAE-OKR Bangalore Zone).

**“Faith and trust go hand in hand.
If you have faith in God, you’ll trust Him to
answer your prayers in the way
He knows is best.”**

In loving remembrance...



**H.G. Job Mar Philoxenos
(1939-2011)**

Metropolitan of Delhi Diocese,
The 'Vanampady' of the Church
Called to eternal rest on 20-11-2011



**H.G. Dr. Geevarghese Mar Osthathios
(1918-2012)**

Called to eternal rest on 16-02-2012

Dr. Geevarghese Mar Osthathios on the occasion of his 93rd birthday - "I wish that when I die, no one decorates my corpus with flowers, rather they donate those funds to charity as money or as clothes."

Obituary

Two of our dear children have been called to eternal rest during the reporting period.

Master Dennis George Stazy, XI class student of St. Thomas Orthodox Church Sunday School, Bangalore East, passed away on 29th April 2011.



Ms. Sherin S. Alexander, Std. VIII student of St. Mary's Orthodox Valiyapally Sunday School passed away on 26th February 2012.

May their souls Rest In Peace.



Live life like a pair of walking feet, The foot that is forward has no pride & the foot behind has no shame, because they both know their situation will change...

"Say not always what you know, but always know what you say."

District Inspectors



Mrs. Mary Varghese
(District-1)



**Mr. N.M.
Achen-Kunju**
(District-II)



Dr. Jacob N Abraham
(District-1)



Mrs. Grace Varghese
(District-II)

Editorial Board



Rev. Fr. V.P. Idichandy
(Vice President)



**Mr. George
Panackamattom**
(Zonal Secretary)



Mr. Biju Prasad
(Chief Editor)



Mr. Thomas George
(Editor)



Dr. Jacob N. Abraham
(Editor)



**Ms. Shilpa Merin
Johncy**
(Student Editor)



**Ms. Christene Elizabeth
Mathew**
(Student Editor)

ACHIEVERS

Achievers: 2010-11



Region 1 Overall Champion
Sonu Mary Alex
St. George, Indiranagar



Region 2 Overall Champion
Noel Johnson
Mar Gregorios, Hebbal



SSFC - Topper
Diya Annette Samuel
St. Marys Valiyapalli



XII - Topper
Ajay Thomas
St. George Indiranagar



Sunday School Prathibha
Elizabeth Riya Roy,
St. Gregorios Cathedral



Sunday School Vijnani
Nikhil V. Joseph
St. Thomas, Blore East

Achievers: 2011-12



District 1 Overall Champion
Shilpa Merin Johncy,
St. Gregorios Cathedral



District 1 Overall Champion
Sherin Johnson
Mar Yuhanon, K.R.Puram



District 2 Overall Champion
Noel Johnson
Mar Gregorios, Hebbal



SSFC, Topper
Swarna Mariam Jos
St. Mary's Valiyapalli, Jalahalli



XII, OSSAE 1st Rank
Neethu Sara Alex
St. George Indiranagar



XII, OSSAE 3rd Rank
Deepthi M George
St. George Indiranagar

With Best Compliments From:



Colour Bank



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Colour Solutions

Thundil Traders

**Dealers in: Hardware, Paints
& Sanitary fittings**



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Bangalore - 560 032
Phone: 2343 6990