

# OSSAE-OKR BANGALORE ZONE

## E-Bodhini (NEWSLETTER)



Vol 1 : 2014 February  
(for private / internal circulation)

### Message from Thirumeni

#### Blessings !

Glory be to the Triune God.

It is indeed happy that Bangalore Sunday Schools is due to release the '*E-Bodhini*' during this Annual Day celebrations on 23<sup>rd</sup> February at St. Thomas Orthodox Church, Bangalore East.

A father gave his little boy Rs. 50/- and told him he could use it any way he wanted. Later when Appa asked about it, the son told him that he had lent it to someone. Who did you lend it to? He asked, the son answered, I gave it to a poor man on the street because he looked hungry. Oh, that was foolish. You'll never get it back, replied the father. But Appa, the Bible says that people who give to the poor lend to the Lord.

The father was so pleased with the son's reply that he gave the boy another Rs.50/-. See, said the son, I told you I would get it back – only I didn't think it would be so soon.

Have you ever recognized in the needs of others a direct request from heaven for some of what you have? The bible warns against the sin of passing by the needy with pious words while keeping a tight grip on our wallets. And Galatians 6: 10 says that we are to "do good to all".

We aren't promised that we'll get rewarded immediately. But in Jesus' teaching to his followers about His return, He says we will be rewarded for giving of ourselves to others in His name.

You may give without loving, but you can't love without giving!

Our congratulations to the *BODHINI* Editorial team and wishing all a happy reading.

Yours loving Thirumeni  
**H.G. Dr. Abraham Mar Seraphim**



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## Message from Vice President

**"I have no greater joy than to hear that my children walk in truth." 3John:4**

Dearly beloved in Christ,

We know that at every level of our life, God's Word is to be taught and spiritual education has to be given on a level that is appropriate to each age. The goal of such education is to strengthen children, youth, and adults in their knowledge and love of Jesus Christ, through worship, education, fellowship, and mission. Sunday school is one of the most important means and church growth tool that help our Children to reach this goal. Christian Education has to be started in the early age of our children at their home itself. The Sunday school supplements and develops what they are taught at home. For example, the Children learn from their parents to pray where there is the practice of family prayer and the Sunday school teacher teaches them how to pray and what to pray. A shared responsibility is needed to make our Sunday school successful and vibrant.

Our Sunday school staff does marvelous work with great sacrifice, love and dedication. I really appreciate and congratulate the people who give so much to try and make a difference in the lives of our children. Of course, four hours a month are hardly enough to make such a difference. The lessons learned on Sunday mornings must be repeated and confirmed in the home. If the Parents take a little more initiative, they will also learn more and grow with their children and the result will be greater. If all of us make this effort then we will see more and more of our children develop a living and dynamic faith and love towards our Church. Fewer will be drawn to leave the church for any reason. This will give us joy and satisfaction which we cannot find in winning medals or rolling trophies. So let us sincerely carry out the mission entrusted to us and experience the joy as stated in 3 John: 4 "I have no greater joy than to hear that my children walk in truth."

I thank all the parents for sending their Children to Sunday school. Let us all continue to work as a team and walk in GOD's path and pray for his blessings upon this Movement.



Sincerely in the service of our Lord

T K Thomas Cor-Eppiscopa,  
Vice President

## Message from Diocesan Director

Greetings and a warm welcome to our introductory issue of 'E- Bodhini' !

We are happy that during this Jubilee year, we could release E-Bodhini. We set out to create an on-line magazine that would guide Sunday school fraternity among children, parents as well as Teachers in our Parishes.

**"If you seek (wisdom) as silver, and search for her as for hidden treasures; then you will understand the fear of the Lord." Proverbs 2: 4-5**

As we wade through the journey of life, we often encounter people of different walks of life with dire necessities, but do not pay attention to their needs. We neither show them Christ's love nor be indifferent. How will we respond to those God chooses to put in our way? Let us pray to give a heart of compassion like JESUS and opportunities to express His Love.

We appreciate your support and are extremely glad to consider you as a valued reader of E- Bodhini.

We are indebted to our Thirumeni H.G. Dr. Abraham Mar Seraphim, Vice Presidents, our Vicars, especially Rev. Fr. V.P. Idichandy for his initiation to start E- Bodhini, HMs, Teachers and all those who have contributed for the growth of Sunday School.

With due reverence and thanks,  
In His Service,

Dr. George Panackamattom  
Diocesan Director

Bangalore  
22nd Feb 2014

# Sunday School highlights 2013-14.

E-Bodhini

**Grading System :** Grading system of evaluation was adopted this year for all the competitions and examination to encourage and recognize the talents of more number of students as many a time children miss the prize by small margins. Student Championship was stopped from this year so that focus will be on Spiritual nourishment rather than material achievements and on inculcating good values.

**Diocesan Level competition :** We have conducted the Diocesan Level competition on 19<sup>th</sup> January 2014 at St. Mary's Orthodox Valiyapally, Jalahalli and students selected from Bangalore and Hyderabad Zone are nominated to OKR Inter Diocesan competition to be held at STOTS, Nagpur on 13<sup>th</sup> July 2014

**Golden jubilee :** The year long celebration of the Golden jubilee (50<sup>th</sup>) anniversary of OSSAE and Diamond jubilee ( 60<sup>th</sup>) anniversary of Bangalore Sunday Schools in 2014 was inaugurated by Our Catholicose His Holiness Moran Mar Baselios Marthoma Paulose II during a function held at St. Gregorios Orthodox Cathedral, Bangalore on Saturday, the 15<sup>th</sup> of February 2014 between 4.15 to 6 pm. **The Jubilee Theme is – MY CHILDREN, LISTEN TO WHAT IS WISE. Proverbs: 2:1”.**

**MELTHO 2014** - Workshop for Sunday School children and Orientation program for X/XII Students

- ❖ **Workshop for our Sunday School children and Teachers** in connection with MELTHO – 2014 held on 8th February at India Campus Crusade for Christ Auditorium. This was initiated by our Diocesan Metropolitan H.G. Dr. Abraham Mar Seraphim and His Grace has taken the lead. About 100 students from various Sunday Schools attended. Rev. Fr. Biju Zachariah and Mr. Johnson co-ordinated the musical sessions and made the children happy with their musical skills and taught the basics of music. Children got an opportunity to interact with our Thirumeni personally.
- ❖ The **Teachers Workshop** was led by Mr. John Daniel Kunneth, founder of Gregorian Study Circle and author of many books about late Paulose Mar Gregorios. He spoke at length about life and activities of the later Thirumeni.
- ❖ The **Orientation program** for the X/XII secular school students was led by Rev. Fr. Abraham Thomas, Vicar of St. Stephen's Orthodox Church, Vijayanagar. About 40 Senior students took part in the same.

## NEWS & EVENTS



*“Alone we can do  
so little; together we  
can do so much”  
— Helen Keller*

### The Spiritual Tonics

- |                              |   |
|------------------------------|---|
| Stop worrying                | ... Worry kills life.                               |
| Begin each day with a prayer | ... It will arm your soul.                          |
| Control appetite             | ... Overindulgence clogs body and mind.             |
| Accept your limitations      | ... All of us can't be great                        |
| Don't envy                   | ... It wasters time and energy                      |
| Have faith in people         | ... Cynicism sours the disposition.                 |
| Find a hobby                 | ... It will relax your nerves.                      |
| Read a book a week           | ... To stimulate imagination and broaden your view. |
| Spend some time alone        | ... For the peace of solitude and silence.          |



Ms. ELIZABETH KURUVILLA,  
St. Gregorios Orthodox Church Sunday  
School, Mathikere, Bangalore.

**SECURED SECOND RANK  
IN THE SSFC EXAMINATION 2013 OF  
OSSAE-OKR.**

RANK WINNER



*"If we all did the things  
we are capable of, we  
would astound  
ourselves."*

*— Thomas Edison*

## **SSFC – CASH AWARDS .....!**

**Ms. ELIZABETH KURUVILLA**

*of St. Gregorios Orthodox Church Sunday School,  
being the 2<sup>nd</sup> Rank holder is entitled to both the Cash Awards !*

- **'ET Varghese Memorial SSFC Endowment Fund'**  
*- sponsored by Mrs. Grace Varghese, Staff Representative.*
- **'T.V. Varghese Memorial Cash Award '**  
*- sponsored by Mrs. Gracy Varghese*

# CHANGE OF GUARD

- Mr. K.C. CHACKO, Head Master of Mar Yuhanon Mamdana Orthodox Church SS, K.R. Puram stepped down after eight long years of sincere service and handed over charge to Mr. Ajoy Joseph with effect from 1<sup>st</sup> September 2013.
- Head Master of St. Mary's Orthodox Valiyapally, Jalahalli Mr. MONCY T. THOMAS, stepped down after seven long years of dedicated service. Mr. Varghese Mathew (Manoj) has taken over as the new Head Master with effect from 1<sup>st</sup> January 2014.

We place on record our sincere gratitude to the outgoing HMs and welcome the new HMs.

## GREAT LENT 2014

- Mrs Mary Varghese, Zonal Secretary

**Great Lent is the 50-day season of spiritual preparation that comes before the most important Feast - Holy Easter. This annual season of repentance is a spiritual journey with our Savior. During Great Lent, the Church teaches us how to receive our Lord Jesus Christ by using the two great means of repentance— prayer and fasting.**

**March 2nd – Sunday of Cana**

**March 3rd – Monday Great Lent Starts**

*The Church, begins Great Lent with the 'Day of Forgiveness,' and sets her journey into penitence. The service of reconciliation is conducted on Monday, the first day of the Great Lent, at the end of third hour. The Service of Reconciliation or shubqono, stands at the 'threshold of Great Lent.*

**March 8<sup>th</sup>** - *The Forty Holy Martyrs of Sebastia were martyred in approximately 320 AD.*

**March 9<sup>th</sup> – Sunday 40 Martyrs of Sebaste and , Garbo (Leper)**

**March 16th – Sunday M'Shario (Paralytic)**

**March 23rd – Sunday Knanaitho (Cananite Woman)**

**March 25 - Suboro (Annunciation to the Virgin St. Mary)**

*Annunciation to the Virgin is one of the most important feasts in the Malankara Orthodox Church, so important that the Holy Qurbana must be held on this day even if March 25th also happens to be Good Friday! (The Holy Liturgy is otherwise prohibited on Good Friday since the Church celebrates the death of Christ; in fact, the altar is stripped of all altar vessels and covered in black on Good Friday.)*

**Mid-Lent -March 26 Wednesday**

The 25th day of the lent, which is always a Wednesday, is known as mid lent. This is one of the very few days during the great lent when the Holy Qurbana is celebrated on a weekday other than Sunday or Saturday



On this day, there is a procession around the church carrying the cross. This is followed by an exaltation of the cross (Sleebea Aaghosham) facing the four directions; East, West, North, and South. Then the cross is placed on a big decorated cross like stand covered with a red cloth (Golgotha) in the middle of the church. This remains in the church until the Feast of Ascension of our Lord, which occurs 40 days after the Kyomtha (Feast of the Resurrection or otherwise known as Easter).

**March 30<sup>th</sup> – Sunday K̄piphtho (Cripple Woman)**

**April 6<sup>th</sup> – Sunday - Samiyo (Blind Man), Catholicate Day**

**April 11 – 40th day of Lent**

**April 12 - Lazarus Saturday – We celebrate the supernatural wonder of our Lord raising LAzrus from the dead.**

**April 13 – Ushana [Palm Sunday]**

On Sunday, five days before the day of Passover, the Lord came from Bethany to Jerusalem. Sending two of His disciples to bring Him a donkey., He sat thereon and entered into the city. When the multitude there heard that Jesus was coming, they straightway took up the branches of palm trees in their hands, and went forth to meet Him. Others spread their garments on the ground, and yet others cut branches from the trees and strewed them in the way that Jesus was to pass; and all of them together, especially the children, went before and after Him, crying out: "Hosanna: Blessed is He that cometh in the Name of the Lord, the King of Israel" (John 12:13).

**April 17 - Holy Thursday**

On the evening of this day, which was the eve of the feast of unleavened bread (that is, the Passover), our Lord Jesus Christ had supper with His twelve disciples. He blessed the bread and the wine, and gave us the Mystery of the Divine Eucharist. He washed the feet of the disciples as an example of humility.

**April 18 - Good Friday**

Jesus Christ was sent bound from Caiaphas to Pontius Pilate, who was then Governor of Judea. Pilate interrogated Him in many ways, and once and again

acknowledged that He was innocent, but to please the Jews, he later passed the sentence of death against Him. After scourging the Lord of all as though He were a runaway slave, he surrendered Him to be crucified.

**April 19 - Holy Saturday**

On Saturday, the high priests and Pharisees gathered together before Pilate and asked him to have Jesus' tomb sealed until the third day. While commemorating the entombment of the holy Body of our Lord, we also celebrate His dread descent with His soul, whereby He destroyed the gates and bars of Hades, and made His light to shine where only darkness had reigned (Job 3 8 : 17; Isaiah 49:9; 1 Peter 3:18-20); death was put to death, Hades was stripped of all its captives, our first parents and all the righteous who died from the beginning of time ran to Him Whom they had awaited, and the holy angelic orders glorified God for the restoration of our fallen race.

**April 20 - Qyomto (Easter)**

Mary Magdalene, and the other women who were present at the burial of our Savior on Friday evening, returned from Golgotha to the city and prepared fragrant spices and myrrh, so that they might anoint the body of Jesus. On the morrow, because of the law which forbids work on the day of the Sabbath, they rested for the whole day. But at early dawn on the Sunday that followed, almost thirty-six hours since the death of the Life-giving Redeemer, they came to the sepulchre with the spices to anoint His body. While they were considering the difficulty of rolling away the stone from the door of the sepulchre, there was a fearful earthquake; and an Angel, whose countenance shone like lightning and whose garment was white as snow, rolled away the stone and sat upon it. The guards that were there became as dead from fear and took to flight. The women, however, went into the sepulchre, but did not find the Lord's body. Instead, they saw two other Angels in the form of youths clothed in white, who told them that the Savior was risen, and they sent forth the women, who ran to proclaim to the disciples these gladsome tidings. Then Peter and John arrived, having learned from Mary Magdalene what had come to pass, and when they entered the tomb, they found only the winding sheets. Therefore, they returned again to the city with joy, as heralds now of the supernatural Resurrection of Christ, Who in truth was seen alive by the disciples on this day on five occasions.

**May 29 - Suloqo (Ascension)**

After forty days after His Resurrection from the dead, our Lord Jesus Christ led the disciples to the Mount of Olives and ascended in glory into Heaven.

**June 8 - Pentecost**

On this day we recall that just 50 days after the Glorious Resurrection and 10 days after the Victorious Ascension of our Lord, the Holy Spirit came upon the Holy Apostles and all those gathered . We celebrate the bringing of the Holy Spirit, Pentecost.

Wish you all a very fruitful lent 2014.

E-Bodhini



## The Magic of PRAYER

When the trials of this world make you weary  
And your troubles seem too much to bear,  
There's a wonderful solace and comfort  
In the silent communion of prayer.  
When you searches for the sun without ceasing  
And the showers continue to fall.  
There's a heavenly lift in this wonderful gift.  
That God has extended to all.  
So lift up your heart to the heavens.  
There's a living and kind Father there  
Who offers release and comfort and peace  
In the silent communion of prayer.

### BIBLE & PRAYER



"The function of prayer is not to influence God, but rather to change the nature of the one who prays."

## Read the BIBLE & PRAY every day.

Opinion of some great people about the Bible.

**George Washington:** 'It is impossible to rightly govern the world without the Bible.'

**John Adams:** 'The Bible is the best book in the world. It contains more .. than all the libraries I have seen.'

**Abraham Lincoln:** 'But for this book we could not know right from wrong. I believe the Bible is the best gift God have even given to man.'

**Winston Churchill:** 'We rest with assurance upon the impregnable rock of Holy Scripture.'

**Charles Dickens:** 'It is the best book that ever was or ever will be in the world ....'

Act as if everything depended on yourself.  
Pray as if everything depended on GOD.

### Interesting Facts about the Bible.

- Written by about 50 men in about 1600 years (1500 BC to about 100 years after Christ).
- These men were moved by the Holy Spirit (2 Pet 1:21)
- They wrote the words taught by the Holy Spirit (1 Cor 2:13)
- The first translation of English Bible was initiated by John Wycliffe and completed by John Purvey in AD 1388.
- Books 66 ( Old Testament : 39 , New Testament : 27)
- Shortest chapter : Psalm 117, Longest chapter : Psalm 119

## OUR TEACHERS



*"The mediocre teacher tells.  
The good teacher explains.  
The superior teacher  
demonstrates. The great  
teacher inspires."  
— William Arthur Ward*



Born :  
15 June 1848, Mulanthuruthy

Departed :  
2 November 1902, Parumala

Canonised as Saint :  
2 November 1947

## “Parumala Thirumeni”

Parumala Thirumeni led an ascetic life at Parumala Syrian Seminary. He woke up at 4 a.m in the morning and prayed till 5 a.m. He taught deacons till 7a.m followed by prayer and a light breakfast. From 9am till 11am he taught deacons again. From 11am to noon he took care of administrative matters and again went to pray at noon, followed by lunch. He rested till 1:30pm and taught till 4pm with a brief prayer in between. From 4pm to 5:30pm he was busy with his administrative duties; vespers, bath and a stroll up and down the church yard; supper and lessons in tune – they would all sit by a lantern. After evening prayers and supper, he taught the Bible to the deacons. He would let the deacons go to bed at 9pm, but he would still be praying until midnight. On Wednesdays and Fridays and Lenten days, he would fast till evening besides observing his own special fasts. His faith in the power of prayer which was molded in his childhood itself, is expressed in his own words : "Far greater things are wrought by prayer than what you can ever dream of."

*St. Gregorios pleads for us, and his intercession will be a stronghold for us. On his 'Khabar' at Parumala we can read the inscription of a Bible Verse, "**The memory of the just is blessed**" (Proverbs 10:7).*

*Saint Gregorios is remembered not just because of the numerous miracles during his life and after his death, but because of his life glorified by prayer, extreme asceticism, poverty, mission, and absolute submission to our Lord Jesus Christ.*



**Try to visit the tomb of  
St. Gregorios at Parumala.**

*(It's going to be a real experience)*



**DIAMOND JUBILEE OF  
BANGALORE ORTHODOX SUNDAY SCHOOLS  
AND  
GOLDEN JUBILEE OF O.S.S.A.E**

Inauguration by: **H. H. Baselios Marthoma Paulose II**  
(Catholicos of the East & Malankara Metropolitan)

Felicitation Speech: **H. G. Abraham Mar Seraphim**  
(Metropolitan, Bangalore Diocese)

1954 - 2014  
**60** years

of BANGALORE SUNDAY SCHOOLS

50  
Years  
Golden Jubilee

of O.S.S.A.E



Date & Time: 15<sup>th</sup> February, 2014  
Venue: St. Gregorios Cathedral, Bangalore

## JUBILEE CELEBRATIONS

*Inauguration of the yearlong Jubilee celebration of Bangalore Orthodox Sunday Schools- 60<sup>th</sup> year & OSSAE- 50<sup>th</sup> year, held at St. Gregorios Orthodox Cathedral, Bangalore on 15<sup>th</sup> February 2014.*

*By His Holiness Moran Mar Baselios Mar Thoma Paulose II, Catholicos of the East and Malankara Metropolitan*

*In the august presence of H.G. Dr. Abraham Mar Seraphim, Diocesan Metropolitan Abraham*

*Marattu Cor-Episcopa, P.C. Philip Cor-Episcopa, John Thomas Cor-Episcopa, Cathedral Vicar Rev. Fr. Mani K. Varghese, Vice President Rev. Fr. T K Thomas Cor-Episcopa, Rev. Fr. Bijoy Zachariah Zonal Secretary, Mrs. Mary Varghese, SS Head Masters/Mistress, Teachers and students attended the function.*

## DIAMOND JUBILEE

60<sup>th</sup>  
Anniversary

*A celebrative milestone - a time to look back and thank every person who has contributed in the journey of our vision.*

## STUDENTS' CAMP & TEACHERS WORKSHOP 2013

**THEME :** "Is it nothing  
to you, all who pass by".  
Lamentations 1:12

13<sup>th</sup> to 15<sup>th</sup>-Oct-2013

The Garden City College,  
Bangalore

### STUDENTS CAMP & TEACHERS WORKSHOP- 2013

The 4<sup>th</sup> Zonal level and first Diocesan level OSSAE-OKR Bangalore, Students Camp & Teachers Workshop was held at GARDEN CITY COLLEGE, Battarahally, Old Madras Road from 13<sup>th</sup> to 15<sup>th</sup> October 2013. This three days Camp was inaugurated by H.G. Dr. Abraham Mar Seraphim, Metropolitan of Bangalore Diocese on 13<sup>th</sup> afternoon. Theme of the camp was "**Is it nothing to you, all who pass by**" **Lamentations 1: 12** . A spiritual journey for 3 days . An unparalleled experience providing an opportunity to understand God - Jesus Christ, Orthodox faith, liturgy, confession ..... in a better perspective. A beautiful and serene location, little away from the city crowd for a holistic Students camp.

**Teachers Workshop:** was held on 14<sup>th</sup> October afternoon and conducted by The Teacher Foundation, a young dynamic organization that aims at infusing the school education system in India with new energy, enthusiasm and expertise. 70 teachers attended the workshop

Students and Teachers from Hyderabad, Mysore, Tumkur and Bangalore participated. Rev. Fr. Aneesh Jacob Varghese - Delhi, was the Chief Resource Person. Teenage issues by Mr.

Rajeev, Ms. Joanna Jowett & Team of the UIM Besides, Dn. Jeeson, Mr. Johny K. Joseph, Mr. Johnson, Mr. Charly Chacko - Ms. Janet Varghese, Mr. M.K. Uthup handled different sessions Yog Shibir. Valedictory - felicitation was on 15<sup>th</sup> afternoon. Dr. Joseph V.G., Chairman of the Garden City group Institutions was the Guest of honour. Rev. Fr. Joy Arakal, Sero Malabar felicitated, Students Representative Ms. Ancy Benny of St.Thomas, spoke on the occasion. Vicars, Vice President Very Rev. T.K. Thomas Cor Episcopa, Rev. Fr. Mani K. Varghese, Rev. Fr. Iype K. Varghese, Rev. Fr. Thomas Oommen, Rev. Fr. Joe Mathew, Rev. Fr. Bijoy Zachariah were kind enough to visit the camp and encouraged.

Rev. Fr. K.M. Jacob, Rev. Fr. Jinu Chacko, Rev. Fr. Santhosh Samuel led the confession along with Thirumeni.

Mr. K.C. Thomas, Mr. Prasad Samuel, Mr. Moncy T. Thomas, Mr. Thomas George Mr. Kuruvilla Varghese were the Convenors. Dr. Jacob N. Abraham was the Master of ceremony. All the dear Head Masters/Mistress, Sunday School teachers, N.M. Achenkunju, Mrs. Lousy Biju, Mrs. Mary Varghese - Zonal Secretary, Mr. George Panackamattom, co-ordinated the entire programme.



# Inter- Diocesan Arts competition

will be held on 13<sup>th</sup> July 2014 at STOTS, Nagpur.

**First Diocesan Level competition was held on 19<sup>th</sup> January 2014 at St. Mary's Orthodox Valiyapally, Jalahalli and the following students are nominated to OKR Inter Diocesan competition to be held at STOTS, Nagpur on 13<sup>th</sup> July 2014**

## SENIOR

SOLO	SONU MARY ALEX	St. George Indiranagar, BLR.
ELOCUTION	THEJAS K. ABRAHAM	St. Gregorios, Mysore.
ESSAY	SONU MARY ALEX	St. George, Indiranagar, BLR.
QUIZ	1. ELIZABETH KURUVILLA	St. Gregorios, Mathikere, BLR
	2. Sonu Mary Alex	St. George, Indiranagar, BLR
	3. Alen Rachel George	St. Thomas, Bangalore East.

## SECONDARY

SOLO	ABISHA AJU	Mar Gregorios, Hebbal, BLR
ELOCUTION	ANNA THOMAS	St. Andrews Valiyapally, HYD
ESSAY	ANNA THOMAS	St. Andrews Valiyapally, HYD
QUIZ	1. ABIN IYPE	St. George, Indiranagar, BLR
	2. Soji Joy	St. Gregorios, Mthikere, BLR
	3. Shilpa Merin Johncy	St. Gregorios Cathedral, BLR

REPRESENTING  
BANGALORE DIOCESE



After each game, I want to  
be able to say: I gave it all I  
could, I gave it my best.  
- Unknown

Wish you all the best  
.....!



*Our Thirumeni guiding the students.*

## OUR LANGUAGE

### Malayalam alphabet

മലയാളം

### Vowels (svaram)

അ	ആ	ഇ	ഈ	ഉ	ഊ	ഋ
a	ā	i	ī	u	ū	ṛ
[ a ]	[ a: ]	[ i ]	[ i: ]	[ u ]	[ u: ]	[ r̄ ]
എ	ഐ	ഐ	ഒ	ഓ	ഔ	
e	ē	ai	o	ō	au	
[ e ]	[ e: ]	[ ai̯ ]	[ o ]	[ o: ]	[ au̯ ]	

.... to be continued

## LET'S LEARN



*If you are not willing to learn, No one can help you. If you are determined to learn, No one can stop you.*

~ Anonymous

## BASIC DOCTRINES OF OUR CHURCH .. handed over by our fathers.

Translation of MATHOPADESHA SARANGAL

by St Geevarghese Mar Dionvysius.

*"It is highly essential that those who belong to a religion should learn the faith and precepts of that religion."*

### ABOUT THE HOLY TRINITY

(1) There is only one God, who is life and truth, the creator of everything visible and invisible. (2) There is no other God than the One God, who is the original cause of everything. (3) He is without beginning and is eternal. (4) He is incorporeal and cannot be seen by eyes of the flesh, and is omnipotent. (5) omniscient. (6) omnipresent. (7) perfect in goodness (8) inconceivable. (9) is without change. (10) and is ruler of everything. (11) There are three personalities in Godhead – the Father, son and the Holy Spirit. (12) That is, one in three and three in one. Between the three persons there is not variation as regards seniority, stature or strength. They have one essence, one kingship, one nature, one will, one thinking, one power, one glory and one leadership.

.... to be continued.

### SYRIAC WORDS (commonly used in our worship) –

AALOHO	:	God
IMMANUEL	:	God is with us
DAMODOSENO	:	until I come
SLOMO	:	peace
KURIYELAISON	:	Lord, have mercy on

.... to be continued

*"The Orthodox Church is evangelical, but not Protestant. It is catholic, but not Roman. It isn't non-denominational - it is pre-denominational. It has believed, taught, preserved, defended and died for the Faith of the Apostles since the Day of Pentecost 2000 years ago."*

12

OUR TALENT

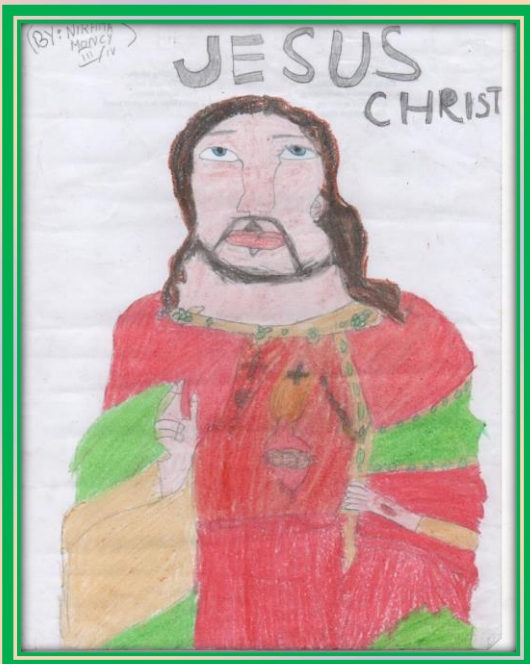


"Our talents are the gift that God gives to us... What we make of our talents is our gift back to God"  
— Leo Buscaglia

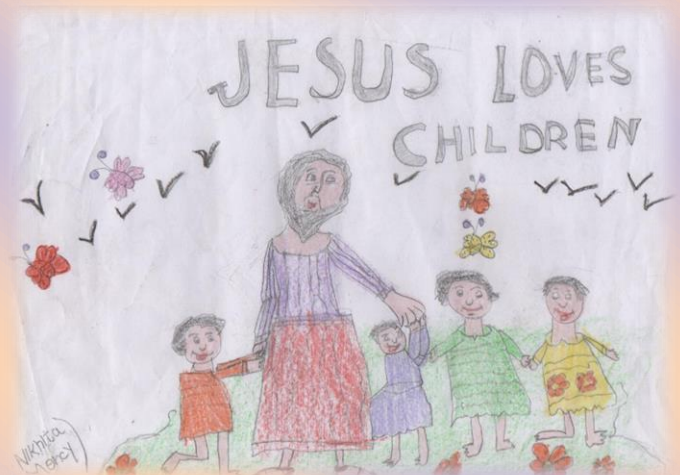


RACHEL  
Class 2, St.Thomas Sunday School.

NIKITA MONCY  
Class 3, Mar Gregorios, Hebbal.



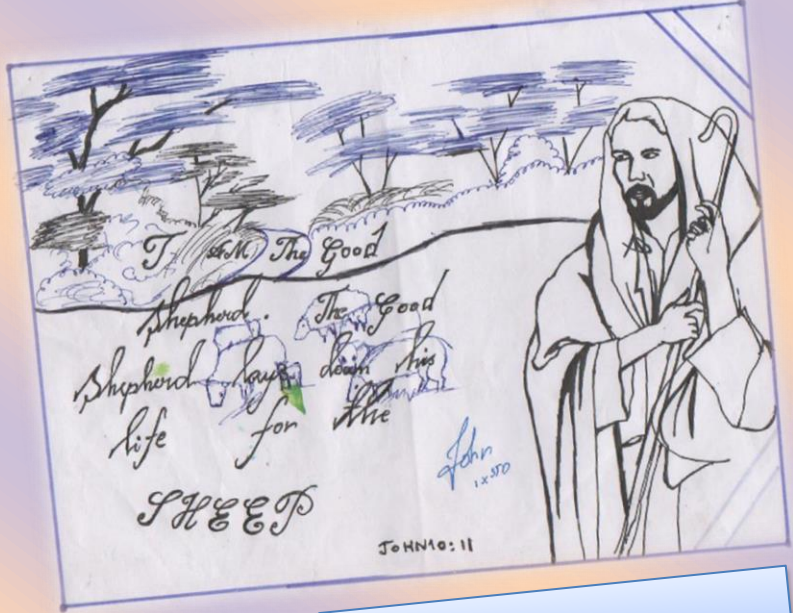
**Peom ( about Jesus).**  
Jesus is our Lord, The Lord our God.  
He is so wonderful, He is so great.  
He is so kind, And he is so gentle.  
He is so nice, He is so beautiful.  
  
He loves children, He loves us the most.  
He knows every languages,  
And loves everyone in all the languages  
I love Jesus, And Jesus to me also.  
Jesus is our Lord, The Lord our God.  
  
- Nikita Moncy





'He leads me  
in the right paths  
for His name sake'  
(Ps 23:3)

SUBIN MERIN BENNY  
Class , St.Thomas Sunday School.



The Good  
Shepherd.  
The Good  
Shepherd lays down His  
life for Me  
I H E E P

John  
1:10

JOHN 1:11

JOHN  
Class 9, St.Thomas Sunday School.



Is This The End Of Your World Or The BEGINNING?  
St STEPHEN

メタモルフォーシス METAMORPHOSIS

新しく交りたり。

Yeshua

AJIN VARGHESE JOSEPH  
Class 9, St.Thomas Sunday School.

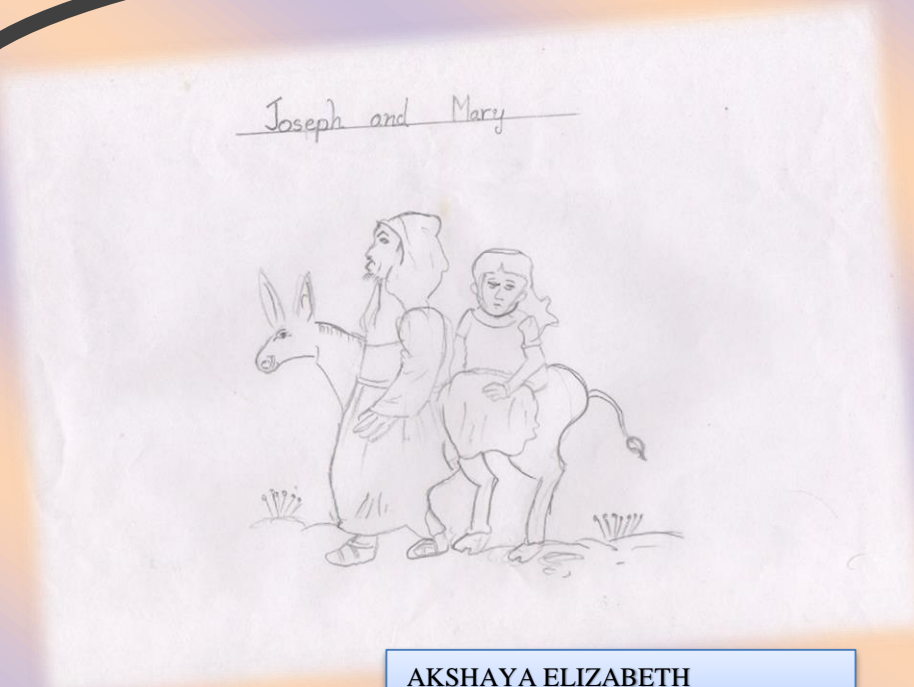


**JINCY JONHYKUTTY**  
Class 11, St. Gregorios, Mathikere.



Art By  
Sijin Joy  
St. Gregorios Orthodox Church  
Mathikere.

**SIJIN JOY**  
Class 8, St. Gregorios, Mathikere.



**AKSHAYA ELIZABETH**  
Class 2, Mar Gregorios, Hebbal.



## The Kind Old Man -

Once upon a time, there lived an old man. He was very poor. Poverty and illness made him suffer a lot. His wife and children were very cruel. They did not even care for him. They were busy in their own world. The sad man decided to pray to God for his kindness. At last God was pleased with him and decided to test him before showering his blessings on him. The next day, when the hungry old man was lying under the shade of a tree after his usual prayer, there came a small boy with some food and gave it to him. He was very happy. Thanking the boy, he was about to eat it. Then all of a sudden he heard an old lady crying for food. She was very tired and about to die of hunger. He felt sad for her and gave her the food, and then the boy asked why he gave his food to her thought he was hungry. Then he said that at least his condition was better than hers and started walking back home. The small boy was none other than God Almighty himself, who was very happy with the old man and blessed him. When he reached home, he saw some people from a welfare organizations who had come to take him. They took him and gave good care of him. He lived there happily helping others who were like him.

**Moral : Deed of kindness never become fruitless.**



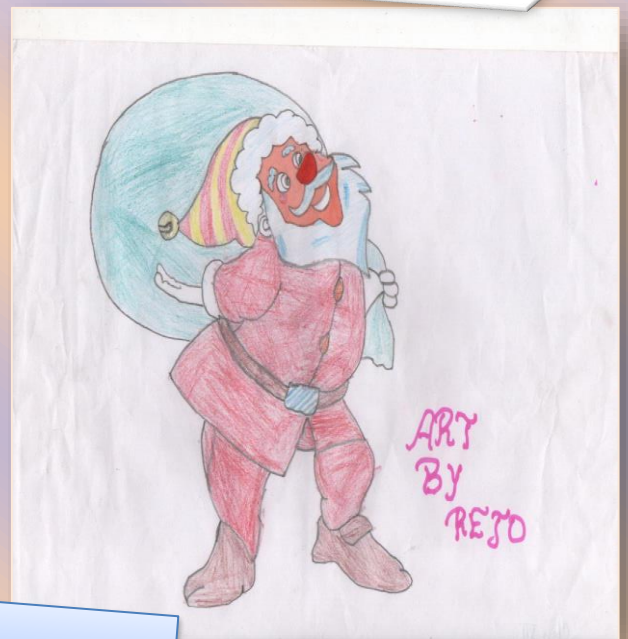
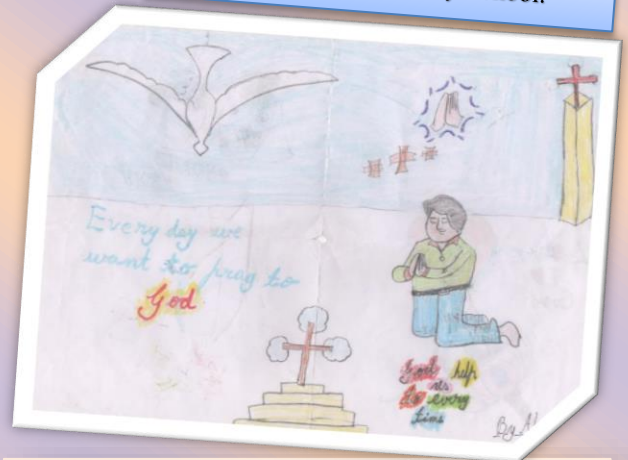
ALWIN VIJU CHEERAN  
Class 6, St. Thomas Sunday School.

## What is God's will ?

- 1) God wants us to live in peace and happiness on a paradise earth forever. The Bible says that God's Kingdom will make it possible, and it is God's will that all people learn about that Kingdom and his purpose for us.
- 2) God wants us to benefit ourselves. Just as a good father wishes the best for this children, our heavenly father desires that we enjoy eternal happiness. He has promised that the one who does the will of God remains forever.
- 3) God wants us to walk in his paths. The Bible says that our creator wants to instruct us about his ways so that we can walk in his paths. With this he makes his will known throughout the earth.
- 4) God wants us to unite in worship of Him. Instead of dividing people, pure christian worship unites them in genuine love.

SARA VARGHESE  
Class 4, St. Gregorios Orthodox Cathedral.

AKSA  
Class 3, St. Thomas Sunday School.



REJO  
Class 8, St. Thomas Sunday School.



KIDS PAGE



Contribute articles -

Please send some interesting puzzles, articles, biblical games, quiz to be published in Kids Page.

Please send your answers at the earliest to the Zonal Secretary

*Help Zacheus find Jesus*

NOEL JOSE  
Class 3, St.Thomas Sunday School.

NOEL JOSE  
III STD  
ST. THOMAS  
OC SS, BLOREN

**WITHOUT GOD**  
our week would be  
SINDAY  
MOURNDAY  
TEARSDAY  
WASTEDAY  
THIRSTDAY  
FIGHTDAY  
SHATTERDAY  
7 days without God  
makes ONE WEAK

**Unscramble and find words that are character builders and Christian qualities.**

1. Oyj	(Joy)
2. Teguirtd	.....
3. Petneeamcr	.....
4. Somaspcoin	.....
5. Tenepiec	.....
6. Desiknns	.....
7. Tnoagmii	.....
8. Felhessnssiun	.....
9. Ydnlrif	.....
10. Iayhtcr	.....
11. Tahif	(Faith)
12. Ylolyta	.....
13. Syohetn	.....
14. Ruypti	.....
15. Tnonetc	.....

**Activity**

1. Find out the Miracles of Jesus on the Sabbath Day.
2. Who said to whom.  
" I pray you, let me inherit a double share of your spirit "  
(2 Kings 2:9)

## ANNOUNCEMENTS



Contribute some interesting original articles and win some prizes.

**We are looking forward to this new venture and hope you'll join us.**

## Next Edition planned –

**Tentative Date : Jul 2014.**

*Dear Students and Teachers,*

*Please use this opportunity to express and share your experiences, ideas and thoughts through your articles like news updates, short stories, notes, essays, poems, paintings, quotes, jokes, quiz, games, puzzles, christmas message, etc at the earliest through your teacher/ headmaster .*

*Note : Please do mention your Name & Church and send articles to reach before 15-Jun-2014.*

**NOTE : Please feel free to share your ideas for themes for newsletters, suggestions, comments, observations, mistakes observed, omissions etc.**

## Editorial

Dear Friends in Christ,

"Draw near to God, and he will draw near to you" James 4:8. We pray that this E-edition of 'BODHINI' will help you in doing just that. Read it, along with God's Word, in your quiet time with Him. The Lord desires to speak to us and for us to speak with Him – to have an intimate, personal relationship with us. May this E-Bodhini help you as you seek Him.

What you would find in the pages of E- Bodhini is a collection of inspirational and value based articles. We do not find time to suit our convenience to exercise every day. Our houses aren't perfect. We stay informed and eat as healthy as we can, but we are also realistic and flexible. We try to be great examples for our kids, but at times forget to appreciate every moment.

We are honoured to share the work of so many committed and thoughtful children and others. Therefore, please feel free to leave comments on the articles to share your thoughts or ask the Editorial a question.

Growth won't happen all at once. But gradually, day by day, we will be changed though reading God's Word and obeying Him. And think of the privilege and pleasure of spending time with our heavenly Father. It begins with a willing commitment, continues with exciting discoveries, and leads to the treasure of wisdom and life. If we can serve you, please contact us.

For and on behalf of Editorial of E-Bohini  
Biju Prasad,  
Chief Editor

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